

MCCOA

Mercer County Council on Aging



Our mission is to help older people live dignified and reasonably independent lives in their own homes for as long as possible.

CABIN FEVER FIX UP



Spring Party!!!!

Monday, March 30 is the last day to purchase tickets for the Spring Party unless they sell out before then. Remember, there are two shows; both are on Thursday, April 9. The first is 11:30 am for lunch. The second is 5:30 pm for dinner.

Just a reminder for those attending the lunch event please do not park in front of businesses.



From the Director's Desk:

Hello Mercer County and friends of Mercer County,

I wonder if you have noticed the 'stress' in the world today. It seems as though everyone is carrying a burden way too heavy for one person. I invite you to take a moment to share time with someone you may know or someone you have bumped into along the way. Lend an ear or just give them a smile. If you don't know how to help them, feel free to direct them to the MCCoA. We are here to assist as much as possible, and when their need is more than we can offer, we connect people to the agencies that are better able to provide assistance.



I vote that we decide April is a time for 'happy.' Do you agree? Starting on the very first day, April Fools, is a day to play tricks on those closest to us. The day is filled with laughter and good natured fun. The weather can be a bit tricky, but hopefully things are warming up and there is the promise of new flowers. People are busy planning their gardens. There is even a bunny who hops down the lane reminding us of the greatest gift we have ever been given.

Do you know what the biggest difference between Thanksgiving and April Fools' Day is? On one you're thankful, and on the other you're prankful.



Well anyhow, I am thankful for you. Each of you are like your own special flower, you have a unique style and flair that makes the bouquet here at the MCCoA such a pretty one. You make us what we are by being who you are. Thank you.

I hope your Easter is blessed beyond measure.

Hugs,
Dawn

Note: If you or someone you know needs Homemaker help, we have a few vacancies. Call and schedule your home assessment today.



