



Mercer County Council on Aging



Our mission is to help older people live dignified and reasonably independent lives in their own homes for as long as possible.

Jigsaw Puzzle Tournament

It's time for our annual jigsaw puzzle tournament! Join us on Thursday, Sept 3 at 2:00 pm for an afternoon of puzzle fun! Each person will receive the same 300-500 piece puzzle. You will have 2 hours to put as much of the puzzle together as you can. At the end of 2 hours if no one has the puzzle completed the person with the most pieces put together will win!! We will be awarding MCCoA bucks to the winner!! Call and sign up by Thursday, August 20 so we can get the puzzles ordered. Everyone gets to take their puzzle home! Cost is only \$8.00.



Senior Day at the Mercer County Fair

TUESDAY, AUGUST 18, 2026

Veterans' Day, Senior Citizen's Day & Nursing Home Day

8 A.M.	GATES OPEN - ADMISSION CHARGED
9 A.M.	DONUTS W/ NURSING HOME RESIDENTS
9:30 A.M.	THE CUP GUY (CFET)
10 A.M.	SHERIFF STRETCH (CFET)
.....	MARKET HALL OPEN
10:30 A.M.-3 P.M.	SENIOR BINGO SPONSORED BY MERCER COUNTY HEALTH DEPARTMENT (RT)
11 A.M.	COMMERCIAL BUILDING OPEN
.....	FOOD VOUCHER PICK UP FOR SENIOR CITIZENS AND VETERANS
.....	SPONSORED BY MERCER COUNTY VETERAN'S SERVICES (SUPERIOR CREDIT UNION REST TENT)
12 P.M.	LEGO CLASS SPONSORED BY MERCER COUNTY HEAD START (CB)
.....	MERCER HEALTH - SENIOR HEALTH SCREENINGS (CFET)
1 P.M.	BRUNO'S TIGERS (BY GS)
1:30 P.M.	SPEED PUZZLE CONTEST FOR SENIORS AGES 55-100
.....	SPONSORED BY COLDWATER KIWANIS (SUPERIOR CREDIT UNION REST TENT)
2 P.M.	AIM HIGH CANINES (BY PBS BUILDING)
.....	SALSA STEEL DRUMS (CC)
3 P.M.	OPEN DAIRY BEEF SHOW (AD)
.....	BRUNO'S TIGERS (BY GS)
.....	LEGO CLASS SPONSORED BY MERCER COUNTY HEAD START (CB)
.....	SENIOR DAY TRIVIA AND CROWNING SENIOR CITIZEN KING & QUEEN
.....	SPONSORED BY MERCER COUNTY COUNCIL ON AGING (CFET)
.....	MAGICIAN DAVID GARRARD (CC)
4 P.M.	GAMES AND RIDES START
.....	PATRIOTIC ROSARY (CC)
.....	TWIN STUNTS (NORTH OF MARKET HALL)
.....	AIM HIGH CANINES (BY PBS BUILDING)
.....	FREE HAM & BEAN SOUP (MERCER COUNTY VETERAN TENT)
4:30 P.M.	JOHN LACHANCE - FARM SHOW (NORTH OF BEER GARDEN)
.....	SALSA STEEL DRUMS (CC)
5 P.M.	FLORAL REFLECTIONS DESIGN CLASS (BG)
.....	BRUNO'S TIGERS (BY GS)
5:30 P.M.	MAGICIAN DAVID GARRARD (CC)
6 P.M.	VETERAN'S DAY SHOW (GS)

Senior Day at the Mercer County Fair is Tuesday, August 18! There are so many great things happening this year! The first big change will be how to get a free lunch. This meal will be sponsored by the Mercer County Veteran's Services. Beginning at 11:00 am you will be able to pick up a food voucher at the Superior Credit Union Rest Tent. You can use your voucher at any vendor on the fairgrounds! Each person will be required to get their own voucher and only one voucher per person. They will be handed out until they run out. As always handicap parking will enter at Gate B and park in the back parking lot of MCCoA. At 3:00 pm join MCCoA in the Cooper Farms Entertainment Tent as they crown the Senior King and Queen and then play 2 rounds of Trivia! Get together with 3 of your friends to form a team of 4 or play by yourself. See how much you know about Mercer County! Prizes will be awarded! This is sure to be a great day!

