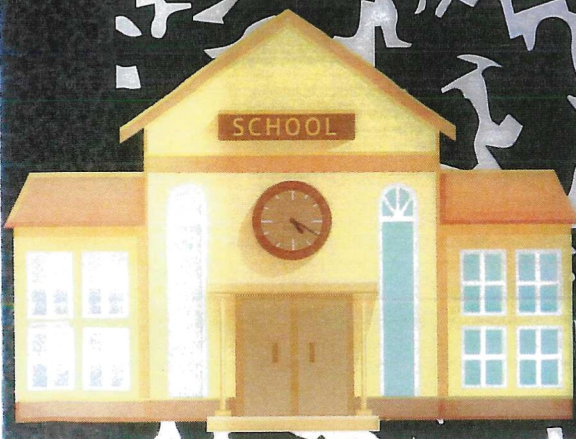


Back to 
SCHOOL



Welcome to JK-14
Ms. Tammy and Ms.
Penny





Hello, JK-14 parents,

I'm Ms. Tammy Berry, and I am thrilled to be your child's teacher for the 2026-2027 school year! I've been working at Springfield Academy for 40 wonderful years, and I'm excited to introduce you to my fantastic assistant, Ms. Penny Edwards. We've been a team in the Junior Kindergarten class for many years.

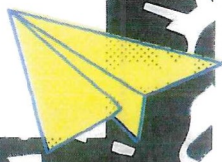
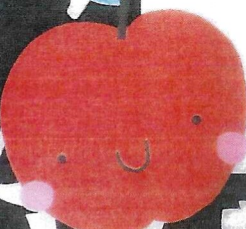
A bit about me: I was born in Chevy Chase, Maryland, but I spent my high school and college years in the charming Northern Virginia area. I also work with the fantastic team at Giant Food, helping out in the office. When I'm not teaching, I enjoy boating, bowling, and attending craft shows.

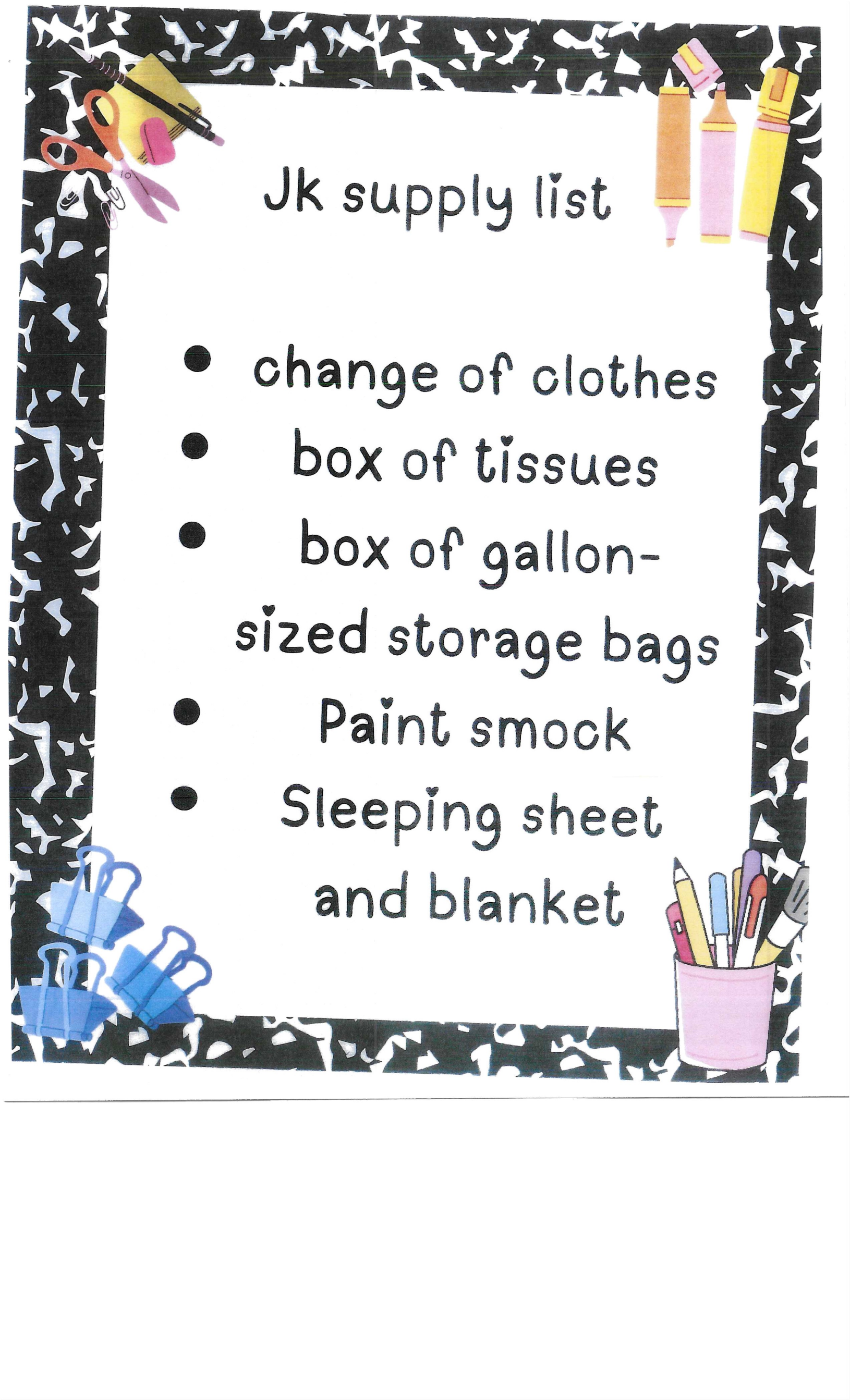
A few reminders for our school year :