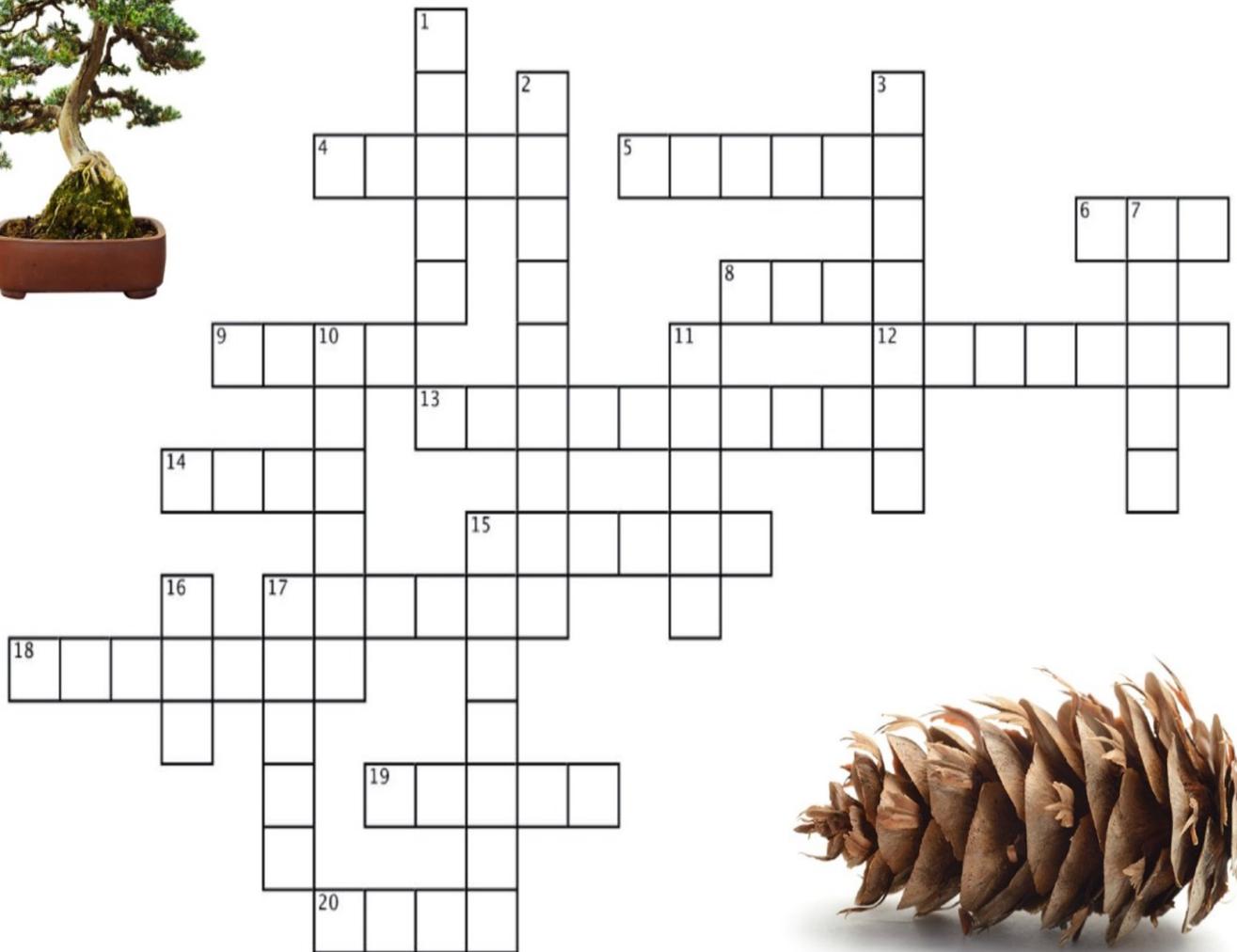
GARAGE SALE UPDATE

Donations First Day	Tuesday, March 31	12:00 to 4:00
Saturday Donations	Saturday, April 18	9:00 to 1:00
Donations Last Day	Thursday, April 23	8:30 to 12:00

A huge Thank You to everyone that helped make the March garage sale a great success!! We could not hold garage sales without ALL our wonderful volunteers! Believe me, it takes an army to accept donations, sort, organize, price and run checkouts during the sale! If you would like to join this great group of volunteers, please give Tash a call or stop in any time. Donations are under way for the May sale, the last day we will be accepting donations is Thursday, April 23. We will be accepting donations on Saturday, April 18 from 9:00 am to 1:00 pm. Set up for the May sale will begin on Monday, April 27 and continue all week. Stop in and lend a hand. Stay all day or just an hour or two, we appreciate all the help!

Barking Up the Right Tree

Use the clues to fill in the crossword.



ACROSS

- 4. To trim a tree
- 5. Japanese art form using miniature trees
- 6. Powdery residue left after burning
- 8. Sound a dog makes
- 9. Inner surface of the hand
- 12. Land planted with fruit trees
- 13. Oregon state tree
- 14. Small branch or shoot of a tree
- 15. "Oops, there goes another ___ tree plant."
- 17. Tree foliage
- 18. Cone-bearing tree
- 19. Underground base or support of a tree
- 20. A building material

DOWN

- 1. An elephant's nose
- 2. Tree that sheds its leaves
- 3. Andrew Jackson, "Old _____"
- 7. Small multiple-stemmed plant
- 10. Person who fells trees
- 11. H₂O
- 15. Tall California evergreen, Sequoia sempervirens
- 16. Found in a Newton cookie
- 17. Citrus fruit tree native to Asia

Dates of Interest

To register call 419-586-1644.

Craft Class Beaded Chimes

Monday, April 13, at 1:00 pm join us and make these beaded chimes.

Choose from a wide variety of beads in every shape, color and size! Everything you need will be provided. Cost is \$5.00, space is limited so sign up today.