From the Director's Desk:

Hello Mercer County and friends,

Okay... how is it August already? It feels like we should still be in spring, yet here we are heading straight into fall! As we step into a new month at the Mercer County Council on Aging, we're taking a moment to breathe, reflect, and appreciate the friendships, conversations, and connections that make our senior center such a warm place to be. From daily lunches and fitness classes to in-home support and transportation services across Mercer County, we're here to help older adults stay independent, connected, and supported.



“Live in each season as it passes; breathe the air, drink the drink, taste the fruit, and resign yourself to the influence of the earth.”

— Henry David Thoreau

Whether you pop in every week or haven't visited us in a while, we'd love to see you this month - there's something fun happening here every day. August is the perfect time to jump back in. Enjoy the rest of your summer, and we hope to see you soon!

Happy summer hugs,
Dawn

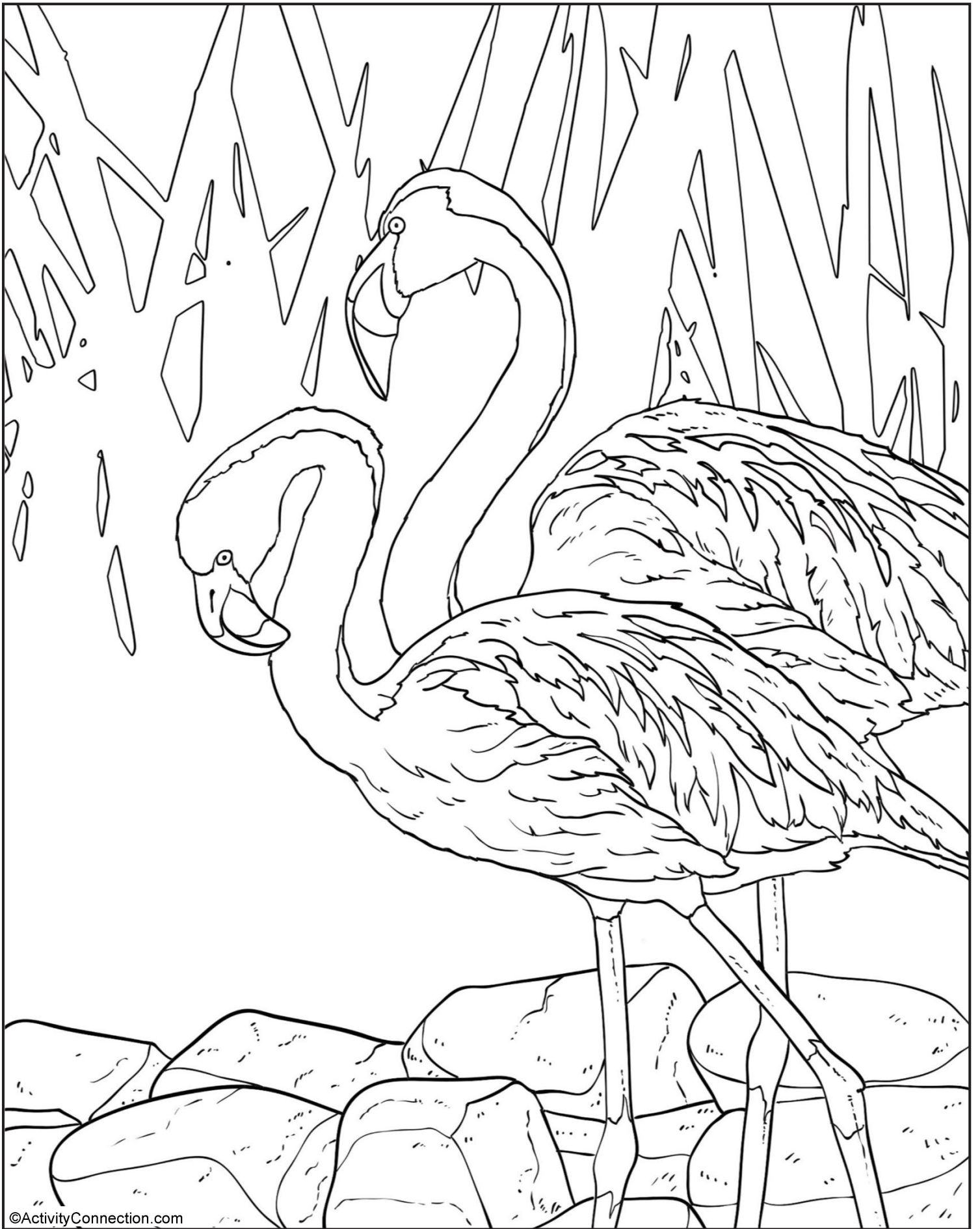


GARAGE SALE UPDATE



Donations First Day	Tuesday, August 4	12:00 to 4:00
Saturday Donations	Saturday, August 8	9:00 to 1:00
NO DONATIONS	Aug 13, 18, 20	FAIR WEEK
Donations Last Day	Thursday, September 3	8:30 to 12:00