- Our class starts at 9:00 a.m. each day.
- Bring in a fitted sheet and blanket every Monday.
- Stuffed sleep toys are welcome for nap time!
- Don't forget to sign your child in and out each day.
- Show and tell is every Monday.
- All food MUST be labeled with your child's name and date, and in a lunchbox.
- No open food and snacks in the cubbies.

We're excited to have a wonderful school year with your little ones!

Thank you,
Ms. Tammy & Ms. Penny

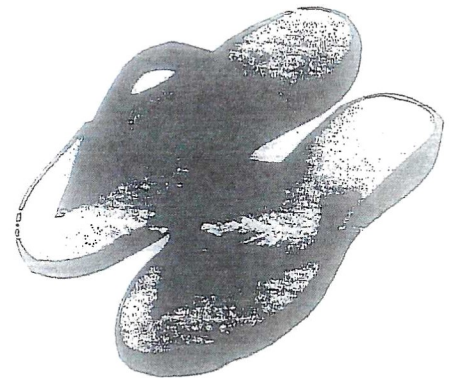
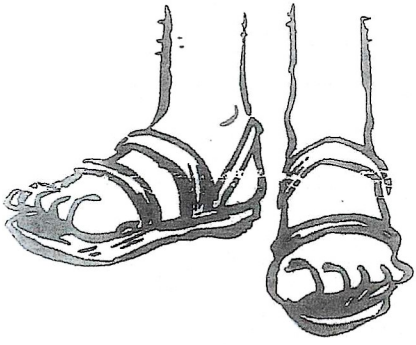




Jk supply list

- change of clothes
- box of tissues
- box of gallon-sized storage bags
- Paint smock
- Sleeping sheet and blanket





Jellies are cute
Sandals are cool
Swim shoes are neat
For a backyard pool
But, when coming to school
Where we jump and run
Gym shoes please
For safety and fun



Springfield Academy

August 21, 2026
August 24, 2026
September 7, 2026
September 11, 2026
September 16 & 17, 2026
September 17, 2026
October 12, 2026
October 30, 2026
October 30, 2025
Nov 2 - 6, 2026
November 11, 2026
November 26, 2026
November 25 & 27, 2026
December 24, 2026
December 25, 2026
December 21 – Jan 1, 2027
December 31, 2027
January 1, 2027
January 18, 2027
January 22, 2027
Jan. 25– 29, 2027
February 12, 2027
February 15, 2027
March 17, & 18, 2027
March 18, 2027
March 22 – 26, 2027
March 26, 2027
April 9, 2027
April 12 – 16, 2027
April 26 – 30, 2027
May 3 -7, 2027
May 31, 2027
June 4, 2027
June 5, 2027
June 11, 2027
June 7-11, 2027
June 14, 2027
June 19, 2027
July 5, 2027

