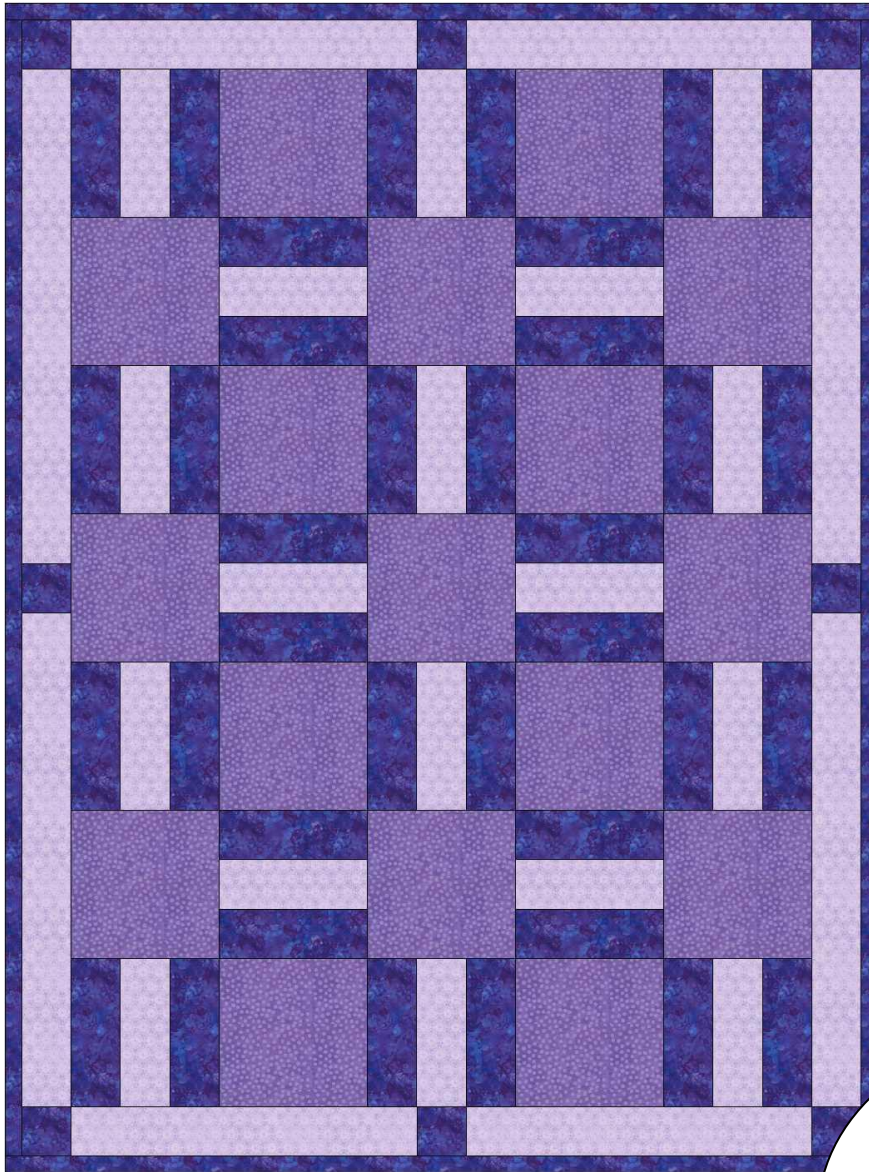


Rail fence & Square Quilt

53" x 71"



Materials List

- 3 Co-ordinating fabrics of 1 meter each
- 3 ½" meters for backing
- ½ meter for binding
- Wadding 61" x 80" minimum
- Sewing thread to match fabric

**Make it with 3
meters of
co-ordinating fabric
Plus 4 m for
backing & binding**

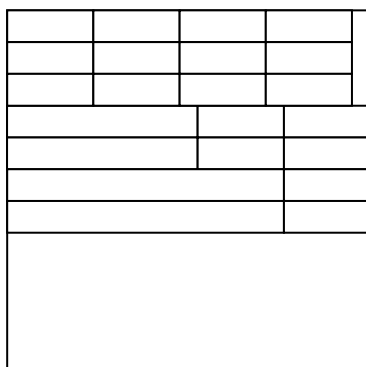
Cutting instructions:

WOF = Width of fabric (selvedge to selvedge)

Firstly iron any creases out of your fabric.

For cutting meters of fabric the WOF, I would suggest using the largest cutting mat you have ideally A2 size (24" x 18") so you can fold the fabric selvedge to selvedge and it will sit easily on your mat. Using your 24" x 6" ruler, you can easily cut the strips then with a 12" x 6" ruler or similar you can sub cut the strips into the desired sizes. Always square off the top edge first or the first strip will be wonky or miss-sized.

