



MIDWEST
CHILDREN'S
SURGERY CENTER

Pre-Operative Instructions

We ask that all patients follow these instructions to ensure the safest possible conditions for anesthesia and treatment. Failure to do so may result in cancelling or rescheduling the procedure.

Pre-Operative Evaluations

If a pre-operative medical evaluation has been requested, please have your physician complete and send the Medical Evaluation form before your appointment. This allows our team to review medical history and any relevant health concerns prior to treatment.

Eating or Drinking

Patients should not eat or drink anything after midnight the night before treatment unless instructed otherwise. Clear liquids such as water, Pedialyte, apple juice, and sports drinks are permitted up to 2 hours before the scheduled procedure. Non-clear liquids such as milk, soup, or juice with pulp are not allowed. Patients who do not follow these guidelines may need to have their treatment rescheduled.

Medications

Please continue taking all prescribed medications according to their normal schedule unless instructed otherwise. Medications must be taken with a small sip of water prior to the appointment. We recommended refraining from taking any vitamins, supplements, or non-prescribed medications.

Changes in Health

It is important to keep our team informed if there are any sudden changes in health prior to treatment. If the patient develops a cold, fever, cough, or any other illness, notify us as soon as possible. Patients should be in optimal health prior to receiving anesthesia and may need to reschedule if there are significant changes in health.

Escorts

All patients must be accompanied to and from the appointment by a responsible adult. For our pediatric patients, we ask that a second adult be present if possible. All patients should be in an appropriate car seat or seatbelt while traveling and sit in a upright position on their way home. Do not plan to drive a vehicle or operate any dangerous equipment for 24 hours after treatment. Do not take a bus, taxi, or other vehicle service home.

Clothing and Makeup

Please dress in loose, comfortable clothing on the day of the procedure. Short-sleeve shirts, sweatpants, and flat, closed-toe shoes are recommended. For children, we suggest parents bring an extra set of clothes and a comfort item. Please remove all jewelry, contact lenses, or makeup before arrival and leave any valuables at home.