DOVER VOICES

November 2025

A note from Pastor Mindy:



Autumn... Fall..., is my most favorite time of year. Not sure why, maybe it is because by the time it rolls around, I am tired of the hot weather. I like all the seasons, because they change. There is something about Fall that calls me back to mystery of faith and life. The colors change, the breeze turns chilly, jeans and hoodies become the norm as opposed to shorts and flipfops. The crisp air calls for fall bonfires and crunching through the leaves. God has created a wonder, a mystery that is awefilled.

Mystery... that is a good word, isn't it? But what does it mean? Two definitions from the free dictionary on line: qualities so obscure as to arouse curiosity or speculation: any truth that is unknowable except by divine revelation. A good mystery book is a great story, trying to figure out who did what to whom, why they did it and how it can change the world, or the lives of the people in the story. I love to read them. As I have been healing, I have been reading those mysteries as I rest and heal.

The mystery of all that God does in our lives helps me dream God's dream. The mystery of how the words fit with the music and the silence. The mystery of the people of God and how we fit together as family, as a community, the mystery of the word and story, the

mystery of God, the mystery of love and relationships, the mystery of stories of faith and the mystery of the Holy Spirit. The mystery of birth, and death, and the wonder of all of life. Mystery invites me into dreaming God's dream.

I love how we experience mystery in worship and how the awe of silence fills the sanctuary. I love how after a beautiful song; the silence fills the awe. I love how the laughter of the children so excited feel God's love. I love how young people experience mystery in their lives. I love to feel the mystery as we experience God's grace together. The mystery of communion and the fellowship that pulls us together as God's people. When I experience the mystery of God, of faith, the room and silence, the words and songs, the Holy Spirit fills me and I am changed, I am filled with the mystery of God.

May we dream God's dream!



Do you have Good News to Share for the newsletter?

About happenings at Dover UCC or celebrations in your life. Please send to Storms (<u>amy-storms@att.net</u> or 314-704-7534). Pictures appreciated but not required.

Emma Borman is Westlake volleyball Star

Emma Borman, Westlake high school junior, set a school women's volleyball record at 49 digs per game. She is a starter on the Westlake volleyball team. Emma is the daughter of Ron and Eileen Borman.







Jake Falcone leads Westlake High School soccer

Jake Falcone is a captain of the Westlake High School soccer team and a starter at midfield. Jake is a senior and is the son of Lauren & Tony Falcone and the grandson of Sue and Dan O'Neil.





from the folks at Dover!

Finley Keller, kicker for North Ridgeville Rangers, recovers two onside kicks—in one game

Finley, a senior at North Ridgeville, is a kicker and middle linebacker for the North Ridgeville Rangers. He is the son of Amy and Brent Keller, and the grandson of Mike and Bette English.







Nick LeVek Starts with Westlake

Nick LeVek, a senior at Westlake High School, is a starter with the Westlake soccer team as a defender. Nick is the son of Naomi and Todd LeVeck.







We welcome new member Mary Dunham

On October 5th at the early service, Dover welcomed our newest member, Mary Dunham. We are so glad she has joined us!

Fun and Fellowship at Bunco Night





Milestone Birthdays

We have two members celebrating their 90th birthdays this month!

Kay Cilimburg, on November 20th Don Nichols, on November 21st

We wish a very
HAPPY BIRTHDAY
to them both

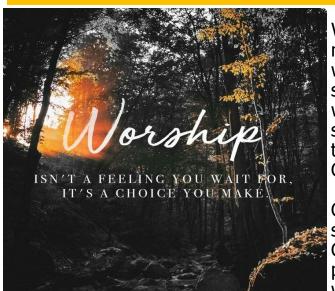


Dover members running for local office to serve our community

Todd LeVeck is a candidate for Westlake City Council in Ward 4. For more information, his website is http://www.leveckforwestlake.com .

Meri Armour is a candidate for the Rocky River Board of Education. For more information, her website is http://www.meriarmour4rrsb.com.

