

Glebe-St. James United Church
650 Lyon Street South, Ottawa, Ontario K1S 3Z7
613-236-0617 www.glebestjames.ca
admin@glebestjames.ca

September 3, 2025

## Prayer Circle for September: Hilda Sabadash

You are welcome to contact the monthly Prayer Circle coordinator if you have any prayer requests. Prayer requests are confidential and are shared only with the Prayer Circle.

#### New door code

The code for the Lyon street lock has been changed. In an effort to keep the building secure we are keeping track of those with the code. If you feel you need (not want) need the code, please contact Jennifer (admin@glebestjames.ca) letting her know why you need the code and she will record your name and the reason in the ledger and give you the code. Please do not ask others to share the code and if you do have the code, please do NOT share it.

### **Booking space**

If you would like to use space at the Church for a meeting or rent space for an event, please contact Jennifer to ensure the space gets booked. It is important that we know when someone is in the building

# September 7<sup>th</sup>

10:30 am

Presiding: Maureen Stark

Music: We welcome James Caswell back from holidays

September 14th Welcome Back Sunday

Presiding: Rev. Dr. Teresa Burnett-Cole

### Office hours

We have returned to regular office hours. Lori will be in the office on Monday mornings Jennifer will be the office on Monday through Thursday, 8:30 am – 4 pm

### **Quilting Retreat...**

If you are planning on attending the quilting retreat on September 26th and have not yet registered, please contact Judy Wolanski asap. There are still a few spots available.

## **September 17<sup>th</sup> In-person Meeting**

Please note that the September 17<sup>th</sup> Council/Steering Committee meeting will be held inperson in Fraser Hall at Glebe-St. James. Details will follow

# Regular activities at Glebe-St. James...

If you don't know the contact person, please e-mail Jennifer (<u>admin@glebestjames.ca</u>) and she will put you in touch. The Church office is open Monday - Thursday, 8:30-4:00 pm.

## **Monday Craft Group**

The Monday Craft Group meets on Monday afternoon, 1 to 4 pm, at Judy Wolanski's. Contact: Judy Wolanski or Jennifer in the office.

### **Monday Meditation**

Everyone is welcome to join us Monday evenings at 8 pm Click on Monday Meditation above and join in.

## **Nattering Knitters**

We will start our weekly get togethers in early October. Watch this space for more information.

#### **Check Mates**

Chess will resume on Tuesday, September 30th. More information will follow.

## Women's Intergenerational Group (WIG)

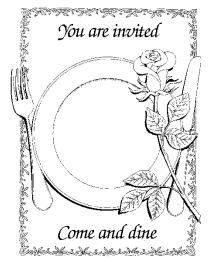
WIG meets on the third Sunday of each month following morning worship.

Contact: Marsha Hay Snyder

**Labyrinth:** Third Sunday of each month, 3 - 5 pm. Come find your quiet centre. Contact: Judy Wolanski

#### Men & Friends –

Next date is September 24<sup>th</sup>. Contact is Dudleigh Coyle Come at 5:30 to eat at 6. A discussion will follow.



Glebe-St James Goes Out to Dinner Fall edition - Sign up now! By popular demand, we will be holding Glebe-St James Goes Out to Dinner on the four Saturdays in October. This is a fundraising event, but even more important it is a community-building event, an opportunity to get to know each other better. The model is simple, with two forms of participation — hosts and guests. The hosts organize a dinner on one of the four nights. The guests indicate which night interests them and are assigned to one of the hosts.

As a first step, people who are interested in participating are asked to get in touch with Margaret Ford and David Brown at

fordbrown@rogers.com or through Jennifer Reid at the church office (613) 236-0617 ext. 21. Please indicate the following:

**Hosts**: please indicate which of the four Saturdays in October you are available to host a dinner. If you are available on more than one Saturday, please indicate your order of preference. (We are assuming you will only host one dinner, but you are of course free to host more than one! You can also attend another dinner as a guest.)

**Guests**: please indicate which of the Saturdays you would like to participate as a diner. In this case, you are welcome to indicate more than one dinner (although in that case you are asked to make a contribution for each meal). You will then be assigned to one of the hosts.