School Calendar**2026 - 2027**

Last Day of Camp
First Day of School
Labor Day Holiday
Patriots Day Parade
School Pictures (SA)
School Pictures (SND)
Columbus Day Holiday
End of First Quarter
Fall Harvest Festival
Parent Conferences
Veteran's Day Observance
Thanksgiving Holiday
No Classes
Christmas Eve
Christmas
No Classes
New Years Eve
New Year's Holiday
Martin Luther King, Jr. Holiday
End of Second Quarter
Parent Conferences
Valentine's Day Celebrations
President's Day Holiday
School Pictures (SA)
School Pictures (SND)
No Classes
Good Friday
End of Third Quarter
Parent Conferences
Stanford Testing for K – 3rd
Teacher's Appreciation Week
Memorial Day Holiday
End of Fourth Quarter
Graduation Exercises
Last Day of School
School Picnics
Summer Camp Begins!
Juneteenth Observed
Independence Day

Spring N' Dale

School Closes at 3 pm
Welcome Back!
School Closed
Dress Red, White & Blue
Dress Up!
Dress Up!
School Closed
Report Cards
Parties/Parades
by Appointment
School Closed
School Closed
Child Care Only
School Closes at 3 pm
School Closed
Child Care Only
School Closes at 3 pm
School Closed
School Closed
Report Cards
by Appointment
Parties
School Closed
Dress Up!
Dress Up!
Child Care Only
School Closes at 3 pm
Report Cards
By Appointment
Must Attend
Show Appreciation
School Closed
School in Session
Bring Chairs & Camera
Report Cards
Bring Goodies

School Closed

Junior Kindergarten Accomplishment Guide

ART:	Creative Art	Cutting
	Painting	Pasting/Gluing
	Coloring	
MUSIC:	Creative Rhythms	Choral Speaking
	Singing Songs	Listening
NUMBERS:	Shapes	Simple Counting 1-100
	Number Recognition	Number Concepts 1-20
	Numbers Before and After 1-20	Addition Facts: 1+1 thru 1+9
	Numbers Largest & Smallest 1-20	
MOTOR SKILLS:	Dressing	Jumping
	Walking Tape Line	Modeling Clay
LANGUAGE ARTS:	Long Vowels/Consonants: Recognition of Name, Sound, & Picture	
	Short Vowels/Consonants: Recognition of Name, Sound, & Picture	
	Sounding of Blends and One- & Two-Vowel Words	
	Reading of Sentences and Stories with One- & Two-Vowel Words	
	Letter Recognition	Introduction to Phonics
	Show and Tell (once a week)	Community Helpers
	Stories and Poems	Transportation
	Acting	Countries
WRITING:	Formation of Letters, Blends, Words, and Sentences	
	Writing First and Last Name	
SCIENCE:	Animals	
	Leaves	
	Seasons	
	Senses (hot/cold, soft/hard, rough/smooth)	
BIBLE:	Hymns/Choruses	
	Lessons: Creation, Noah, Boy Samuel, Daniel, Baby Jesus, etc,...	
MANNERS/ HEALTH HABITS:	Encourage Cleaning their Plate	
	Sitting at Table Properly	
	Blessing Before Meals and Snacks	
	Using Napkins	
	Saying "Please" and "Thank you"	
	Not Leaving Before Excused	
	Washing Hands Before Eating	
	Washing Hands After Using the Restroom	
	Covering Mouth when Coughing or Sneezing	

Language Arts: Phonics



ABC-123 contains brightly-colored exercises that will appeal to 4-year-olds and reinforce their beginning phonics and reading skills.

Writing with Phonics K4 provides phonics practice later in the year.

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Added Enrichment

- Abeka games (1)
- Abeka games and activities (5)
- Enrichment activities (37)
- Guided and independent practice activities

Evaluation

- Oral evaluations (6) in letter recognition, blending, and reading

Skills Development

- Recognize:
 - The five vowels and their short sounds
 - The 21 consonants and their sounds
 - The long sounds of the five vowels
- Blend a consonant and vowel together (19 consonants)
- Sound one- and two-vowel words
- Learn these phonics rules:
 - c/k rule: *k* goes with *i* and *e*; *c* goes with the other three, *a*, *o*, and *u*
 - When *c* and *k* come together we say the sound only once
 - *s* can say "s" or "z"
 - *q* is always followed by *u*; vowel sound students hear will not be short *u*, but sound of vowel which follows *u*
 - When a word ends in a double consonant, we say its sound only once
- One- and two-vowel words phonetically
- Apply phonics concepts to reading:
 - Blends
 - One- and two-vowel words
 - Simple sentences and stories
 - Learn sight words *the*, *a*, and *i*
 - Learn purpose of a story title
 - Learn that words ending in *'s* are possessive
- Know to:
 - Capitalize letters at beginning of sentences
 - Place period at end of sentences
- Apply phonics concepts through abundant guided and independent practice activities including:
 - Letter picture recognition and association
 - Blend and word association with picture
 - Sound recognition
 - Dictation for developing sound recognition and spelling application

