

**ST. MARY &  
ST. PETER PARISHES**

**Guide to Lent**

**2026**



## Guidelines for Fasting & Abstinence

Fast - observed by all who are 18 to 59 years of age and in good health; one full meal and two much lighter meals are allowed, with nothing to eat in between meals. Liquids such as water, milk and juices are allowed.

Abstinence - observed by all who are 14 years of age and older. No meat is allowed unless required for reasons of health.

All Fridays in Lent are days of abstinence. Both fasting and abstinence are observed on Ash Wednesday and Good Friday.

## Ash Wednesday - February 18

### Mass Schedule

8:00am - St. Mary

12:00nn - St. Peter

7:00pm - St. Mary

## Spiritual Opportunities

### Bilingual Adoration

Sunday, March 15 · 5pm

An Evening with Nico Cabrera

Nico was born and raised in Bogota, Colombia, though living most of his life in Miami. He comes from an incredible family, whose conversion brought about change in his own heart and life. From an early age,

Nicholas invested most of his time in learning about and communicating the same faith that transformed his life to others. He earned his BA and MA in theology from Franciscan University.

His mission has taken him across the country to serve as a retreat leader, speaker, worship leader, songwriter, mentor, and educator. Having traveled across the world and playing in World Youth Day 2019, he brings in history, culture, theology, and his own experiences to passionately transmit the truths of our faith in the simplest of ways. More recently, Nico was named Spanish worship leader for the National Eucharistic Congress in 2024.

## Lenten Reflections & Activities

Items for information and education will be emailed through FlockNotes. Materials will include Lenten Gospel reflections as well as activities for children and families.

## **Stations of the Cross**

**Fridays during Lent**

12:00nn - St. Peter

Light luncheon to follow.

6:00pm - St. Mary

Simple Supper to follow.

**No Simple Supper on March 27.**

## **Confession**

**St. Mary**

Saturdays at 3pm

**St. Peter**

1st and 3rd Tuesdays of the month from 6:30pm to 7.

**Monday, March 30**

Extended hours of Confession will be available.

Specific times and locations will be announced at a later date.

## **Adoration & Prayer**

**St. Mary**

Adoration: Every Tuesday from 8:30am to 6:00pm

Open for prayer Monday through Thursday from 8:30am to 2:00pm.

**St. Peter**

Adoration: First Wednesday from 10:00am to 5:00pm

Prayer Warriors meet for the rosary and Divine Mercy Chaplet all other Wednesdays at 12:00nn.

## **Holy Week**

**Holy Thursday - April 2**

7:00pm - Mass of the Lord's Supper

Adoration will take place in the parish hall until 10pm.

**Good Friday - April 3**

3:00pm - Stations of the Cross

7:00pm - Liturgy of the Lord's Passion

**Holy Saturday - April 4**  
No confession · No 4pm Mass  
7:30pm - Easter Vigil

**Easter Sunday - April 5**  
7:15am - St. Mary  
9:15am - St. Peter  
11:30am - St. Mary  
2:00pm - St. Mary (Spanish)

## **Beyond Easter Sunday**

### **Divine Mercy Novena**

While we are not planning to gather for the novena in person this year, we encourage participating on your own! Novena begins on Good Friday and continues through Divine Mercy Sunday. Pamphlets will be available in the back of the churches in mid-March.

### **Adult Faith Formation**

Table discussions on Pope Leo's exhortation "I Have Loved You" will take place over the course of five weeks during the Easter season. Specific times and dates will be announced later.