

Buffalo Chicken Deviled Eggs

Ingredients:

- 6 hard-boiled eggs
- 3 oz cooked shredded chicken
- ¼ cup Frank's Buffalo Sauce
- One Diet Right Cheddar Cheese sauce, prepared
- 2 tbsp. Walden Farms Ranch or Blue Cheese Dressing
- Chives, for garnish

Directions:

- 1. Peel and slice the eggs in half lengthwise.
- 2. Scoop the yolks out into a small bowl and mash with a fork
- 3. Add the chicken, buffalo sauce, cheddar and ranch dressing to the yolks and stir well to combine.
- 4. Spoon the mixture evenly between the egg whites.
- 5. Sprinkle with chives before serving.

Servings: Makes 2 servings.

Each serving = 3 oz. lean protein, ½ protein product, ½ extra.