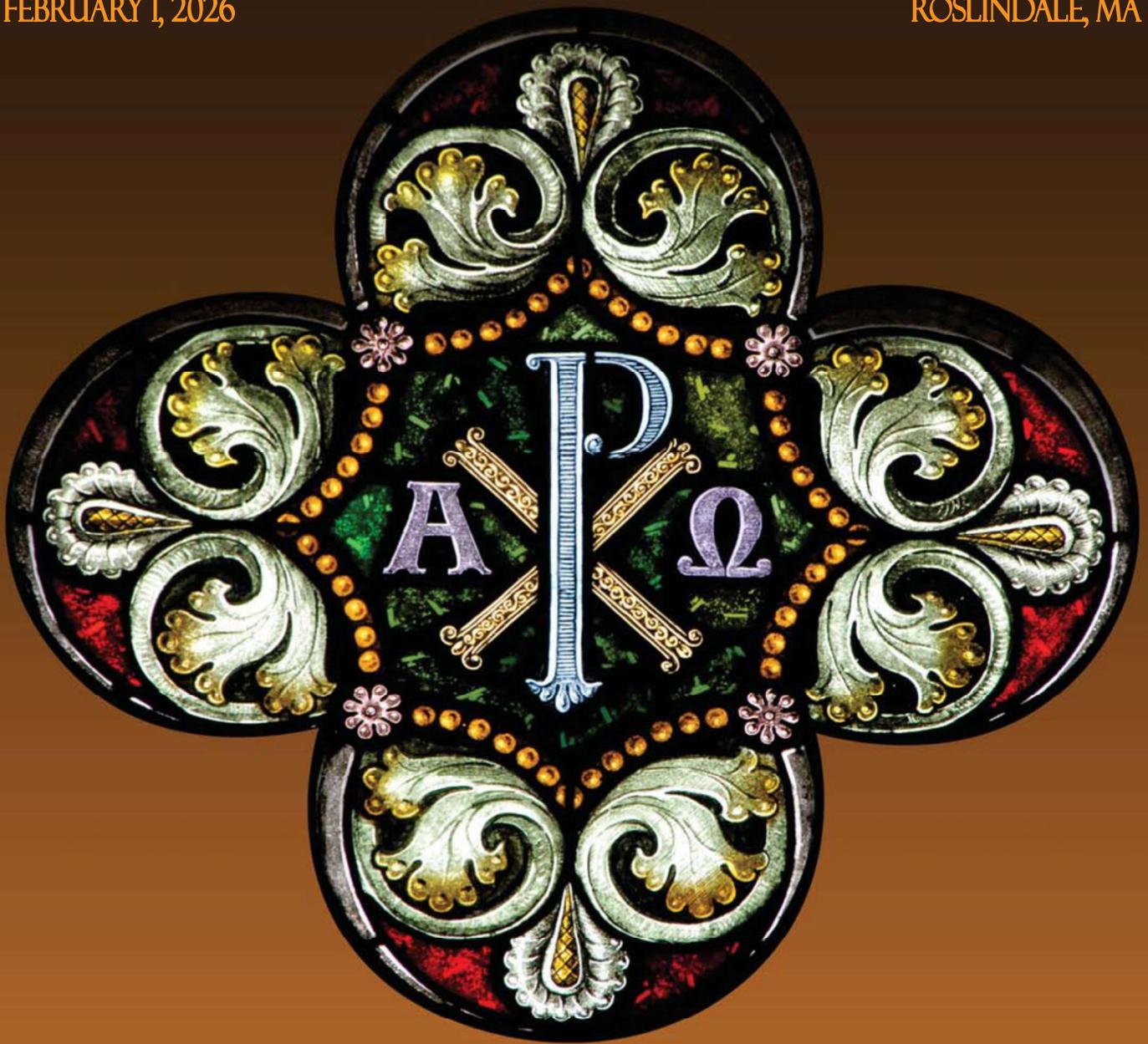


FEBRUARY 1, 2026

ROSLINDALE, MA



*"Blessed are they who hunger and thirst for righteousness,  
for they will be satisfied. Blessed are the merciful, for they  
will be shown mercy." Matthew 5:6-7*

SACRED HEART PARISH

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## ✠ From the Pastor's Desk

Dear Parishioners of Sacred Heart,

Recently I spent a few days away from the parish for my annual retreat. It is a requirement of all priests to get away for a period of spiritual renewal and it can many formats. Some will take the option like Father Succes will do for a few days in February to attend a preached retreat with dozens of fellow priests from Boston. Each day they will hear reflections from spiritual guide to help them in their relationship with the Lord. As in the past several years I have taken a private retreat with two of my best friends who are priests from other dioceses; Fr. John Murray from Fall River and Fr. Bill Labbe from Portland, Maine. Much of the week was spent in silence. Along with our time of private prayer we designed our own schedule of daily Mass, holy hour and time to discuss a powerful book.

