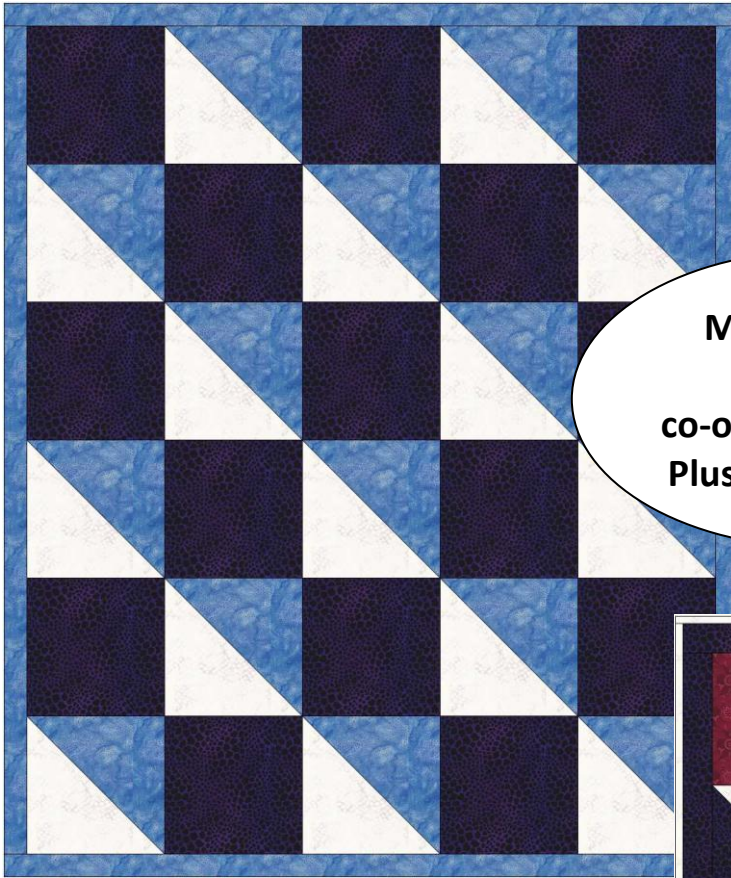


HST & Square Quilt

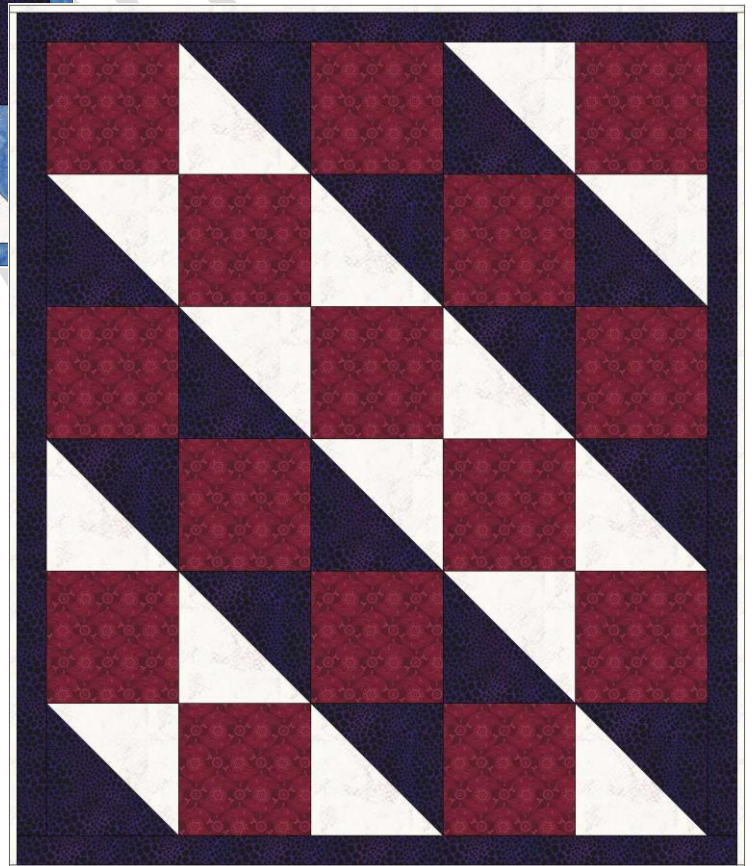
49" x 58"



Make it with 3
meters of
co-ordinating fabric
Plus 3 ½ m backing

Materials List

- 3 Co-ordinating fabrics of 1 meter each (includes binding)
- 3 ½" meters for backing
- Wadding 55" x 64" minimum
- Sewing thread to match fabric



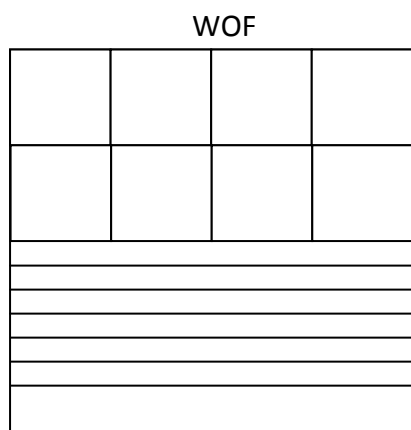
Cutting instructions:

WOF = Width of fabric (selvedge to selvedge)

Firstly iron any creases out of your fabric.