JOIN US FOR WORSHIP



We have two services every Sunday morning, one at 8:15 AM in our chapel, which is a more informal service, and the second at 10:00 AM in the sanctuary, where you will hear a variety of music styles from contemporary praise to traditional hymns. Pastor Melinda Quellhorst's message is sure to inspire.

Our 10:00 AM service is also livestreamed on Facebook (Dover Congregational UCC) and on the home page of our website, https:// www.doverucc.org. Recorded services

will be available on our website under the 'Worship" tab immediately after the service.

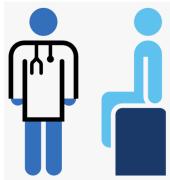


Faith Formation and Faith Explorers are in full swing. and our children are learning about prayer and kindness. Come grow with us—there's something for every age! Any questions—please contact Jacquie DelMonte. 440-463-6460.

VACCINES: TALK TO YOUR DOCTOR!

The CDC has recently fired some of the medical and professional organizations that assist the Advisory Committee on Immunization Practices (ACIP) in

evaluating evidence and offering input on vaccine recommendations. There are 30 such organizations such as the American Pharmacist Association and the American Medical Association that are alarmed at being accused of bias, after providing help to ensure that our nation's vaccine programs have been safe for over 30 years. Former voting members of ACIP have expressed their dismay with the Health and Human Services actions in an editorial in the New England Journal of Medicine, published July 30th. The authors predicted a future of declining trust in vaccines, rising circulation of misinformation and confusion and uncertainty among clinicians, parents and patients.



Who can you trust for advice on vaccines? I would start with your primary care provider (PCP), as they are dealing with questions about this topic on a daily basis, and have to keep themselves up to date with information from reputable resources. If you want to consult "Google" yourself online, be very careful which websites you trust. Some recommendations would be the New England Journal of Medicine (NEJM) and the American Medical Association (AMA). This is also a hot topic in the news, so be careful with the information you may receive.

Another problem circulating around the topic of vaccines is the common myths about flu shots. One of them is "I do not want the flu shot, since it will make me sick or give me the flu." This has been well studied, using two groups, one receiving the vaccine and one receiving placebo. The only difference between the two groups was local tenderness in the group receiving the vaccine. A complaint widely circulated about the Covid vaccine is "I got the vaccine and I still got Covid," That may be true, but the symptoms were probably milder and hopefully did not require hospitalization, as was often the case before the Covid vaccine was available.

If more states like Florida no longer require childhood vaccines be given



before enrollment in school, there may be a greater resurgence of diseases like measles and polio. Travel to Florida is popular. We will lose herd immunity and have already seen a rise in cases. It's up to all of us to protect ourselves and our neighbors. NOTE: If you received the measles vaccine between the years 1963 and 1967, they have found that it did not provide long term immunity and a dose is recommended for those individuals.

Lastly, many of you have heard that the six former surgeon generals (who have been appointed by every Republican and Democratic president since George H.W. Bush) spoke with one voice to say that the actions of the Health and Human Service Secretary RF Kennedy Jr are endangering the health of the nation. Vaccines are not political, but scientific and have saved lives for years. Please check with your doctor on what you and your family should be receiving.

Information taken from www.nejm.org and Cleveland.com.

Blessings and Prayers for a happy and healthy holiday season! ~ Julie Kiefer, RN

Did you know . . .

The month of November includes a number of health observances:

<u>Men's Health Awareness Month:</u> Focuses on men's health issues, including prostate and testicular cancer, and mental health.





National Diabetes Month: Highlights the importance of diabetes prevention and management, affecting millions of Americans.

COPD Awareness Month: Raises awareness for Chronic

Obstructive Pulmonary Disease, a serious lung disease.





<u>Pancreatic Cancer Awareness Month:</u> Promotes awareness for pancreatic cancer and supports research and early detection.

<u>Bladder Health Awareness Month:</u> Raises awareness about bladder health.



