

What's On At Gorton Central

**For more info or to subscribe to our e-mail newsletter contact
info@hmhc.co.uk or 0161 222 3633.**



For any room hire enquiries please contact info@hmhc.co.uk.

| | |
|---------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>Monday Ageing Well</p> | <p>10 - 11 am: Tai Chi. Drop in. £3.</p> <p>10am - 1pm: Welfare advice. Advice in Urdu, Hindi, Punjabi available. Appointment only. Contact 07593444128 to book.</p> <p>1 - 3pm: Gorton Together Heritage project. Drop-in sessions with refreshments, activities, and information. Free.</p> <p>1 - 3pm: Digital Skills. Drop-in sessions to provide help, support, and information with digital skills. Free.</p> |
| <p>Tuesday Learning Well</p> | <p>10am - 12.30pm Angels Of Hope Women's Yoga. Every other Tuesday (30th June, 14th July, 28th July, 11th August).</p> <p>10am - 4pm Irish Community Care, drop-in financial advice session for over 65s, every other Tuesday (30th June, 14th July)</p> <p>1 - 3 pm: Garden Sessions. Join Sow the City and learn more about gardening in our award winning community garden.</p> <p>Adult learning provision: email info@hmhc.co.uk for course dates.</p> |
| <p>Wednesday Working Well Together</p> | <p>11 am - 12 pm: Walking Group. Meet at the centre and have a local walk with a friendly group, just turn up. Free.</p> <p>3:30 - 5 pm: Gorton Youth Sketchbook Club with Creative City CIC. For 11 - 16 year olds. Contact 07496084487 to book on. Term-time only.</p> |
| <p>Thursday Living Well</p> | <p>10am-12pm Home from HOME. Women's art group. Alternate Thursdays. Free</p> <p>1.30 - 4.00pm: Citizens Advice. Video drop in. Free.</p> <p>1 - 3.00pm: Gorton Community Grocer: Low-cost weekly shop for Gorton residents. £2.</p> |
| <p>Friday Empower & Engage</p> | <p>10 am - 12 pm: Across Ummah Food Club. Low-cost shop, no area restrictions, no appointment needed. £2.50.</p> <p>10.00 am - 12:30 pm: Angels Of Hope Women's Coffee Morning. Come along for a hot drink, chat and access wider support. Free.</p> |