



ST. THERESE

CATHOLIC SCHOOL

September 2026

LUNCH MENU



*An alternate cold lunch will be served daily consisting of a PB&J, cheese stick, and choice of fruit or vegetable.

SUN	MON	TUE	WED	THU	FRI	SAT
		1 Taco Salad, Refried Beans, Banana, Salsa, Milk	2 Salisbury Steak, Mashed Potatoes, Tropical Fruit, Dinner Roll w/butter, Milk	3 Teriyaki Chicken, Fried Rice, Peas & Carrots, Seasonal Fruit, Milk	4 Pepperoni Pizza, Corn, Fruit Slushie, Milk	5
6	7 NO SCHOOL - LABOR DAY	8 Chicken Nuggets, Potato Smiles, Apple, Dinner Roll w/butter, Milk	9 Spaghetti Marinara, Chopped Salad, Peaches, Breadstick, Milk	10 Pepperoni Pizza, Peas, Seasonal Fruit, Milk	11 Mac & Cheese Bowl, Corn, Banana, Dinner Roll w/butter, Milk	12
13	14 Hamburger w/cheese, Sliced Cucumbers, Seasonal Fruit, Milk	15 Chicken Alfredo, Fresh Broccoli w/Ranch Dip, Orange, Breadstick, Milk	16 2 Bosco Sticks w/Marinara Dip, Baby Carrots w/ Ranch dip, Apple, Milk	17 Walking Taco, Refried Beans, Peaches, Salsa, Milk	18 French Toast Sticks w/syrup, Sausage Links, Tater Tots, Banana, Milk	19
20	21 Chicken Tenders, Fresh Broccoli w/Ranch Dip, Peaches, Dinner Roll w/butter, Milk	22 Cheese Quesadilla, Refried Beans, Applesauce, Salsa, Milk	23 Orange Chicken, Fried Rice, Peas & Carrots, Orange, Milk	24 Turkey Sandwich, Cucumber Slices w/Ranch, Fruit Slushie, Milk	25 French Toast Sticks w/syrup, Sausage Links, Tater Tots, Banana, Milk	26
27	28 Grilled Cheese, Baby Carrots w/ Ranch Dip, Mandarin Oranges, Milk	29 Taco Salad, Refried Beans, Banana, Salsa, Milk	30 Salisbury Steak, Mashed Potatoes, Tropical Fruit, Dinner Roll w/butter, Milk	OCT 1 Teriyaki Chicken, Fried Rice, Peas & Carrots, Seasonal Fruit, Milk	OCT 2 Pepperoni Pizza, Corn, Fruit Slushie, Milk	



Our school is an **"Offer VS Serve"** meal program. This means that the student may choose a minimum of 3 components one of which **MUST** be a fruit or vegetable. We do encourage students to take **all 5 components**.

Nourishing
MINDS
and BODIES