**Dates**: the available dates are October 4, 11, 18 and 25. It is assumed that the dinners will be in the evening.

**Fundraising**: as a fundraiser, the event is covered by Canada Revenue Agency rules. Details will be provided as hosts and guests are signed up. The basic dynamic, however, is that at the end of the meal, the guests leave a sealed envelope with a contribution to Glebe-St James – there is no fixed amount, but a suggestion is what you would pay at a restaurant on a Saturday night out. The hosts can claim a tax receipt for a fixed amount to cover the costs of the meal. In both cases, an initial part of the contribution is treated as a personal benefit but amounts over that threshold can be claimed as a charitable contribution to Glebe-St James.

#### **GSJ Bazaar**

Planning has started. If you have an idea for a table or something different, please let Jennifer (admin@glebestjames.ca) know.

# News from the pews...

Ada Scott is one of the older members of Glebe-St. James. She lives in a Retirement Residence in Bells Corners and has enchanted me with stories during my time here at Glebe-St. James. Ada is on the other side of 90 and is still with it. She also has an awesome sense of humour.

The other day I received a note in the mail advising that the home has gone to a digital phone system and she has forwarded me her new 'inmate' number. The id on her phone no longer says her name nor her phone number but CS Six0Eight.

While Ada has given permission for me to include her phone number, I hesitate to do so. If you would like her phone number – she would love to chat – please let me know and she will supply you with it. (Jennifer: admin@glebestjames.ca)

# United Church of Canada...



### **United Church of Canada e-Newsletters**

https://united-church.ca/e-newsletters

Connect to E-essentials, Embracing the Spirit, God's Mission, Our Gifts, Intercultural Ministries News, Living into Right Relations, United Action for Justice ...

**EOORC** news

https://eoorc.ca/news/

### **Healing Pathways**

(Brochures for the Phase 1 & Phase 2 are attached).

Healing Pathway is an experiential, spiritual and healing practice that supports well-being and resilience by promoting energetic alignment to all aspects of our being – physical, emotional, mental and spiritual. In these stressful times we all need opportunities for renewal, deep reflection, retreat, self care.

Please consider registering for one of these workshops yourself (repeaters welcome) or pass the information on to someone you know who could benefit from this healing experience. Registering early will ensure you of a space.

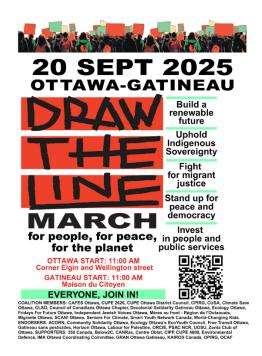
PHASE 1 - October 24, 25 & 26 (Friday evening, Saturday & Sunday afternoon LOCATION: Rideau Park United Church, Ottawa

PHASE 2, Where Two or More Gather - October 17 & 18 (Friday and Saturday) LOCATION: First United Church, Ottawa

PHASE 4, Practicum A & B - Dates and style to be decided based on interest LOCATION: Could be ZOOM or hybrid (ZOOM + in-person) If you are interested in taking Phase 4 (The pre-requisite is all other courses Ph 1 - Ph 3) please send an email to HealingPathwayEast@gmail.com requesting more information.

On behalf of the Healing Pathway East Community healingpathwayeast@gmail.com

# Community...



### **ODENAK**

Multifaith Housing (MHI) was proud and delighted when the NCC announced Dream LeBreton as the successful proponent to develop the 'Library Parcel' of LeBreton Flats. This project will build over 600 new residential rental unites in two towers. The community has been officially named Odenak, the Algonquin word for village.

A concert in support of Multifaith Housing (MHI) and their latest endeavour in support of Indigenous homelessness is being held on Friday, September 26<sup>th</sup>. A poster is attached.

Musicians for Odenak Friday, September 26<sup>th</sup>, 7 pm Barrhaven United Church

# Paint night at Stittsville United

Stittsville United will be continuing their popular paint nights. A poster is attached.

# Our Ministry Team...

Coordinating Minister: Rev. Dr. Teresa Burnett-Cole, ex 24; Revtbc.gsj@gmail.com

Minister of Pastoral Care and Christian Education:

Rev. Susan Toller, ex 22; <u>gsj.pastoralcare@gmail.com</u>

Minister of Music: James Caswell, ex 25; <a href="mailto:music.gsj@gmail.com">music.gsj@gmail.com</a>

Minister of Music Emeritus: Robert Palmai

Accounts: Lori Stinson, ex 23; accts.glebestjames@gmail.com

Church Administrator: Jennifer Reid, ex 21; admin@glebestjames.ca