Art Class

Join Debby Gregory Monday, April 20 at 2:00 pm for an acrylic painting class.

Everything you need will be provided. Cost of the class is \$10.00. Space is limited. Register today.



Game Night! SHANGHAI RUMMY!!

Join us Tuesday, April 14 for a fun evening of food and Shanghai Rummy cards. We will begin the evening with a meal starting at 5:30 pm consisting of sausage, sauerkraut, mashed potatoes, and a dessert. After the meal we will play Shanghai Rummy, a fun and easy card game where each player tries to play all the cards in their hand and have the lowest score after 10 rounds. The rounds have specific requirements for what combinations of cards need to be played which consists of runs or sets. Never played before, no worries, we will teach you how to play! This is sure to be a fun evening. Cost is \$5.00 call and register today.



Lunch & Learn

MCCoA
Mercer County Council on Aging

Amy Carles, Senior Outreach & Education Specialist from the Office of the Ohio Consumers' Counsel, will be here Monday, April 20 to present: **Be Fraud Aware! Spot & Avoid Utility Scams.** Did you know your utilities can be used to scam you? Consumer scams are everywhere. It is very important to know your rights and how to spot and avoid fraud. Learn about the latest utility-related scams and how to protect yourself. Lunch will be served at 11:30 am. The presentation will begin at 12:00 pm. Only the first 25 people to register will be able to eat lunch with us, but we invite everyone to the presentation.



Lunch & Learn



Western & Southern Life



On Thursday, April 23, Jessica Shaffer with Western & Southern Life will be presenting **Protecting Your Assets Against Identity Theft.** One of the unfortunate side effects of the Information Age is identity theft. Identity theft occurs when someone takes your name, Social Security number, date of birth or other personal information such as credit card numbers, insurance information or bank account numbers, and uses it to establish new credit, run up debts or take over existing accounts. We want to introduce you to an important financial topic so you have a better understanding of how it may affect your life, inform you about the importance of planning financially for your future and share with you real examples that will illustrate how the decisions you make affect your future. Lunch will begin at 11:30 am and only the first 25 to register can join us for lunch. The presentation starts at 12:00 pm and everyone is invited to attend the presentation portion!

April Lunch

Please join us for a congregate lunch on Tuesdays, Wednesdays and Thursdays at 11:30 am. The cost is \$5 per meal.

Reservations and cancellations must be made by calling the MCCoA at 419-586-1644 prior to noon the day before. If you have ordered a meal and are unable to attend we need to be notified. Thank you.



Tuesday	Wednesday	Thursday
	1 Meatloaf Mashed Potatoes Corn Cookie	2 Chicken Bacon Ranch Pizza Tossed Salad Fruit Cobbler
7 Grilled Cheese Tomato Soup Fruit Cobbler	8 Chef Salad Fruit Brownie	9 NO LUNCH SPRING PARTY
14 Italian Sub Pasta Salad Brownie	15 Chicken n Noodles Mashed Potatoes Cookie	16 Tuna Salad on Croissant Cucumber Salad Fruit Cobbler
21 Cheeseburger French Fries Pudding	22 Lasagna Breadstick Fruit	23 LUNCH & LEARN CHICKASAW
28 Breaded Tenderloin Cheesy Potatoes Brownie	29 Roast Beef Sandwich Mac n Cheese "April Birthday" Cake	30 Fish Sandwich Cole Slaw Cookie

Fair Housing

On Wednesday, April 8,
Vance Cuthrell with West

Ohio Community Action Partnership will be here at 11:30 am to present on **Fair Housing Laws and Rights** during lunch. This presentation will provide valuable information on housing protections, rights, and resources available to the community. Lunch is only \$5.00, call and reserve a meal or you may just come in and listen to the presentation.

