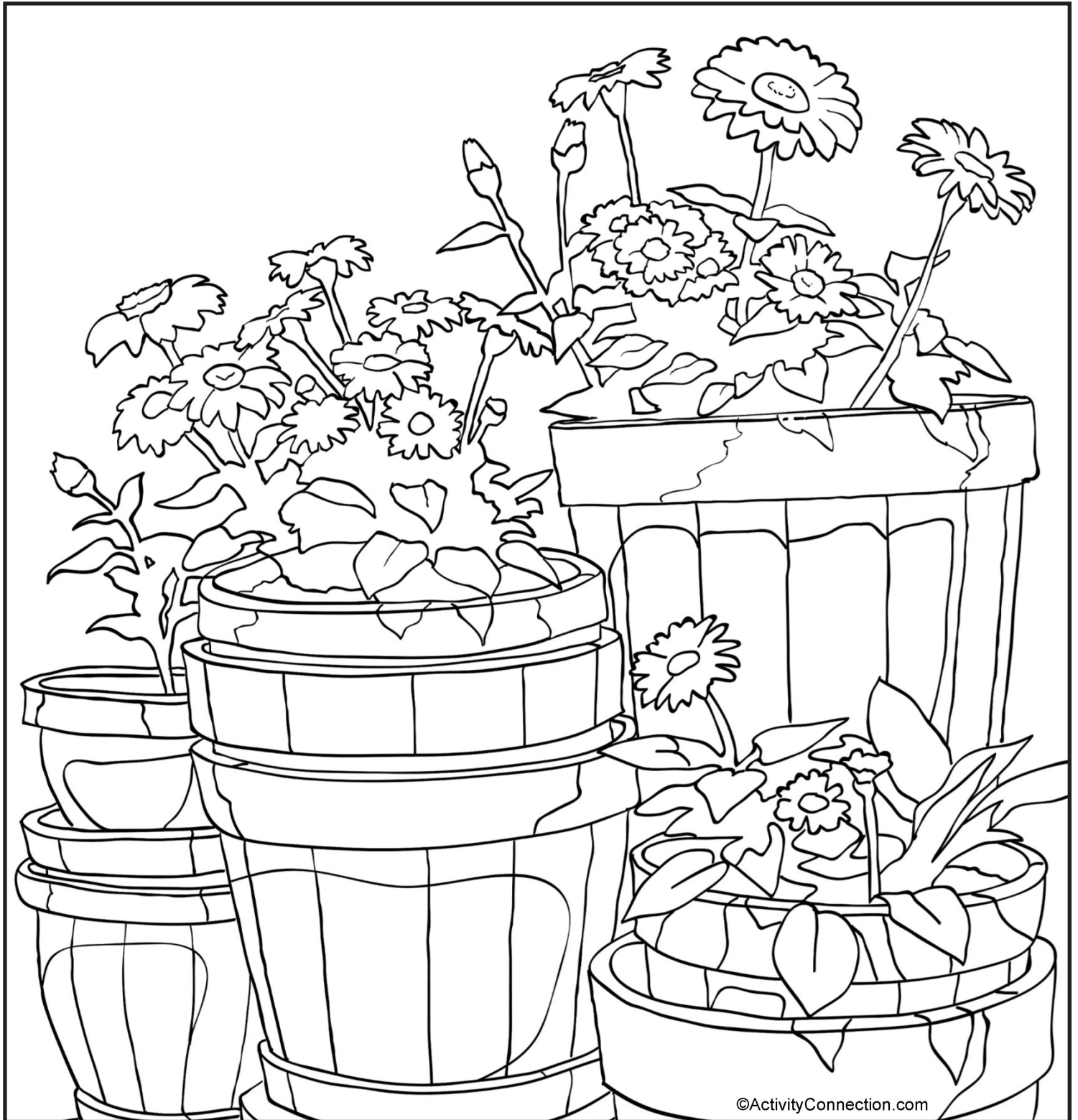


MCCOA

Mercer County Council on Aging



Our mission is to help older people live dignified and reasonably independent lives in their own homes for as long as possible.



