



Heat Sheet Info

Heat sheets will be sent out to our families as soon as they are made available to the coaches. Before the Meet, review the heat sheet to find your swimmer's races. The heat sheets will include:

- **Event Number:** The race number on the meet schedule.
- **Heat Number:** Which group of swimmers your swimmer will race with.
- **Lane Number:** Where your swimmer will swim.

Write each race on your swimmer's hand in this format: Event - Heat - Lane

Example: 12-3-5

Meet Mobile Info

Meet Mobile is the main app used by USA Swim meets to follow meet seeding, schedules, and results.

Use Meet Mobile to:

- Search for any swim meet or swimmer by name.
- View the meet schedule and events.
- Check your swimmer's entries, events, heats, and lanes (once available).
- View results after races are completed (once available).