For cutting meters of fabric the WOF, I would suggest using the largest cutting mat you have ideally A2 size (24" x 18") so you can fold the fabric selvedge to selvedge and it will sit easily on your mat. Using your 24" x 6" ruler, you can easily cut the strips then with a 12" x 6" ruler or similar you can sub cut the strips into the desired sizes. Always square off the top edge first or the first strip will be wonky or miss-sized.

Fabric 1



2 strips 9 7/8" sub cut into 8 @ 9 7/8" squares

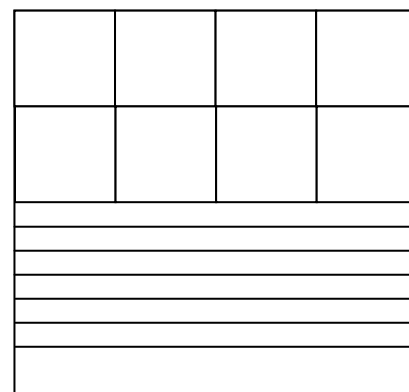
6 strips @ 2 1/2" x WOF for borders

Fabric 2

2 strips 9 7/8" sub cut into 8 @ 9 7/8" squares

6 strips @ 2 1/2" x WOF for binding

Fabric 2
WOF



Fabric 3

4 strips 9 1/2" sub cut into 15 @ 9 1/2" square

You should have:

8 @ 9 7/8" squares – fabric 1

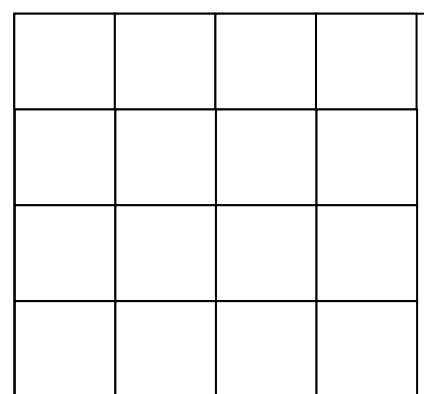
8 @ 9 7/8" squares – fabric 2

15 @ 9 1/2" squares – fabric 3

6 @ 2 1/2" x WOF border lengths – Fabric 1

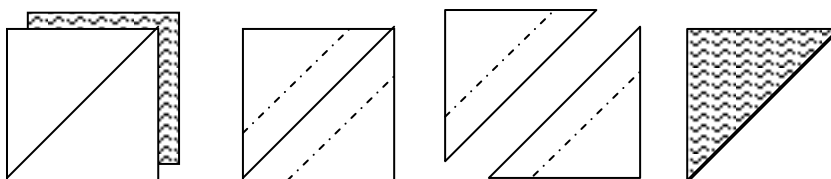
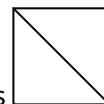
6 @ 2 1/2" x WOF binding strips – Fabric 2

WOF

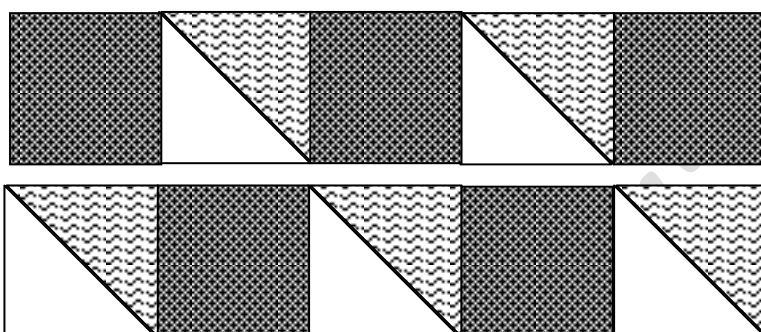


Piecing instructions:

- 1) Take the $9\frac{7}{8}$ " Fabric 1 squares and draw a diagonal line across the back of each.
- 2) Take the $9\frac{7}{8}$ " Fabric 2 squares and put a fabric 1 squares right side together on top as exactly as you can. Then sew $\frac{1}{4}$ " either side of the drawn line. Cut up the drawn line and press. You will have 16 Half square Triangles (HST'S)



- 3) Lay out the blocks, alternating the plain $9\frac{1}{2}$ " squares and the HST. Start with a plain block as diagram. Rotate the HST to match which pattern you are following. The coloured pictures on page 1 will help.