From the Director's Desk:

Hello Mercer County and friends of Mercer County,

How are you doing? Really, just stop for a moment. How are you? Life gets so busy and we just keep pushing forward, but do you realize just how important it is to stop and take care of yourself too? It is too easy to get caught up in the 'lists of things that need to be done today.' I encourage every one of you to take time every day and do something just because it makes you happy.

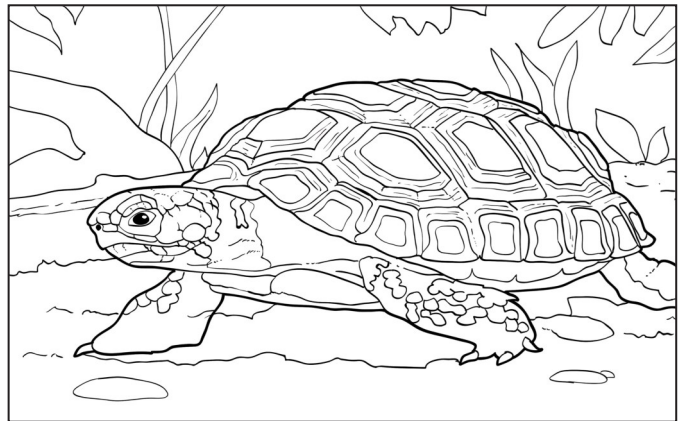
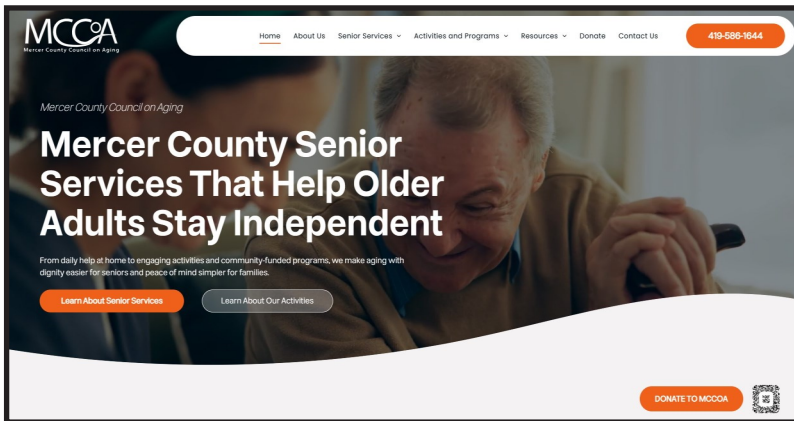
"Whether you think you can or think you can't, you're right."

Have you seen our new website? If you haven't, please do so. It is at www.mcco.net. Let me know if you see any mistakes!! Gold stars if you do. We have tried really hard to catch everything, but it is pretty deep. Also, if there are other things that would be helpful, let us know that too.

We are gearing up for our Party on the Patio (June 24th from 10 am to 2 pm.) So mark your calendars and talk to your family so you can come and spend some time with us that day. Tash is looking for volunteers to help (see page 4.)

Hugs,
Dawn

Note: As spring is upon us, let us know if you have little projects around the house for our chore team to assist you. You can find a list of what they can do on our web site.





GARAGE SALE UPDATE

Donations Last Day	Thursday, April 23	8:30 to 12	
Set Up	April 27 to May 1	9:00 to 3	
Sale	See the chart on right		
Clean Up	Monday, May 11	9:00	
Truck Pick Up	Tuesday, May 12	8:30	

As you receive this newsletter we will be setting up for our 2nd garage sale of the year! If you would like to help, stop in, we will be glad to have the extra hands!! Set up begins on Monday, April 27 and will continue all week. The garage sale runs Thursday, May 7 through Sunday, May 10! We have made a few changes to our Sunday Bag Day at the garage sale. Bags are now 50 cents each and you pay on your way out as you leave each building.

Garage Sale Dates / Hours

Thursday	May 7	8:30	6:30
Friday	May 8	8:30	4:00
Saturday	May 9	8:30	4:00
All Items 1/2 price.			
Sunday	May 10	12:00	4:00
\$.50 a bag.			