A huge Thank you to all the volunteers that work tirelessly getting things ready for the sale, running checkouts and cleaning up afterward. You make our garage sales possible! We will begin accepting donations on Tuesday, August 4 with Tuesday donations from 12- 4, Thursdays donations from 8:30 – 12 and Saturday, August 8 from 9:00-1:00. We will not be able to accept donations during the Mercer County Fair Thursday, August 13, Tuesday, August 18 or Thursday, August 20. The last day for donations is Thursday, September 3. If you are interested in helping with the sale don't hesitate to give us a call.



Dates of Interest

To register call 419-586-1644.

Craft Class - Flower Pocket

Join us Monday, August 24 at 1:00 pm as we create this cute flower pocket! Cost is only \$5.00 call and sign up today.



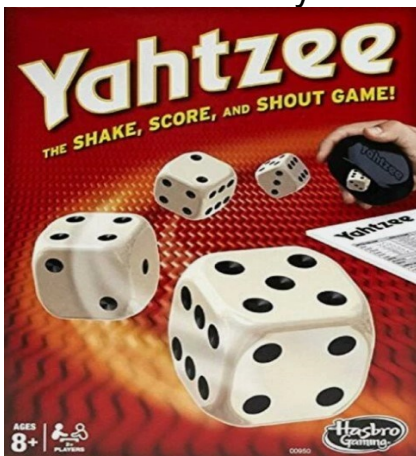
Art with CC

Join CC and paint a beautiful acrylic picture (picture to be determined) on Monday, August 10 at 1:00 pm. Cost is only \$12. Space is limited so call and sign up today.



Game Night Yahtzee!

Join us Tuesday, August 11 for Yahtzee Night! The evening will begin at 5:30 pm with a meal that includes sloppy joe, chips, salad, cookie, water, coffee, lemonade, or ice tea followed by some great Yahtzee fun! Yahtzee is a simple dice game. The objective is to score points by rolling five dice to make certain combinations. We will play several rounds and the high score and random draw person will win a gift card. Everyone who rolls a Yahtzee will receive a MCCoA coupon that can be used towards an activity at the center. The cost for this evening of fun is only \$5.00. Call and register today 419-586-1644.