November 2025

	11/2	11/9	11/16	11/23	11/30
Altar Flowers	Dody Chadwick	Katie Alexander	Kay Cilimburg		
Coffee	Karin Shaughnessy	Dave & Judy MacKeigan	The Nichols		Roberta Moorman
Liturgist	Dan Read	Julie Rinehart	Eileen Schultz	Joan Brickley	Judy Brizzolara



Mark Your calendar

Saturday, Nov. 8th: Karaoke night

Sunday, Nov. 9th: Stewardship Sunday—please bring your pledge cards with you to worship

Sunday, Nov. 23rd: Chili cook-off after 10:00 AM worship

Monday, Nov. 24th: Community Thanksgiving Service and piefest—St. Ladislas Catholic Church; 2345 Bassett Rd.;7:00 PM combined choirs

Sunday, Nov. 30th: First Sunday of Advent

Sunday, Dec. 7th: Poetry night

Sunday, Dec. 14th: Cookie walk after 10:00 AM worship



Ever wanted to be a rock star? Perform on Broadway? Or sing in the church choir? Now's your big chance to be discovered! Join us for a fun filled night of karaoke on Saturday, November 8th at 7:00 pm in Thomas Hall.

No need to know the words—that's all provided. And there will be goodies.

Got questions? Ask Mary Ann or Joe Brizzolara - our DJs!

Sunday, November 9th is Stewardship Sunday

Bring your pledge cards to worship



It's that time again!



DOVER'S ANNUAL CHILI COOK-OFF!!

On **Sunday, November 23rd**, after 10:00 AM worship service, join us for a bowl or two of the best chili in town!

Have a favorite recipe? Let Martha Vivona know if you can contribute a crockpot of chili for this popular event.

Monday, November 24th 7:00 DM

Join us for a **Community Thanksgiving Service**

St. Ladislas Catholic Church 2345 Bassett Road, Westlake

Join us after for a "Piefest" - please bring a pie to share.



"That's the thing about books. They let you travel without moving your feet."

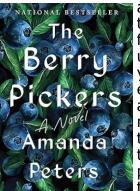
~Jhumpa Lahiri

Monday Afternoon Book Group

The Berry Pickers By Amanda Peters

Monday, November 3 12:30 PM Parlor

"A four-year-old Mi'kmaq girl goes missing from the blueberry fields of Main, sparking



a mystery that will haunt the survivors, unravel a family, and remain unsolved for nearly fifty years. . . An unforgettable exploration of grief, love, and kin . . . A riveting novel about the search for truth, the shadow of trauma, and the persistence of love across time."

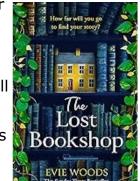
EVENING BOOK GROUP

The Lost Bookshop By Evie Woods

Monday, November 17th 7:00 PM Martha Vivona's house

" 'The thing about books,' she said 'is that they help you to imagine a life bigger and

better than you could ever dream of.' On a quiet street in Dublin, a lost bookshop is waiting to be found. . .three unsuspecting strangers will discover that there own stories are every bit as extraordinary as they ones found in pages of their beloved books."



WHAT'S GOING ON IN THE LIBRARY?

November is associated with reading through several observances, including:

National Family Literacy Month: Begins on November 1st, National Family Literacy Day. It promotes reading together as a family and highlights the importance of family involvement in a child's literacy

development. When was the last time you read a book aloud to a child?

<u>Picture Book Month:</u> This international initiative celebrates the importance of print picture books, encouraging people to read and appreciate illustrated books.

NaNoWriMo (National Novel Writing Month): Ever thought about writing a novel?!? Every November there is a challenge where participants attempt to write a 50,000-word novel during November. It's a popular event for aspiring writers to focus on their writing goals. Give it a try!

<u>Thematic reading:</u> November is a good time to read books related to the month's themes, such as Thanksgiving, Native American Heritage Month, or books about cooking feasting. This is also a good time to read a book that was written in the 19th century or earlier, as this is often a time for more classic literary works.



FOR YOUR INFORMATION

The generosity of our congregation is evident every single day. If you are mailing in your pledge to the church office or a donation to another ministry, please indicate on the "Memo" section of the check, e.g. pledge, Denison food pantry, Calling & Caring, etc.



