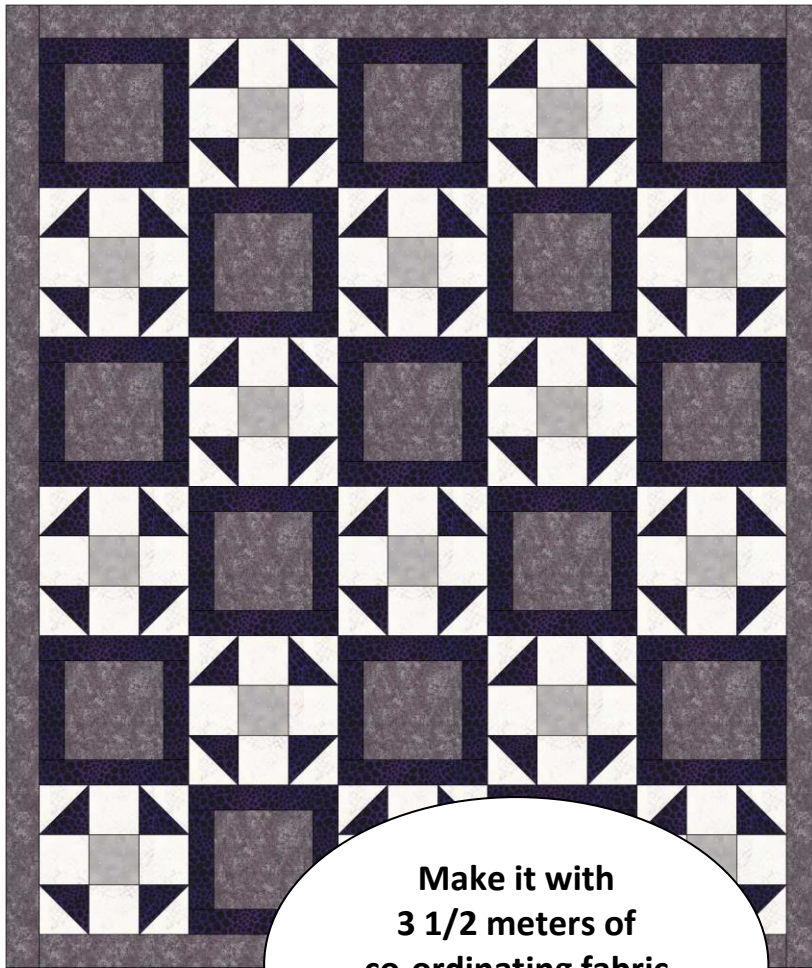


Shoo Fly & squares Quilt

49" x 58"



Make it with
3 1/2 meters of
co-ordinating fabric
Plus 3 1/2 m for
backing

Materials List

- 1m background fabric
- 3 Co-ordinating fabrics – 1m of dark, medium and 1/2m light includes border and binding
- 3 1/2 meters for backing
- Wadding 62" x 78" minimum
- Sewing thread to match fabric



For scrappy quilt see requirement list

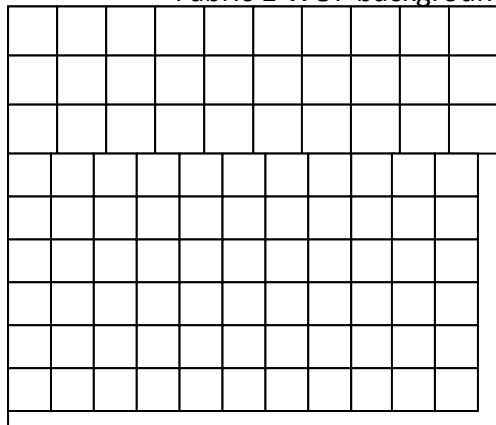
Cutting instructions:

WOF = Width of fabric (selvedge to selvedge)

Firstly iron any creases out of your fabric.

For cutting meters of fabric the WOF, I would suggest using the largest cutting mat you have ideally A2 size (24" x 18") so you can fold the fabric selvedge to selvedge and it will sit easily on your mat. Using your 24" x 6" ruler, you can easily cut the strips then with a 12" x 6" ruler or similar you can sub cut the strips into the desired sizes. Always square off the top edge first or the first strip will be wonky or miss-sized.