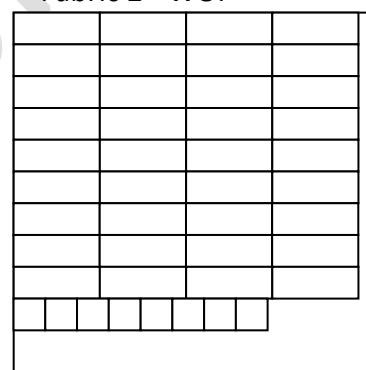
Fabric 1 (background)
WOF



3 strips 3 1/2" sub cut into 12 @ 3 1/2" x 9 1/2" rectangles

4 strips @ 3 1/2" x WOF for borders & 6 @ 3 1/2" x 9 1/2" rectangles
Borders 2 @ 21 1/2" x 3 1/2" and 2 @ 30 1/2" x 3 1/2"

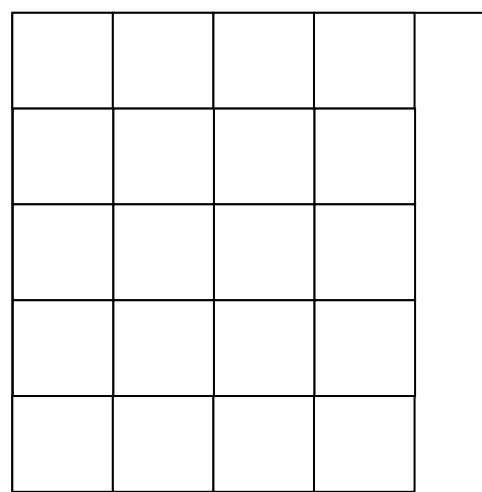
Fabric 2 - WOF



Fabric 2 - 9 strips 3 1/2" strips sub cut into 36 @ 3 1/2" x 9 1/2" rectangles

1 strips 3 1/2" strip sub cut into 8 @ 3 1/2" squares

Fabric 3 - WOF



5 strips 9 1/2" sub cut into 17 @ 9 1/2" squares

You should have:

18 @ 9 1/2" x 3 1/2" rectangles – fabric 1 (background)

36 @ 9 1/2" x 3 1/2" rectangles – fabric 2

8 @ 3 1/2" squares – fabric 2

17 @ 9 1/2" squares – fabric 3

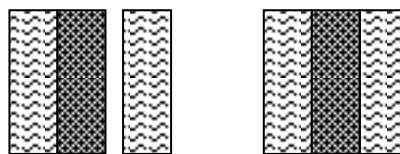
2 @ 21 1/2" x 3 1/2" border lengths – Fabric 1 (background)

2 @ 30 1/2" x 3 1/2" border lengths – Fabric 1 (background)

7 @ 2 1/2" WOF strips for binding from another fabric

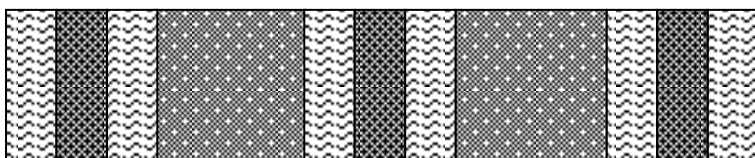
Piecing instructions:

- 1) Take the $3\frac{1}{2}$ " x $9\frac{1}{2}$ " fabric 1 background rectangles and sew a $3\frac{1}{2}$ " x $9\frac{1}{2}$ " fabric 2 rectangles to either side using a scant $\frac{1}{4}$ " seam. Press

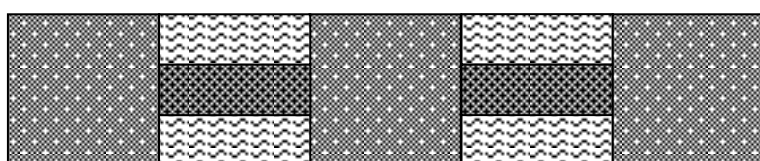


Make 18

- 2) Lay out the blocks, alternating the plain $9\frac{1}{2}$ " squares and the rail fence block. Start with a rail block as diagram vertically. 2, 4 & 6 rows the rail block goes horizontally.



Rows 1, 3, 5 & 7



Row 2, 4 & 6

- 3) Sew the blocks together into rows as laid out. When pressing, press one row left and the following right, then left again for the next etc. That will ensure your seams nest when you sew the rows together. Sew the rows together.