This year we read "From the Depths of Our Hearts: Priesthood, Celibacy and the Crisis of the Catholic Church" by Pope Benedict XVI and Robert Cardinal Sarah. The insights and reflections by these two genuinely holy and theologically astute men truly gave us much to ponder. We all arrived back at our parishes truly grateful that the Lord has called us to "stand in His presence and minister to (Him)."

God Bless!

*Father Clary*

## Del Escritorio del Párroco ✠

Queridos Parroquianos del Sagrado Corazón,

Recientemente pasé unos días fuera de la parroquia para mi retiro anual. Es un requisito para todos los sacerdotes tomarse un tiempo para la renovación espiritual, y esto puede hacerse de diversas maneras. Algunos optan, como el Padre Succes lo hará durante unos días en febrero, por asistir a un retiro predicado con decenas de sacerdotes de Boston. Cada día escucharán reflexiones de un guía espiritual para ayudarlos en su relación con el Señor. Como en años anteriores, realicé un retiro privado con dos de mis mejores amigos, sacerdotes de otras diócesis: el Padre John Murray de Fall River y el Padre Bill Labbe de Portland, Maine. Gran parte de la semana la pasamos en silencio. Además de nuestro tiempo de oración personal, organizamos nuestro propio horario con Misa diaria, hora santa y tiempo para reflexionar sobre un libro importante.

Este año leímos «Desde lo más profundo de nuestros corazones: Sacerdocio, celibato y la crisis de la Iglesia Católica», de Benedicto XVI y el Cardenal Robert Sarah. Las ideas y reflexiones de estos dos hombres verdaderamente santos y teológicamente perspicaces nos dieron mucho en qué pensar. Todos regresamos a nuestras parroquias profundamente agradecidos de que el Señor nos haya llamado a «estar en su presencia y servirle».

¡Que Dios los Bendiga!

*Padre Clary*



### WORLD DAY OF PRAYER FOR CONSECRATED LIFE FEBRUARY 2

In 1997, Pope Saint John Paul II instituted a day of prayer for women and men in consecrated life. This celebration is attached to the Feast of the Presentation of the Lord on February 2nd. This Feast is also known as Candlemas Day; the day on which candles are blessed symbolizing Christ who is the light of the world. So too, those in consecrated life are called to reflect the light of Jesus Christ to all peoples. The celebration of World Day for Consecrated Life is transferred to the following Sunday in order to highlight the gift of consecrated persons for the whole Church.

Please pray for all those who have made commitments in the consecrated life, and be sure to thank them on their special day. May they continue to be inspired by Jesus Christ and respond generously to God's gift of their vocation.

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### JORNADA MUNDIAL DE LA VIDA CONSAGRADA 2 DE FEBRERO

En 1997, San Juan Pablo II estableció un día de oración para hombres y mujeres en la vida consagrada. Esta celebración se realiza junto a la Fiesta de la Presentación del Señor el 2 de febrero. A esta fiesta también se le conoce como el Día de la Candelaria, en el cual se bendicen las velas para simbolizar a Cristo quien es la luz del mundo. Así también, aquellos en la vida consagrada están llamados a reflejar la luz de Jesucristo a todos los pueblos. La celebración de la Jornada Mundial de la Vida Consagrada se transfiere al siguiente domingo para destacar el don de personas consagradas a toda la iglesia.

¡Por favor, ora por todos los que han asumido compromisos en la vida consagrada y agrádeceles en su día especial!

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**Sacred Heart Parish Health Ministry**

The next blood pressure screening is scheduled for Sunday, February 1<sup>st</sup> at 11am in the Lower Church. Meeting of the Health Ministry to follow at 12pm also in the Lower Church.