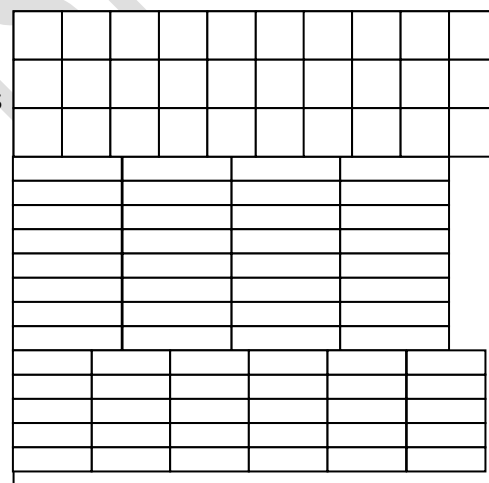
Fabric 1 WOF background



3 strips @ 3 7/8" sub cut into 30 @ 3 7/8" squares

6 strips @ 3 1/2" sub cut into 60 @ 3 1/2" squares

Fabric 2 WOF

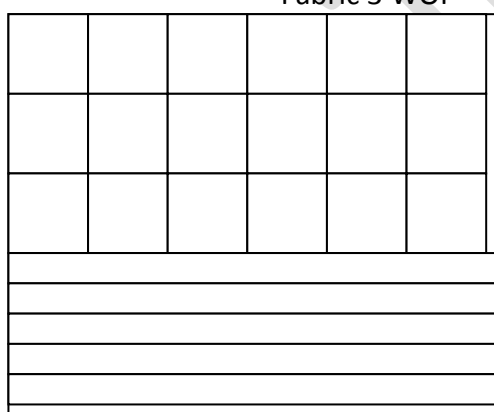


Fabric 2 - 3 strips @ 3 7/8" sub cut into 30 @ 3 7/8" squares

8 strips @ 2" sub cut into 30 @ 9 1/2" x 2" rectangles

5 strips @ 2" sub cut into 30 @ 6 1/2" x 2" rectangles

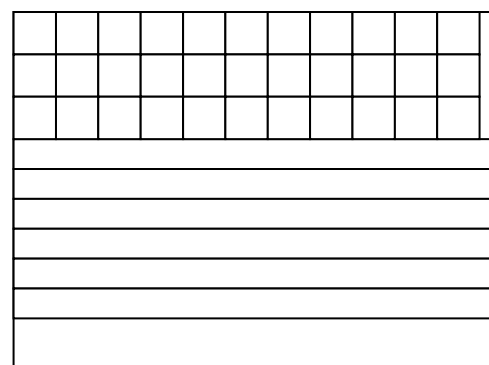
Fabric 3 WOF



Fabric 3 - 3 strips @ 6 1/2" sub cut into 15 @ 6 1/2" squares

5 Strips @ 2 1/2" for border

Fabric 4 WOF



Fabric 4

3 strips @ 3 1/2" sub cut into 15 @ 3 1/2" squares

5 Strips @ 2 1/2" for binding

Requirements:

30 @ 3 7/8" squares – fabric 1 background

60 @ 3 1/2" squares – fabric 1 background

30 @ 3 7/8" squares – fabric 2

30 @ 9 1/2" x 2" rectangles – Fabric 3

30 @ 6 1/2" x 2" rectangles – Fabric 3

15 @ 3 1/2" squares – fabric 4

2 @ 45 1/2" x 2 1/2" border lengths – Fabric 3

2 @ 58 1/2" x 2 1/2" border lengths – Fabric 3

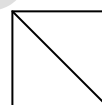
5 @ 2 1/2" WOF strips for binding – fabric 4

For the scrappy version.