Language Arts: Reading



Little Books 1–12 and Animal Friends Books 1–8 are the basis of the K4 reading program. The Little Books give children practice reading letters, words, and simple sentences. Each book is short enough to complete in two or three sessions. Later, students are thrilled to be able to read simple stories in their very own Animal Friends readers.



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Materials

- Readers (20)
- Letter Picture Flashcards
- Blend Practice Cards A, and One-Vowel Word Cards for review

Skills Development

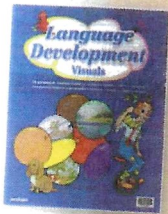
- Apply phonics sounds and rules
- Achieve accuracy
- Improve comprehension
- Read sight words *the*, *a*, *i*
- Receive differentiated instruction with ability grouping
- Successfully follow along with oral readers
- Build oral skills including:
 - Accuracy
 - Expressive reading
 - Smoothness
 - Appropriate pace

Reading cont.

Readers

- **Little Book 1** practices 5 vowels (names and sounds); includes a written exercise matching capital with lowercase letters
- **Little Book 2** practices 5 vowels, and consonants *m*, *s*, and *r* (names and sounds); practices blending consonants *m*, *s*, and *r* with a vowel and reading a one-vowel word; includes a written exercise matching capital with lowercase letters, matching letters with pictures beginning with that sound, and pictures to color
- **Little Book 3** reviews 5 vowels, *m*, *r*, and *s*; practices *b* and *t*, blending *b* and *t* with a vowel and reading one-vowel words for each; combines these letters to read one short sentence; includes a written exercise matching capital with lowercase letters, matching letters with pictures beginning with that sound, and pictures to color
- **Little Book 4** reviews 5 vowels, *m*, *r*, *s*, *t*, and *b*; practices *f* and *g*, blending *f* and *g* with a vowel and reading one-vowel words for each; combines these letters to read one short sentence; includes a written exercise matching capital with lowercase letters, matching letters with pictures beginning with that sound, and pictures to color
- **Little Book 5** reviews 5 vowels, *f*, *t*, *b*, *s*, and *g*; practices *p* and *h*, blending *p* and *h* with several vowels and reading several one-vowel words; combines these letters to read one short sentence; includes a written exercise matching capital with lowercase letters, matching letters with pictures beginning with that sound, and pictures to color
- **Little Book 6** reviews 5 vowels, *p*, *f*, *h*, *b*, and *g*; practices *l* and *c*, blending *l* and *c* with several vowels and reading several one-vowel words; combines these letters to read one short sentence; includes a written exercise matching capital with lowercase letters, matching letters with pictures beginning with that sound, and pictures to color
- **Little Book 7** reviews 5 vowels, *c*, *l*, *p*, *h*, and *m*; practices *k* and *n*, blending *k* and *n* with several vowels and reading several one-vowel words; combines these letters to read one short sentence; includes a written exercise matching capital with lowercase letters, matching letters with pictures beginning with that sound, and pictures to color
- **Little Book 8** reviews 5 vowels, *r*, *l*, *c*, *n*, and *k*; practices *d* and *j*, blending *d* and *j* with several vowels and reading several one-vowel words; combines these letters to read one short sentence; includes a written exercise matching capital with lowercase letters, matching letters with pictures beginning with that sound, and pictures to color
- **Little Book 9** reviews 5 vowels, *d*, *j*, *k*, *n*, and *c*; practices *g* and *z*, blending *g* and *z* with several vowels and reading several one-vowel words; combines these letters to read one short sentence; includes a written exercise matching capital with lowercase letters, matching letters with pictures beginning with that sound, and pictures to color
- **Little Book 10** reviews 5 vowels, *g*, *z*, *j*, *k*, and *h*; practices *w* and *x*, blending *w* and *x* with several vowels and reading several one-vowel words; combines these letters to read one short sentence; includes a written exercise matching capital with lowercase letters, matching letters with pictures beginning with that sound, and pictures to color
- **Little Book 11** reviews 5 vowels, *w*, *x*, *j*, and *z*; practices *u* and *y*, blending *u* and *y* with several vowels and reading many one-vowel words; combines these letters to read one short sentence including sight word *the*; includes a written exercise matching capital with lowercase letters, matching words with pictures, and pictures to color
- **Little Book 12** reviews 5 vowels, *u*, *y*, *z*, and *x*; practices reading several words and short sentences including sight words *a* and *the* which make up two stories; includes a written exercise matching words with pictures and pictures to color
- **The and Bus** are readers that include a warm-up with several one-vowel words, a review of sight words *a* and *the*, the *tz* sound for the letter *s* sometimes, and a story made up of one-vowel words and sight words
- **The reader Tess and Bess** includes a warm-up with several one-vowel words, a review of sight words *a* and *the*, and a story made up of these and other one-vowel words and sight words, observing new punctuation, and practicing appropriate expression
- **Matt the Rat** includes a warm-up with several one-vowel words, many of them ending in double consonants, blending two consonants, a review of sight words *at* and *the*, and a story made up of these and other one-vowel words, rhyming words, and sight words
- **Pet Pete** practices one- and two-vowel rules; includes several (5) exercises for phonetically marking short and long sounds in one- and two-vowel words and a story made up of these and other words; encourages observing new punctuation and practicing appropriate expression
- **Jojo** practices one- and two-vowel rules; includes several (5) exercises for phonetically marking short and long sounds in one- and two-vowel words and a story made up of these and other words
- **Orrie and Al Pat** practice many one- and two-vowel words; includes a story made up of many one- and two-vowel words

