



Glebe-St. James United Church
650 Lyon Street South, Ottawa, Ontario K1S 3Z7
613-236-0617 www.glebestjames.ca
admin@glebestjames.ca

March 11, 2026

Prayer Circle for February: [Marilyn Hamilton](#)

You are welcome to contact the monthly Prayer Circle coordinator if you have any prayer requests. Prayer requests are confidential and are shared only with the Prayer Circle.

March 15th

	Fourth Sunday in Lent
10:30 am	Rev. Dr. Teresa Burnett-Cole
Readings:	Deuteronomy 24:17-22; Matthew 19:13-15

Women's Intergenerational Group (WIG) & Labyrinth Walk

Women of all ages are invited to join in for a potluck following worship on Sunday.

Linda Posthuma will lead our March 15th meeting, which will be an introduction to a contemplative art prayer practice.

Judy Wolanski will open the labyrinth right after our potluck lunch in case some people prefer to take their "life questions or heart questions" into the labyrinth. They can walk instead of making cards/ or after making the cards.

Wednesday, March 18th

Steering Committee meets at 7:30 on zoom

Tuesday, March 24th

F&A meets at 7:00 pm

In the News....

Article by Pam Fitch – [Glebe Report](#), page 15 (GSJ's Roof springs a leak)
Easter Ad – page 16. There are a few copies of the Glebe Report at the Church



Unwritten Agreement

Poem by Rev. Sarah A. Speed | A Sanctified Art LLC | sanctifiedart.org
© a sanctified art | sanctifiedart.org

We have this unwritten agreement,
us members of humanity.
When the toddler at the coffee shop runs round the corner,
when her mom, at the register, looks up in panic,
we, the adults in the room, will pledge,
with quick smiles and silent head nods, to keep watch.
We will lean out of our seats.
We will put down our phones.
We will stand at the ready
to scoop up,
to offer words of comfort,
to make silly faces,
to keep an eye on the door.
And we will do this,
because we cannot ignore the instinct to care.
We will do this,
because we cannot ignore the child right in front of us.
We will do this,
because love always includes the least of these.

Welcome to Lent

The Lenten poems are taken from A Lenten Devotional: Tell me something good. If you would like a copy of the devotional, please let Jennifer (admin@glebestjames.ca) know.

March 29th: Palm Sunday

April 2nd: Maundy Thursday (service at 7 pm)

April 3rd: Good Friday (service at 10:30 am)

April 5th: Easter Sunday

GSJ: Lenten Book Study

Bless Break Share: Recipes for Faithful Living is a United Church publication that offers a daily reading for each day of Lent. The Study Guide in the back of the book offers different conversation questions to share as a group. We do have a few copies on hand - \$ 20.

Join Zoom Meeting

<https://us02web.zoom.us/j/83910341363?pwd=Xdeuq5JjbFnguJHpJFnmVDuxHcR9jr.1>

Southminster will be using the same publication and will meet in-person on Tuesdays, 11:30 am – 12:30 pm. Their focus will reflect on food and hunger as a spiritual practice.

Rideau Park is hosting a four-week Lenten program that started last week, called *Energy Healing 101: A Free Lenten Journey*. It's open to the public, but registrations are mandatory. Here's the [website link for this event](#). People can go to all of the workshops, or one or two of them.

Emmanuel: *Reflections on a Wilderness Time*

February 25 to March 25.

Wednesday evenings at 7:00 -7:30 pm

The Zoom link for the services can be found on the Emmanuel website

www.emmanuelunited.ca

Glebe-St. James Critical Roof Repair

Fundraising for the roof

Our deepest thanks to all those who have donated, pledged and supported our roof project. Within a matter of weeks, we have been able to pull together slightly more than the \$150,000 needed to obtain matching funds from EOORC and the national church. We are amazed and deeply touched by the generosity of this congregation. We will keep you informed about how we propose to pay back the loan once we have the details.

The Board of Trustees are ready to sign the contract with our roofing company so that they can rent the boom lift and order the equipment. We expect the work to be completed during July and August.

Volunteers needed...

Join Our Team: Communion Steward

Our congregation is seeking a **Communion Steward**—someone to help make our communion services meaningful and welcoming. Communion happens about **eight times a year**, usually at the start of each liturgical season, plus a few special services.

As the **point person**, you will:

- Prepare the bread and juice
- Ensure the table is set up properly
- Recruit **4–8 volunteers** to serve (easy to do!)
- Clean up cups and plates afterwards

You'll work closely with a friendly team of volunteers and report to the minister. This role is perfect for someone who enjoys organizing, supporting others, and helping our congregation share in the joy of communion.

No prior experience is needed—just a willing heart! For more information, please speak with the Teresa.

Are you looking for ways to contribute?

Do you have a free hour each week?

Ottawa Public Foods could use you!

We have a grocery delivery opening. Each week the Sunday morning contribution of non-perishables needs to be dropped off to OPF or CCFC. If you are interested in more details, speak to Susan Palmal or Karen Walker at coffee hour.

We are always looking for volunteers to help out on **Sunday**.

