



Glebe-St. James United Church
650 Lyon Street South, Ottawa, Ontario K1S 3Z7
613-236-0617 www.glebestjames.ca
admin@glebestjames.ca

January 14, 2026

Prayer Circle for January: [John LeDrew](#)

You are welcome to contact the monthly Prayer Circle coordinator if you have any prayer requests. Prayer requests are confidential and are shared only with the Prayer Circle.

January 18th

10:30 am Second after Epiphany
 Rev. Dr. Teresa Burnett-Cole

Name Tags

If you ordered a name tag before Christmas, they are in.
Please see Alex in the office. Cost is \$ 25.00

Women's Intergenerational Group (WIG)

WIG meets on the third Sunday of each month following morning worship. We finish around 1:30 pm.

Join us this Sunday for a powerful and moving presentation with Amena Khavari, a young Afghan woman who fled Afghanistan when it fell to the Taliban and has since rebuilt her life here in Ottawa. Drawing from her own lived experience, Amena now works full-time as OMRA's Client Services Manager, supporting Afghan and other newcomer women as they navigate settlement challenges such as education, employment, financial literacy, and mental and physical health. Amena will share her personal journey and the realities facing Afghan women today, followed by stories from OMRA that highlight how our organization is helping newcomers move from crisis to stability and independence.

Maria Rigby is the President of OMRA and will speak to us about some of the wonderful clients OMRA helps through the rent subsidy program that Glebe St. James supports through donations and through participation in the grocery card program. We will have a chance to get to know our guests over lunch before their presentation.

Labyrinth: Third Sunday of each month, 3 - 5 pm.
Come find your quiet centre. Contact: Judy Wolanski

Grief Labyrinth Walk

January 18, 2026

from 3pm to 5pm

*In the quiet curve of the labyrinth,
grief has space to speak.*



Please register:
deathdoula@gmail.com

Suggested donation
at the door: \$20-\$40

Glebe St. James United Church
650 Lyon Street South, Ottawa

Join me for a guided labyrinth walk
including gathering afterwards.
Please bring indoor shoes.

Accessibility:
There are steps up to the room.

Facilitated by:
Debbie Charbonneau
Veriditas Trained Facilitator

Congregational Conversation – Sunday, February 1st

We are holding another Congregational Conversation on Sunday February 1st, immediately following our worship service and coffee time. As a follow-up to our November conversation, we will be starting to talk about the building and its importance to our spiritual life. Before the meeting starts, we'll gather for our usual coffee hour in Fraser Hall. You may also wish to bring a brown bag lunch or something to share to supplement the usual coffee hour offerings before the meeting starts. I hope to see you there.

The heat is back.....

It appears our heating problems are gone for now.
Thank you for your patience.

Regular activities at Glebe-St. James...

If you don't know the contact person, please e-mail Jennifer (admin@glebestjames.ca) and she will put you in touch. The Church office is open Monday - Thursday, 8:30 – 4:00 pm.

Monday Craft Group

The Monday Craft Group meets on Monday afternoon, 1 to 4 pm, at Judy Wolanski's.
Contact: Judy Wolanski or Jennifer in the office.

Monday Meditation

Everyone is welcome to join us Monday evenings at 7:30 pm
Click on Monday Meditation above and join in.

The Check-Mates: Tuesday mornings

“Our chess group, the Check Mates are looking for new members. We welcome novices as well as experienced players. We meet every Tuesday, 10 – Noon, in the sanctuary. Just show up and enjoy the camaraderie!”

Contact phone number is 613-864-3435

Nattering Knitters

Feeling lonely, isolated, winter approaching....

Come out for some lively conversation, tea and snacks – and oh yes, some of us knit – on Tuesday afternoons at 1:30. Join us!

Queer Space – every other Tuesday

Queer Space will be meeting at 6 pm on January 20th in the Lounge. Please feel free to drop by for a chat

Men & Friends: Usually the last Wednesday of the month.