NEW SUNDAY BAG DAY

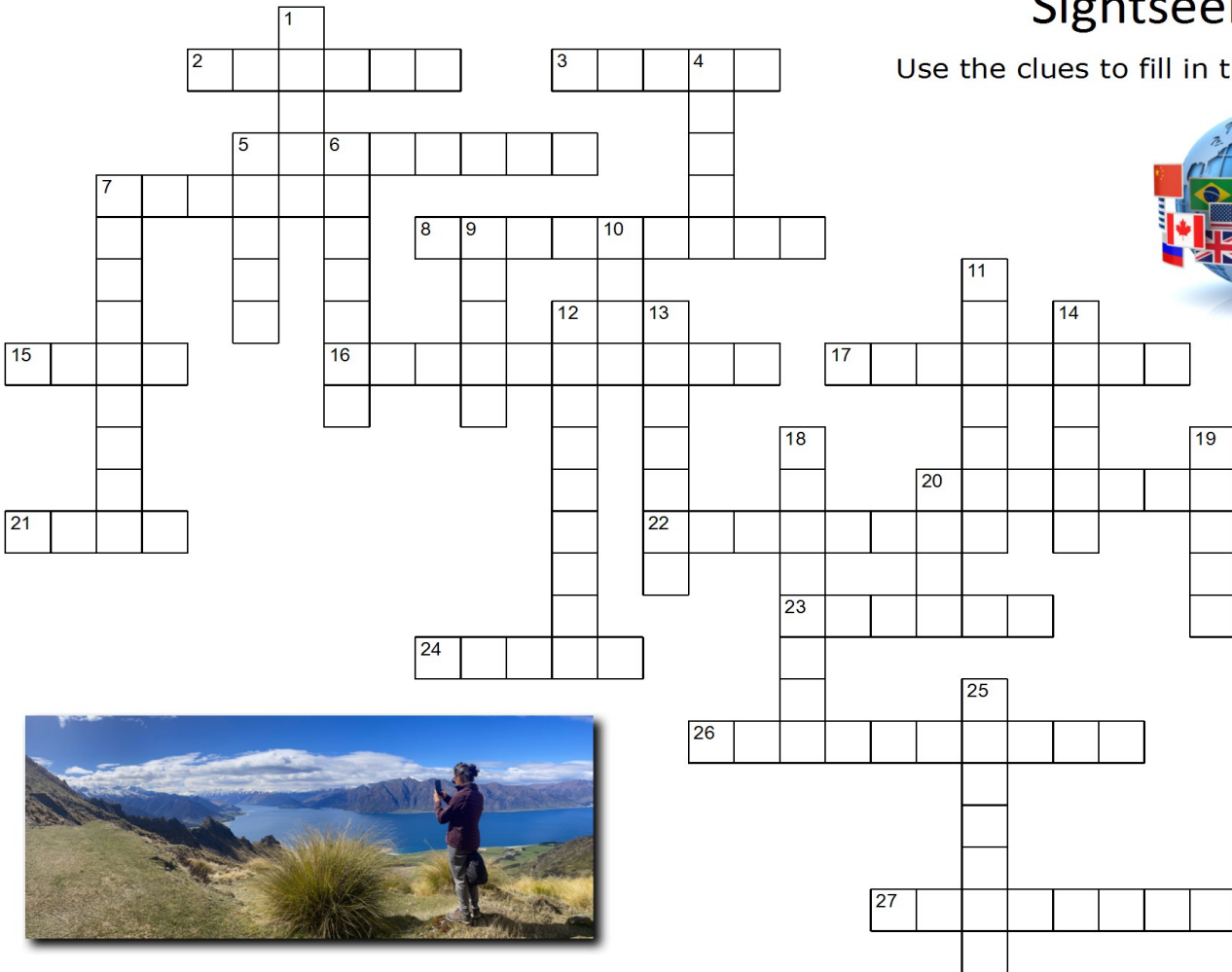
- **\$.50 A BAG**
- **PAY AT EACH BUILDING**
- **PAY ON WAY OUT**



PLEASE STOP AT THE CHECK OUT STATION ON YOUR WAY OUT OF EACH BUILDING AND OUR CLERKS WILL BE HAPPY TO CHECK OUT YOUR PURCHASES.

Sightseeing

Use the clues to fill in the crossword.