Language Arts: Language



The *Language Development Teacher Guide* and 76 accompanying picture flashcards provide a delightful way for children to expand their language skills as they learn new vocabulary words, increase listening skills as they hear new information and then answer questions, and strengthen motor skills as they participate in fun games and activities. By learning about the world around them, children will develop an appreciation for God's creation.

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Added Enrichment

- Picture flashcards (76)
- Corresponding words in most lessons
- Comprehension questions, learning games, additional activities
- Animal Alphabet Friends Flashcards (26)

Language Skills Development

- Develop language and listening skills through 99 topical studies including:
 - Animals and their habitats: ants, arctic animals, bears, butterflies, birds, cats, camels, ducks, dogs, forest animals, hummingbirds, insects, jellyfish, jungle animals, koalas, ladybugs, lambs, mice, ostriches, pandas, rabbits, reptiles, underground animals, woodpeckers
 - Countries around the world: Canada, England, Israel, Japan, Australia, Mexico, The Netherlands, land of Africa
 - Health, safety, manners:
 - God made me, healthy bodies, kitchen safety, manners, neighbors
 - Senses: tasting and smelling, seeing, hearing, touching
 - Community helpers: doctor, dentist, firefighter, letter carrier, nurse, pastor, police officer, veterinarian
 - Character development: kindness, listening, obeying quickly, being quiet
 - Science: apples, eggs, Edison and light bulb, flowers, garden, magnets, night, jungle, peanuts, pond, rain forest, rubber, sea, spring and fall seasons, summer and winter seasons, vegetables, water, wind and weather, zinnias

- Miscellaneous topics: rainbow colors, What color is it?, shapes and shape pictures, astronaut, buses and boats, cars, family, farm, games, Here we go!, groceries, house, jelly, jam, juice, jellybeans, names, olives, opposites, pairs of things, quarter, quilt, reading, telephone, transportation, yarn, zipper, zoo

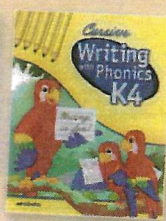
Motor Skills Development

- Action games (50), finger plays (20)
- Activities such as dress-up, puzzles, working with play dough, making and flying a kite (85)
- Coloring activities and directed drawings (23)

Creativity Development

- Poems (78)
- Games about feeding animals, practicing table manners and household chores, counting different objects, and more (37)
- Additional activities such as identifying and associating tastes and sounds, acting out familiar stories, making apple prints, listening to recorded animal sounds (238)
- Songs (13)

Language Arts: Cursive Writing



Kindergartners love to "write like Mom and Dad." In the *ABC Writing Tablet* and *Writing with Phonics K4*, they practice tracing and then writing the lowercase letters of the alphabet and 12 capital letters in cursive. By the end of the year, they are writing blends and words and their own first name.

