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Trista, Northern College Upgrading



“My education level was limited to about grade 11 when I first started the Academic Upgrading program at Northern College,” says Trista.

“As a teenager, I didn’t take my education seriously. I stopped going to school and decided to work instead. I became a mother at a young age, had my daughter at 19 and my son a year later.

As my children got older and closer to starting school themselves, I decided it was time for me to finish my education as well.

When I first started the program, I mostly kept to myself. But, over the two years I was there, I developed great friendships with students and staff. The classroom’s calm and quiet environment made it easy to focus on the work. It was always a warm, friendly, positive and welcoming atmosphere.”

“I think the format of the program delivery is great,” she continues. “It allows the flexibility that adults need to be able to pursue their education while juggling adult responsibilities.”

All students come to Upgrading as adults and enjoy the mature environment that learning in a college provides.

“I thoroughly enjoyed the program being delivered at a college,” Trista says. “The program being at the college is a much better option because it’s a mature environment.”

Trista completed Upgrading with honours and is now enrolled in the Instrumentation and Control Engineering program at Northern College.

“I loved the Upgrading program,” Trista continues. “The faculty and staff are some of the most supportive, kind, caring and overall amazing people I have met. I can’t thank them enough.

I would (and already have) recommend this program to anyone who may benefit from it.” —*Kate Glover*