ACROSS

2. Sculpted figure
3. Retail stores
5. Where grapes grow
7. Sightseeing by ship
8. China's massive fortification
12. Passenger vehicle
15. Safari vehicle
16. Wet, wooded region
17. Mailed travel keepsake
20. Hot-air conveyance
21. Move on foot
22. Decorative water feature
23. Building for exhibits
24. Toronto skyline needle, CN _____
26. Niagara and Victoria
27. Famous place to see

DOWN

1. Romantic European city
4. Public square
5. Scenic view
6. The Big Apple
7. Grand historic church
9. Remains of old structures
10. Guided trip for visitors
11. Sistine Chapel site, The _____
12. Shop for readers
13. Aquarium collection
14. Fortified royal residence
18. Historic structure
19. Taj Mahal's country
20. Two-wheeler
25. Botanical spaces

Dates of Interest

To register call 419-586-1644.

Craft Class Book Vase

Join us on Monday, May 4 at 2:00 pm to create a book vase. You will choose a book and flowers, cut the pages, hot glue the pages and add your flowers!! It's that simple! Space is limited so call and sign up today. Cost is only \$5.00.



Art Class

Join Debby Gregory Monday, May 18 at 2:00 pm for an acrylic painting class. Everything you need will be provided. Cost of the class is \$10.00. Space is limited. Register today.



Craft Class Aloe Planter and Fairy Wand

Join Deb and create this adorable pot to plant your Aloe plant in and make a fairy wand too! Class will be on Wednesday, May 27 at 1:00 in building 3. Cost is \$5.00. Call and register today.



Game Night! CARD BINGO!!

Join us Tuesday, May 12 for a fun evening of Card Bingo! We will serve BBQ Pulled Pork sandwiches, chips, salad, and a dessert at 5:30 pm. Following the meal we will play several rounds of card bingo. Card Bingo is a fun and easy card game. It is played with a standard deck of playing cards and the caller will call off each playing card when all your cards have been called you yell Bingo! Cost is \$5.00. Call and register today!



Party on the Patio (POP) HELP!!

HELP calling everyone that would like to volunteer to help at our annual MCCoA Party on the Patio!!! Wednesday June 24th from 10:00 am until 2:00 pm. We are looking for people that would like to run a game, work at the welcome desk, work at the bake sale, bake items to donate for the bake sale, help set up before and tear down afterward. Let Tash know if you would like to help 567-890-4120. This is always a fun-filled and informative day. Watch for all the details in your June Newsletter!



Lunch & Learn

MCCoA
Mercer County Council on Aging

Monday, May 4 join us for **MyChart 101**. Presented by **Mandy Wendel**, Marketing & Communications Coordinator, and **Annette Pleiman, RN**, Clinical Applications Analyst, both of Mercer Health. This session will walk you through the many features of MyChart, Mercer Health's secure online patient portal. Learn how to: message your provider, schedule appointments, review test results, pay your bill, and much more!

Whether you're new to MyChart or looking to explore its full potential, this event is a great opportunity to get hands-on guidance and ask questions in a relaxed, supportive setting. Lunch will begin at 11:30 and only the first 25 people to register can join us for lunch. The presentation starts at 12:00 pm and everyone is invited

to attend the presentation portion!

Mercer Health MyChart

MyChart is a free and secure online portal that gives you quick, convenient access to your health information.

Lunch & Learn

Chickasaw



Join Pastor Rick Brosher with Hand-up Village on Thursday, May 28 and learn about how this wonderful project came about and how its affects have been felt in our community. The folks at Hand-Up Village believe it is important to give a hand up to those who have a genuine desire to get back on their feet so they can have a successful future. We believe that by investing in these people we are investing in the future of our community. Lunch will begin at 11:30 and only the first 25 people to register can join us for lunch. The presentation starts at 12 pm and everyone is invited to attend the presentation portion!



May Lunch

Please join us for a congregate lunch on Tuesdays, Wednesdays and Thursdays at 11:30 am. The cost is \$5 per meal.

Reservations and cancellations must be made by calling the MCCoA at 419-586-1644 prior to noon the day before. If you have ordered a meal and are unable to attend we need to be notified. Thank you.