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Skills Development

- Achieve:
 - Good writing posture, proper pencil hold, and slanted paper position
 - Careful writing
 - Correct letter placement and formation
 - Increased hand-eye coordination through tracing
 - Good overall appearance
 - Writing first name

- Correctly write:
 - 26 lowercase letters and 12 capital letters
 - Blends and one-vowel words
 - Smooth connections between difficult letter blends
- Follow step-by-step instruction using key strokes: waves, loops, ovals, mountains

Language Arts: Poetry



The purpose of *Poetry for You and Me* is to acquaint children with a wide variety of good poetry through classroom recitation and memorization. Children are exposed to poetry by well-known authors such as "A Good Boy" by Robert Louis Stevenson and "Hiding" by Dorothy Aldis.

Fun Poems and Finger Plays includes simple rhymes coupled with finger actions. Instead of singing the rhyme, the children act out the finger play. Finger plays have a twofold purpose: to entertain and to teach through play. They instruct, aid motor control and observation skills, and help the memory span.

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Added Enrichment

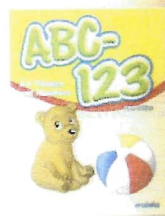
- Poems and finger plays (9)
- Build appreciation for rhymical creation
- Present and enhance good character traits
- Additional resource poems and finger plays (21)
- Poetry is part of activity time which also includes drama (acting out children's stories and nursery rhymes), music, Bible Activity book, and art included in daily lesson plans

Skills Development

- Memorize 22 poems, 4 finger plays, and 12 nursery rhymes including actions and motions
- Develop appreciation and enjoyment of a wide variety of appealing rhymes and classic poetry
- Recite in unison
- Gain confidence performing in front of an audience
- Develop use of appropriate expression

- Increase comprehension through questions that encourage listening and thinking skills
- Identify with main characters:
 - Benefit from exposure to basic literature skills such as rhyming words
 - Practice motor skills and observation skills
- Gain vocabulary enrichment such as understanding and producing rhyming words and opposite words

Numbers



In K4, children learn to recognize and understand the concepts of numbers. By the end of the year, they will be able to count from 1 to 100, recognize numbers 1–20, distinguish *before* and *after* numbers, and answer simple combinations. *ABC-123* has practice pages that reinforce the concepts and the formation of numbers 1 to 20 by having children count and color familiar objects.

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Added Enrichment

- Making games (17)
- Additional games (36)
- Enrichment activities (37)
- Many guided and independent practice activities

Numbers

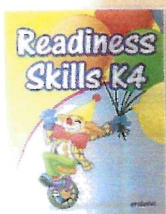
- Establish building blocks of learning numbers through object counting
- Recognize numbers 1–20
- Recognize concepts 1–20
- Develop observation, listening, and motor skills through counting sounds and counting while clapping, jumping, hopping
- Count by ones to 100
- Write numbers 1–20
- Associate sets of concrete objects and pictorial representations with numbers
- Develop concepts of patterning and sequencing using colors, shapes, and numbers
- Connect numbers 1–20 in sequence by dot-to-dot

- Comparing:
 - Larger and smaller
 - Before and after 1–20
 - More or less
 - Largest and smallest 1–20
- Addition:
 - Recognize symbols:
 - + (plus)
 - = (equal)
 - Add 1 to 1–9 using concrete objects
 - Add number 1 to numbers 1–9:
 - Ordered and in mixed order
 - Horizontal and vertical format

Geometry

- Recognize shapes: circle, square, rectangle, triangle

Developmental Skills



Readiness Skills K4 includes pages that help develop children's listening skills and motor coordination through activities such as following instructions, coloring, cutting, and directed drawing. Free art, which allows children to draw or color their own original creations on art paper, will also help develop visual perception and motor skills.

