



Glebe-St. James United Church  
650 Lyon Street South, Ottawa, Ontario K1S 3Z7  
613-236-0617 [www.glebestjames.ca](http://www.glebestjames.ca)  
[admin@glebestjames.ca](mailto:admin@glebestjames.ca)

March 18, 2026

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## Prayer Circle for February: [Marilyn Hamilton](#)

You are welcome to contact the monthly Prayer Circle coordinator if you have any prayer requests. Prayer requests are confidential and are shared only with the Prayer Circle.

### March 22<sup>nd</sup>

10:30 am Fifth Sunday in Lent  
Rev. Dr. Teresa Burnett-Cole

March 29<sup>th</sup>: Palm Sunday

April 2<sup>nd</sup>: Maundy Thursday (service at 7 pm)

April 3<sup>rd</sup>: Good Friday (service at 10:30 am)

April 5<sup>th</sup>: Easter Sunday

### GSJ: Lenten Book Study

Bless Break Share: Recipes for Faithful Living is a United Church publication that offers a daily reading for each day of Lent. The Study Guide in the back of the book offers different conversation questions to share as a group. We do have a few copies on hand - \$ 20.

Join Zoom Meeting

<https://us02web.zoom.us/j/83910341363?pwd=Xdeuq5JjbFnguJHpJFnmVDuxHcR9jr.1>



### DEEPEST SYMPATHIES

We extend our deepest sympathies to David Brown, Margaret Ford and family. David's mom, [Ruth Louise Brown](#), passed away on March 14<sup>th</sup>.

Family and friends are invited to attend Ruth's funeral at MacKay United Church (39 Dufferin Rd., Ottawa) on Saturday, March 21, 2026, from 11am-12pm, followed by a reception from 12-2pm.



## The Things That Matter Most

Poem by Rev. Sarah A. Speed | A Sanctified Art LLC | [sanctifiedart.org](http://sanctifiedart.org)  
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I wrecked the family car, an old gold minivan  
that had traveled every inch of I-95. It had worn cushions  
and an old school map in the glove box.  
It held a folder full of mix CDs under the passenger seat  
and every memory of every family trip,  
and I wrecked it.  
I called the tow truck while the engine  
hissed and smoked. I called my dad,  
my own apologies tripping over themselves  
to get to the front of the line.  
I expected to be grounded.  
I expected a *“How could you?”*  
But when I got home that night,  
my dad held me close and said,  
*“A car is just a car, but you are my child.  
The only thing that matters is that you are okay.”*  
And I knew it for what it was.  
It was mercy. It was love.  
It was the thing that mattered most.

## *Volunteers needed...*

### **Join Our Team: ...**

Are you looking for ways to contribute?

Do you have a free hour each week?

**Ottawa Public Foods** could use you!

We have a grocery delivery opening. Each week the Sunday morning contribution of non-perishables needs to be dropped off to OPF or CCFC. If you are interested in more details, speak to Susan Palmai or Karen Walker at coffee hour.

We are always looking for volunteers to help out on **Sunday**.

- Doing the welcome and announcements
- Land Acknowledgement
- Scripture reader
- Usher
- Coffee Time:
  - Make coffee
  - Set up & clean up
  - Hosts
- Children's Church helpers

Have another idea on how you can help? Let us know.

## *Regular activities at Glebe-St. James...*

If you don't know the contact person, please e-mail Jennifer ([admin@glebestjames.ca](mailto:admin@glebestjames.ca)) and she will put you in touch. The Church office is open Monday - Thursday, 8:30 – 4:00 pm.

### **Monday Craft Group**

The Monday Craft Group meets on Monday afternoon, 1 to 4 pm, at Judy Wolanski's.  
Contact: Judy Wolanski or Jennifer in the office.

### **Monday Meditation**

Everyone is welcome to join us Monday evenings at 7:30 pm  
Click on Monday Meditation above and join in.

### **The Check-Mates: Tuesday mornings**

“Our chess group, the Check Mates are looking for new members. We welcome novices as well as experienced players. We meet every Tuesday, 10 – Noon, in the sanctuary. Just show up and enjoy the camaraderie!”

Contact phone number is 613-864-3435

## **Nattering Knitters**

Feeling lonely, isolated, tired of winter....

Come out for some lively conversation, tea and snacks – and oh yes, some of us knit – on Tuesday afternoons at 1:30. Join us!

Our planned trip to Mississippi Valley Textile Museum to see a Palestinian tapestry had to be postponed until Thursday, March 26th. We will meet for lunch in Almonte and then visit the Museum. If you are interested in joining us, please speak to Susan Palmai. <https://mvtm.ca/mvtm-event/a-stitch-in-time-the-palestine-history-tapestry/>

## **Queer Space – every other Tuesday**

Join us for Queer Space - 6 pm on March 24th in the Lounge. Please feel free to drop by for a visit.