Tuesday	Wednesday	Thursday
5	6	7
Chicken Quesadilla California Blend Fruit Cobbler	Goulash Corn Garlic Bread Cookie	Broccoli Cheese Soup Turkey Wrap Fruit
12	13	14
Pizza Tossed Salad Brownie	Chicken Salad/ Croissant Cottage Cheese Fruit Cobbler	Cheeseburger French Fries Pudding
19	20	21
Swiss Steak Mashed Potatoes Green Beans Cookie	Taco Salad Tortilla Chips Fruit Cobber	Popcorn Shrimp Macaroni Salad Brownie
26	27	28
Cheesy Potato Soup Grilled Cheese Brownie	Spaghetti Garlic Bread Green Beans "May" Birthday" Cake	Lunch & Learn Chickasaw



2026 Bus Trips

May

- 14 Reds Ballgame
Reds Game, Belterra Casino & The Wedding Singer / LaComedia
- 14-15 & The Wedding Singer / LaComedia
- 19-22 Niagara Falls – Canada (passport required)

June

- 4-5 Zehnders Pure AM Gold/ Soaring Eagle & Turkeyville or Firekeepers
- 10 Celebrate America's Birthday Shipshewana
- 18 The Wedding Singer/ LaComedia
- 26-27 Living Word Outdoor Drama & Elijah

July

- 13-15 Ohio 250 Celebration
- 17 Bison & Johnny Cash
- 29 American Sign Museum & Reds vs Guardians

August

- 17-20 Gettysburg & Joshua at Sight & Sound
- 27 Mystery Trip

September

- 4 Come from Away/La Comedia
- 11-18 America 250/Philadelphia & DC

October

- 7-8 Zehnders, Soaring Eagle, Patsy Cline
- 10-19 Balloon Fiesta & Canyonlands
- 23 Lunch & Love Comes Softly/Shipshewana
- 27-30 Gettysburg & Joshua at Sight & Sound

November

- 5 Snooty Fox Shopping
- 12-14 Holly Jolly Christmas & Oglebay Festival of Lights
- Santa Claus the Musical & The Gift of Christmas/La Comedia
- 18 The Gift of Christmas/La Comedia

December

- 2-3 Holiday Shows & Casinos
- Christmas at Opryland with Vince Gill & Amy Grant
- 15-17 Christmas at Opryland with Vince Gill & Amy Grant

June look ahead dates

- 4 Medicare 101
- 9 Garage Sale Donations begin
- 15 Craft Class
- 24 Party on the Patio

2026 Bus Trip Updates



More info in our trip flyer and on our website!

Reds Game – May 14 – very limited seats! - Afternoon game - choose either infield box seats in the shade or Sports Club seats.

Reds Game, Belterra Casino & The Wedding Singer at LaComedia – May 14-15 – Must register now! - Afternoon game with choice of seat type. Overnight at Belterra Casino. Lunch and matinee show of The Wedding Singer at LaComedia.

Niagara Falls – Canada – May 19-22 – Passport Required – Must register now! - Niagara Falls Ontario – 8 meals included.

Zehnders Pure AM Gold Show, Soaring Eagle Casino & Turkeyville or Firekeepers Casino – June 4-5 – Taking 2 buses – seats available! - Lunch & “Pure AM Gold” show - overnight at Soaring Eagle Casino – Either casino or comedy show.

Celebrate America’s Birthday in Shippshewana – June 10 – taking 2 buses! - Amish style lunch prior to afternoon show.

The Wedding Singer at LaComedia – June 18 - Lunch and matinee performance.

Living Word Outdoor Drama and Elijah Performance – June 26-27 – Holmes County area - 2 performances – 3 meals.

Ohio 250 Celebration – July 13-15 – Must register now! -Visit historical sites in Ohio and enjoy 3 patriotic shows!

Bison and Johnny Cash Performance – July 17 – taking 2 buses! - Shippshewana IN - Bison Ranch, meal & show

American Sign Museum and Reds vs Guardians Ball Game – July 29 – very limited seats! - evening game.

Ohio State Fair – August 4 – New trip - enjoy fair activities, free afternoon performance, dinner at Der Dutchman.

Gettysburg and Joshua at Sight & Sound Theater in Lancaster – August 17-20 – sold out – repeating trip in October.

Mystery Trip – August 27 – taking 2 buses! – leave 7:30 – 8:10 am – return about 5:50 - 6:30pm.