Wii Bowling League

It's time for our Wii bowling league again. Get your teams signed up and come in to practice! A Team consists of 4 bowlers and one alternate. League play will begin Monday, August 31 and run through Friday, October 30. Your team will need to bowl 6 different days and bowl 2 games per day, for a total of 12 games. We have 3 Wii bowling games set up, one in the main room, one in the craft room and one in building 3. Each game console has a calendar for you to sign up your bowling time. Stop by the Activities Office to get your sign-up form. Awards will be handed out for the highest scoring single bowler, a random draw person and the high scoring team. Come join the fun if you would like to bowl but don't have a team let Tash know and she will help to get you connected to a team!



Lunch & Learn

MCCoA
Mercer County Council on Aging

Join Keith Gudorf on Monday, August 3 for an open, friendly discussion about the basics of AI. Almost everyday we hear about people and companies using "Artificial Intelligence" (A.I.), but what actually

is AI and how does it affect us? We'll talk about how you may already be using AI in your daily life, address common questions about safety, and look at some of its practical, real-world uses. Lunch will be served at 11:30, only the first 25 people to register may join us for lunch. The presentation begins at 12:00 and everyone is invited to attend the presentation portion.



Lunch & Learn

Chickasaw

Area Agency on Aging
Education for Empowerment and Independence.
www.aaa3.org/health



Kayla Wells Health Education Coordinator with Area Agency on Aging 3 will be at the Library Thursday, August 27. Come join us to learn how to stay active, independent, and confident with Matter of Balance! This engaging presentation will cover simple fall prevention strategies, ways to improve balance and strength, and how small changes can help reduce the risk of falls while maintaining independence. Lunch will begin at 11:30 and only the first 25 people to register can join us for lunch. The presentation starts at 12 pm and everyone is invited to attend the presentation portion!

A MATTER OF BALANCE

August Lunch

Please join us for a congregate lunch on Tuesdays, Wednesdays and Thursdays at 11:30 am. The cost is \$5 per meal.

Reservations and cancellations must be made by calling the MCCoA at 419-586-1644 prior to noon the day before. If you have ordered a meal and are unable to attend we need to be notified. Thank you.



AMERICAN
LEGION

Tuesday	Wednesday	Thursday
4	5	6
Roast Beef Sandwich Cheesy Potatoes Cookie	Spaghetti Garlic Bread Green Beans	Tuna Salad Sandwich Macaroni Salad Peach Cobbler
11	12	13
Cheeseburger French Fries Brownie	Taco Salad Applesauce Pudding	Loaded Potato Soup Grilled Cheese Cookie
18	19	20
SENIOR DAY AT FAIR	Sloppy Joe Mac n Cheese "August Birthday" Cake	Pizza Tossed Salad Brownie
25	26	27
Fish Sandwich Cole Slaw Fruit	Roast Beef Sandwich Cheesy Potatoes Cookie	LUNCH & LEARN CHICKASAW

Medicare Open Enrollment is Almost Here!

October 15 - December 7, 2026

Medicare Open Enrollment runs October 15 through December 7, 2026. During this time, Medicare beneficiaries can review and make changes to their Prescription Drug Plans (Part D) and Medicare Advantage Plans for coverage effective January 1, 2027.

MCCoA Outreach will once again offer Open Enrollment appointments to provide unbiased plan comparisons and help you evaluate your coverage options. To help us prepare for your appointment, please submit your completed Medicare Open Enrollment Worksheet and required documents (see the list on the right) to our office before scheduling. This allows us to complete your plan comparison in advance so you can make the most of your appointment.

Watch for the Medicare Open Enrollment Worksheet in next month's newsletter!

More information regarding scheduling appointments will be available soon!

New to Medicare?

Contact us before October so we can schedule an appointment to help you set up your Medicare.gov account.

To do this, we will need:

- A valid email address
- Access to email during setup (smart phone)
- Valid ID with current address

We will answer any questions and review upcoming changes to your coverage.

Required documents:

- Your Medicare card
- A list of your current doctors and specialists
- A printed, current list of medications (including dosage and frequency)
- Your preferred pharmacy
- Any insurance cards related to your current coverage

OSHIIP Medicare Open Enrollment Information Meeting

Join us on Wednesday, September 23, 2026, at 3:00 p.m. for a Medicare Open Enrollment Informational Meeting presented by Hannah Black, OSHIIP Community Liaison with the Ohio Department of Insurance.