For more information e-mail the group at [shphealthministry@gmail.com](mailto:shphealthministry@gmail.com).



**TALLER DE ORACIÓN Y VIDA DE PADRE IGNACIO LARRAÑAGA.**

Aprender a orar para aprender a vivir. Metodo práctico de oración con una presentación más vibrante y active de Jesús.

Basado en la Biblia y con Cristo como centro. Servicio laical. Taller liberador, sanador y promoción de los valores del Evangelio.

**Inicio:** miércoles, 21 de enero de 6:30 a 8:00 pm  
**Lugar:** La Biblioteca en la Oficina de la Iglesia  
**Contacto:** Norma Garcia 617-645-7213  
 Puedes enviar un texto.

¡Jesus te espera!

**WORD & DEED**

~James Gaffney  
 © Pilot Bulletins

Some people go to great lengths to try and feel spiritual. Once they begin to believe in God, they feel a need to do something, to act so that the newfound faith will be more real. Whatever path they find, spirituality almost always calls for action.

Jesus does not present God as an abstract concept, nor does He preach a faith that is simply a new way of thinking. The call to the Kingdom of God is one of holiness, a way of life that reflects the creative and loving power of God. The Beatitudes allow us to express the glory of God in everyday situations.

How do you live the Beatitudes? Review the Spiritual and Corporal works of mercy: feed the hungry, console the sorrowing, bury the dead, clothe the naked, instruct the ignorant. We live our lives so that others will experience the goodness of the Lord in and through us. Feeling spiritual is not far away; it's as close as our family and neighbors and friends.

\*\*\*\*\*

Algunas personas se esfuerzan mucho por experimentar la espiritualidad. Una vez que empiezan a creer en Dios, sienten la necesidad de hacer algo, de actuar para que su fe recién descubierta sea más real. Cualquiera que sea el camino que elijan, la espiritualidad casi siempre exige acción.

Jesús no presenta a Dios como un concepto abstracto, ni predica una fe que sea simplemente una nueva forma de pensar. El llamado al Reino de Dios es un llamado a la santidad, a una forma de vida que refleje el poder creador y amoroso de Dios. Las Bienaventuranzas nos permiten expresar la gloria de Dios en las situaciones cotidianas.

¿Cómo vives las Bienaventuranzas? Repasa las obras de misericordia espirituales y corporales: alimentar al hambriento, consolar al afligido, enterrar a los muertos, vestir al desnudo, instruir al ignorante. Vivimos nuestras vidas para que otros experimenten la bondad del Señor en y a través de nosotros. Sentir la espiritualidad no está lejos; está tan cerca como nuestra familia, nuestros vecinos y nuestros amigos.

*Creator of all,  
 look down upon your people in their moments of need,  
 for you alone are the source of our peace. - Roman Rite*

BLESSED ARE THE POOR IN SPIRIT FOR THEIRS IS THE KINGDOM OF HEAVEN	BLESSED ARE THEY WHO MOURN FOR THEY WILL BE COMFORTED	BLESSED ARE THE MEEK FOR THEY WILL INHERIT THE LAND
BLESSED ARE THEY WHO HUNGER AND THIRST FOR RIGHTEOUSNESS FOR THEY WILL BE SATISFIED	BLESSED ARE THE MERCIFUL FOR THEY WILL BE SHOWN MERCY	BLESSED ARE THE CLEAN OF HEART FOR THEY WILL SEE GOD
BLESSED ARE THE PEACEMAKERS FOR THEY WILL BE CALLED CHILDREN OF GOD	BLESSED ARE THEY WHO ARE PERSECUTED FOR THE SAKE OF RIGHTEOUSNESS FOR THEIRS IS THE KINGDOM OF HEAVEN	BLESSED ARE YOU WHEN THEY INSULT YOU AND PERSECUTE YOU AND UTTER EVERY KIND OF EVIL AGAINST YOU BECAUSE OF ME REJOICE AND BE GLAD FOR YOUR REWARD WILL BE GREAT IN HEAVEN THUS THEY PERSECUTED THE PROPHETS WHO WERE BEFORE YOU