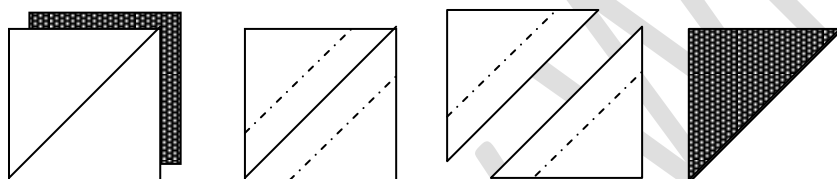
Just make sure you have enough of each size piece. Lay out the pieces in a pleasing pattern balancing the fabric tones and colours.

Piecing instructions:

1) Take the 30 @ fabric 1 background 3 7/8" squares and draw a diagonal line across the back of each.



2) Take the 30 @ 3 7/8" Fabric 2 squares and put a fabric 1 squares right side together on top as exactly as you can. Then sew 1/4" either side of the drawn line. Cut up the drawn line and press. You will have Half square Triangles (HST'S)



Make 60

3) Sew 4 @ HST's to either side of 2 @ 3 1/2" square of fabric 1 (using a scant 1/4") These make the top and bottom pieces of the shoo fly block. The darker fabric goes towards the centre. Press the light fabric goes under the dark. So that the darker fabric doesn't create a shadow under the light.



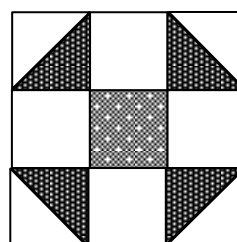
Make 30

4) Take the 3 1/2" fabric 4 squares and sew (with scant 1/4") a 3 1/2" fabric 1 piece to either side. Press in the opposite direction to the above pieces so that the seams nest.



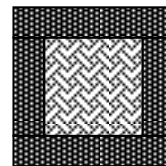
Make 15

5) Then sew the top and bottom sections onto the middle. Match the seams and you have the Shoo Fly block



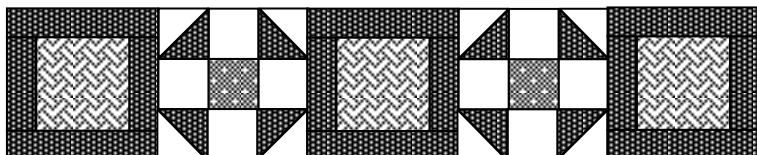
Make 15

6) Sew $6\frac{1}{2}'' \times 2''$ rectangles of fabric 2 to each side of 15 the $6\frac{1}{2}''$ fabric 3 squares. These make the start of the courthouse block. Then take the remaining $9\frac{1}{2}'' \times 2''$ rectangles of fabric 2 and sew to the top and bottom to complete the blocks.

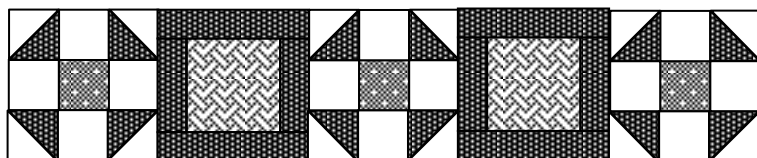


Make 15

9) Lay out the blocks, alternating the courthouse blocks and the shoo fly blocks. Start with a courthouse block as diagram. Then the Shoo fly block for the next row and repeat.



Rows 1, 3, 5



Row 2, & 4

10) Sew the blocks into rows together by sewing the blocks together as laid out. When pressing, press one row left and the following right, then left again for the next etc. That will ensure your seams nest when you sew the rows together. Sew the rows together.

11) Measure the top and bottom of your quilt top. They should measure $45\frac{1}{2}''$.

