



J.W. HAYDEN RECREATION CENTRE: ADULT

Please note all facility offerings are subject to change by season, session and LPS schedules **JUNE 22 - AUGUST 28***

Pool

ENDS AUG. 14

Adult Swim | Ages 21 and Up

Monday:	Tuesday:	Wednesday:	Thursday:	Friday:
6:30 AM - 9:00 AM 4:00 PM - 6:30 PM	6:30 AM - 9:00 AM 5:30 PM - 6:30 PM	6:30 AM - 9:00 AM 5:30 PM - 6:30 PM	6:30 AM - 9:00 AM 5:30 PM - 6:30 PM	6:30 AM - 9:00 AM 4:00 PM - 6:30 PM

Senior Swim | Ages 60 and Up

Tuesday:	Wednesday:	Thursday:
4:30 PM - 5:30 PM	4:30 PM - 5:30 PM	4:30 PM - 5:30 PM

Open Gym

Adult Open Gym | Ages 21 and Up

Monday:	Wednesday:
6:30 AM - 8:00 AM	6:30 AM - 8:00 AM

Weight Room

Adult Weight Room | Ages 21 and Up

Monday:	Tuesday:	Wednesday:	Thursday:	Friday:
6:30 AM - 9:00 AM 4:00 PM - 6:45 PM	6:30 AM - 9:00 AM 4:00 PM - 6:45 PM	6:30 AM - 9:00 AM 4:00 PM - 6:45 PM	6:30 AM - 9:00 AM 4:00 PM - 6:45 PM	6:30 AM - 9:00 AM 4:00 PM - 6:45 PM

Pickleball

Registration Required

Pickleball | Ages 16 and Up

Registration Required

Tuesday:	Thursday:	Friday:
<i>All Levels</i> 6:30 AM - 8:00 AM	<i>All Levels</i> 6:30 AM - 8:00 AM	<i>All Levels</i> 6:30 AM - 8:00 AM

hello
SUMMER

***Both Facilities CLOSED July 3**

***Pool schedule ends August 14
Gym, Weight Room, and Pickleball
schedules end August 28**