

Ability Day



with the
Dylan Alcott Foundation.

Program Outline



**Dylan Alcott
Foundation.**

www.dylanalcottfoundation.com.au

“If we had spent just one hour a year at my school talking about disability, it would have changed my life.

It would have meant I didn’t have to be the one constantly explaining and normalising my disability to my friends. It’s very tough when you’re 8 years old.

If schools across Australia can use Ability Day on December 3rd to celebrate disability in all its forms, imagine the impact that could have on kids everywhere.”

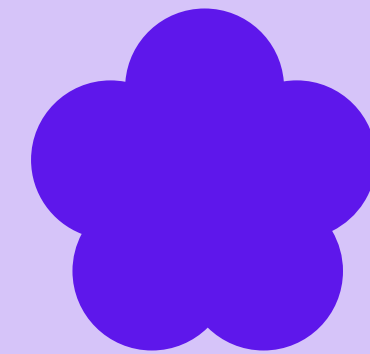
- Dylan Alcott AO

About the Dylan Alcott Foundation.

At the Dylan Alcott Foundation, our mission is to shift perceptions, break down barriers, and create opportunities for young Australians with disability to achieve their dreams.

Through our programs and initiatives, we open pathways and foster growth across education, sport, the arts, employment, and more.

Together, we're building a more inclusive society where every young person with disability has the ability to thrive.



**Our
Mission.**



About Ability Day.

Ability Day is a national movement to recognise, respect, and celebrate the contributions of people with disability in our communities while also raising funds for the Dylan Alcott Foundation (DAF).

The day will empower young people of all abilities to understand and celebrate the diverse lived experiences of those with disability.

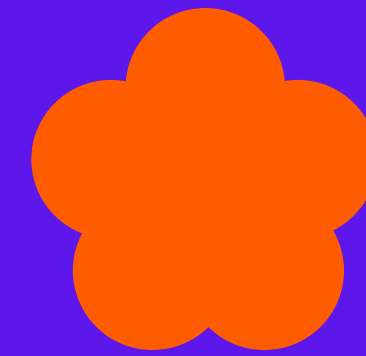
[Register Now](#)



Toolkit.

Your school will receive a full participation toolkit, with the freedom to pick and choose the parts that work best for you. This includes:

- Fun options on how to 'activate' the day
- Resources and topics with suggested curriculum links
- Tips on acknowledging 'Ability Champions' at your school
- Considerations for engaging with the disability community
- Video from Dylan and other young people with disability
- Downloadable suite of accessible digital templates
- DAF's recognition of your school's participation



Participating Schools.



How to get involved.

- 1 Register your school to become an official Ability Day participant
- 2 In October, your school will receive the Ability Day Toolkit
- 3 Participating schools are encouraged to support the Dylan Alcott Foundation, either by making a donation (of any amount) or by holding a gold coin fundraiser with their school community on December 3 (or earlier).

Register Now



Ability Day, In Action.

Example of how the day
may look (it can be shaped
to suit your school).



- ✿ **Co-design:** Invite people with disability to help shape the day and share their lived experience
- ✿ **Dress-up:** Students dress in a colour of their favourite Ability Day mascot (or casual)
- ✿ **Donate:** Gold coin from students (or prepaid school donation)
- ✿ **Participate:** Run simple and fun activities that spark conversation about disability and inclusion
- ✿ **Assembly:** Celebrate **Ability Champions** with personalised cards & stories
- ✿ **Learn:** Play the Ability Day video; teachers link discussion to curriculum and school values
- ✿ **Share:** Use the branded communications toolkit to update and inform your community



Thank You.