



“ The message is clear. Research needs to be inclusive, people-centred and must reach diverse and under-served populations... ”

*Sarah Fallon,  
Network Operations Director, NIHR  
Research Delivery Network*

## WHY WORK WITH US?

- Situated in a busy community centre in the heart of Gorton
- Staff and volunteers experienced in working with researchers
- Beautiful rooms with natural light
- Free tea and coffee as standard
- Use of individual kitchen attached to each room
- Access to Signposting and Referral resources for participants
- Close to local food options for lunch (or we can order in for you)
- Free local parking and we are next to the Yellow Brick Road cycle route
- Working with us supports our mission to reduce health inequalities

Healthy Me Healthy Communities CiC  
Gorton Central, Highmead Street, Gorton, Manchester M18 8PE

T: 0161 222 3633  
E: [info@hmhc.co.uk](mailto:info@hmhc.co.uk)  
[www.hmhc.co.uk](http://www.hmhc.co.uk)



## RESEARCH PACKAGES



### Connect

We will support your recruitment by:

- displaying and distributing recruitment materials at Gorton Central prior to research activity.
- distributing recruitment materials via our mailing lists (1000+ people) and social media.

If you require HMHC to manage recruitment and attendance, please check out our Engage package.

### Engage

- We will target recruitment to communities underserved by research through our networks and partnerships.
- We will recruit, manage, and support participants to attend your research.

#### This includes:

Room hire plus light refreshments  
(1 day/15 people)

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HMHC holding and distributing participant fees

**£295 (no VAT)\***

**£595 (no VAT)\***

\* price is per workshop

**For all research enquiries, please email [kate@hmhc.co.uk](mailto:kate@hmhc.co.uk)**

**“** The HMHC team at Gorton Central played an essential role in helping me recruit participants and provided a warm, welcoming space for the research process. I consistently recommend the team at Gorton Central to colleagues seeking to collaborate with an organisation that is genuinely dedicated to the community it serves. **”**

*Dr Victoria Woof,  
 Research Associate at School of Health Science, the University of Manchester*

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