**Save the Date**

**Limpieza de la Iglesia**

**CHURCH CLEANING**  
 WE COULD USE YOUR HELP...

March 28<sup>th</sup>  
 From 9am to 3pm

**More details to follow.**

*Easter Cleaning!*  
*¡Limpieza para la Pascua!*

28 de marzo de 9 am hasta 3 pm



**BLESSING OF THE THROAT**

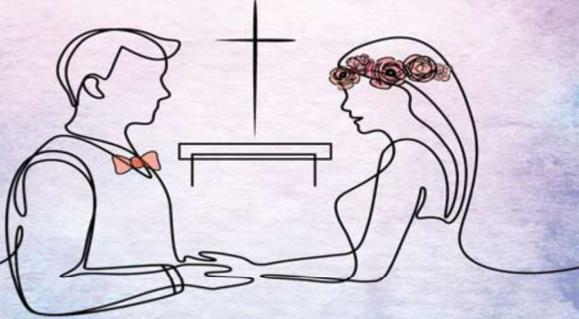
There will be a general blessing of throats to conclude all Masses this weekend honor of the Feast of Saint Blase which is celebrated on February 3rd. Priests and liturgical ministers will be available following Mass for individual blessings.

**BENDICIÓN DE LA GARGANTA**

Este fin de semana, al finalizar todas las misas, se impartirá una bendición general de las gargantas en honor a la festividad de San Blas, que se celebra el 3 de febrero. Los sacerdotes y ministros litúrgicos estarán disponibles después de la misa para impartir bendiciones individuales.



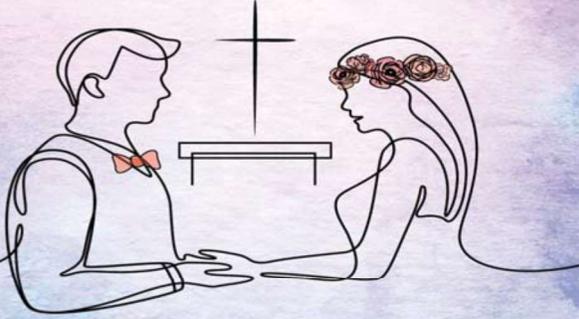
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MARRIAGE IS WORTH IT! • EVERY FEB 7-14



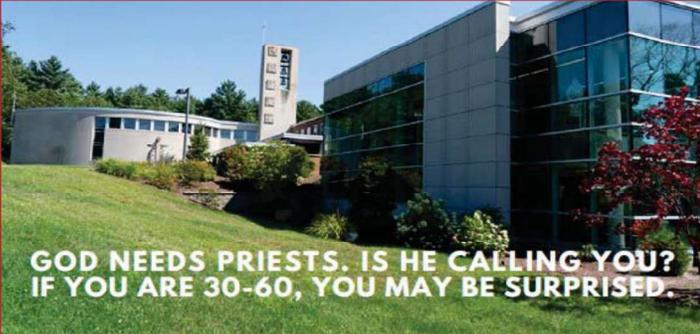
*to have, to hold, to honor*



**Semana Nacional del Matrimonio**  
¡EL MATRIMONIO VALE LA PENA! • CADA FEB 7-14



*Recibir, prometer, respetar*



**GOD NEEDS PRIESTS. IS HE CALLING YOU?  
IF YOU ARE 30-60, YOU MAY BE SURPRISED.**

**FIRST FRIDAY VISIT**

February 6

5:00 PM EST

**Pope St. John XXIII National Seminary**

**HOLY HOUR AND EVENING PRAYER**

**In-Person Visit:** Includes Dinner with seminarians and tour of the Seminary

**Register:** Contact Msgr. William Fay  
781-899-5500 ext. 134  
firstfriday@psjs.edu

**Virtual Visit:** Live-stream Holy Hour followed by a Zoom visit (Zoom link provided at registration)



POPE ST. JOHN XXIII NATIONAL SEMINARY | 558 SOUTH AVE, WESTON, MA | 781-899-5500




**LET US PRAY FOR THOSE WE KNOW AND LOVE WHO SHARE IN CHRIST'S SUFFERING THROUGH ILLNESS:**  
Martina Aguguo - Lucy Algere Knox - Yaritza Baerga - Danielle Broderick - Francisca Cruz - Tara Daniels - Christine Carroll - Kathleen McKeown - Gabriela Gonzalez - James Gordon - Kathy Hardiman - Chet Havey - Richard Fraser - Andres Hernandez - Ileana Thompson - Anthony Iarrobino - Christopher Keegan - Carmine Lavoie - Robert Lynch - Barbara McAweeney - Jennifer McGoldrick - Helen Kearns - Maffie - Bridget Mulkerrin - Rhonda Owens - Jahaidy Nova - Marie Poledo - Monica Santiago - Evelyn Shanahan - Midge Whelan - Jason Lamb - David Rosario - Elaido Orozco - **May Christ heal all their ills.**