Join Hannah Ranly, an intern in the Child Protective Services department at Mercer County Job and Family Services, on Wednesday, April 29 at 11:30 am as she talks about their upcoming levy. Learn the purpose and anticipated use of funding from the levy renewal and how current levy-generated funds are being applied in our community today. Also learn the potential impact of levy passage *or failure* on future local services, and have an opportunity to ask questions. Reserve lunch for \$5.00 or just come in and listen to the presentation.



The world of technology is moving fast, and Artificial Intelligence (AI) is no longer just a concept from movies. It's a practical tool that can enhance our lives in countless ways. AI can be a powerful asset, helping you live a more independent, safe, and fulfilling life. In August Keith Gudorf will join us to teach and talk about the wonderful advantages of using AI in our daily lives. He will also address the challenges. He would like to cover the things about AI that concerns or impacts you! A few topics might be What is AI? How can I stay safe in an AI world? How can AI help me with daily tasks? What AI tools are best for me? For those who are new to AI, the first step is to simply ask questions. If you have other questions or things you would like to learn about, please let Tash know. She will share them with Keith so he can have answers for you the day of the class!

May look ahead dates

- 4 Craft Class
- 7 Garage Sale 8:30 - 6:30
- 8 Garage Sale 8:30 - 4:00
- 9 Garage Sale 8:30 - 4:00 - Half Price Day
- 10 Garage Sale 12:00 - 4:00 - Bag Day
- 11 Garage Sale Clean Up
- 12 Garage Sale Load Truck
- 25 Office Closed - Memorial Day

2026 Bus Trips

April

- 16 Jesus Christ Superstar/LaComedia
- 19-25 Savannah, Charleston, Jekyll & St Simon Islands

May

- 14 Reds Ballgame
- 14-15 Reds Game, Belterra Casino & The Wedding Singer / LaComedia
- 19-22 Niagara Falls – Canada (passport required)

June

- 4-5 Zehnders Pure AM Gold/Soaring Eagle & Turkeyville or Firekeepers
- 10 Celebrate America's Birthday Shipshewana
- 18 The Wedding Singer/ LaComedia
- 26-27 Living Word Outdoor Drama & Elijah

July

- 13-15 Ohio 250 Celebration
- 17 Bison & Johnny Cash
- 29 American Sign Museum & Reds vs Guardians

August

- 17-20 Gettysburg & Joshua at Sight & Sound
- 27 Mystery Trip

September

- 4 Come from Away/La Comedia
- 11-18 America 250/Philadelphia & DC

October

- 7-8 Zehnders, Soaring Eagle, Patsy Cline
- 10-19 Balloon Fiesta & Canyonlands
- 23 Lunch & Love Comes Softly/Shipshewana
- 27-30 Gettysburg & Joshua at Sight & Sound

November

- 5 Snooty Fox Shopping
- 12-14 Holly Jolly Christmas & Oglebay Festival of Lights
- 18 Santa Claus the Musical & The Gift of Christmas/La Comedia

2026 Bus Trip Updates



We will begin to accept reservations for the “Save the Dates” trips when pricing is finalized. We are currently accepting reservations on all the other trips! More info in our trip flyer!

