# J.W. HAYDEN RECREATION CENTRE: MARTIN LUTHER KING JR. DAY- JANUARY 19, 2026

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**Building Hours:** 

**Recreation Centre** 8:00 AM - 4:00 PM

**Ice Facility Desk** 8:00 AM - 7:00 PM

## YOUTH

## Youth Free/Lap Swim

Ages 4 - 21 Swimmers must be able to stand comfortably and independently in 3 feet of

water 2:45 PM - 3:45 PM

### **ADULT**

#### **Adult Swim** Ages 21 & UP

8:15 AM - 10:30 AM 11:30 AM - 1:45 PM

#### **Senior Swim** Ages 60 & UP

10:30 AM - 11:30 AM



**Pool** 

#### **Youth Weight Room** Ages 12 - 21

8:15 AM - 3:45 PM

#### **Adult Weight Room** Ages 21 & UP

8:15 AM - 3:45 PM



#### Member/Guardian Open Gym

Youth members must be accompanied in the gym by a parent or adult guardian

Ages 6mo - PreK

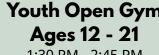
10:00 AM - 10:45 AM

Ages 5-11

10:45 AM - 11:30 AM

#### Youth Open Gym Ages 12 - 21

1:30 PM - 2:45 PM





### **Pickleball** Ages 16 and Up

**Registration Required** 

Beginner/ **Advanced Beginner** 11:30 AM - 1:30 PM

Recreation Facility | 24 Lincoln St, Lexington MA 02421 | (781)862-8480 Ice Facility | 10 Lincoln St, Lexington MA 02421 | (781)862-5575

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