



Glebe-St. James United Church
650 Lyon Street South, Ottawa, Ontario K1S 3Z7
613-236-0617 www.glebestjames.ca
admin@glebestjames.ca

February 4, 2026

Prayer Circle for February: [Marion Dunning](#)

You are welcome to contact the monthly Prayer Circle coordinator if you have any prayer requests. Prayer requests are confidential and are shared only with the Prayer Circle.

February 8th

	Fifth after Epiphany
10:30 am	Rev. Dr. Teresa Burnett-Cole
Reading	Matthew 5:13-20

Notice of Annual Congregational Meeting - March 1, 2026

Please note that the Glebe-St. James UC Annual Congregational Meeting will take place on Sunday, March 1, 2026. All are welcome as we report on our programs and finances for 2025, confirm our Council leadership team for 2026 and review and approve our budgets for 2026. A potluck lunch will follow the meeting. More information and background documents will be available prior to the meeting.



Shrove Tuesday
Tuesday, February 17th
5:30 pm to 7 pm
in Fraser Hall
Admission: Donation at the Door



2026 Roof Project

- Council has approved repairs to the west side of the Sanctuary roof, including two leaking turrets.
- The work is planned for summer 2026 and will be funded through a combination of fundraising, grants and loans.

Please send your donations and pledges by February 25th.

- We are already almost 30% there!

Name Tags

If you ordered a name tag before Christmas, they are in.
Please see Alex in the office. Cost is \$ 25.00

Regular activities at Glebe-St. James...

If you don't know the contact person, please e-mail Jennifer (admin@glebestjames.ca) and she will put you in touch. The Church office is open Monday - Thursday, 8:30 – 4:00 pm.

Monday Craft Group

The Monday Craft Group meets on Monday afternoon, 1 to 4 pm, at Judy Wolanski's.
Contact: Judy Wolanski or Jennifer in the office.

Monday Meditation

Everyone is welcome to join us Monday evenings at 7:30 pm
Click on Monday Meditation above and join in.

The Check-Mates: Tuesday mornings

“Our chess group, the Check Mates are looking for new members. We welcome novices as well as experienced players. We meet every Tuesday, 10 – Noon, in the sanctuary. Just show up and enjoy the camaraderie!”

Contact phone number is 613-864-3435

Nattering Knitters

Feeling lonely, isolated, tired of winter....

Come out for some lively conversation, tea and snacks – and oh yes, some of us knit – on Tuesday afternoons at 1:30. Join us!

Queer Space – every other Tuesday

Queer Space will be meeting at 6 pm on February 24th in the Lounge. Please feel free to drop by for a chat

Women's Intergenerational Group (WIG)

WIG meets on the third Sunday of each month following morning worship. We finish around 1:30 pm.

Labyrinth: Third Sunday of each month, 3 - 5 pm.

Come find your quiet centre. Contact: Judy Wolanski

Men & Friends: Usually the last Wednesday of the month.

Our February gathering will be Shrove Tuesday, February 17th, 5:30 – 7 pm in Fraser Hall.

OMRA grocery cards

The February grocery card order has gone in. If you are interested in ordering cards for pick up in March, the deadline is Monday, February 23rd. For more information, please speak with Donna-Fay Mailhot or Betty Taylor.

High Tea Fundraiser

OMRA is pleased to invite you to High tea

Saturday, March 28th, 12:30 – 2 pm OR 3:30 to 5 pm

at The Ottawa Mennonite Church (1830 Kilborn Ave.)

To purchase tickets (\$ 40 per person) please e-mail: OMRAshelter1@gmail.com

Please let them know of any dietary needs (gluten-free options are available)

Kwe Kwe

(pronounced "kway", meaning greetings in the Algonquin language)



Are you looking for a book to accompany you on your Lenten journey? Nigaan Sinclair's *Wînipêk: Visions of Canada from an Indigenous Centre* won the Governor General's award for non-fiction in 2024. In this volume Sinclair, a well-known writer, educator and activist offers 80 thought-provoking short essays that provide plenty of material for reflection over the 40 days of Lent.

United Church of Canada...



United Church of Canada e-Newsletters

<https://united-church.ca/e-newsletters>

Connect to E-essentials, Embracing the Spirit, God's Mission, Our Gifts, Intercultural Ministries News, Living into Right Relations, United Action for Justice ...