This free educational session is recommended for individuals currently enrolled in Medicare, as well as those approaching their 65th birthday. Learn about Medicare, important updates and changes for the 2027 plan year, and what you need to know before the Medicare Open Enrollment Period (October 15–December 7, 2026).

During Open Enrollment, beneficiaries have the opportunity to review and make changes to their Medicare coverage. Our Outreach Specialists, Robin and Jenny, are available to provide unbiased guidance and assistance to help you make informed coverage decisions.

For more information, please contact the Mercer County Council on Aging at (419) 586-1644.



FREE Gift Basket Drawing •



Coffee •



Cookies

Refreshments and treats provided for all attendees!

2026 Bus Trip Updates

If the trip is sold out, make sure you get on the waitlist!
More info in our trip flyer and on our website!



American Sign Museum and Reds vs Guardians Ball Game – July 29 – **Sold Out!** - evening game.

Ohio State Fair – August 4 – **Sold Out** – enjoy fair activities, free afternoon performance, dinner at Der Dutchman.

Gettysburg and Joshua at Sight & Sound Theater in Lancaster – August 17-20 – **2 Buses – Very limited seats!** - Visit the Flight 93 Memorial, relive Civil War history aboard the Northern Central Railway, visit to the Gettysburg National Military Park & museums, and go to Sight and Sound Theater's new show *JOSHUA."

Mystery Trip – August 27 – **2 Buses Sold Out!** – leave 7:30 – 8:10 am – return about 5:30 - 6:10pm.

"Come from Away" at LaComedia – September 4 – **2 buses – very limited seats!** - lunch and show – based on actual 9/11 events.

America 250 Celebration Including Philadelphia, Washington DC & More – September 11 – 18 – **Must Register Now!** - Ft McHenry, Valley Forge, Liberty Bell, Sights of DC, President's Homes, First Thanksgiving Site, Hidden Bunker & more!

Zehnders Country Music Show, Soaring Eagle Casino & Patsy Cline Show or Firekeepers Casino – October 7-8 – **2 Buses Sold Out – very short waitlist** - Country shows & casinos!

Lunch and Love Comes Softly Performance in Shipshewana – October 23 – **Sold Out – taking names for possible 2nd bus!** - Bluegate's new musical.

Gettysburg and Joshua at Sight & Sound Theater in Lancaster – October 27-30 – **Sold Out!** – Repeat of August trip

Snooty Fox Shopping – November 5 – visit 5 Snooty Fox stores with snacks & refreshments.

Holly Jolly Christmas and Oglebay Festival of Lights – November 12-14 – **2 buses - filling up!** - Reeve's Mansion, Warthers Carvings Festival of Trees, Dickens Village, Oglebay Festival of Lights 2 Shows & 6 meals.

Santa Claus the Musical and The Gift of Christmas at LaComedia – November 18 – **2 buses –filling up!** - Buffet lunch and matinee performance. Two joyous musicals for the price of one!

Holiday Shows & Casinos – December 2 -3 – Either have lunch and see Church Basement Ladies Holiday Show or go to Firekeepers casino - overnight at Soaring Eagle Casino – Lunch and 3 Men & A Tenor holiday show at Zehnders.

Lunch & "Christmas Rush" Musical in Shipshewana – December 11 – **very limited seats!** – Lunch & show.

Christmas at the Opryland Hotel with Vince Gill & Amy Grant – December 15-17 and December 16-18 – **3 buses – Sold Out - very short waitlist!**

Hawaiian Cruise – February 24 – March 7, 2027 - **Sold Out!** – short waitlist.



REGULARLY SCHEDULED ACTIVITIES

Please register for all activities so we can notify you in the case of unexpected schedule changes. Thank you.

Check the calendar on page 9 for exceptions.

