

PRAY, FAST & STRUGGLE

FOR A MORE PERFECT UNION WITH CHRIST AS A FAMILY

SUGGESTED PRAYERS, READINGS AND THOUGHTS FOR THE WEEK

A PSALM FOR THE MORNING (PSALM 98, DOUAY RHEIMS)

THE LORD HATH REIGNED, LET THE PEOPLE BE ANGRY: HE THAT SITTETH ON THE CHERUBIMS: LET THE EARTH BE MOVED. THE LORD IS GREAT IN SION, AND HIGH ABOVE ALL PEOPLE. LET THEM GIVE PRAISE TO THY GREAT NAME: FOR IT IS TERRIBLE AND HOLY: AND THE KING'S HONOUR LOVETH JUDGMENT. THOU HAST PREPARED DIRECTIONS: THOU HAST DONE JUDGMENT AND JUSTICE IN JACOB. EXALT YE THE LORD OUR GOD, AND ADORE HIS FOOTSTOOL, FOR IT IS HOLY. MOSES AND AARON AMONG HIS PRIESTS: AND SAMUEL AMONG THEM THAT CALL UPON HIS NAME. THEY CALLED UPON THE LORD, AND HE HEARD THEM: HE SPOKE TO THEM IN THE PILLAR OF THE CLOUD. THEY KEPT HIS TESTIMONIES, AND THE COMMANDMENT WHICH HE GAVE THEM. THOU DIDST HEAR THEM, O LORD OUR GOD: THOU WAST A MERCIFUL GOD TO THEM, AND TAKING VENGEANCE ON ALL THEIR INVENTIONS. EXALT YE THE LORD OUR GOD, AND ADORE AT HIS HOLY MOUNTAIN: FOR THE LORD OUR GOD IS HOLY.

A GOSPEL FOR THE MORNING (JOHN 5:37-44, RSV-CE)

JESUS SAID: AND THE FATHER WHO SENT ME HAS HIMSELF BORNE WITNESS TO ME. HIS VOICE YOU HAVE NEVER HEARD, HIS FORM YOU HAVE NEVER SEEN; AND YOU DO NOT HAVE HIS WORD ABIDING IN YOU, FOR YOU DO NOT BELIEVE HIM WHOM HE HAS SENT. YOU SEARCH THE SCRIPTURES, BECAUSE YOU THINK THAT IN THEM YOU HAVE ETERNAL LIFE; AND IT IS THEY THAT BEAR WITNESS TO ME; YET YOU REFUSE TO COME TO ME THAT YOU MAY HAVE LIFE. I DO NOT RECEIVE GLORY FROM MEN. BUT I KNOW THAT YOU HAVE NOT THE LOVE OF GOD WITHIN YOU. I HAVE COME IN MY FATHER'S NAME, AND YOU DO NOT RECEIVE ME; IF ANOTHER COMES IN HIS OWN NAME, HIM YOU WILL RECEIVE. HOW CAN YOU BELIEVE, WHO RECEIVE GLORY FROM ONE ANOTHER AND DO NOT SEEK THE GLORY THAT COMES FROM THE ONLY GOD?

A PSALM FOR THE EVENING (PSALM 99; DOUAY RHEIMS)

SING JOYFULLY TO GOD, ALL THE EARTH: SERVE YE THE LORD WITH GLADNESS. COME IN BEFORE HIS PRESENCE WITH EXCEEDING GREAT JOY. KNOW YE THAT THE LORD HE IS GOD: HE MADE US, AND NOT WE OURSELVES. WE ARE HIS PEOPLE AND THE SHEEP OF HIS PASTURE. GO YE INTO HIS GATES WITH PRAISE, INTO HIS COURTS WITH HYMNS: AND GIVE GLORY TO HIM. PRAISE YE HIS NAME: FOR THE LORD IS SWEET, HIS MERCY ENDURETH FOREVER, AND HIS TRUTH TO GENERATION AND GENERATION.

A SCRIPTURE READING FOR THE EVENING (PROVERBS 9:7-10, RSV-CE)

HE WHO CORRECTS A SCOFFER GETS HIMSELF ABUSE, AND HE WHO REPROVES A WICKED MAN INCURS INJURY. DO NOT REPROVE A SCOFFER, OR HE WILL HATE YOU; REPROVE A WISE MAN, AND HE WILL LOVE YOU. GIVE INSTRUCTION TO A WISE MAN, AND HE WILL BE STILL WISER; TEACH A RIGHTEOUS MAN AND HE WILL INCREASE IN LEARNING, THE FEAR OF THE LORD IS THE BEGINNING OF WISDOM, AND THE KNOWLEDGE OF THE HOLY ONE IS INSIGHT.