- Doing the welcome and announcements
- Land Acknowledgement
- Scripture reader
- Usher
- Coffee Time:
 - Make coffee
 - Set up & clean up
 - Hosts
- Children's Church helpers

Have another idea on how you can help? Let us know.

Regular activities at Glebe-St. James...

If you don't know the contact person, please e-mail Jennifer (admin@glebestjames.ca) and she will put you in touch. The Church office is open Monday - Thursday, 8:30 – 4:00 pm.

Monday Craft Group

The Monday Craft Group meets on Monday afternoon, 1 to 4 pm, at Judy Wolanski's. Contact: Judy Wolanski or Jennifer in the office.

Monday Meditation

Everyone is welcome to join us Monday evenings at 7:30 pm
Click on Monday Meditation above and join in.

The Check-Mates: Tuesday mornings

“Our chess group, the Check Mates are looking for new members. We welcome novices as well as experienced players. We meet every Tuesday, 10 – Noon, in the sanctuary. Just show up and enjoy the camaraderie!”

Contact phone number is 613-864-3435

Nattering Knitters

Feeling lonely, isolated, tired of winter....

Come out for some lively conversation, tea and snacks – and oh yes, some of us knit – on Tuesday afternoons at 1:30. Join us!

Our planned trip to Mississippi Valley Textile Museum to see a Palestinian tapestry had to be postponed until Thursday, March 26th. We will meet for lunch in Almonte and then visit the Museum. If you are interested in joining us, please speak to Susan Palmai.
<https://mvtm.ca/mvtm-event/a-stitch-in-time-the-palestine-history-tapestry/>

Queer Space – every other Tuesday

Join us for Queer Space - 6 pm on March 24th in the Lounge. Please feel free to drop by for a visit.

Women's Intergenerational Group (WIG)

WIG meets on the third Sunday of each month following morning worship. We finish around 1:30 pm.

Labyrinth: Third Sunday of each month, 3 - 5 pm.

Come find your quiet centre. Contact: Judy Wolanski

Men & Friends: Usually the last Wednesday of the month.

Our March gathering is scheduled for Wednesday, March 25th.

Come at 5:30 for a 6 pm start.

Kwe Kwe

(pronounced “kway”, meaning greetings in the Algonquin language)

In 2016, the Glebe-St. James congregation began allocating \$2,000 annually from its Operating Budget as a “Land Use Fee” to acknowledge their occupation of unceded Algonquin Anishinaabe land, with funds directed to the Odawa Native Friendship Centre. In 2024, the annual amount was doubled to \$4,000: \$2,000 continues to support Odawa, and \$2,000 is to fund Indigenous youth postsecondary education initiatives managed by local Indigenous communities. The fee was renamed “Investing in the Future Fund,” and we are reaching out to Kitigan Zibi and Pikwakanagan First Nations to discuss supporting their educational programs.



Over the coming weeks, we will provide more background information about the Odawa Native Friendship Centre and the First Nations communities of Kitigan Zibi and Pikwakanagan.

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United Church of Canada...



United Church of Canada e-Newsletters

<https://united-church.ca/e-newsletters>

Connect to E-essentials, Embracing the Spirit, God's Mission, Our Gifts, Intercultural Ministries News, Living into Right Relations, United Action for Justice ...

EOORC News has returned to a weekly distribution.

Click on the link above to read the Newsletter.

<https://eoorc.ca/news/>

Check out other Christian organizations and their opportunities

Churchx

<https://www.churchx.ca>

Healing Pathways

<https://healingpathway.ca/>

Ottawa School of Theology & Spirituality

<https://www.osts.ca/>

United Church of Canada Foundation

<https://unitedchurchfoundation.ca/>

Moderator's PIE Day Message



Every year on March 14, The United Church of Canada celebrates National Affirming PIE Day. PIE stands for Public, Intentional, Explicit Inclusion of 2SLGBTQIA+ People.

Last year, we celebrated the music that moves us. This year for the [Moderator's 2026 PIE Day message](#), we are broadening our horizons to celebrate every kind of creator—woodcutters, crocheters, gardeners, and bakers—who help weave connections between 2S and LGBTQAI+ people, the church, and all in our communities.

Kitchen Conversations with the Moderator

We hope you've been enjoying Kitchen Conversations with the Moderator, our new Lenten video series exploring food, faith, and the power of invitation, hosted by the Right Rev. Dr. Kimberly Heath.

Our guests have been cooking up a storm while offering spirit-filled reflections on how breaking bread together connects us to something deeper than ourselves. We've been grateful to hear from many of you who've tuned in, and encourage you to keep sharing it with your congregation and networks!

If you haven't had a chance to catch up yet, you can enjoy the first three episodes now on YouTube.

Toward 2035 Survey: Share Your Voice



Deep • Bold • Daring Toward 2035

The United Church of Canada invites anyone connected to the life of the church to complete a short survey on [Toward 2035](#), the framework introduced in 2025 to guide our shared direction for the next decade. Rooted in our Call and Vision, Toward 2035 invites us to imagine and shape the future together.

Learn more about the [Call and Vision](#).