Bingo

Wednesdays at 12:30 pm.

Reusable cards and chips are \$1 each. The same cards are used for every game.

Blood Pressure Checks (FREE)

The first Thursday each month from 9 am to 10 am, provided by Heritage Health Care.

Cards

Bridge on Tuesdays at 12:30 pm; **Euchre** on Thursday and Sunday evenings at 6:30 pm; **Bid Euchre**, **Pinochle**, and **Bridge** on Fridays at 12:30 pm. **Texas Hold 'Em** on the 2nd and 4th Thursday at 6:30 pm. Cost \$1 per person per session.

Chair Qi Gong

Mondays at 10:00 am. Chair Qi Gong is a slow, flowy, graceful energy practice that can lift spirits, aid mobility and flexibility, build strength, improve balance, and offer a social experience that is also personal and relaxing. Cost is \$3 per person.

Chair Yoga

Chair Yoga on Thursdays at 12:30 pm. Cost is \$3 per person.

Coffee Time (FREE)

Thursdays from 8:00 am to 10:00 am. Join us for coffee, juice, donuts and some great chatting time. Stop in for 5 minutes or stay for a while. Everyone is welcome. Donations are appreciated.

Crochet Club (FREE)

Crochet club meets monthly in Bldg 3. See calendar for specific date and time. This group is open to anyone that likes to crochet. We make a variety of items to give to people in nursing homes. Everyone is welcome.

Fitness Class (FREE)

Tuesdays at 9:30 am join us for a video led exercise class that focuses on muscle strengthening and increasing range of movement for daily life activities.

Line Dancing (FREE)

Tuesdays at 1:00 pm. Everyone is welcome. Come join the fun, enjoy some music, and get some great exercise. If you are new to dancing, we will be glad to show you how.

Lunch

Tuesdays, Wednesdays, and Thursdays 11:30 am **\$5 per meal**. Reservations are required by noon one day before. Space is limited.

Mahjong

The first and third Thursday of each month at 1:00 pm we play American Mahjong in building 3. Come join the fun. All are welcome, if you are new to the game or a seasoned player!

Pickleball

Tuesdays at the Spiritual Center in Montezuma, 6731 SR 219 from 9:00 am to 11:30 am. Cost is \$3 per person. No experience required.

Poetry, Prose & Books

Our Poetry, Prose and Books club is going strong! Stop in on the 2nd Thursday of each month at 1:00 pm.



ALZHEIMER'S ASSOCIATION

FREE Individual Care Consultation Appointments

Caregiver education, planning, stress management, finances, communication, and safety issues. Call 614-442-2016.

FREE Support Group

Meetings are held on the second Wednesday of every month from 3 pm to 4 pm in building 3. The Caregiver Support Group is for any individual who is caring for someone who has Alzheimer's or any other form of dementia.

September look ahead dates

3	Puzzle Contest
7	Office Closed Labor Day
8	Garage Sale Set Up Begins
17	Garage Sale (8:30 to 6:30)
18	Garage Sale (8:30 to 4:00)
19	Garage Sale (8:30 to 4:00) 1/2 Price Day
20	Garage Sale (12:00 to 4:00) Bag Day
21	Garage Sale Clean Up
22	Garage Sale Load Truck
22	Albuquerque Balloon Fiesta Document Meeting
23	Medicare Part D Enrollment Informational Meeting
23	Novia Scotia 2027 Trip Informational Meeting
24	Alzheimer's Talk