A PRAYER TO ST. THOMAS AQUINAS

PRAY FOR US BLESSED THOMAS. THAT WE MAY BE MADE WORTHY OF THE PROMISES OF CHRIST.

A MARIAN PRAYER

REMEMBER, O MOST GRACIOUS VIRGIN MARY, THAT NEVER WAS IT KNOWN THAT ANYONE WHO FLED TO THY PROTECTION, IMplored THY HELP, OR SOUGHT THY INTERCESSION, WAS LEFT UNAIDED. INSPIRED BY THIS CONFIDENCE I FLY UNTO THEE, O VIRGIN OF VIRGINS, MY MOTHER. TO THEE DO I COME, BEFORE THEE I STAND, SINFUL AND SORROWFUL. O MOTHER OF THE WORD INCARNATE, DESPISE NOT MY PETITIONS, BUT IN THY MERCY HEAR AND ANSWER ME. AMEN.

FROM THE CATECHISM OF THE CATHOLIC CHURCH

1414 AS SACRIFICE, THE EUCHARIST IS ALSO OFFERED IN REPARATION FOR THE SINS OF THE LIVING AND THE DEAD AND TO OBTAIN SPIRITUAL OR TEMPORAL BENEFITS FROM GOD.

1415 ANYONE WHO DESIRES TO RECEIVE CHRIST IN EUCHARISTIC COMMUNION MUST BE IN THE STATE OF GRACE. ANYONE AWARE OF HAVING SINNED MORTALLY MUST NOT RECEIVE COMMUNION WITHOUT HAVING RECEIVED ABSOLUTION IN THE SACRAMENT OF PENANCE.

1416 COMMUNION WITH THE BODY AND BLOOD OF CHRIST INCREASES THE COMMUNICANT'S UNION WITH THE LORD, FORGIVES HIS VENIAL SINS, AND PRESERVES HIM FROM GRAVE SINS. SINCE RECEIVING THIS SACRAMENT STRENGTHENS THE BONDS OF CHARITY BETWEEN THE COMMUNICANT AND CHRIST, IT ALSO REINFORCES THE UNITY OF THE CHURCH AS THE MYSTICAL BODY OF CHRIST.

1417 THE CHURCH WARMLY RECOMMENDS THAT THE FAITHFUL RECEIVE HOLY COMMUNION EACH TIME THEY PARTICIPATE IN THE CELEBRATION OF THE EUCHARIST; SHE OBLIGES THEM TO DO SO AT LEAST ONCE A YEAR.

1418 BECAUSE CHRIST HIMSELF IS PRESENT IN THE SACRAMENT OF THE ALTAR, HE IS TO BE HONORED WITH THE WORSHIP OF ADORATION. "TO VISIT THE BLESSED SACRAMENT IS . . . A PROOF OF GRATITUDE, AN EXPRESSION OF LOVE, AND A DUTY OF ADORATION TOWARD CHRIST OUR LORD" (PAUL VI, MF 66).

FROM THE SAINTS

FOR PERFECTION DOES NOT CONSIST IN MACERATING OR KILLING THE BODY, BUT IN KILLING OUR PERVERSE SELF-WILL.

-ST. CATHERINE OF SIENA

LET HIM WHO WANTS TO PURIFY HIS HEART FIRE IT IN THE MEMORY OF THE LORD JESUS IN EVERY MOMENT, HAVING THAT AS HIS ONLY MEDITATION AND SOLE OCCUPATION.

-ST. DIADOCHUS OF PHOTIKE

IF WE GET BEATEN, AS BEING MEN WE SHALL, AND SLIP INTO SIN, LET US QUICKLY GET UP AGAIN AND DO PENANCE, WEEPING IN THE SIGHT OF GOD'S GOODNESS. LET US BE ON THE WATCH AND GO ON FIGHTING, AND GOD, SEEING OUR GOOD-WILL, OUR HUMILITY AND OUR CONTRITION, WILL LEND US A HAND AND EXTEND HIS MERCY TO US.

-ST. DOROTHEOS OF GAZA

FAST, ABSTAIN AND/OR SACRIFICE THIS WEDNESDAY AND FRIDAY

FOR DEACON JAMES WITULSKI, DEACON JOSEPH DIAZ AND DEACON MARTIN RICART

LEARN ABOUT THE TWELVE APOSTLES

PETER, ANDREW, JAMES (SON OF ZEBEDEE), JOHN, PHILIP, BARTHOLOMEW, THOMAS, MATTHEW, JAMES (SON OF ALPHEUS), THADDEUS, SIMON (THE ZEALOT), AND JUDAS.

Opportunities for Christian Formation this Week at the Parish

Tuesday, June 30 at 6:30PM in Aquinas Hall – Adult Catechism/OCIA Rite of Entrance; Topic: Baptism and Confirmation