EOORC news

<https://eoorc.ca/news/>

Check out other Christian organizations and their opportunities

Churchx

<https://www.churchx.ca>

Healing Pathways

<https://healingpathway.ca/>

Ottawa School of Theology & Spirituality

<https://www.osts.ca/>

United Church of Canada Foundation

<https://unitedchurchfoundation.ca/>

Ottawa Pastoral Care Training Program

As 2026 begins and we look forward to new opportunities, we are pleased to confirm registration is open for spring 2026 OPCTP courses. Check out the brochure links below for program details including registration and payment information. Early bird registration for the basic course is available until February 27th. Register early to confirm your space!

Our Spring 2026 Basic Training Course brochure is available at

<https://ottawapastoralcare.com/wp-content/uploads/2025/11/S2026-Basic-Course-Brochure.pdf>

We are also excited to present our next Continuing Education event on Tuesday April 14th from 7- 9pm by Zoom. In this session, representatives from Bereaved Families of Ottawa lead a session called Disenfranchised Grief: The Losses We Don't Talk About. The program brochure is available at <https://ottawapastoralcare.com/wp-content/uploads/2025/11/S2026-Con-Ed-Brochure-Portrait.pdf>

Community...

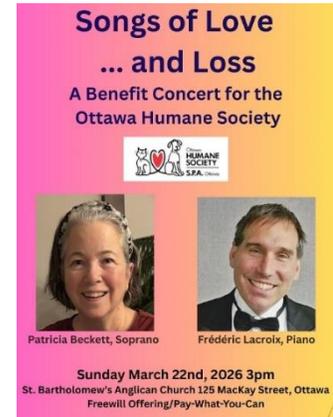
Songs of Love ... and Loss

A benefit concert for the Ottawa Humane Society

Sunday, March 22nd, 3 pm

at St. Bartholomew's Anglican, 125 MacKay St

Admission: Freewill Offering



Centre 507 Super Volunteer Retires

A heartfelt thank-you to one of our incredible longtime volunteers, Marisa Romano, who wrapped up her final volunteer shift at Centre 507 on Christmas Day with her husband, Jim, helping dressed as Santa.

Over more than 10 years, Marissa gave so much of herself. She helped serve and prepare meals, helped in our community garden and served multiple terms on our board of directors. Her commitment, generosity and care have made a lasting impact on our community.

While we're incredibly sad to see her step away from volunteering with us, we know she'll always be part of the Centre 507 family. Thank you, Marisa, for everything. You've helped shape Centre 507 in more ways than you know.

Ottawa Regional Youth Choir

The members of this choir are **15-25 years old**. There is **no formal audition process**, only a voice placement meeting to assess voice type, so we are happy to meet with choir enthusiasts from a vast range of previous musical knowledge and experience.

Weekly rehearsals are run at **174 Wilbrod St.** (right by the University of Ottawa) on **Tuesday evenings**. Our roster is still being solidified but if you are a **secondary or post-secondary school aged** singer and are interested in joining, please e-mail (info@oryc.ca) to inquire about joining us now! We are particularly looking for those who sing in the **tenor range, or bass, as well as sopranos**.

Plenty more information can be found at our website.

Visit www.ORYC.ca and [Connect With Us Digitally](#)

Follow Us On: [Instagram](#), [Facebook](#), [LinkedIn](#)



CARLINGTON WELLNESS SERIES
 Practical tools and strategies to support physical, mental, and emotional well-being

materials and refreshments provided

<p>Bi-weekly on Wednesdays 10 am-12pm</p> <ul style="list-style-type: none"> • January 14 & 28 • February 11 & 25 • March 11 & 25 • April 8 & 22 • May 6 & 20 • June 3 & 17 <p>1465 Caldwell ave Carlington Chaplaincy</p>	<p>Tous les mercredis, de 10 h à 12 h, toutes les deux semaines.</p> <p>14 et 28 janvier 11 et 25 février 11 et 25 mars 8 et 22 avril 6 et 20 mai 3 et 17 juin</p> <p>1465, avenue Caldwell Aumônerie de Carlington</p>
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 613-722-4000 ext. | poste 244
 mwassle@carlingtonchc.org



Our Ministry Team...

Coordinating Minister: Rev. Dr. Teresa Burnett-Cole, ex 24; Revtbc.gsj@gmail.com

Children's Church Leader: Kayla Cseh, ex 22; Childschurch.gsj@gmail.com

Minister of Music: Paul Grose, ex 25; min.music.gsj@gmail.com

Minister of Music Emeritus: Robert Palmai

Accounts: Lori Stinson, ex 23; accts.glebestjames@gmail.com

Church Administrator: Jennifer Reid, ex 21; admin@glebestjames.ca