Rows 1, 3 & 5

Row 2, 4 & 6

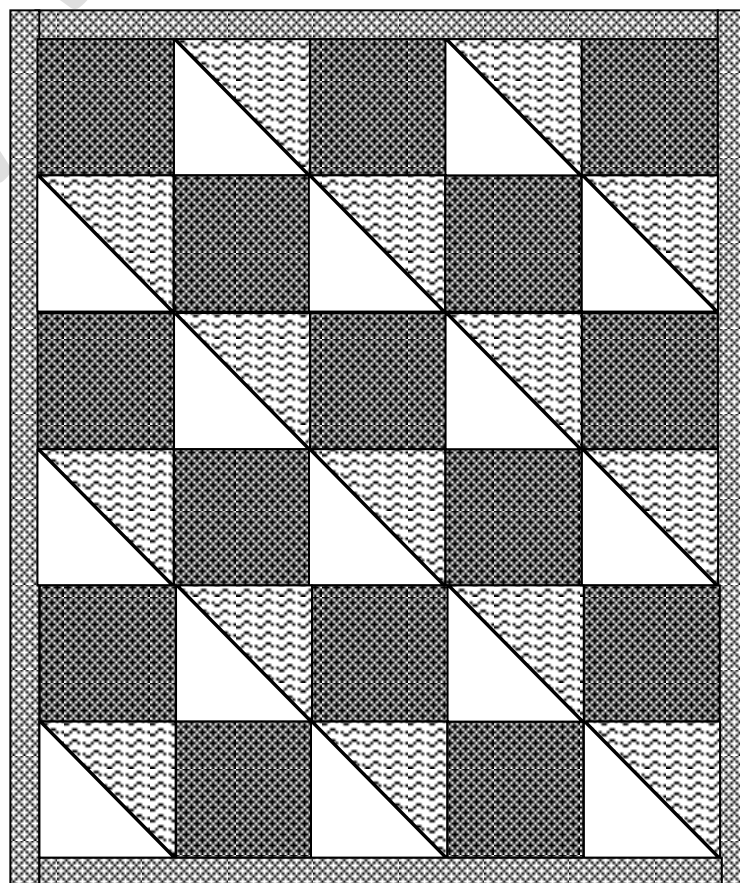
- 4) Sew the block together into the rows as laid out. When pressing, press one row left and the following right, then left again for the next etc. That will ensure your seams nest when you sew the rows together.

- 5) Sew the rows together.

- 6) Measure the top and bottom edges, they should be $45\frac{1}{2}$ ", if not don't worry just make a note.

- 7) Join border strips together to make the desired sizes of your quilt. e.g join 2 strips to make the top border, Then cut to $45\frac{1}{2}$ " using the left over to sew to the third strip for the bottom border.

- 8) Repeat for the side borders, measure and make a note, should be $58\frac{1}{2}$ " make length and attach to the quilt.



For the backing there are several options: In total 55" x 64" at least.

This is to allow 3" either side of the quilt top (some recommend 8" either side especially if it's a big quilt and it is being long arm quilted).

Options

A) Flat sheet – purchase a flat 100% cotton sheet, single or double depending on your quilt size. But be aware that cheap backings will not last as long as the quilting cotton on the front and depending on the work you have put in and how long you want it to last it may not be the right choice.

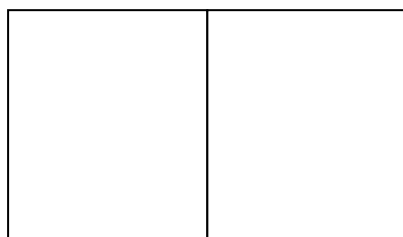
B) Join two 42" WOF quilting cotton

Normal quilting cotton is 42" WOF, some 40" some 44". 1m in length of fabric is 39" 1m x WOF is approx 42" x 39"

1 ½" m length x WOF = 42" x 58.5"

2m x WOF = 42" x 78"

WOF = 42 Plus WOF = 42"

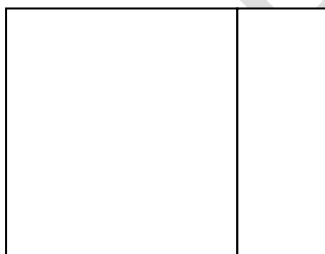


1 1/2m

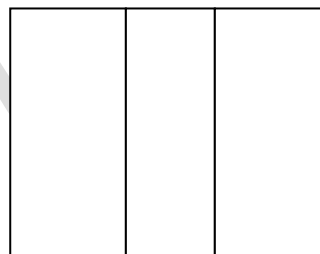
Total Area 83.5" x 58 ½" the backing seam line would sit horizontal to the quilt top.

C) Piece the backing with 1 @ 42" by 1 1/2"m length of fabric and add a strip to one side, or the middle by cutting up the fold and inserting the extra.

WOF plus 15" allowing for seam **or** ½ WOF plus 15" allowing for seam then other ½ WOF



1 1/2m



D) Make up the backing in any way using fat quarters, strips or squares of fabric, left over blocks but make sure you create a backing larger than the quilt top.

8) Create a quilt sandwich with the wadding, backing and quilt top. Pin or spray baste to secure and then quilt as desired.

9) Use 5 lengths of 2 ½" WOF strips to make a continuous length, joined on the diagonal is best, for the binding

Draw a line across the corner, Sew along the line and trim off excess, ¼" from the sewn line.

Press seam to one side and Press flat. Press in half and sew onto the quilt front with the raw edge against the raw edge of the quilt. Fold to the back and hand sew down.

