



J.W. HAYDEN RECREATION CENTRE: VETERANS DAY- NOVEMBER 11

Building Hours:

Recreation Centre

8:00 AM - 4:00 PM

Ice Facility Desk

6:00 AM - 7:00 PM

YOUTH

ADULT

Pool



Youth Free/Lap Swim

Ages 4 - 21

Swimmers must be able to stand comfortably and independently in 3 feet of water

2:45 PM - 3:45 PM

Adult Swim

Ages 21 & UP

8:15 AM - 9:30 AM

10:30 AM - 1:45 PM

Senior Swim

Ages 60 & UP

9:30 AM - 10:30 AM

Weight Room



Youth Weight Room

Ages 12 - 21

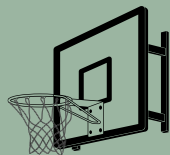
8:15 AM - 3:45 PM

Adult Weight Room

Ages 21 & UP

8:15 AM - 3:45 PM

Open Gym



Member/Guardian Open Gym

Youth members must be accompanied in the gym by a parent or adult guardian

Ages 6mo - PreK

10:00 AM - 11:00 AM

Ages 5-11

11:00 AM - 12:00 PM

Youth Open Gym

Ages 12 - 21

1:30 PM - 2:45 PM

Pickleball Ages 16 and Up

*Advanced Beginner/
Intermediate*

12:00 PM - 1:30 PM

Pickleball



Registration Required

Ice Skating



Registration Required

General Skate

Ages 4 and Up

Registration Required

1:00 PM - 2:00 PM

\$10/Session