

# Jo Bistro Lunch

## Coffee & Tea

- HOT COFFEE \$3
- HOT GREEN TEA \$3
- ICED COFFEE 16oz. \$3
- ICED CHAI TEA 16oz. \$4
- ICED GREEN TEA 16oz. \$4
- ICED MATCHA LATTE 16oz. \$5

## Jo's Pressed Juices

- 16oz.
- GOJO GREEN  
kale, spinach, celery, cucumber, apple, & lemon \$9
- CODE RED  
beets, carrots, apple & ginger \$9
- DETOX SHOT  
red apple, ginger & lemon \$5
- IMMUNITY SHOT  
Tumeric, Ginger, Honey & Lime \$5
- GINGER SHOT \$5

## Smoothies

- 16oz.
- GREEN SMOOTHIE  
kale, spinach, pineapple & coconut water \$7.50
- FRUIT SMOOTHIE  
blueberries, strawberries, raspberries, banana & coconut water \$7.50
- PITAYA SMOOTHIE  
Dragon Fruit, Pineapple, Banana & Coconut Water \$8.50
- PROTEIN SMOOTHIE  
Banana, Almond Milk, Peanut Butter & Vanilla Or Chocolate Plant Based Protein \$8.50
- JO MANGO SMOOTHIE  
Mango, Pineapple, Banana & Coconut Water \$7.50

## Light Bites

- GREEK YOGURT PARFAIT  
chobani vanilla greek yogurt, granola, fresh fruit & honey \$8
- AVOCADO TOAST  
with fresh sprouts, truffle oil & balsamic glaze on an organic lo-cal whole grain bread \$10
- GRANOLA BOWL  
Hemp & Flax seed granola, bananas, strawberries, blueberries, chia seeds, honey & almond milk \$8

 **Vegetarian**  **Gluten Free**

Consumption of raw or undercooked meats, poultry, fish and shellfish pose a risk to your health.

Prices subject to change without notice, parties of 6 or more will be charged 18% gratuity.

## Salads


- SALAD ADD ONS:**  
Chicken Salad or Tuna Salad \$6  
Grilled Chicken \$6 | Grilled Shrimp \$10
- CHOICE OF DRESSING:** Carrot ginger or miso
-  **SUBLIME SALAD**  
Red & white quinoa, chickpeas, avocado, carrots, tomatoes, cucumbers, sprouts & chia seeds over field greens, served w/ miso dressing \$15
-  **CHICKEN SALAD**  
Bistro chicken salad, avocado, cucumbers, carrots, cabbage & tomatoes \$15
-  **TUNA SALAD**  
Albacore tuna salad, avocado, cucumbers, carrots, cabbage & tomatoes \$15
- MISO COBB SALAD**  
Roasted Chicken, Hard Boiled Egg , bacon, blue cheese, avocado, tomato over field greens \$15
-   **AVOCADO SALAD**  
Avocado, Pico de Gallo, Field Greens, Tomato, Cucumber, Carrots & Cabbage \$15


## Wraps

- Gluten-free wraps available served on a spinach or whole wheat tortilla  
Served with a Fruit cup. Add avocado \$2
- TURKEY AVOCADO WRAP**  
Sliced turkey, avocado, tomato, mixed greens & light mayo \$12.99

- CHICKEN SALAD WRAP**  
bistro chicken salad, carrots, tomatoes & mixed greens \$12.99

- PALM BEACH TUNA WRAP**  
albacore tuna salad, carrots, tomatoes & mixed greens \$14.95

-  **VEGGIE WRAP**  
hummus, avocado, chia seeds, cucumbers, carrots, tomatoes, cabbage & mixed greens \$12

-  **SUBLIME WRAP**  
quinoa, avocado, chickpeas, cucumbers, cherry tomatoes, carrots, alfalfa sprouts & field greens \$13

- GRILLED CHICKEN & AVOCADO WRAP**  
Grilled CHicken, avocado, tomato, mixed greens \$14.95


- COCONUT SHRIMP WRAP**  
Coconut Shrimp, Avocado, Pineapple, Tomatoes, Mixed Greens & Sweet Chili Sauce \$16

- CRISPY CHICKEN WRAP**  
Crispy Chicken, Avocado, Tomatoes, Mixed Greens in a Sweet Chili Aioli \$14.95

