

# J.W. HAYDEN RECREATION CENTRE: ADULT

## MONDAY, FEBRUARY 16 - SUNDAY, FEBRUARY 22



### Building Hours:

Monday  
Tuesday- Friday  
Saturday  
Sunday

### Recreation Centre

CLOSED  
6:30 AM - 6:30 PM  
8:00 AM - 3:00 PM  
CLOSED

### Ice Facility Desk

8:00 AM - 6:00 PM  
8:00 AM - 6:00 PM  
1:00 PM - 7:30 PM  
7:00 AM - 5:00 PM



### Adult Swim | Ages 21 and Up

Tuesday:	Wednesday:	Thursday:	Friday:	Saturday:
6:30 AM - 9:30 AM 11:30 AM - 1:45 PM	6:30 AM - 9:30 AM 11:30 AM - 1:45 PM	6:30 AM - 9:30 AM 11:30 AM - 1:45 PM	6:30 AM - 9:30 AM 11:30 AM - 1:45 PM	8:15 AM - 10:30 AM

### Senior Swim | Ages 60 and UP

Tuesday:	Wednesday:	Thursday:	Friday:	Saturday:
9:30 AM - 10:30 AM	10:30 AM - 11:30 AM	9:30 AM - 10:30 AM	10:30 AM - 11:30 AM	10:30 AM - 11:30 AM



### Adult Open Gym | Ages 21 and Up

Tuesday:	Wednesday:	Friday:
12:15 PM - 2:00 PM	6:30 AM - 8:00 AM	12:15 PM - 2:00 PM



### Adult Weight Room | Ages 21 and Up

Tuesday:	Wednesday:	Thursday:	Friday:	Saturday:
6:30 AM - 3:00 PM	6:30 AM - 3:00 PM	6:30 AM - 3:00 PM	6:30 AM - 3:00 PM	8:00 AM - 10:00 AM



### Pickleball

Registration Required

### Pickleball | Ages 16 and Up

### Registration Required

Tuesday:	Wednesday:	Thursday:	Friday:	Saturday:
<i>All Levels</i> 6:30 AM - 8:00 AM	<i>Advanced</i> <i>Beginner/Intermediate</i> 12:15 PM - 2:30 PM	<i>All Levels</i> 6:30 AM - 8:00 AM <i>Advanced</i> <i>Beginner/Intermediate</i> 12:15 PM - 2:30 PM	<i>All Levels</i> 6:30 AM - 8:00 AM	<i>Advanced</i> <i>Beginner/Intermediate</i> 8:05 AM - 9:30 AM



### Ice Skating

Registration Required

\$8/Session

### General Skate | Ages 4 and Up

### Registration Required

Wednesday:	Friday:	Saturday:
1:00 PM - 2:00 PM	1:00 PM - 2:00 PM	3:30 PM - 4:45 PM