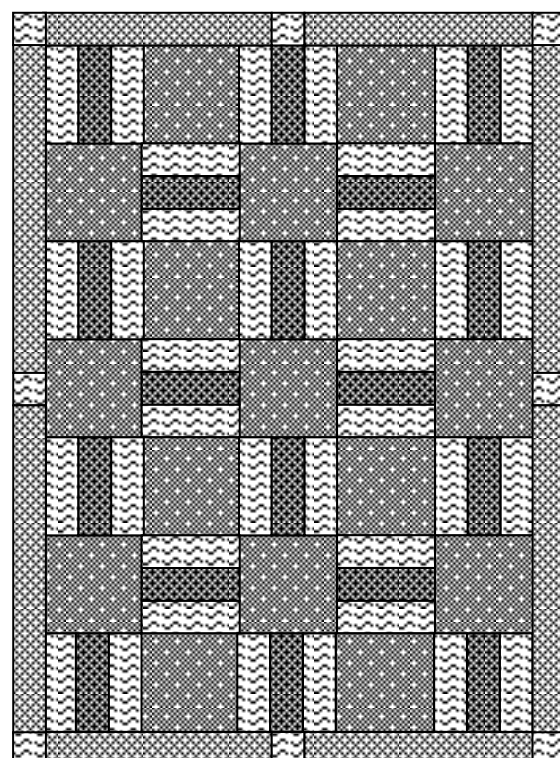
- 4) Take a $21\frac{1}{2}$ " strip and sew a $3\frac{1}{2}$ " square to one side and another $21\frac{1}{2}$ " strip to the other side, for the horizontal borders. Make 2



- 5) Take a $30\frac{1}{2}$ " strip and sew a $3\frac{1}{2}$ " square to one side and another $30\frac{1}{2}$ " strip to the other side. Then another $3\frac{1}{2}$ " square to each side, for the vertical border. Make 2

- 6) The borders should measure the same as your quilt top. Sew borders on quilt top. Make sure you line up the central square with the middle strip.

- 7) Sew the vertical border to the sides in the same way. Matching the middle strip with the central squares and ensuring the corners are accurate.



For the backing there are several options: In total 59" x 77" at least.

This is to allow 3" either side of the quilt top (some recommend 8" either side especially if it's a big quilt and it is being long arm quilted).

Options

A) Flat sheet – purchase a flat 100% cotton sheet, single or double depending on your quilt size. But be aware that cheap backings will not last as long as the quilting cotton on the front and depending on the work you have put in and how long you want it to last it may not be the right choice.

B) Join two 42" WOF quilting cotton

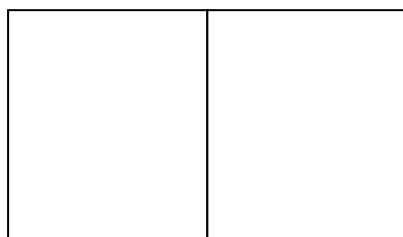
Normal quilting cotton is 42" WOF, some 40" some 44". 1m in length of fabric is 39"

1m x WOF is approx 42" x 39"

1 ½" m length x WOF = 42" x 58.5"

2m x WOF = 42" x 78"

WOF = 42 Plus WOF = 42"

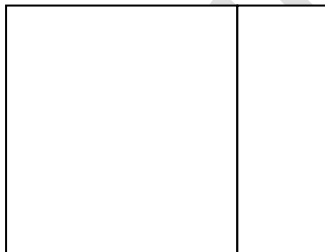


2m

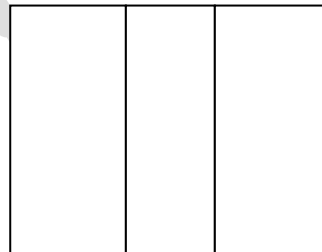
Total Area 84" x 78" the backing seam line would sit horizontal to the quilt top.

C) Piece the backing with 1 @ 42" by 2m length of fabric and add a strip to one side, or the middle by cutting up the fold and inserting the extra.

WOF plus 19" allowing for seam **or** ½ WOF plus 19" allowing for seam then other ½ WOF



2m



D) Make up the backing in any way using fat quarters, strips or squares of fabric, left over blocks but make sure you create a backing larger than the quilt top.

8) Create a quilt sandwich with the wadding, backing and quilt top. Pin or spray baste to secure and then quilt as desired.

9) Use 7 lengths of 2 ½" WOF strips to make a continuous length, joined on the diagonal is best, for the binding

Draw a line across the corner, Sew along the line and trim off excess, ¼" from the sewn line.

Press seam to one side and Press flat. Press in half and sew onto the quilt front with the raw edge against the raw edge of the quilt. Fold to the back and hand sew down.

