



J.W. HAYDEN RECREATION CENTRE: INDIGENOUS PEOPLES' DAY - OCTOBER 13

Building Hours:

Recreation Centre
8:00 AM - 4:00 PM

Ice Facility Desk
6:00 AM - 7:00 PM

YOUTH

ADULT



Youth Free/Lap Swim Ages 4 - 21

*Swimmers must be able to
stand comfortably and
independently in 3 feet of
water*

2:45 PM - 3:45 PM

Adult Swim Ages 21 & UP

8:15 AM - 10:30 AM
11:30 AM - 1:45 PM

Senior Swim Ages 60 & UP

10:30 AM - 11:30 AM



Youth Weight Room Ages 12 - 21

8:15 AM - 3:45 PM

Adult Weight Room Ages 21 & UP

8:15 AM - 3:45 PM



Member/Guardian Open Gym

*Youth members must be accompanied in the
gym by a parent or adult guardian*

Ages 6mo - PreK

10:00 AM - 11:00 AM

Ages 5-11

11:00 AM - 12:00 PM

Youth Open Gym Ages 12 - 21

1:30 PM - 2:45 PM



Pickleball

Registration Required

Pickleball Ages 16 and Up Registration Required

*Beginner/
Advanced Beginner*

12:00 PM - 1:30 PM