

MATC Class Schedule 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
Homeschool			12:10-1:00 pm MA		12:00-1:00 pm sparring
After School	3:00-4:00 pm MA	3:00-4:00 pm BJJ	3:00-4:00 pm MA	3:00-4:00 pm BJJ	3:00-4:00 pm sparring
Little Ninjas	4:30-5:15 pm		4:30-5:15 pm		4:30-5:15 pm
Pre Ninjas		4:30-5:00 pm		4:30-5:00 pm	
White Belt	5:20-6:00 pm		5:20-6:00 pm		
Kids	6:10-7:00 pm MA	5:10-6:10 pm BJJ	6:10-7:00 pm MA	5:10-6:10 pm BJJ	5:20-6:10 pm sparring
Leadership Team		6:10-6:25 pm	5:20-6:00 pm		
Teen/Adult	7:10-8:10 pm MA	6:30-7:30 pm beginner/ fundamentals BJJ	6:10-7:00 pm MA	6:20-7:00 beginner/ fundamentals BJJ	6:15-7:15 sparring
		6:30-8:00 intermediate BJJ	7:10-8:00 pm fundamentals BJJ	7:10-8:10 intermediate BJJ	

Schedule begins Wednesday, January 3

MA-martial arts

BJJ-Brazilian Jiu Jitsu