**Let us pray for those who have served and are serving in our armed forces, that their suffering and service lead to a peace-filled world, especially for our parishioners:**  
Samantha Stuke, Chad Courville, O'Neil Joseph, John E. Lee, III, Billie O'Brien, Brian Gillis, Isaac Buck, and Alex Alcántara.  
*May Christ protect them and bring them back home safely.*



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Thank you for your support!



**ADORATION OF THE BLESSED SACRAMENT**  
*Thursdays from 6:00 pm—8:30 pm*  
*Every 1<sup>st</sup> Thursday of the month from 9:00 am to 8:30 pm*

Come join us in adoring our Lord in the Blessed Sacrament every Thursday in the lower church.  
\*\*\*\*\*

**ADORACIÓN AL SANTÍSIMO SACRAMENTO**  
*De 6:00 pm—8:30 pm los Jueves*  
*Cada 1<sup>er</sup> jueves del mes de 9:00 am a 8:30 pm.*

Vengan a adorar al Señor en el Santísimo Sacramento todos los jueves en la iglesia de abajo.

READINGS, SAINTS, OBSERVANCES 2026	
<b>SUNDAY</b> Feb 1	<b>4th Sunday in Ordinary Time</b> Zep 2:3; 3:12-13/Ps 146:6-7, 8-9, 9-10/1 Cor 1:26-31/ Mt 5:1-12a
<b>MONDAY</b> Feb 2	<b>The Presentation of the Lord</b> Mal 3:1-4/Ps 24:7, 8, 9, 10/Heb 2:14-18/Lk 2:22-40 or 2:22-32
<b>TUESDAY</b> Feb 3	<b>Saint Blaise, Bishop and Martyr; Saint Ansgar, Bishop</b> 2 Sm 18:9-10, 14b, 24-25a, 30—19:3/Ps 86:1-2, 3-4, 5-6/Mk 5:21-43
<b>WEDNESDAY</b> Feb 4	2 Sm 24:2, 9-17/Ps 32:1-2, 5, 6, 7/Mk 6:1-6
<b>THURSDAY</b> Feb 5	<b>Saint Agatha, Virgin and Martyr</b> 1 Kgs 2:1-4, 10-12/1 Chron 29:10, 11ab, 11d-12a, 12bcd/Mk 6:7-13
<b>FRIDAY</b> Feb 6	<b>Saint Paul Miki and Companions, Martyrs</b> Sir 47:2-11/Ps 18:31, 47 and 50, 51/Mk 6:14-29
<b>SATURDAY</b> Feb 7	1 Kgs 3:4-13/Ps 119:9, 10, 11, 12, 13, 14/Mk 6:30-34
<b>SUNDAY</b> Feb 8	<b>5th Sunday in Ordinary Time</b> Is 58:7-10/Ps 112:4-5, 6-7, 8-9/1 Cor 2:1-5/Mt 5:13-16

Pilot Bulletins

Parish Finances & Stewardship			
Sacred Heart Parish, Roslindale, MA			
	NOVEMBER	NOVEMBER	NOVEMBER
Week	2023	2024	2025
1	8098	7502	10228
2	6410	6809	8003
3	6807	7520	12364
4	6113	6736	6601
5	N/A	N/A	7407
(includes Mass offertory and electronic giving via WeShare: <a href="https://www.wesharegiving.org/app/giving/weshare-20000224?tab=home">https://www.wesharegiving.org/app/giving/weshare-20000224?tab=home</a> )			
Sunday Parish Tithes for November 2025(3% of offertory)			
Hurricane Melissa Relief			\$ 2,190
Home for Our Troops			\$ 268
Retired Religious Sisters			\$ 3,715
Massachusetts Citizens for Life			\$ 268