“Come from Away” at LaComedia – September 4 – taking names for possible 2nd bus! - Buffet lunch and show – based on actual 9/11 events.

America 250 Celebration Including Philadelphia, Washington DC & More – September 11 – 18 – History comes to life! Ft McHenry, Valley Forge, Liberty Bell, Sights of DC, President’s Homes, First Thanksgiving Site, Hidden Bunker & more!

Zehnders Country Music Show, Soaring Eagle Casino & Patsy Cline Show or Firekeepers Casino – October 7-8 – taking names for possible 2nd bus! - Country shows & casinos!

Lunch and Love Comes Softly Performance in Shippshewana – October 23 - Bluegate’s new musical.

Gettysburg and Joshua at Sight & Sound Theater in Lancaster – October 27-30 – filling up - Visit the Flight 93 Memorial, relive Civil War history aboard the Northern Central Railway, visit to the Gettysburg National Military Park & museums, and go to Sight and Sound Theater’s new show *JOSHUA.”

Snooty Fox Shopping – November 5 – visit 5 Snooty Fox stores with snacks & refreshments.

Holly Jolly Christmas and Oglebay Festival of Lights – November 12-14 – taking names for possible 2nd bus - Reeve’s Mansion, Warthers Carvings Festival of Trees, Dickens Village, Oglebay Festival of Lights 2 Shows & 6 meals.

Santa Claus the Musical and The Gift of Christmas at LaComedia – November 18 – New Trip! - Buffet lunch and matinee performance. Two joyous musicals for the price of one!

Holiday Shows & Casinos – Dec 2 -3 – New Trip! – Either have lunch and see Church Basement Ladies Holiday Show or go to Firekeepers casino - overnight at Soaring Eagle Casino – Lunch and 3 Men & A Tenor holiday show at Zehnders.

Christmas at the Opryland Hotel with Vince Gill & Amy Grant – December 15-17 – 2 buses – Sold Out.

REGULARLY SCHEDULED ACTIVITIES

Please register for all activities so we can notify you in the case of unexpected schedule changes. Thank you.

Check the calendar on page 9 for exceptions.

Bingo

Wednesdays at 12:30 pm.
Reusable cards and chips are \$1 each. The same cards are used for every game.

Blood Pressure Checks (FREE)

The first Thursday each month from 9 am to 10 am, provided by Heritage Health Care.

Cards

Bridge on Tuesdays at 12:30 pm; **Euchre** on Thursday and Sunday evenings at 6:30 pm; **Bid Euchre**, **Pinochle**, and **Bridge** on Fridays at 12:30 pm. **500** on the 2nd and 4th Tuesdays at 12:30 pm. **Texas Hold 'Em** on the 2nd and 4th Thursday at 6:30 pm. Cost \$1 per person per session.

Chair Qi Gong

Mondays at 10:00 am. Chair Qi Gong is a slow, flowy, graceful energy practice that can lift spirits, aid mobility and flexibility, build strength, improve balance, and offer a social experience that is also personal and relaxing. The gentle movements are often based on nature themes and can offer everyone a chance to visualize something beautiful and slow down their busy life. Cost is \$3 per person.

Chair Yoga

Chair Yoga on Thursdays at 12:30 pm. Cost is \$3 per person.

Coffee Time (FREE)

Thursdays from 8:00 am to 10:00 am. Join us for coffee, juice, donuts and some great chatting time. Stop in for 5 minutes or stay for a while. Everyone is welcome. Donations are appreciated.

Crochet Club (FREE)

Crochet club meets monthly in Bldg 3. See calendar for specific date and time. This group is open

to anyone that likes to crochet. We make a variety of items to give to people in nursing homes. Join us for a fun afternoon of crocheting. Everyone is welcome.

Fitness Class (FREE)

Tuesdays at 9:30 am join us for a video led exercise class that focuses on muscle strengthening and increasing range of movement for daily life activities.

Line Dancing (FREE)

Tuesdays at 1:00 pm. Everyone is welcome. Come join the fun, enjoy some music, and get some great exercise. If you are new to dancing, we will be glad to show you how.

Lunch

Tuesdays, Wednesdays, and Thursdays 11:30 am **\$5 per meal**. Reservations are required by noon one day before. Space is limited.