- Jesus Christ Superstar at LaComedia – April 16 – **taking 2 buses – seats available** - Buffet lunch and matinee show.
- Savannah, Charleston, Jekyll and St Simons Islands – April 19-25 – **sold out – no waitlist!** -7-day bus tour – 13 meals!
- Reds Ballgame – May 14 – **limited seats!** - Afternoon game - choose either infield box seats in the shade or Sports Club seats.
- Reds Game, Belterra Casino & The Wedding Singer at LaComedia – May 14-15 - Afternoon game. Overnight at Belterra Casino. Lunch and matinee show of The Wedding Singer at LaComedia.
- Niagara Falls – Canada – May 19-22 – **Passport Required** – Go to Niagara Falls Ontario. Shaw Festival - 8 meals included.
- Zehnders Pure AM Gold Show, Soaring Eagle Casino & Turkeyville or Firekeepers Casino – June 4-5 – **Taking 2 buses – seats available!** - Lunch & “Pure AM Gold” show - overnight at Soaring Eagle Casino – Either casino or comedy show.
- Celebrate America’s Birthday in Shipshewana – June 10 – **limited seats!** - Amish style lunch prior to afternoon show.
- The Wedding Singer at LaComedia – June 18 - Lunch and matinee performance.
- Living Word Outdoor Drama and Elijah Performance – June 26-27 – Holmes County area - 2 performances – 3 meals.
- Ohio 250 Celebration – July 13-15 – Visit historical sites in Ohio and enjoy 3 patriotic shows!
- Bison and Johnny Cash Performance – July 17 – **limited seats!** - Shipshewana IN - Bison Ranch, meal & show.
- American Sign Museum and Reds vs Guardians Baseball Game – July 29 – evening game. Choice of seat type.
- Gettysburg and Joshua at Sight & Sound Theater in Lancaster – August 17-20 – **sold out – repeating trip in October.**
- Mystery Trip – August 27 – **limited seats!** – leave 7:30 – 8:10 am – return about 5:50 - 6:30pm.
- “Come from Away” at LaComedia – September 4 - **limited seats!** -Buffet lunch and show – based on actual 9/11 events.
- America 250 Celebration Including Philadelphia, Washington DC & More – September 11 – 18 – History comes to life! Ft McHenry, Valley Forge, Liberty Bell, Sights of DC, President’s Homes, First Thanksgiving Site, Hidden Bunker & more!
- Zehnders Country Music Show, Soaring Eagle Casino & Patsy Cline Show or Firekeepers Casino – October 7-8 – Country shows & casinos!
- Lunch and Love Comes Softly Performance in Shipshewana – October 23 - Bluegate’s new musical.
- Gettysburg and Joshua at Sight & Sound Theater in Lancaster – October 27-30 - Visit the Flight 93 Memorial, relive Civil War history aboard the Northern Central Railway, visit to the Gettysburg National Military Park & museums, and go to Sight and Sound Theater’s new show “JOSHUA.”
- Snooty Fox Shopping – November 5 – **New Trip!** – visit 5 Snooty Fox stores with snacks & refreshments.
- Holly Jolly Christmas and Oglebay Festival of Lights – November 12-14 - Reeve’s Mansion, Warthers Carvings Festival of Trees, Dickens Village, Courthouse Light Show, Oglebay Festival of Lights 2 Holiday Shows & 6 meals.
- Santa Claus the Musical and The Gift of Christmas at LaComedia – November 18 – **New Trip!** - Buffet lunch and matinee performance. Two joyous musicals for the price of one!

Save the Dates for these upcoming trips! More details are coming soon!

Late July or Early August– Possible day trip to Ohio State Fair Dec 15-17 – Opryland Hotel
Dec 2-3 – Zehnders, Soaring Eagle Casino & Turkeyville

REGULARLY SCHEDULED ACTIVITIES

Please register for all activities so we can notify you in the case of unexpected schedule changes. Thank you.

Check the calendar on page 9 for exceptions.

Bingo

Wednesdays at 12:30 pm.
Reusable cards and chips are \$1 each. The same cards are used for every game.

Blood Pressure Checks (FREE)

The first Thursday each month from 9 am to 10 am, provided by Heritage Health Care.

Cards

Bridge on Tuesdays at 12:30 pm; **Euchre** on Thursday and Sunday evenings at 6:30 pm; **Bid Euchre**, **Pinochle**, and **Bridge** on Fridays at 12:30 pm. **500** on the 2nd and 4th Tuesdays at 12:30 pm. **Texas Hold 'Em** on the 2nd and 4th Thursday at 6:30 pm. Cost \$1 per person per session.

