

Amazing Gravy

Ingredients:

- 4 tbsp. Margarine (I Can't Believe It's Not Butter, etc.)
- 1 c. turkey pan drippings
- 2 c. low-sodium beef broth
- 2 tsp. Worcestershire sauce
- 1 tsp. garlic powder
- Salt to taste
- Ground black pepper to taste
- ½ tsp. corn starch

Directions:

- 1. In a medium skillet over medium heat, melt margarine. Slowly add pan dripping and broth, whisking until smooth. Bring to a boil, then add Worcestershire and garlic power and season with salt and pepper.
- 2. Reduce heat and let simmer for 10 minutes.
- 3. Add corn start and whisk to combine.
- 4. Let simmer for another 5-10 minutes until it starts to thicken.
- 5. Gravy will thicken more as it cools.
- 6. Enjoy over your turkey or cauliflower mash!

Servings:

Makes 6 servings of gravy, each serving includes your daily Healthy Fat serving of two teaspoons.

Recipe courtesy of Delish.com