



J.W. HAYDEN RECREATION CENTRE: ADULT

WEDNESDAY, NOVEMBER 26 - SUNDAY, NOVEMBER 30



Building Hours:

Wednesday
Thursday
Friday
Saturday
Sunday

Recreation Centre

6:30 AM - 6:30 PM
CLOSED
8:00 AM - 4:00 PM
8:00 AM - 3:00 PM
CLOSED

Ice Facility Desk

6:00 AM - 7:00 PM
CLOSED
8:00 AM - 7:00 PM
1:00 PM - 7:30 PM
7:00 AM - 6:00 PM

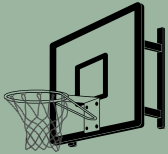
Pool



Adult Swim | Ages 21 and Up

Wednesday	Friday	Saturday
6:30 AM - 9:30AM 11:30 AM - 1:45PM	8:15 AM - 10:30 AM 11:30 AM - 1:30 PM	8:15 AM - 10:00 AM

Open Gym



Senior Swim | Ages 60 and Up

Wednesday	Friday	Saturday
10:30 AM - 11:30 AM	10:30 AM - 11:30 AM	10:00 AM - 11:00AM

Weight Room



Adult Open Gym | Ages 21 and Up

Wednesday	Friday
6:30 AM - 8:00 AM	12:15 PM - 2:00 PM

Adult Weight Room | Ages 21 and Up

Wednesday	Friday	Saturday
6:30 AM - 3:00 PM	8:00 AM - 3:45 PM	8:00 AM - 10:00 AM

Pickleball



Registration Required

Pickleball | Ages 16 and Up

Wednesday	Friday	Registration Required Saturday
<i>Beginner/ Advanced Beginner</i> 12:00 PM - 1:30 PM	<i>All Levels</i> 8:05 AM - 9:45 AM	<i>Advanced Beginner/ Intermediate</i> 8:05 AM - 9:30 AM

Ice Skating



Registration Required

\$8/Session General Skate | Ages 4 and Up Registration Required

Wednesday	Friday	Saturday
1:00 PM - 2:00 PM	1:00 PM - 2:00 PM	3:30 PM - 4:45 PM