## **Women’s Intergenerational Group (WIG)**

WIG meets on the third Sunday of each month following morning worship. We finish around 1:30 pm.

**Labyrinth:** Third Sunday of each month, 3 - 5 pm.

Come find your quiet centre. Contact: Judy Wolanski

**Men & Friends:** Usually the last Wednesday of the month.

Our March gathering is scheduled for Wednesday, March 25<sup>th</sup>.

Come at 5:30 for a 6 pm start.

## ***Kwe Kwe***

(pronounced “kway”, meaning greetings in the Algonquin language)



In 2016, the Glebe-St. James congregation began allocating \$2,000 annually from its Operating Budget as a “Land Use Fee” to acknowledge their occupation of unceded Algonquin Anishinaabe land, with funds directed to the Odawa Native Friendship Centre. In 2024, the annual amount was doubled to \$4,000: \$2,000 continues to support Odawa, and \$2,000 is to fund Indigenous youth postsecondary education initiatives managed by local Indigenous communities. The fee was renamed “Investing in the Future Fund,” and we are reaching out to Kitigan Zibi and Pikwakanagan First Nations to discuss supporting their educational programs.

Over the coming weeks, we will provide more background information about the Odawa Native Friendship Centre and the First Nations communities of Kitigan Zibi and Pikwakanagan.

## *United Church of Canada...*



### **United Church of Canada e-Newsletters**

<https://united-church.ca/e-newsletters>

Connect to E-essentials, Embracing the Spirit, God's Mission, Our Gifts, Intercultural Ministries News, Living into Right Relations, United Action for Justice ...

**EOORC News** has returned to a weekly distribution.

Click on the link above to read the Newsletter.

<https://eoorc.ca/news/>

Check out other Christian organizations and their opportunities

Churchx

<https://www.churchx.ca>

Healing Pathways

<https://healingpathway.ca/>

Ottawa School of Theology & Spirituality

<https://www.osts.ca/>

United Church of Canada Foundation

<https://unitedchurchfoundation.ca/>

### **Covenanting service between Southminster United Church, the Rev. Susan Toller, and the Eastern Ontario Outaouais Regional Council**

Sunday, March 22<sup>nd</sup>, 10:30 a.m. A potluck lunch will follow.

Guest preacher: Rev. Janet Nield as our guest preacher.

The service will also be live-streamed via [Southminster's Facebook](#) and [YouTube Channel](#).

### **Kitchen Conversations with the Moderator**

We hope you've been enjoying Kitchen Conversations with the Moderator, our new Lenten video series exploring food, faith, and the power of invitation, hosted by the Right Rev. Dr. Kimberly Heath.

Our guests have been cooking up a storm while offering spirit-filled reflections on how breaking bread together connects us to something deeper than ourselves. We've been grateful to hear from many of you who've tuned in, and encourage you to keep sharing it with your congregation and networks!

If you haven't had a chance to catch up yet, you can enjoy the episodes now on YouTube.

## Toward 2035 Survey: Share Your Voice



# Deep • Bold • Daring Toward 2035

The United Church of Canada invites anyone connected to the life of the church to complete a short survey on [Toward 2035](#), the framework introduced in 2025 to guide our shared direction for the next decade. Rooted in our Call and Vision, Toward 2035 invites us to imagine and shape the future together.

Learn more about the [Call and Vision](#).

Your responses will help us understand how Toward 2035 is being received and what supports communities may need.

There are no right or wrong answers—just your insight.

### Take the survey:

- [English Survey](#)
- [French Survey](#)

**Survey close date: March 31, 2026**

[Read the Toward 2035 news story](#)

## *Community...*

### **Joy of Sharing Concert**

### **With music from Big Soul Project Community Choir**

Saturday, March 21<sup>st</sup>, 7:30 pm

At Centretown United Church, 507 Bank St

Adults: \$ 25 Under 12: free

[info@foodsharingottawa.com](mailto:info@foodsharingottawa.com)

## **Songs of Love ... and Loss**

**A benefit concert for the Ottawa Humane Society**

Sunday, March 22<sup>nd</sup>, 3 pm,

at St. Bartholomew's Anglican, 125 MacKay St

Admission: Freewill Offering

## **Carlington Community Connection Needs Someone Like You!**

**Volunteer Host/Server**

**<https://mailchi.mp/2fc6621417c2/drop-in-and-volunteer-with-us?e=c6ce9f4b1b>**

The Carlington Community Connection is seeking friendly and reliable volunteers to serve as hosts/servers during our community drop-in. This role is essential to creating a welcoming and inclusive atmosphere for all attendees.

Carlington Community Connection is dedicated to fostering a welcoming and inclusive environment where everyone's unique backgrounds and perspectives are valued. Our mission is to support and strengthen the Carlington neighbourhood by connecting people to resources, opportunities, and most of all to each other.

