



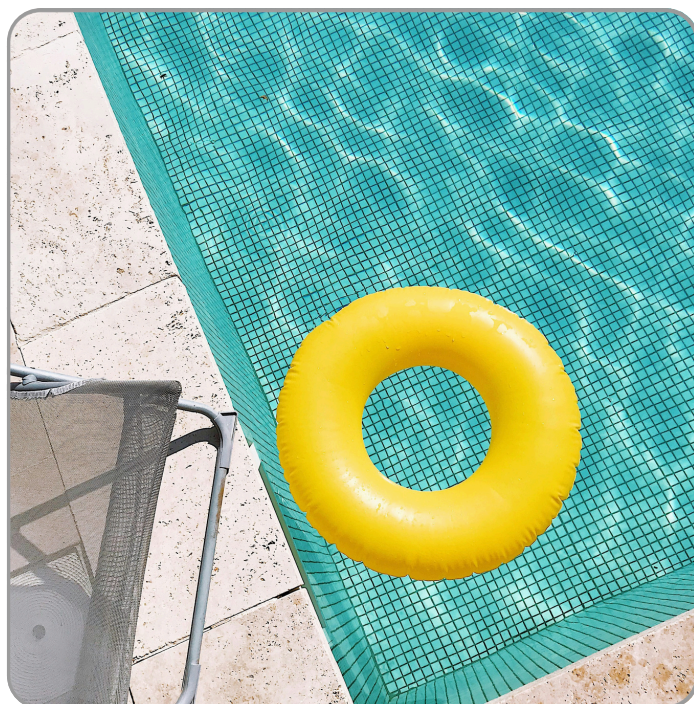
AMITY MEDICAL GROUP

MONTHLY NEWSLETTER

JULY

Hello Summer, Hello UV'S!

Hello summer and hello heat, the Charlotte heat is more intense than ever, which is why protecting your skin is so important to help prevent sunburn and long term skin damage. Using a broad spectrum SPF of at least 30 every day, even on cloudy days, can significantly reduce your risk of harmful UV exposure. In addition to sunscreen, wearing protective clothing such as wide brim hats and lightweight long sleeves, seeking shade when possible, and limiting direct sun exposure during peak hours between 10 AM and 4 PM are simple but effective ways to stay safe while enjoying the outdoors this summer.



Amity X AVANT BACK TO SCHOOL EVENT

WE WANT TO SEE YOU THERE!

In the upcoming month, we are excited to once again serve as sponsors of Charlotte Pride, where you can find us at the festival on August 15th and in the parade on August 16th. We are also looking forward to our Back to School event in partnership with Avant, which will include free health screenings, dental screenings, vaccines, a bouncy house, arts and crafts, giveaways, free food, and more. If you or someone you know is interested in a health screening or vaccine, please text "Backtoschool" to our secure line at 743-800-2015. We cannot wait to see you there and continue serving our community together

Upcoming Events

- ✦ AUGUST 15TH-16TH CHARLOTTE PRIDE!
- ✦ AUGUST 16TH COME SEE AMITY NN THE CHARLOTTE PRIDE PARADE!
- ✦ AUGUST 22ND - AMITY X AVANT BACK TO SCHOOL EVENT



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AMITY
MEDICAL
GROUP

X



AVANT

PHARMACY & WELLNESS CENTER

Back To School

EVENT!

AUGUST 22, 10AM-2PM

**9835 Monroe Road,
Charlotte, NC, 28270**

**FREE BACK TO SCHOOL SPORTS PHYSICALS, HEALTH
EDUCATION SESSIONS, VACCINES, DENTAL
SCREENINGS, ARTS AND CRAFTS, FREE FOOD,
RESOURCES, GAMES, GIVEAWAYS, A BOUNCY HOUSE
AND MORE! To register for a sports physical or
vaccine text "Backtoschool" 743-800-2015!**