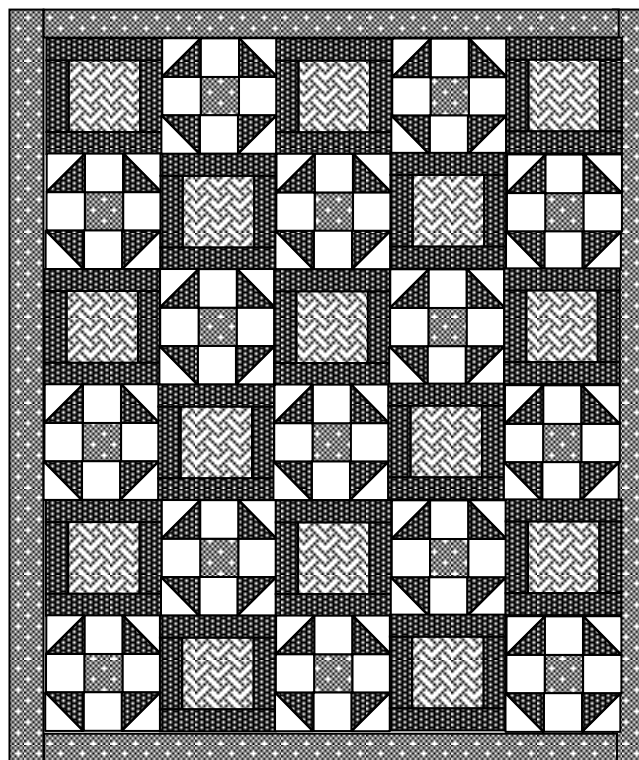
Sew together the fabric 3 @ $2\frac{1}{2}''$ border strips to make the desired length and cut to size. If one side is slightly longer than the other make the border to the longest size and you can stretch it by fixing the border ends to the edges of the quilt top and pulling slightly as you pin so it expands a enough, that when sewn the edges are the same length.

Pin well to hold in place so it matches the other side.

12) Repeat with the side borders.

The side borders for should be $58\frac{1}{2}''$

But again measure, join strips and cut to desired size.



For the backing there are several options: In total 55" x 64" at least.

This is to allow 3" either side of the quilt top (some recommend 8" either side especially if it's a big quilt and it is being long arm quilted).

Options

A) Flat sheet – purchase a flat 100% cotton sheet, single or double depending on your quilt size. But be aware that cheap backings will not last as long as the quilting cotton on the front and depending on the work you have put in and how long you want it to last it may not be the right choice.

B) Join two 42" WOF quilting cotton

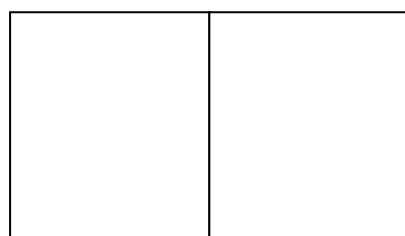
Normal quilting cotton is 42" WOF, some 40" some 44". 1m in length of fabric is 39"

1m x WOF is approx 42" x 39"

1 ½" m length x WOF = 42" x 58.5"

2m x WOF = 42" x 78"

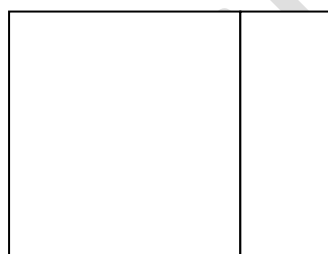
WOF = 42 Plus WOF = 42"



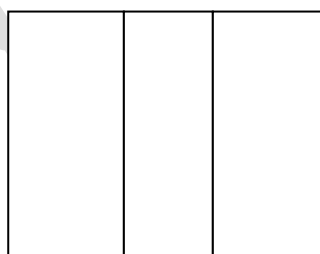
Total Area 83.5" x 58 ½" the backing seam line would sit horizontal to the quilt top.

C) Piece the backing with 1 @ 42" by 1 1/2"m length of fabric and add a strip to one side, or the middle by cutting up the fold and inserting the extra.

WOF plus 15" allowing for seam or ½ WOF plus 15" allowing for seam then other ½ WOF



1 ½m



D) Make up the backing in any way using fat quarters, strips or squares of fabric, left over blocks but make sure you create a backing larger than the quilt top.

8) Create a quilt sandwich with the wadding, backing and quilt top. Pin or spray baste to secure and then quilt as desired.

9) Use 5 lengths of 2 ½" WOF strips to make a continuous length, joined on the diagonal is best, for the binding

Draw a line across the corner, Sew along the line and

trim off excess, ¼" from the sewn line.

Press seam to one side and Press flat. Press in half and sew onto the quilt front with the raw edge against the raw edge of the quilt. Fold to the back and hand sew down.