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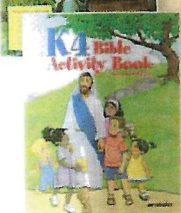
Social & Personal Skills Development

- Develop skills with coordinating character-building stories, including biblical character traits encouraging kindness, courtesy, gentleness, obedience, truthfulness, attentiveness, respect, good manners, helpfulness, cheerfulness, orderliness, diligence, dependability, thoughtfulness, self control, unselfishness, and generosity
- Health and safety skills development:
 - Promote:
 - Home safety, playground safety, community safety, and recognizing and obeying simple traffic signs
 - Personal hygiene, nutrition, rest, exercise
- Visual perception skills development:
 - Builds visual perception skills through:
 - Separating out items in a grouping
 - Maneuvering through mazes
 - Finding hidden shapes
 - Recognizing and reproducing missing parts
- Connecting dot-to-dots, coloring by number
- Matching sets of items
- Includes thinking questions
- Motor skills development:
 - Refining motor skills through:
 - Coloring
 - Tracing
 - Cutting
 - Manipulatives such as:
 - Play dough, puzzles, interlocking and building blocks
 - Lacing cards and beads
 - Following step-by-step instructions for directed drawing with placement of lines and shapes
- Listening skills development: learn to follow step-by-step directions
- Language skills development: development of vocabulary and usage—recognizing 29 sets of opposites and 14 positional words with picture interpretation

Bible



Large, colorful Flash-a-Cards are used to hold the children's interest as they learn about God and His Son, Jesus. Selected Old Testament stories are presented using *Old Testament Stories, Series 1 & 2*, and New Testament lessons use *New Testament Stories, Series 1 & 2. Holiday Stories* teach the events surrounding the first Thanksgiving, the birth of Christ, and the resurrection.



K4 Bible Activity Book is correlated with the Bible stories taught in the K4 Bible curriculum. These 72 activities are designed to bring Bible truths to mind again during activity time later on in the day. Activities include counting, drawing, comparing, dot-to-dot, and color by number. Some activities will be used in assembling New Testament and Old Testament story books.

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Evaluation

- Memory verses and passage (not graded)

Lessons 174 Abeka Flash-a-Cards

- Old Testament lessons (18):
 - Feature biblical events and people including: Adam and Eve, Noah, Abraham, Isaac (2), Joseph, Moses, Hannah, Samuel, David (3), Elijah, Elisha and Naaman, Daniel, Queen Esther, Jonah
- New Testament lessons (22):
 - Include events in the life of Christ: Jesus' Boyhood, Follow Me, First Miracle, Woman at Well, Nobleman's Son, Fishing with Jesus, Jesus Heals Paralyzed Man, Beside the Pool, Jesus Stills the Storm, Jairus's Daughter, Feeding Five Thousand, Jesus Walks on Water, Blind Bartimaeus, Jesus Loves the Children, Rich Young Ruler, Zacchaeus, Friends at Bethany, Heaven, Ten Lepers; also includes some stories Jesus told such as Good Samaritan, Lost Lamb, Prodigal Son
- Holiday lessons (7):
 - Cover the first Thanksgiving, Birth of Jesus, Shepherds See the Savior, Wise Men Worship Jesus, Triumphal Entry and Last Supper, Christ's Crucifixion and Resurrection, Jesus Appears Alive and Returns to Heaven

Bible cont.

Music 38 songs

- Choruses, holiday songs, patriotic songs

Memory Work

- Place sticker on verse chart after correctly reciting verse:
- New verses (26) and new passage: The Lord's Prayer

Doctrinal Drill

- Increase Bible knowledge of basic doctrines: the Bible, God, sin, salvation, heaven, assurance of salvation

Prayer Time

- Learn to pray with thanksgiving for God's creation, each other, school, parents, and country

Music



Preschool Fun Songs contains traditional songs that boys and girls have enjoyed singing for generations—songs that are part of our rich American heritage. These songs are mixed with fun, new songs that will appeal to all children.

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Added Enrichment

- Activities that spark and feed interest
- Making animal sounds
- Reinforcing alphabet and numbers 1-10 musically
- Activities encouraging interaction and social skills
- Singing poetry

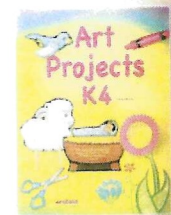
Skills Development 49 songs

- Exercise creativity acting out story in song
- Develop motor skills through motion songs
- Follow a song leader and stay together with classmates or CD

Variety of Songs to Memorize

- Animal songs, Mother Goose rhymes, songs to act out, motion songs, finger plays, songs with character-building and biblical principles, holiday songs, and other fun songs

Arts & Crafts



Art Projects K4 provides children with 36 bright, colorful projects which include coloring, painting, cutting, and gluing. Practicing these skills will aid in the development of small-muscle coordination.