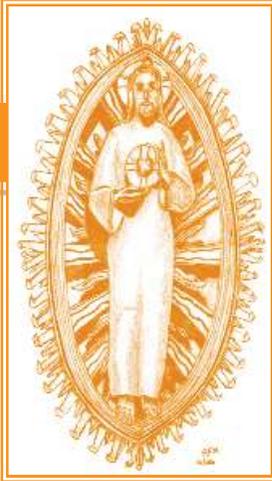
Offertory	12/07	12/14	12/21	12/28	01/04
<b>Sunday Offertory</b>	\$4,663	\$6,238	\$4,977	\$4,918	\$4,728
<b>We Share Donations</b>	\$5,204	\$1,460	\$1,615	\$1,495	\$5,894
<b>One Time Donation</b>	\$30	\$50	\$50	\$255	\$75
<b>Other Offertory</b>	\$1,582		\$5,951		\$4,728
<b>TOTAL</b>	\$11,479	\$7,748	\$12,593	\$6,668	\$13,696

Total budget average weekly expenses for 2025-2026: \$15,413

2ND COLLECTION/HOLY DAY OFFERING 2026	
01/01/26	Solemnity of the Immaculate Conception
01/25/26	Church in Latin America (Second Collection)
02/08/26	Utilities & Energy Costs (Second Collection)
02/18/26	Catholic Charities // Ash Wednesday Collection
02/22/26	Support of the Church Around the World (2nd Coll)
03/08/26	Annual Catholic Appeal (Second Collection)
03/01/26	Easter Flowers (Second Collection)
04/03/26	Holy Land Shrines // Good Friday
04/05/26	Easter Collection/Clergy Benefit Trust
05/14/26	Solemnity of the Ascension of the Lord
05/24/26	Seminarians (Second Collection)
06/21/26	Promoting the Gospel (Second Collection)
07/12/26	Holy Father & Apostolic Work (Second Collection)
08/15/26	Assumption of the Blessed Virgin Mary
09/13/26	CCD Collection (Second Collection)
09/20/26	Clergy Benefit Trust (Second Collection)
10/18/26	World Mission Sunday (Second Collection)

## Mass Intentions

SACRED HEART WEEKLY MASSES		
<b>SATURDAY, January 31</b>		
8:30 am	Ehiosu & Dr. Osaretin	<i>Birthday</i>
4:00 pm	Joseph Connell	<i>Anniversary</i>
7:00 pm	Souls in Purgatory	
<b>SUNDAY, February 1</b>		
8:00 am	Jawaun Arthur Burke	<i>Memorial</i>
10:00 am	Sacred Heart Parish	
12:00 pm	Rafael Jimenez Martinez	<i>Memorial</i>
5:15 pm	Frank M. & Vincenzo Scala	<i>Memorial</i>
<b>MONDAY, February 2</b>		
8:30 am	Rebecca Chukwu	<i>Anniversary</i>
<b>TUESDAY, February 3</b>		
8:30 am	Marie Martin	<i>Memorial</i>
<b>WEDNESDAY, February 4</b>		
8:30 am	Michael Cronin	<i>Memorial</i>
7:00 pm	Weekday Mass: <i>No Intention</i>	
<b>THURSDAY, February 5</b>		
8:30 am	Souls in Purgatory, Esp. the Velasquez & Restrepo Families	
<b>FRIDAY, February 6</b>		
8:30 am	Armando, Alba, David & Annelise	<i>Special Intention</i>
<b>SATURDAY, February 7</b>		
8:30 am	Weekday Mass: <i>No Intention</i>	
4:00 pm	Carmen Knox	<i>Memorial</i>
7:00 pm	Sunday Mass: <i>No Intention</i>	
<b>SUNDAY, February 8</b>		
8:00 am	Sacred Heart Parish	
10:00 am	Osahon & Nosa	<i>Birthday</i>
12:00 pm	Rafael Jimenez Martinez	<i>Memorial</i>
5:15 pm	Sunday Mass: <i>No Intention</i>	



# The Parish of Sacred Heart

169 Cummins Highway  
Roslindale, MA 02131

Tel: 617-325-3322 Fax: 617-325-2145

Web page: [www.sh-roslindale.org](http://www.sh-roslindale.org) E-mail: [sacredheartparish@sh-roslindale.org](mailto:sacredheartparish@sh-roslindale.org)