Mahjong

The first and third Thursday of each month at 1:00 pm we play American Mahjong in building 3. Come join the fun. All are welcome, if you are new to the game or a seasoned player!

Pickleball

Tuesdays at the Spiritual Center in



ALZHEIMER'S ASSOCIATION

FREE Individual Care Consultation Appointments

Include caregiver education, stress management, planning, communication, finances, and safety issues. Call 614-442-2016.

FREE Support Group

Meetings are held on the second Wednesday of every month from 3 pm to 4 pm in building 3. The Caregiver Support Group is for any individual who is caring for someone who has Alzheimer's or any other form of dementia.

Montezuma, 6731 SR 219 from 9:00 am to 11:30 am. Cost is \$3 per person. No experience required.

Poetry, Prose & Books

Our Poetry, Prose and Books club is going strong! Stop in and see what they are up to on the 2nd Thursday of each month at 1:00 pm.

Alzheimer's Association Northwest Ohio Chapter

Join us for a free program!

The Empowered Caregiver Series:

Responding to Dementia-Related Behaviors

Understand common behavior changes and how they are a form of communication. Additionally, this program will provide non-medical approaches to behaviors and how to recognize when additional help is needed.

Wednesday, May 6, 2026

10:00 am

Mercer County Council on Aging

217 Riley Street | Celina

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>Italicized and underlined</i> in Building 3. * = has a fee. () = off campus. (MSC) = Montezuma Spiritual Center</p>					1	2
3	4	5	6	7	8	9
6:30 - Cards*	10:00 - Chair Qi Gong* 11:30 - L&L - Mercer Health - MyChart 2:00 - Craft Class - Book Vase*	9:30 - Fitness Video (FREE) 11:30 - Lunch* <u>12:30 - Bridge*</u> 12:30 - Ladies Cards* 1:00 - Line Dancing	10:00 - ALZ Talk - Responding to Dementia Related Behaviors 11:30 - Lunch* 12:30 - Bingo*	GARAGE SALE 8:30 to 6:30 11:30 - Lunch* 12:30 - Chair Yoga* <u>1:00 - Mahjong</u> 6:30 - Cards*	GARAGE SALE 8:30 to 4:00 12:30 - Cards*	GARAGE SALE 8:30 to 4:00
10	11	12	13	14	15	16
GARAGE SALE 12:00 to 4:00 6:30 - Cards* 	Garage Sale Clean Up 10:00 - Chair Qi Gong*	8:30 - Garage Sale Truck Loading 9:30 - Fitness Video (FREE) 11:30 - Lunch* 12:30 - 500* 1:00 - Line Dancing 5:30 - Game Night - Card Bingo & Supper*	11:30 - Lunch* 12:30 - Bingo* <u>3:00 - Alzheimer Support Group</u>	8:00 - 10:00 Coffee Time <u>10:30 - Board Mtg.</u> 11:30 - Lunch* 12:30 - Chair Yoga* <u>12:30 - Ladies Cards*</u> 1:00 - Poetry, Prose & Books 6:30 - Cards & Texas Hold 'Em*	12:30 - Cards*	
17	18	19	20	21	22	23
6:30 - Cards*	10:00 - Chair Qi Gong* 2:00 - Art - Acrylic*	9:00 - 11:30 Pickleball* (MSC) 9:30 - Fitness Video (FREE) 11:30 - Lunch* <u>12:30 - Bridge*</u> 12:30 - Ladies Cards* 1:00 - Line Dancing	11:30 - Lunch* 12:30 - Bingo*	8:00 - 10:00 Coffee Time 11:30 - Lunch* 12:30 - Chair Yoga* <u>1:00 - Mahjong</u> 6:30 - Cards*	12:30 - Cards* <u>1:00 - Crochet Club</u>	
24	25	26	27	28	29	30
6:30 - Cards*	Offices Closed MEMORIAL DAY Remember and Honor	9:00 - 11:30 Pickleball* (MSC) 9:30 - Fitness Video (FREE) 11:30 - Lunch* 12:30 - 500* 1:00 - Line Dancing	11:30 - Lunch* 12:30 - Bingo* <u>1:00 - Craft Class - Aloe Planter & Fairy Wand*</u>	8:00 - 10:00 Coffee Time 11:30 - L&L Chickasaw - Hand-Up Village 12:30 - Chair Yoga* <u>12:30 - Ladies Cards*</u> 6:30 - Cards & Texas Hold 'Em*	12:30 - Cards*	
31						
6:30 - Cards*						



Thank you

It's the friends we meet along the way
that help us appreciate
the journey



Coca-Cola

Match the clues to the words associated with Coca-Cola.