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Skills & Concept Development 36 projects

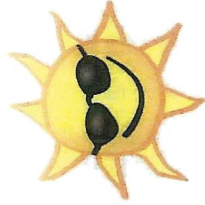
- Develop fine motor skills with:
 - Gluing
 - Coloring
 - Folding
 - Incorporating moving parts
 - Applying glitter
 - Cutting
 - Tracing
- Increase listening skills through following step-by-step instructions to complete more difficult projects
- Drawing
- Writing their name

- Projects include: animal, seasonal, and scriptural themes
- Projects promote:
 - Creativity with puppets
 - Encourage storytelling and drama
 - Recitation of poetry and rhymes
 - Making projects that visualize songs

Technique Development

- Finger painting (5 lessons)
- 3-D objects (4)
- Coloring with chalk (2)
- Assembling cards and puzzles

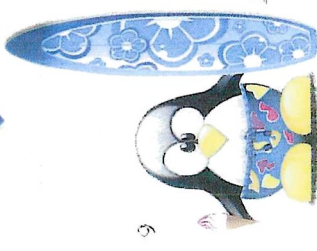
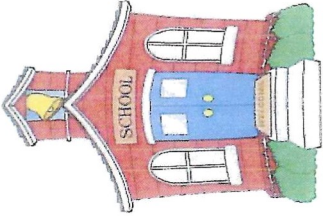
August 2026



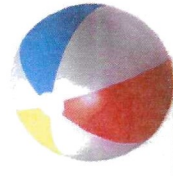
Snack Menu



Juice Served with
AM and PM Snack

SUNDAY	MONDAY	WEDNESDAY	THURSDAY	SATURDAY
17	28	29	30	1
				
3 Cheese Sticks & Crackers Nature Valley Biscuits	4 Strawberry Nutrigrain Bars Chex Mix	5 Blueberry Muffins Cheese-Its	6 Vanilla Yogurt Fruit Snacks	7 Apples Goldfish
10 Cheerios Animal Crackers	11 Belvita Breakfast Biscuits Vanilla Waters	12 Celery w/ Ranch Dressing Teddy Grahams	13 Bagels & Cream Cheese Pirates Booty	14 Bananas Skinny Pop
17 Graham Crackers Pretzels	18 Blueberry Nutrigrain Bars Veggie Straws	19 Cheese Sticks & Crackers Nature Valley Biscuits	20 Strawberry Yogurt Rice Krispy Treats	21 Oranges Cookies
24 Apple Cinnamon Nutrigrain Bars Raisins	25 Bagels & Cream Cheese Pirates Booty	26 Lemon Poppy Muffins Granola Bars	27 Blueberry Yogurt Vanilla Waters	28 Carrots w/ Ranch Dressing Fig Newton Bar
31 	31			

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Lunch Menu



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	1
2	3	4	5	6	7	
Chicken Party Mixed Veggies Mangos	Mac N Cheese Broccoli Pears	Turkey Wraps Green Beans Chips Pineapple	Spaghetti Mixed Veggies Apple Sauce	PB&J Sandwich (Sun butter for 2 and under) Corn, Chips Pineapple		
10	11	12	13	14	15	
Swedish Meatballs Rice Pilaf Corn Apple Sauce	Beans & Weenies Chips Mandarin Oranges	Pizza Salad Peaches	Pancakes Bacon Potatoes Fruit Cocktail	Chicken Alfredo Green Beans Chocolate Pudding		
17	18	19	20	21	22	
Meat Loaf Mashed Potatoes Mixed Veggies Pineapple	Corn Dogs Tater Tots Lima Beans Fruit Cocktail	Nacho Chili & Cheese Peaches	Hot Dogs Tater Tots Cooked Carrots Mandarin Oranges	Barbeque Chicken Sandwich Peas Vanilla Pudding		
24	25	26	27	28	29	
Chicken Nuggets Tater Tots Lima Beans Pears	Lasagna Lima Beans Fruit Cocktail	Cheeseburger Chips Peas Apple Sauce	Beef Stew White Rice Peaches	Tacos Cooked Carrots Mangos		
31	1	2	3	4	5	

