

PRAY, FAST AND STRUGGLE FOR A MORE PERFECT UNION WITH CHRIST AS A FAMILY

Suggested Prayers, Readings and Thoughts for the week

A Psalm for the Morning (*Psalm 17:2-13, Douay Rheims*)

I will love thee, O Lord, my strength: The Lord is my firmament, my refuge, and my deliverer. My God is my helper, and in him will I put my trust. My protector and the horn of my salvation, and my support. Praising I will call upon the Lord: and I shall be saved from my enemies. The sorrows of death surrounded me: and the torrents of iniquity troubled me. The sorrows of hell encompassed me: and the snares of death prevented me. In my affliction I called upon the Lord, and I cried to my God: And he heard my voice from his holy temple: and my cry before him came into his ears. The earth shook and trembled: the foundations of the mountains were troubled and were moved, because he was angry with them. There went up a smoke in his wrath: and a fire flamed from his face: coals were kindled by it. He bowed the heavens, and came down: and darkness was under his feet. And he ascended upon the cherubim, and he flew; he flew upon the wings of the winds. And he made darkness his covert, his pavilion round about him: dark waters in the clouds of the air. At the brightness that was before him the clouds passed, hail and coals of fire.

A Gospel for the Morning (*Matthew 28:16-20, RSV-CE*)

Now the eleven disciples went to Galilee, to the mountain to which Jesus had directed them. And when they saw him, they worshiped him; but some doubted. And Jesus came and said to them, "All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you; and lo, I am with you always, to the close of the age."

A Psalm for the Evening (*Psalm 17:14-25; Douay Rheims*)

And the Lord thundered from heaven, and the highest gave his voice: hail and coals of fire. And he sent forth his arrows, and he scattered them: he multiplied lightnings, and troubled them. Then the fountains of waters appeared, and the foundations of the world were discovered: At thy rebuke, O Lord, at the blast of the spirit of thy wrath. He sent from on high, and took me: and received me out of many waters. He delivered me from my strongest enemies, and from them that hated me: for they were too strong for me. They prevented me in the day of my affliction: and the Lord became my protector. And he brought me forth into a large place: he saved me, because he was well pleased with me. And the Lord will reward me according to my justice; and will repay me according to the cleanness of my hands: Because I have kept the ways of the Lord; and have not done wickedly against my God. For till his judgments are in my sight: and his justices I have not put away from me. And I shall be spotless with him: and shall keep myself from my iniquity. And the Lord will reward me according to my justice; and according to the cleanness of my hands before his eyes.

A Gospel for the Evening (*John 21:20-25 from RSV-CE*)

Peter turned and saw following them the disciple whom Jesus loved, who had lain close to his breast at the supper and had said, "Lord, who is it that is going to betray you?" When Peter saw him, he said to Jesus, "Lord, what about this man?" Jesus said to him, "If it is my will that he remain until I come, what is that to you? Follow me!" The saying spread abroad among the brethren that this disciple was not to die; yet Jesus did not say to him that he was not to die, but, "If it is my will that he remain until I come, what is that to you?"

This is the disciple who is bearing witness to these things, and who has written these things; and we know that his testimony is true. But there are also many other things which Jesus did; were every one of them to be written, I suppose that the world itself could not contain the books that would be written.

A Prayer to St. Thomas Aquinas

Pray for us Blessed Thomas. That we may be made worthy of the promises of Christ.

A Marian Prayer

Queen of heaven, rejoice, alleluia.
The Son you merited to bear, alleluia,
Has risen as He said, alleluia.
Pray to God for us, alleluia.

From the Catechism of the Catholic Church

646 Christ's Resurrection was not a return to earthly life, as was the case with the raisings from the dead that he had performed before Easter: Jairus' daughter, the young man of Naim, Lazarus. These actions were miraculous events, but the persons miraculously raised returned by Jesus' power to ordinary earthly life. At some particular moment they would die again. Christ's Resurrection is essentially different. In his risen body he passes from the state of death to another life beyond time and space. At Jesus' Resurrection his body is filled with the power of the Holy Spirit: he shares the divine life in his glorious state, so that St. Paul can say that Christ is "the man of heaven".

From the Saints

Let us not ask for any signs of God's favor, but obey His command to rely implicitly on Him, and all will be well with us.

-*St. John of Avila*

God is more pleased by one work, however small, done secretly, without desire that it be known, than a thousand done with the desire that people know of them.

-*St. John of the Cross*

The soul that truly loves God and Christ, though it may perform ten thousand acts of righteousness, esteems itself as having done nothing.

-*St. Macarius the Great*

Fast, abstain and/or sacrifice this Wednesday and Friday

For the elderly and widows.

Learn and Pray the Joyful Mysteries of the Holy Rosary

1. The Annunciation of the Archangel Gabriel
2. The Visitation of the Blessed Virgin to St. Elizabeth
3. The Nativity of the Lord Jesus Christ
4. The Presentation of the Lord Jesus in the Temple
5. The Finding of the Lord Jesus in the Temple at age 12

Opportunities for Christian Formation this Week at the Parish

Tuesday, May 5 at 6:30PM in Aquinas Hall – Adult Catechism/OCIA; Topic: The Most Holy Trinity