Twitter: [https://twitter.com/SacredHeart\\_ros](https://twitter.com/SacredHeart_ros)

Instagram: [https://www.instagram.com/sacredheart\\_ros/](https://www.instagram.com/sacredheart_ros/)

Facebook: <https://www.facebook.com/SacredHeartRos>

## MISSION STATEMENT

*As a united family in Christ, our parish has its roots in the Sacred Heart of Jesus. Our diverse parish welcomes all with open arms to celebrate our faith with love, joy, and compassion. Through prayer we strive to work humbly with a great acceptance and understanding of our neighbors and how best to serve those in need. Guided by the Holy Spirit we pray to grow together and live charitably by the Lord's teachings.*

## Parish Resources

**Rev. Brian M. Clary, Pastor**  
**Rev. Succes Jeanty, Parochial Vicar**

Rev. Paulinus Nweke, In Residence

*Parish Secretaries:* Maggie Laboy  
Susan Carroll

### Sunday Masses:

Saturday Eve (Vigil): 4:00 pm in English & 7:00 pm Spanish  
Sunday: 8:00 AM, 10:00 am, and 5:15 pm in English  
12:00 pm in Spanish

### Weekday Masses

Monday through Saturday: 8:30 am in English  
Every 4<sup>th</sup> Tuesday & Wednesdays at 7:00 pm in Spanish

### Penance:

Friday after the 8:30 am Mass, Saturday at 3:00 pm  
and by appointment

**Baptism:** Call Rectory for arrangements.

### Marriage:

Call Rectory to speak with one of the priests at least  
6 months before the marriage.

**Rectory Office:** 617-325-3322  
**Fax:** 617-325-2145

### Sacred Heart STEM School:

Mrs. Caitlin Sullivan, Principal  
1035 Canterbury St, Roslindale 02131

Office: 617-323-2500 Fax: 617-325-7151

Tuition: 617-325-0229

After School Program: 617-325-3656

[www.SacredHeart-Boston.org](http://www.SacredHeart-Boston.org)

## The Week Ahead Activities

### SATURDAY, January 31

Religious Ed/CCD (Spanish) 11:30 am School  
Confessions 3:00 pm Lower Church

### SUNDAY, February 1

Adult English Choir Rehearsal 9:30 am Upper Church  
Blood Pressure Screening 9:45 am Lower Church  
Parish Health Ministry Meeting 12:00 pm Lower Church  
Clases para Adultos (RICA) 10:30 pm Murray Room  
Religious Ed/CCD (English) 11:30 am School  
Spanish Coffee 1:30 pm Murray Room

### MONDAY, February 2

Parish Pastoral Council Meeting 6:30 pm Murray Room

### TUESDAY, February 3

Spanish Prayer Group 6:00 pm Lower Church  
OCIA Adult Classes 5:30 pm Office Library

### WEDNESDAY, February 4

Youth Choir Practice 6:00 pm Murray Room  
Taller de Oracion y Vida 6:30 pm Office Library

### THURSDAY, February 5 **All Day Adoration.**

Adoration of the Blessed Sacrament 9:00 am Lower Church  
Spanish Prayer Group Meeting 6:45 pm Murray Room

### FRIDAY, February 6

Spanish Choir Children & Adult Practice 6:00 am Murray Room

### SATURDAY, February 7

Religious Ed/CCD (Spanish) 11:30 am School  
Baptism Class (Spanish) 12:00 pm Murray Room  
Confessions 3:00 pm Lower Church

### SUNDAY, February 8

Adult English Choir Rehearsal 9:30 am Upper Church  
Clases para Adultos (RICA) 10:30 pm Murray Room  
Religious Ed/CCD (English) 11:30 am School  
Spanish Coffee 1:30 pm Murray Room

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# P.E. Murray ~ F.J. Higgins

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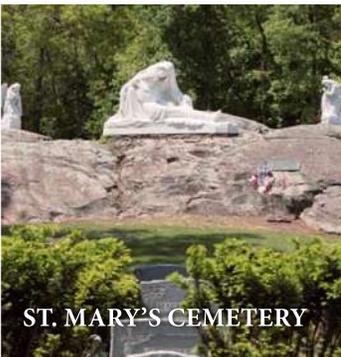

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