Our next get together will be on Wednesday, January 28th in the Art Room.
Discussion topic will follow shortly. Come at 5:30 for supper at 6.



Kwe Kwe

(pronounced “kway”, meaning greetings in the Algonquin language)

An Opportunity to contribute to Affordable Housing: You may be aware that Dream Unlimited and its partner Multifaith Housing Initiative (MHI) are building a multi-residential rental project at 665 Albert Street in Ottawa’s LeBreton Flats. (<https://www.connectcre.ca/stories/dream-mhi-break-ground-on-ottawa-multi-res-project/>). Known as Odenak, the project is named after the Algonquin Anishinàbe word for “community.” The development has been designed by Perkins&Will, KPMB, and Indigenous architecture firm Two Row Architects to prioritize sustainability, inclusivity, and affordability. The United Church supports the project nationally through the United Church Foundation and locally through congregational fundraising. Our Regional Council has set a goal of \$150K. Watch for the next fundraising event or donate directly. (<https://www.multifaithhousing.ca/united-we-dream.html>).

United Church of Canada...



United Church of Canada e-Newsletters

<https://united-church.ca/e-newsletters>

Connect to E-essentials, Embracing the Spirit, God’s Mission, Our Gifts, Intercultural Ministries News, Living into Right Relations, United Action for Justice ...

EOORC news

<https://eoorc.ca/news/>

In the January 8th edition:

*Regional Confirmation Booster Weekend
Camp Lau-Ren Newsletter
Moderator at Worshiplude and MacKay
M&S Transfer Deadline
Phishing Email Alert
Rural Ministry Newsletter
Stewardship Update
and more...*

Ottawa Pastoral Care Training Program

As 2026 begins and we look forward to new opportunities, we are pleased to confirm registration is open for spring 2026 OPCTP courses. Check out the brochure links below for program details including registration and payment information. Early bird registration for the basic course is available until February 27th. Register early to confirm your space!

Our Spring 2026 Basic Training Course brochure is available at

<https://ottawapastoralcare.com/wp-content/uploads/2025/11/S2026-Basic-Course-Brochure.pdf>

We are also excited to present our next Continuing Education event on Tuesday April 14th from 7- 9pm by Zoom. In this session, representatives from Bereaved Families of Ottawa lead a session called Disenfranchised Grief: The Losses We Don't Talk About. The program brochure is available at <https://ottawapastoralcare.com/wp-content/uploads/2025/11/S2026-Con-Ed-Brochure-Portrait.pdf>

Ottawa School of Theology and Spirituality

Winter Course Line-Up

January 5 @ 7:30 pm - February 2 @ 9:30 pm \$75.00

A wide range of courses offered by ZOOM. January 5–February 2, 2026 and February 9–March 16, 2026. Choose 1 course each session. Three courses each session to choose from. Affordable adult learning—knowledgeable presenters. More information is available [here](#)

Check out other Christian organizations and their opportunities

Churchx

<https://www.churchx.ca>

Healing Pathways

<https://healingpathway.ca/>

Ottawa School of Theology & Spirituality

<https://www.ots.ca/>

United Church of Canada Foundation

<https://unitedchurchfoundation.ca/>

Community...

Carlington Community Connection

<https://mailchi.mp/63eeae00b2d0/whats-new-for-2026?e=c6ce9f4b1b>

The link above should connect you to the first edition of the Carlington Community Connection Newsletter. In it, you'll learn about CCC services – new and existing.

Our Ministry Team...

Coordinating Minister: Rev. Dr. Teresa Burnett-Cole, ex 24; Revtbc.gsj@gmail.com

Children's Church Leader: Kayla Cseh, ex 22; Childrenschurch.gsj@gmail.com

Minister of Music: Paul Grose, ex 25; min.music.gsj@gmail.com

Minister of Music Emeritus: Robert Palmai

Accounts: Lori Stinson, ex 23; accts.glebestjames@gmail.com

Church Administrator: Jennifer Reid, ex 21; admin@glebestjames.ca