**Alzheimer's Association
Northwest Ohio Chapter**
Invites you to a free program!

10 WARNING SIGNS OF ALZHEIMER'S Thursday, August 27, 2026

10:00 am

Mercer County Council on Aging
217 Riley Street | Celina
Building 3

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i><u>Italicized and underlined</u></i> in Building 3. * = has a fee. () = off campus. (MSC) = Montezuma Spiritual Center						1
2 6:30 - Cards*	3 10:00 - Chair Qi Gong* 11:30 - L&L - Artificial Intelligence (AI) - Keith Gudorf	4 9:00 - 11:30 Pickleball* (MSC) 9:30 - Fitness Video (FREE) 11:30 - Lunch* 12:00 - 4:00 Donations (bldg 6) <u>12:30 - Bridge*</u> 12:30 - Ladies Cards* 1:00 - Line Dancing	5 11:30 - Lunch* 12:30 - Bingo*	6 8:00 - 10:00 Coffee Time 8:30 - 12:00 Donations (bldg 6) 9:00 - FREE Blood Pressure Checks 11:30 - Lunch* 12:30 - Chair Yoga* <u>1:00 - Mahjong</u> 6:30 - Cards*	7 12:30 - Cards*	8 9 to 1 Donations (bldg 6)
9 6:30 - Cards*	10 10:00 - Chair Qi Gong* 1:00 - Art Class - Acrylic Painting* <u>1:00 - Crochet Club</u>	11 9:00 - 11:30 Pickleball* (MSC) 9:30 - Fitness Video (FREE) 11:30 - Lunch* 12:00 - 4:00 Donations (bldg 6) <u>12:30 - Bridge*</u> 1:00 - Line Dancing 5:30 - Game Night - Yahtzee*	12 11:30 - Lunch* 12:30 - Bingo* <u>3:00 - Alzheimer Support Group</u>	13 8:00 - 10:00 Coffee Time <u>10:30 - Board Mtg.</u> 11:30 - Lunch* <u>12:30 - Ladies Cards*</u> 12:30 - Chair Yoga* 1:00 - Poetry, Prose & Books 6:30 - Cards & Texas Hold 'Em*	14 12:30 - Cards*	15
16 6:30 - Cards*	17 10:00 - Chair Qi Gong*	18 SENIOR DAY AT THE FAIR 9:30 - Fitness Video (FREE) <u>12:30 - Bridge*</u> 12:30 - Ladies Cards*	19 11:30 - Lunch* 12:30 - Bingo*	20 8:00 - 10:00 Coffee Time 11:30 - Lunch* 12:30 - Chair Yoga* <u>1:00 - Mahjong</u> 6:30 - Cards*	21 12:30 - Cards*	22
23 6:30 - Cards*	24 10:00 - Chair Qi Gong* 1:00 - Craft - Pocket Flowers*	25 9:00 - 11:30 Pickleball* (MSC) 9:30 - Fitness Video (FREE) 11:30 - Lunch* 12:00 - 4:00 Donations (bldg 6) <u>12:30 - Bridge*</u> 1:00 - Line Dancing	26 11:30 - Lunch* 12:30 - Bingo* 3:45 - Office Closed - Staff Meeting	27 8:00 - 10:00 Coffee Time 8:30 - 12:00 Donations (bldg 6) <u>10:00 - Alzheimer's Talk - 10 Warning Signs</u> 11:30 - Chickasaw L&L - Falls Prevention - AAA <u>12:30 - Ladies Cards*</u> 12:30 - Chair Yoga* 6:30 - Cards & Texas Hold 'Em*	28 12:30 - Cards*	29
30 6:30 - Cards*	31 10:00 - Chair Qi Gong*					

A Day Playing Mini Golf

Use the clues to fill in the crossword.



ACROSS

2. Parents and kids
3. Standard number of strokes
6. Rebound hit off a bumper
8. Gentle stroke used on the green
10. Hazard; sand _____
12. Wooden peg
13. What every shot aims for
14. Main surface, often made of artificial turf
16. Medieval-themed mini golf obstacle
17. Underground or covered path
18. Video game area sometimes found at mini golf courses
20. Paper record of each player's strokes
21. Rotating blades obstacle

DOWN

1. Coastal-themed feature
3. Golfer's tool for close-range shots
4. Sloped surface
5. Found inside a golf hole
7. One swing of the club
9. Romantic mini golf outing
11. Tiny writing implement
15. Flowing water element
19. Elevated crossing





Some Good News

The words listed below can be found vertically, horizontally, diagonally, forward, and backward.

