



# April 2024 Life Enrichment

## Liberty Ridge Calendar of Events



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<b>EASTER</b>	<b>1</b> <b>APRIL FOOLS DAY</b> 10:00 Exercise video 10:40 Trivia 2:00 Exercise video <b>2:30 Shop Meijer</b> <b>6:15 Price Is Right</b>	<b>2</b> 9:30 Wellness Clinic 10:00 Empowerme Exe 10:30 Kings Corner 11:00 Bible History 2:00 Sittercise 2:30 Pampered Nails <b>4:00 Down Memory Lane w/ Chuck</b>	<b>3</b> 10:00 Rebecca's exer 10:40 Cards 2:00 Rebecca's exer 2:45 Topics & Tea <b>4:00 AJs walking group</b>	<b>4</b> 10:00 Metro fitness 10:30 Prayer Group 2:00 Sittercise <b>2:30 Harold Sherman music</b> 3:30 Cornhole	<b>5</b> 10:00 Chair fitness w/ Ashley 10:30 SkipBo 2:00 Zumba <b>2:30 Ice Cream Social</b> 3:00 Bingo	<b>6</b> 10:00 Chair fitness 10:30 Cards <b>11:00 AJs walking group</b> 2:30 Movie 6:00 Cards	
<b>7</b> 10:00 Heritage Church 2:00 Sittercise 2:30 Movie 6:00 Cards	<b>8</b> 10:00 Exercise video 10:30 Trivia 2:00 Exercise video 2:30 Cokes w/ Jokes <b>3:00 Book Share</b> <b>3:30 SOLAR ECLIPSE</b> <b>6:30 GH Dinner</b>	<b>9</b> 9:30 Wellness Clinic 10:00 Empowerme Exe <b>10:30 Lois Sing Along</b> 11: Bible History 2:00 Sittercise <b>2:30 Music Therapy w/ Zach</b> <b>3:00 Accessory Sale</b>	<b>10</b> 10:00 Rebecca's exer 10:40 Cards 2:00 Rebecca's exer 2:45 Topics & Tea <b>4:00 AJs walking group</b>	<b>11</b> 10:00 Metro fitness 10:30 Prayer Group 2:00 Sittercise <b>2:30 Trail Blazers Dancers</b> 3:30 Cornhole	<b>12</b> 10:00 Chair fitness w/ Ashley 10:30 SkipBo 2:00 Zumba <b>2:30 Ice Cream Social</b> 3:00 Bingo	<b>13</b> 10:00 Chair fitness 10:30 Bingo <b>11:00 AJs walking group</b> 2:30 Movie 6:00 Cards	
<b>14</b> 10:00 Heritage Church 2:00 Sittercise 2:30 Movie 6:00 Cards	<b>15</b> 10:00 Exercise video 10:30 Trivia <b>11:15 Ladies Lunch Gift Box Tea Room</b> 2:00 Exercise video 2:30 Pampered Nails <b>2:45 Shop Walmart</b> 3:00 Checkers / games	<b>16</b> 9:30 Wellness Clinic 10:00 Empowerme Exe 10:30 Kings Corner 11:00 Bible History 2:00 Sittercise <b>3:00 Wine Down preWednesday</b> <b>4:00 Back When We Were Kids w/ Chuck</b>	<b>17</b> 10:00 Rebecca's exer 10:40 Cards 2:00 Rebecca's exercise <b>2:45 Country Music Legends w/ Cos</b> <b>4:00 AJs walking group</b>	<b>18</b> 10:00 Metro fitness 10:30 Prayer Group 2:00 Sittercise <b>2:30 James Ford music</b> 3:30 Cornhole <b>6:15 Price Is Right</b>	<b>19</b> 10:00 Chair fitness w/ Ashley <b>10:40 Fizz Facial Bar/ Spa outing &amp; 11:20 &amp; 12:00 time frame</b> 10:30 SkipBo 2:00 Zumba <b>2:30 Ice Cream Social</b> 3:00 Bingo	<b>20</b> 10:00 Chair fitness 10:30 Cards <b>11:00 AJs walking group</b> 2:30 Movie 6:00 Cards	
<b>21</b> 10:00 Heritage Church 2:00 Sittercise 2:30 Movie 6:00 Cards	<b>22</b> 10:00 Exercise video 10:30 Trivia 2:00 Exercise video 2:30 Oak Street Health Family Feud	<b>23</b> 9:30 Wellness Clinic 10:00 Empowerme Exe 10:30 <b>Lois Sing Along</b> 11:00 Bible History 2:00 Sittercise 2:30 Cokes w/ Jokes	<b>24</b> 10:00 Rebecca's exe 10:40 Cards 2:00 Rebecca's exer <b>2:45 Trivia w/ Cos</b> <b>4:00 AJs walking group</b>	<b>25</b> <b>Men's Breakfast First Watch -Hamburg</b> 10:00 Metro fitness 10:30 Prayer Group <b>2:00 Chair Dancing</b> <b>2:30 Music w/ Millie Birthday Bash</b> 3:30 Cornhole	<b>26</b> 10:00 Chair fitness w/ Ashley 10:30 SkipBo 2:00 Zumba <b>2:30 Ice Cream Social</b> 3:00 Bingo	<b>27</b> 10:00 Chair fitness 10:30 Bingo <b>11:00 AJs walking group</b> 2:30 Movie 6:00 Cards	
<b>28</b> 10:00 Heritage Church 2:00 Sittercise 2:30 Movie 6:00 Cards	<b>29</b> 10:00 Exercise vid 10:30 Trivia 2:00 Exercise video 2:30 Fun w/ Words 3:00 Checkers / games <b>4:15 Dinner Out Red Lobster</b>	<b>30</b> 9:30 Wellness Clinic 10:00 Empowerme Exe 10:30 Kings Corner 11:00 Bible History 2:00 Sittercise 2:30 Pampered Nails 3:00 Topics & Tea				<b>Rita Troendley 4/7</b> <b>Kathy Drummond 4/9</b> <b>Nancy Parker 4/10</b> <b>David Dengler 4/11</b> <b>Glenna Herald 4/11</b> <b>David Ammerman 4/12</b> <b>Viola Stivers 4/14</b>	<b>Tabitha Arvin 4/16</b> <b>Juanita Patrick 4/19</b> <b>Pat Covington 4/20</b> <b>Jeannine Buckley 4/21</b> <b>Libby Iverson 4/30</b>