Your responses will help us understand how Toward 2035 is being received and what supports communities may need.

There are no right or wrong answers—just your insight.

Take the survey:

- [English Survey](#)
- [French Survey](#)

Survey close date: March 31, 2026

[Read the Toward 2035 news story](#)

Community...

HIGHJINX

Highjinx, at 290 Kent St, has been part of Ottawa's social fabric for more than a decade. The organization provides daily connection, food, and practical support to unhoused and precariously housed neighbours- services that reduce isolation, strengthen community safety, and help people stabilize during difficult periods.

After more than 10 years at this location, Highjinx has been informed that the City of Ottawa has issued a Notice of Violation to the landlord related to occupancy and use. This issue began over a year ago, and Highjinx feel it's important to share that we are now navigating a period of real uncertainty. For more information on Highjinx see their website highjinxottawa.com or Facebook page [highjinx](https://www.facebook.com/highjinx).

If you would like to support Highjinx by writing to your local City Councillor attached is a template letter to assist your letter writing plus more details from Highjinx.

**Tripoly
& the Grenville Troubadours**
present
The Great Irish Sing-Along
A CONCERT OF IRISH FAVOURITES THAT YOU CAN JOIN IN WITH!
LIGHT REFRESHMENTS WILL BE SERVED

SATURDAY, MARCH 14TH AT 2PM


**MANOTICK UNITED CHURCH,
MANOTICK**

TICKETS: \$20 DOORS OPEN 1:30PM

AVAILABLE AT:
MANOTICK OFFICE PRO
OR THE CHURCH OFFICE CALL: 613-692-4576
E-MAIL: ADMIN@MANOTICKUNITEDCHURCH.COM

Joy of Sharing Concert

With music from Big Soul Project Community Choir

Saturday, March 21st, 7:30 pm

At Centretown United Church, 507 Bank St

Adults: \$ 25 Under 12: free

info@foodsharingottawa.com

Songs of Love ... and Loss

A benefit concert for the Ottawa Humane Society

Sunday, March 22nd, 3 pm,

at St. Bartholomew's Anglican, 125 MacKay St

Admission: Freewill Offering



Conversation for Our Times with Carol Off

St. Basil's Parish invites you to an on-line "Conversation" with Carol Off on Sunday afternoon, March 22nd, 2:30 - 4:00. A well-known CBC broadcaster formerly with "As It Happens", Carol will engage with us about her recent book *At a Loss for Words*, and the problems that arise when words like 'truth', 'democracy' or 'freedom' are distorted intentionally to obscure and misrepresent their original meanings. This will definitely be a "Conversation for Our Times".

Do join us

— <https://us02web.zoom.us/j/86423583373?pwd=IYLhxzGJrzV83p1sbrc82pJTPRua1Q.1>.

In support of MultiFaith Housing

Atlantic Voices Choir and

Ottawa Acoustic Duo *100 Floors Above*

Sunday, March 29th, 3 pm at

Woodroffe United Church

Admission: Free-will offering donations will support

MultiFaith Housing's newest build Odenak on Lebreton Flats.

Tax receipts for amounts over \$ 25.

(cash, debit, visa, mastercard accepted)

In Support of Carty House!



You're invited to our annual

**Transgender Day of Visibility
Flag Raising Ceremony**

**TUESDAY
MAY 31, 2026
4:30pm - 6pm**

Flag Raising 5:30pm

Zen Zone

Youth Hub - Children's Play Space

Snacks & Light Refreshments

**33 Leacock Drive
Kanata**



Our Ministry Team...

Coordinating Minister: Rev. Dr. Teresa Burnett-Cole, ex 24; Revtbc.gsj@gmail.com

Children's Church Leader: Kayla Cseh, ex 22; Childrenchurch.gsj@gmail.com

Minister of Music: Paul Grose, ex 25; min.music.gsj@gmail.com

Minister of Music Emeritus: Robert Palmai

Accounts: Lori Stinson, ex 23; accts.glebestjames@gmail.com

Church Administrator: Jennifer Reid, ex 21; admin@glebestjames.ca

Glebe-St James: March 15 – March 21st

Sunday			
	10:30 am	Worship	Sanctuary
	11:30 am	Fellowship Time	Fraser Hall
	12 Noon	Women's Intergenerational Group	Art Room
	1 pm	Labyrinth open	Lounge & Fraser Hall
March Break: Glebe Montessori School is closed GMS March Break Camp is open GNAG programming on hold for the week			
Monday			
	1 pm	Monday Crafts	Judy Wolanski's
	6 – 7:30 pm	Embers (return March 22 nd)	
	8 pm	Monday Meditation	Zoom
Tuesday			
	10 am	Chess	Sanctuary
	1:30 pm	Knitting	Lounge
	6:30 – 7:30 pm	Beavers (return March 22 nd)	Fraser Hall
Wednesday			
	6 pm	Music rehearsal	Sanctuary
	7:30 pm	Steering Committee Meeting	Zoom
Thursday			
	7 pm	Writing Group	Art Room
Saturday			
	9 am – 1 pm	Exercise with Cate (2 sessions)	Fraser Hall