U	T	C	N	Z	R	A	R	E	T	H	G	U	A	L
I	V	H	D	O	W	L	Q	Y	G	A	V	U	B	M
N	S	A	K	P	I	C	E	N	I	Y	Y	J	V	H
H	E	R	O	K	Y	T	I	N	U	M	M	O	C	T
E	M	I	O	C	F	G	A	T	A	W	Y	I	S	L
S	K	T	U	B	N	V	O	C	U	J	Q	N	S	A
X	U	Y	H	I	H	G	I	C	U	I	Y	S	E	E
C	Y	C	S	Q	E	G	O	N	T	D	K	P	R	H
H	A	K	C	T	N	M	I	G	E	I	E	I	G	W
L	X	R	H	E	F	P	N	E	N	T	K	R	O	C
B	A	E	I	O	S	I	C	D	N	W	U	A	R	I
E	R	M	R	N	P	S	N	U	X	X	U	T	P	W
T	M	T	E	L	G	E	J	H	Q	G	T	I	D	V
W	N	J	E	N	S	M	I	L	E	S	Q	O	K	A
Z	R	H	U	S	P	J	L	R	T	B	F	N	H	M

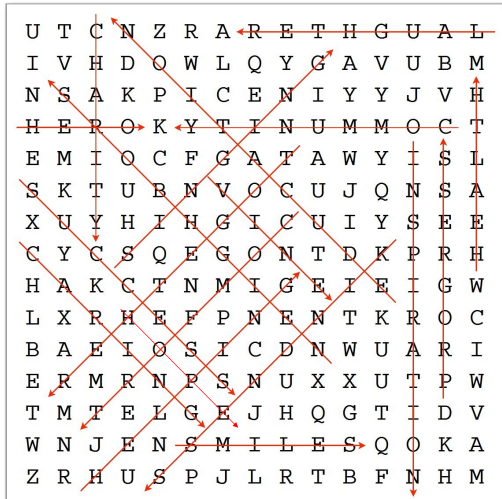
CARING
CHARITY
COMFORT
COMMUNITY
EDUCATION
HEALTH

HELPING
HERO
HOPE
INSPIRATION
KINDNESS
LAUGHTER

NEIGHBORS
PROGRESS
SINGING
SMILES
SUCCESS
TOGETHER

Some Good News

(solution)

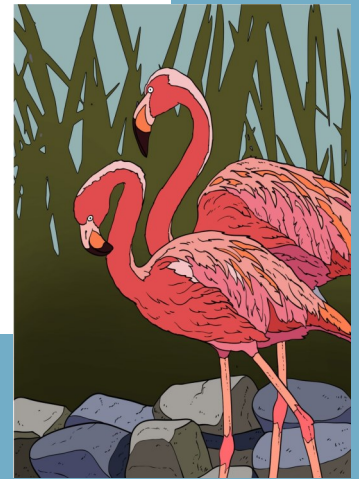


A Day Playing Mini Golf

(solution)



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Mercer County Council on Aging, Celina, OH

14-1730

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- Schedule your free consultation today! Call, email or visit our website for more information.



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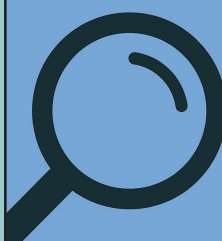
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THE MERCER COUNTY COUNCIL ON AGING

is a non-profit organization serving the needs of residents aged 60 and over. We offer a variety of services and programs designed to assist our seniors in maintaining as much independence as possible.

Funding for these services is provided by a county-wide levy, the Mercer County Health Fund, the Mercer County Civic Foundation, the PASSPORT program, Combined Drives, quarterly garage sales, client donations and the hard work of our volunteers.

OFFICE HOURS

Monday through Friday
8:00 am to 4:30 pm

PHONE

419-586-1644

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