- | | |
|--|----------------------|
| 1. Glass drink container _____ | A. Atlanta |
| 2. Christmas ad star _____ | B. "Mean" Joe Greene |
| 3. Timeless version _____ | C. vanilla |
| 4. Popular flavor addition _____ | D. Santa Claus |
| 5. "It's the ___ Thing" | E. diet |
| 6. Big sip _____ | F. Smile |
| 7. Soda-dispensing station _____ | G. carbonation |
| 8. Where Coke originated _____ | H. Coke |
| 9. Coke's winter mascot _____ | I. fountain |
| 10. Football star in popular Coke ad _____ | J. cap |
| 11. Bottle topper _____ | K. bottle |
| 12. Low-cal option _____ | L. gulp |
| 13. Familiar red script _____ | M. Classic |
| 14. Energy-boosting compound _____ | N. formula |
| 15. Fizz in a drink _____ | O. polar bear |
| 16. Recipe _____ | P. Real |
| 17. "Have a Coke and a _____" | Q. caffeine |
| 18. "_____ Is It" | R. logo |



Coca-Cola

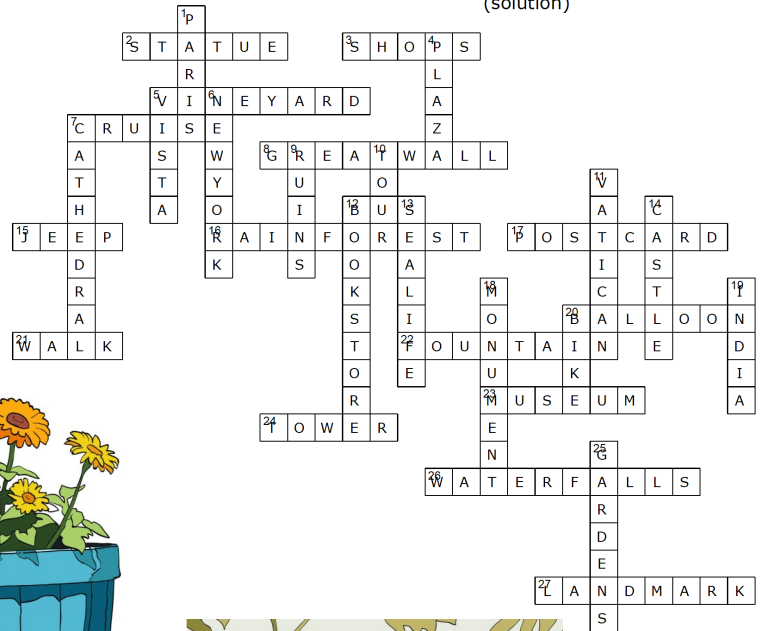
(solution)

1. K. bottle
2. D. Santa Claus
3. M. Classic
4. C. vanilla
5. P. Real
6. L. gulp
7. I. fountain
8. A. Atlanta
9. O. polar bear
10. B. "Mean" Joe Greene
11. J. cap
12. E. diet
13. R. logo
14. Q. caffeine
15. G. carbonation
16. N. formula
17. F. Smile
18. H. Coke

SOLUTIONS

Sightseeing

(solution)



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Associate Broker/Realtor



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Mercer County Council on Aging

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THE MERCER COUNTY COUNCIL ON AGING

is a non-profit organization serving the needs of residents aged 60 and over. We offer a variety of services and programs designed to assist our seniors in maintaining as much independence as possible.

Funding for these services is provided by a county-wide levy, the Mercer County Health Fund, the Mercer County Civic Foundation, the PASSPORT program, Combined Drives, quarterly garage sales, client donations and the hard work of our volunteers.

OFFICE HOURS

Monday through Friday
8:00 am to 4:30 pm

PHONE

419-586-1644

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Find us at www.mcco.net



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