# PARENT 2025-2026

As a member of Most Holy Redeemer Parish in Evergreen Park, I desire to affirm my belief in Jesus and His Church through the Sacrament of Confirmation.

As I enter into this final phase of preparation for the Sacrament of Confirmation, bless me and give me the willingness to do all that is required of me.

I pledge to the best of my ability to take part in the learning sessions and activities that are a part of the program of preparation.

I accept the responsibility to open my mind and heart to the activities of the Holy Spirit during this time of preparation. I ask this in Christ's name.

Amen



Dear Parent,

Today the parish community of Most Holy Redeemer is offering your child an opportunity to renew his/her Baptismal vows and to experience God's love and friendship in their lives.

"The community of believers was of one heart and mind, and no one claimed that any of his possessions was his own, but they had everything in common".

Acts 4:32

Four areas will be stressed as they prepare for Confirmation:

- Liturgy: regular attendance at Mass, developing a commitment to living out our faith by going to Mass
- Prayer: developing a routine and understanding of prayer
- Knowing the faith: knowing our beliefs as stated in the Creed
- Christian service: practicing the Spiritual and Corporal Works of Mercy

#### Guidelines For Service

Christian love is manifested in service to other people. Jesus came as one who serves. He declared that, at the end of time, he will judge us on how well we have served him through other people. A vital part of the candidates' preparation for living a full Christian life is developing a habit of service.

Jesus has invited your child to follow Him, to walk in His footsteps, and to reach out to others as He did, with care, concern, healing, and hope. Confirmation can be a missed opportunity or a highlight, a turning point of your child's life. It is their choice.

- Their service is not just a job to be done. It is selflessly and lovingly helping those in need
- They should reflect on how their service project is helping them take on the mind and heart of Christ, fulfill the needs of others, and build up the Christian community.
- The giving of service is not new to you or your child. You have given of yourself in many ways and should continue with your child to grow in the commitment of Christian service.
- Your child's service hours must be journaled. They will write down their thoughts and feelings about each project after its completion.

Service projects will be listed and they will have many interesting avenues to choose from. The performance of service hours and the reflection upon such work are an integral preparation for the life of loving service that adult Christians must embrace. Therefore, the honest completion of these hours is necessary for Confirmation. and if this commitment is not done honestly and in a Christian spirit it would mean that your child might not be ready for the Sacrament of Confirmation and will have to wait another year. We thank you for your cooperation in this Spirit-filled endeavor.

#### The Role Of The Parents

Parents have a responsibility to create a Christian environment in the home. They should:

- Worship together regularly at Sunday Mass, sharing your reflection on the readings.
- Set a good example and encourage their child to lead a life of active Christian service.
- Serve their family out of love.
- Build an atmosphere of trust and understanding.
- Continue to nurture their child in faith.

Parents have a responsibility to help young people prepare for Confirmation. They should:

- Encourage their child to reflect thoughtfully on the Liturgy each week.
- Assist in the faith sharing component of the sacrament when sponsors are unavailable.
- Pray with their child and discuss various aspects of faith and the special meanings of Confirmation.
- Take part in special catechesis for parents to help renew their own faith so they can more effectively guide their child.
- Volunteer to drive for the special service outings their children will be involved in.
- Participate in service hours with their child.

"The home is the place where faith can best be nourished."

## Confirmation Calendar

### **Important Dates for Confirmation 2025-2026**

Tuesday September 30th,2025- Parent/Confirmandi Meeting in church at 6:30

Friday, October 3, 2025-Mandatory Student Confirmation retreat in MHR gym (Briody Hall) from 8:30-2:30

Tuesday, October 28, 2025-Saint report due for MHR students

November 3, 2025-Saint report due for SOR students

Monday, December 1, 2025-Sponsor interviews due for all students

Monday, December 1, 2025-2 first 2 Reflection papers and service projects due for all students

Monday, January 26, 2026-last 2 reflection papers due

Monday, January 26, 2026-All 15 hours of service must be completed with forms and reflection papers turned in to teachers

February-Interviews with Father Hurley and Deacon Phelan begin after school in rectory

Date TBD-Confirmation Reconciliation for both MHR and SOR students in church

February 25, 2026-Wednesday-6:00 pm-7:00 PM mandatory Confirmation practice in church; students only

February 27, 2026-Confirmation Mass in church 7:00 pm with Bishop Sullivan Confirmandi, parents, sponsors must be seated in church by 6:40 pm (20 minutes before Mass begins) Reception with the Bishop in Briody Hall immediately following.