Chair Qi Gong

Mondays at 10:00 am. Chair Qi Gong is a slow, flowy, graceful energy practice that can lift spirits, aid mobility and flexibility, build strength, improve balance, and offer a social experience that is also personal and relaxing. The gentle movements are often based on nature themes and can offer everyone a chance to visualize something beautiful and slow down their busy life. Cost is \$3 per person.

Chair Yoga

Chair Yoga on Thursdays at 12:30 pm. Cost is \$3 per person.

Coffee Time (FREE)

Thursdays from 8:00 am to 10:00 am. Join us for coffee, juice, donuts and some great chatting time. Stop in for 5 minutes or stay for a while. Everyone is welcome. Donations are appreciated.

Crochet Club (FREE)

Crochet club meets monthly in Bldg 3. See calendar for specific date and time. This group is open

to anyone that likes to crochet. We make a variety of items to give to people in nursing homes. Join us for a fun afternoon of crocheting. Everyone is welcome.

Fitness Class (FREE)

Tuesdays at 9:30 am join us for a video led exercise class that focuses on muscle strengthening and increasing range of movement for daily life activities.

Line Dancing (FREE)

Tuesdays at 1:00 pm. Everyone is welcome. Come join the fun, enjoy some music, and get some great exercise. If you are new to dancing, we will be glad to show you how.

Lunch

Tuesdays, Wednesdays, and Thursdays 11:30 am **\$5 per meal**. Reservations are required by noon one day before. Space is limited.

Mahjong

The first and third Thursday of each month at 1:00 pm we play American Mahjong in building 3. Come join the fun. All are welcome, if you are new to the game or a seasoned player!

Pickleball

Tuesdays at the Spiritual Center in Montezuma, 6731 SR 219 from 9:00



**ALZHEIMER'S
ASSOCIATION**

FREE Individual Care Consultation Appointments

Include caregiver education, stress management, planning, communication, finances, and safety issues. Call 614-442-2016.

FREE Support Group

Meetings are held on the second Wednesday of every month from 3 pm to 4 pm in building 3. The Caregiver Support Group is for any individual who is caring for someone who has Alzheimer's or any other form of dementia.

am to 11:30 am. Cost is \$3 per person. No experience required.

Poetry, Prose & Books

Our Poetry, Prose and Books club is going strong! Stop in and see what they are up to on the 2nd Thursday of each month at 1:00 pm. NOTE: No meeting in April due to the Spring Party. Join us in May.

Alzheimer's Association Northwest Ohio Chapter

Join us for a free program!

The Empowered Caregiver: Communicating Effectively

Learn how dementia affects communication.

Additionally, receive tips for communicating well with family, friends and health care professionals.