We believe diversity and inclusion are essential to building a vibrant community, and we encourage volunteers of all ages, abilities, cultures and perspectives to join us in making a meaningful difference.

If you're interested in this volunteer opportunity, please contact us at [programcoordinator@carlingtonchaplaincy.com](mailto:programcoordinator@carlingtonchaplaincy.com) or call 613-728-9933

## **Conversation for Our Times with Carol Off**

St. Basil's Parish invites you to an on-line "Conversation" with Carol Off on Sunday afternoon, March 22<sup>nd</sup>, 2:30 - 4:00. A well-known CBC broadcaster formerly with "As It Happens", Carol will engage with us about her recent book *At a Loss for Words*, and the problems that arise when words like 'truth', 'democracy' or 'freedom' are distorted intentionally to obscure and misrepresent their original meanings. This will definitely be a "Conversation for Our Times".

## **Do join us**

— <https://us02web.zoom.us/j/86423583373?pwd=IYLhxzGJrzV83p1sbrc82pJTPrua1Q.1>.

**In support of MultiFaith Housing  
Atlantic Voices Choir and  
Ottawa Acoustic Duo *100 Floors Above***

Sunday, March 29<sup>th</sup>, 3 pm at  
Woodroffe United Church

Admission: Free-will offering donations will support  
MultiFaith Housing's newest build Odenak on Lebreton Flats.

Tax receipts for amounts over \$ 25.

(cash, debit, visa, mastercard accepted)

**In Support of Carty House!**



**Shoulder  
the  
Sky**

 **March 27-29, 2026**  
Doors open 6:30pm: show at 7pm

 **Alumni Auditorium**  
University of Ottawa  
University Centre, Jock Turcot Building  
85 University Private  
**Tickets: \$20**

You're invited to our annual

## **Transgender Day of Visibility Flag Raising Ceremony**

**TUESDAY  
MAY 31, 2026  
4:30pm-6pm**

**Flag Raising 5:30pm**

Zen Zone

Youth Hub - Children's Play Space

Snacks & Light Refreshments

**33 Leacock Drive  
Kanata**



### ***Our Ministry Team...***

Coordinating Minister: Rev. Dr. Teresa Burnett-Cole, ex 24; [Revtbc.gsj@gmail.com](mailto:Revtbc.gsj@gmail.com)

Children's Church Leader: Kayla Cseh, ex 22; [Childschurch.gsj@gmail.com](mailto:Childschurch.gsj@gmail.com)

Minister of Music: Paul Grose, ex 25; [min.music.gsj@gmail.com](mailto:min.music.gsj@gmail.com)

Minister of Music Emeritus: Robert Palmai

Accounts: Lori Stinson, ex 23; [accts.glebestjames@gmail.com](mailto:accts.glebestjames@gmail.com)

Church Administrator: Jennifer Reid, ex 21; [admin@glebestjames.ca](mailto:admin@glebestjames.ca)

## Glebe-St James: March 22 – March 28<sup>th</sup>

Sunday			
	10:30 am	Worship	Sanctuary
	11:30 am	Fellowship Time	Fraser Hall
Monday			
	9 am – Noon	GMS: cooking with Chef Scott	GSJ Kitchen
	1 pm	Monday Crafts	Judy Wolanski's
	1 – 3 pm	GMS: Art Class	Art Room
	3:30 – 7 pm	GNAG: after school programming	Art Room & Lounge
	6 – 7:30 pm	Embers (return March 22 <sup>nd</sup> )	
	8 pm	Monday Meditation	Zoom
Tuesday			
	10 am	Chess	Sanctuary
	1:30 pm	Knitting	Lounge
	3:30 – 7 pm	GNAG: after school programming	Art Room, Lounge & Sanctuary
	6 – 7 pm	Queer Space	Lounge
	6:30 – 7:30 pm	Beavers (return March 22 <sup>nd</sup> )	Fraser Hall
	7 pm	F&A Meeting	Art Room
Wednesday			
	3:30 – 5:30 pm	GNAG: after school programming	Art Room & Lounge
	5:30 pm	Men & Friend's Potluck	Art Room
Thursday			
	3:30 – 6:15pm	GNAG: after school programming	Art Room & Lounge
	7 pm	Writing Group	Art Room
	7 pm	GSJ Choir	Sanctuary
	7:30 pm	Venturers	Lounge
Friday			
	1 - 4 pm	GMS: Art Class	Art Room
	3:30 – 6:15pm	GNAG: after school programming	Art Room & Lounge
Saturday			
	9 am – 1 pm	Exercise with Cate (2 sessions)	Fraser Hall

If you are interested in any of the above events, please contact Jennifer ([admin@glebestjames.ca](mailto:admin@glebestjames.ca)) and she will provide you with contact info.