The Dover website (doverucc.org) provides an easy link for making online donations--one-time, recurring or to special funds. You can make a

Online Giving notation in the "Note" field: if you are leaving a memorial-who the donation is in memory of, etc. OR -- you can scan this QR code with the camera on your phone or a QR reader

app and be directed to our giving page on our website. Contact Jane Coil if you have any questions how to use the online giving feature. doverucc44145@gmail.com





HOSPITAL/HOME VISITS

Please notify the church office at 440-871-1050 if you are admitted to the hospital so a phone call or visit from our parish nurse Julie or a member of the Calling & Caring committee can be arranged. When you are recovering, Julie and members of the Calling & Caring committee are available to give you a call; just call the church office to let them know you desire a call. We are not notified by hospitals of admissions.





Please notify the church office if you have a change of address, telephone number(s) or a new email address. A church directory is emailed quarterly to congregation members, and we would like to have the correct information for you!

HAVE A CONCERN OR QUESTION FOR CHURCH COUNCIL? MEET YOUR CHURCH COUNCIL MEMBERS.



Moderator - Adam Jakubiak Vice Moderator - Judy MacKeigan Clerk - Sharron Wilkins Treasurer - Liz Emmer

Members at Large:

Judy Brizzolara, Sandy Burkey, Terry Chadwick, Millie Harley, Reggie Pratt, Dan Read, Scott Thompson

<u>Ex-oficio Members:</u>
Rev. Mindy Quellhorst

Serving the Church

Adam Jakubiak	Council Moderator
Judy MacKeigan	Council Vice Moderator
Sharron Wilkins	Council Clerk
Liz Emmer	Council Treasurer
Jane Coil	Office Administrator

Rev. Mindy Quellhorst	Pastor
Rev. Scott Patterson	Pastor Emeritus
Jamie Kunselman	Music Director
Ben Malkevitch	Organist
Julie Kiefer, R. N	Parish Nurse

Come to me, all you who area weary and burdened

Matthew 11:28

~ Prayer Requests---Please pray for God to be with these individuals, and for them to feel God's presence in the midst of their concerns:

Meri Armour, Tom Beck, Karen Bellebuono (Friend of Mary Ann & Joe Brizzolara and Judy Brizzolara), Katrina Burton (Maria Veléz-colon's daughter), Family of Andrew Butheras (Son of friend of Ted Vance), Mark Chomoa (Rae-Rita Chomoa's son), Gail Cordy, Betty Correll (Sandy Burkey's mother), Eli (Friend of Judy Brizzolara), Helen Libens, Jim & Kay Mesaros, Inge Moorman, People of Ukraine, Israel, Palestine and Gaza, Bob Pozwick (Patricia Houser's brother), Pastor Mindy, Rachel (Friend of Judy Brizzolara), Joann Sarvay, Maura Young (Friend of Lois McCreight)



OPEN AND AFFIRMING STATEMENT

Dover Congregational United Church of Christ is an Open and Affirming congregation. We affirm that God's grace is available to all. We welcome people of all ages, genders, races, views, abilities, sexual orientations, expressions and identities, ethnic, educational and economic backgrounds into the full life and ministry of our church. We declare this in the name of God, whose Son, Jesus Christ, welcomed all people into God's circle of grace.

Approved by the congregation September 21, 2008 Additions approved by the congregation April 13, 2014

JUST PEACE COVENANT

As a Just Peace church continuing the work of Jesus, we commit to work toward a world where all persons are treated with dignity and equality, where societies are structured in ways that promote the well-being of all people, and where conflicts are resolved through communication and negotiations, without resorting to exploitation or violence. We strive to embody these principles in our lives and witness as individuals and as a congregation. Our specific focus is: Just Peace in the community- so that all may live free from fear. Just Peace with the Earth – so

that life is sustained. Just Peace in the marketplace- so that all may live with dignity. Just Peace among nations- so that human lives are protected. Through our worship, programs, and outreach we seek to be a community of reconciliation, hope, and courage as we work for peace and justice in our world.

Adopted and approved by congregation September 14, 2025