Wednesday, April 1, 2026

10:00 am

Mercer County Council on Aging

217 Riley Street | Celina

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>Italicized and underlined</i> in Building 3. * = has a fee. () = off campus. (MSC) = Montezuma Spiritual Center</p>			<p>1</p> <p>10:00 - ALZ Talk The Empowered Caregiver: Effective Communication 11:30 - Lunch* 12:30 - Bingo*</p>	<p>2</p> <p>8:00 - 10:00 Coffee Time 8:30 - 12:00 Donations (bldg 6) 9:00 - FREE Blood Pressure Checks 11:30 - Lunch* 12:30 - Chair Yoga* <u>1:00 - Mahjong</u> 6:30 - Cards*</p>	<p>3</p> <p>OFFICE CLOSED</p>  <p>12:30 - Cards*</p>	4
<p>5</p> <p>HAPPY EASTER</p>  <p>6:30 - Cards*</p>	<p>6</p> <p>10:00 - Chair Qi Gong*</p>	<p>7</p> <p>9:00 - 11:30 Pickleball* (MSC) 9:30 - Fitness Video (FREE) 11:30 - Lunch* 12:00 - 4:00 Donations (bldg 6) <u>12:30 - Bridge*</u> 12:30 - Ladies Cards* 1:00 - Line Dancing</p>	<p>8</p> <p>11:30 - WOCAP - Fair Housing Laws & Rights 11:30 - Lunch* 12:30 - Bingo* <u>3:00 - Alzheimer Support Group</u></p>	<p>9</p> <p>8:30 - 12:00 Donations (bldg 6) 11:30 - SPRING PARTY at Opulence 12:30 - Chair Yoga* <u>12:30 - Ladies Cards*</u> 5:30 - SPRING PARTY at Opulence 6:30 - Cards & Texas Hold 'Em*</p>	<p>10</p> <p>12:30 - Cards*</p>	11
<p>12</p> <p>6:30 - Cards*</p>	<p>13</p> <p>10:00 - Chair Qi Gong* 1:00 - Craft - Beaded Chimes*</p>	<p>14</p> <p>9:00 - 11:30 Pickleball* (MSC) 9:30 - Fitness Video (FREE) 11:30 - Lunch* 12:00 - 4:00 Donations (bldg 6) <u>12:30 - Bridge*</u> 12:30 - 500 1:00 - Line Dancing 5:30 - Game Night - Sanghi Rummy & Supper*</p>	<p>15</p> <p>11:30 - Lunch* 12:30 - Bingo* 2:45 - MyCare Presentation 5:30 - MyCare Presentation</p>	<p>16</p> <p>8:00 - 10:00 Coffee Time 8:30 - 12:00 Donations (bldg 6) <u>10:30 - Board Mtg.</u> 11:30 - Lunch* 12:30 - Chair Yoga* <u>1:00 - Mahjong</u> 6:30 - Cards*</p>	<p>17</p> <p>12:30 - Cards*</p>	<p>18</p> <p>9 to 1 Donations (bldg. 6)</p>
<p>19</p> <p>6:30 - Cards*</p>	<p>20</p> <p>10:00 - Chair Qi Gong* 11:30 - L&L Ohio Consumers' Counsel - Fraud & Scams 2:00 - Art - Acrylic Painting*</p>	<p>21</p> <p>9:00 - 11:30 Pickleball* (MSC) 9:30 - Fitness Video (FREE) 11:30 - Lunch* 12:00 - 4:00 Donations (bldg 6) <u>12:30 - Bridge*</u> 12:30 - Ladies Cards* 1:00 - Line Dancing</p>	<p>22</p> <p>11:30 - Lunch* 12:30 - Bingo*</p>	<p>23</p> <p>8:00 - 10:00 Coffee Time 8:30 - 12:00 Last - Donations (bldg 6) 11:30 - L&L Chickasaw - Western & Southern - Jessica Shaffer - Protecting Assets 12:30 - Chair Yoga* <u>12:30 - Ladies Cards*</u> 6:30 - Cards & Texas Hold 'Em*</p>	<p>24</p> <p>12:30 - Cards*</p>	25
<p>26</p> <p>6:30 - Cards*</p>	<p>27</p> <p>Garage Sale Set Up 10:00 - Chair Qi Gong*</p>	<p>28</p> <p>Garage Sale Set Up 9:30 - Fitness Video (FREE) 11:30 - Lunch* <u>12:30 - Bridge*</u> 12:30 - 500 1:00 - Line Dancing</p>	<p>29</p> <p>Garage Sale Set Up 11:30 - JFS/CPS - Available services & funding 11:30 - Lunch* 12:30 - Bingo* 3:45 - Close for Staff Meeting</p>	<p>30</p> <p>Garage Sale Set Up 8:00 - 10:00 Coffee Time 11:30 - Lunch* 12:30 - Chair Yoga* 6:30 - Cards*</p>		



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Department of
Medicaid

Next Generation MyCare

Next Generation My Care Informational Meeting

If you receive both Medicare and Full Medicaid,
this meeting is for you.

Changes are coming with the Ohio Next Generation MyCare,
and we want to help you understand what
this means for your health coverage.