## Sides

-  **SWEET POTATO FRIES** \$7
- HOUSE CUT FRIES** \$5
- JO'S TRUFFLE FRIES** \$10
- QUINOA** \$5
- BROWN RICE** \$5
- JASMINE RICE** \$4
- SEASONAL VEGGIES** \$8

## Acai Bowls

-  **ADD ONS:** almond butter, bee pollen , chia seeds, cocoa nibs, coconut flakes, hemp seeds, honey, goji berries, granola, nutella, peanut butter, pitaya, vanilla greek yogurt, gluten free granola
- PALM BEACH BOWL** Açai, granola,banana,peanut butter, strawberries, blueberries, honey, chia seeds & hemp seeds \$9 small | \$12

- ALOHA BOWL** Açai, granola, banana, pineapple, strawberries, blueberries, coconut, honey chia & hemp seeds \$9 small | \$12

- DAWN PATROL BOWL** Açai, vanilla greek yogurt, granola, banana, strawberries,blueberries, raspberries, cocoa nibs, coconut & honey \$9 small | \$12

- YOGI BOWL** Açai, granola,banana,pineapple, blueberries, rasberries, honey, goji berries, hemp seeds & chia seeds \$9 small | \$12

- SOL BOWL** Açai, nutella, granola, banana, strawberries, coconut flakes, honey, hemp seeds & chia seeds \$10 small | \$12.99

- SUNRISE BOWL** Açai, almond butter, granola, banana, strawberries, blueberries, chia seeds, hemp seeds, goji berries & agave nectar \$10 small | \$12.99

- PB CRUNCH BOWL** Acai, Peanut Butter, Banana, Strawberry, Blueberry, Crushed Peanuts, Cocoa nibs, Coconut, Chocolate drizzle \$10 small | \$12.99

- PITAYA BOWL** Dragonfruit, Granola, Banana, Pineapple, Strawberry, BlueBerry, Raspberry, Coconut, Chia & Hemp Seed, Honey \$10 small | \$12.99

- KIWI BOWL** Acai, Granola, Banana, Pineapple, Strawberry, Kiwi, Raspberry, Coconut, Chia & Hemp Seed, Agave Nectar \$10 small | \$12.99


- LCS ACAI BOWL** Açai, Almond Butter, Granola, Banana, Pineapple, Kiwi, Blueberries, Raspberries, Chia Seeds, Hemp Seeds, Coconut & Honey Agave Nectar \$10 small | \$12.99

## Sandwiches

- TURKEY CUBANO** Sliced Turkey, Swiss Cheese, Pickles, Mayo & Yellow Mustard pressed on Cuban Bread. Served with a fruit cup \$11
- CHICKEN OMG** Roasted Chicken, Bacon, Swiss Cheese, Avocado & Tomato pressed on cuban bread or focaccia bread. Served with a fruit cup \$16


- CRISPY CHICKEN** Crispy Chicken Tenders, Avocado, Alfalfa Sprouts, Tomato & a Spicy Aioli on a Toasted Whole Wheat Bun. Served with a fruit cup \$15

- THE TURKEY MELT** Oven roasted turkey, aged swiss cheese, tomatoes, spinach, garlic herb oil, on a homemade focaccia bread \$14

-  **BISTRO VEGGIE BURGER** Avocado, Sprouts, Tomatoes, & Spicy Aioli on a Whole Wheat Bun. Served with fruit cup \$16.95

## Tacos & More

-  **BLACKENED SHRIMP TACOS** Avocado, Crema, Cheese, Cabbage, served with chips & salsa (2) \$16

-  **VEGAN TACOS** Shiitake mushrooms, quinoa, guacamole, pico de gallo, cilantro and bean sprouts, served with chips & salsa \$11

- FISH TACOS** Fresh whitefish from the sushi bar, Cilantro, Lettuce, Tomato, Sriacha Aioli, Crema, Cheese, avocado, cabbage, served with chips and salsa (2) \$16

- CHICKEN TACOS** Cilantro, Lettuce Tomato, Sriacha Aioli, Crema, Cheese, avocado, cabbage, served with chips and salsa (2) \$12

- BLUE CHIPS WITH GUACAMOLE \$13.95**