All information and packets can be found at www.mostholyredeemer.org

## CONFIRMANDI-PARENT-SPONSOR MEETING

# 1. CONFIRMATION/SAINT NAME

It is traditional to choose a saint's name for the Sacrament of Confirmation. In today's Church, one may choose a new name or may choose to be confirmed in the name given to him or her at baptism.

## 2. CONFIRMATION SPONSOR NAME

Candidates, you are asked to think about what qualities you admire in the person you choose as your sponsor. Will you be able to turn to this person for advice and encouragement as you continue to grow in your Catholic faith, even after Confirmation? The person you choose may be a relative, or a friend of the family. The person you choose should be available to you for advice, encouragement and assistance. Explain to your sponsor why you chose them and explain the Confirmation process to them. Your sponsor must attend the meeting with you and your parents.

## Requirements

All candidates for the Sacrament of Confirmation are required to have a sponsor. There are special criteria, which allow someone to qualify as a sponsor. The following rules apply to Confirmation sponsors.

- 1. The sponsor must be at least 16 years of age and mature enough to guide and aid the candidate in fulfilling his/her Baptismal promises
- 2. The sponsor must be Confirmed in the Catholic faith.
- 3. The sponsor must live a life in harmony with the Catholic faith.
- 4. It is desirable that the sponsor be a Godparent from Baptism although this is not necessary.

Parents and/or guardians may not serve as their child's own sponsor. However, if the sponsor is not able to attend the Sacrament of Confirmation, a parent may present their candidate to the Bishop.

## **My Confirmation Name**

Name of Candidate
Please Print as it will appear on Confirmation Certificate
Parent Signature
"I have called you by name. You are mine," says the Lord.
It is traditional to choose a saint's name for the Sacrament of Confirmation. In today's Church, one may choose a new name or may choose to be confirmed in the name given to him or her at baptism. You are asked to state the name you will use at Confirmation and you are requested to give the reason for choosing the saint as your Confirmation patron.
I have chosen as my Confirmation name.
I have chosen this name because
My Confirmation Sponsor
According to the Apostolic Constitution on the Sacrament of Confirmation, sponsors have three special duties to perform: 1) sponsors bring candidates to receive the sacrament, 2) present them to the minister for anointing, and 3) help them fulfill their baptismal promises. The sponsor, as a representative of the Church, tries to make the candidate feel welcome and important to the community.
Please fill out some basic information regarding the sponsor you have chosen.
Name of Confirmation Sponsor
Please Print  Delicit of Control
Relationship to Candidate
Parish of Confirmation Sponsor
Is the sponsor a baptized and confirmed Catholic and at least 16 years old?
It is desirable that the sponsor be a Godparent from Baptism although this is not necessary.
Why did you choose this particular person to be your sponsor?

## **Sponsor Interview**

Candidate's Name
Sponsor's Full Name and Relationship
Please return this form by Monday, December 1, 2025.
Discuss the following questions with your sponsor and write down your answers. Answers should be written from your <b>sponsor's</b> perspective.
How has the Catholic faith strengthened and nourished you?
Do you have a favorite place and time to pray? Describe a time when it was challenging to pray and a time when you really felt God's presence.
What is the greatest challenge of being Catholic? What is the best thing about being Catholic?
Who has been a good role model for you? How has this person taught you or shown you what it means to be Catholic? How has this person deepened your faith?
What advice would you give to me in becoming an adult in the Catholic faith?

Sponsor interviews are due on Monday, December 1, 2025.

They should be completed on loose leaf in pencil.

The candidate's name (your name) goes on the top line.

Your sponsor's first and last name goes on the next line along with their relationship to you (aunt, uncle, grandmother,family friend etc..)

Write each question from the form on the loose leaf along with your sponsor's response. Skip a line between each question and response.

The responses should be written from your sponsor's perspective.

These responses are not just one sentence answers. Each response should be at least 3-4 sentences in length.