When: April 15th, 2026

**Where: Mercer County Council on Aging
217 Riley St., Celina**

Two Time Slots Available

(you only need to attend one)

2:45pm/5:30pm

**If you have any questions please feel free to call:
(419) 586-1644**

Ping-Pong

The words listed below can be found vertically, horizontally, diagonally, forward, and backward.



I	Z	Y	X	S	B	H	Q	R	A	C	K	E	T	E
Z	V	D	M	O	A	E	Z	P	A	Q	V	O	H	S
X	G	A	U	K	C	T	J	S	S	H	O	Z	M	W
B	S	N	T	E	K	L	N	B	D	O	L	W	T	H
H	C	H	R	E	S	I	V	E	H	J	L	L	J	C
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BACKSPIN

OPPONENT

SCORE

BOUNCE

POINT

SERVE

DOUBLES

RACKET

SMASH

FOREHAND

RALLY

SPORT

LIVELY

RETURN

TOURNAMENT

MATCH

RULES

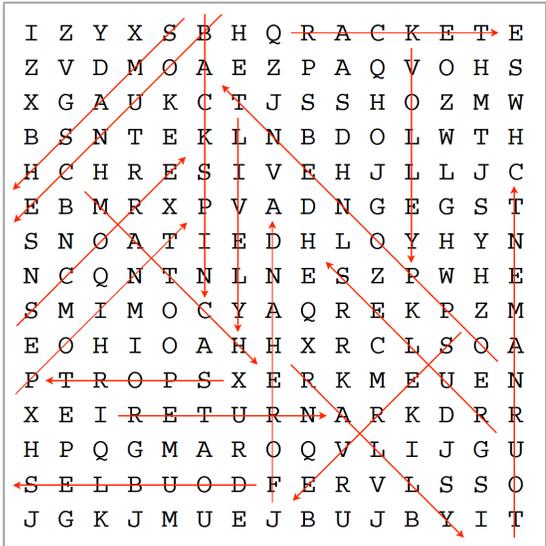
VOLLEY

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SOLUTIONS

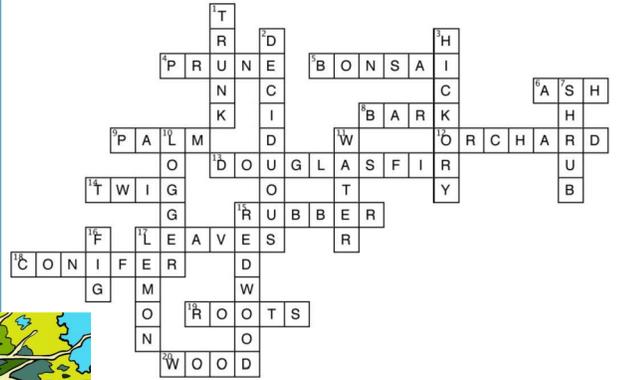
Ping-Pong

(solution)



Barking Up the Right Tree

(solution)



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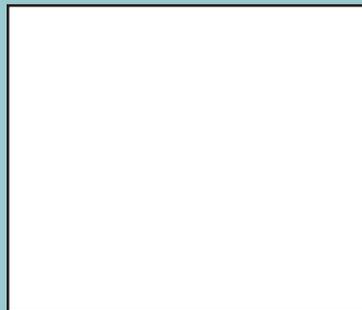


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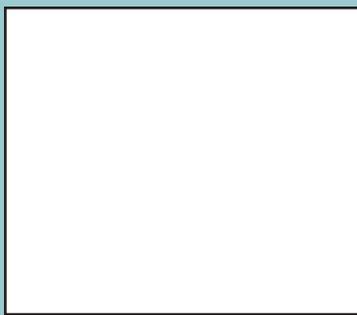


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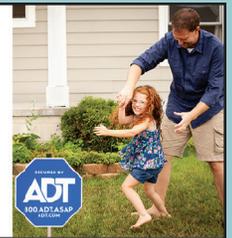
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