

J.W. HAYDEN RECREATION CENTRE: ADULT

MONDAY, FEBRUARY 16 - SUNDAY, FEBRUARY 22



Building Hours:

Monday
Tuesday- Friday
Saturday
Sunday

Recreation Centre

CLOSED
6:30 AM - 6:30 PM
8:00 AM - 3:00 PM
CLOSED

Ice Facility Desk

8:00 AM - 6:00 PM
8:00 AM - 6:00 PM
1:00 PM - 7:30 PM
7:00 AM - 5:00 PM

Pool



Adult Swim | Ages 21 and Up

Tuesday: 6:30 AM - 9:30 AM 11:30 AM - 1:45 PM	Wednesday: 6:30 AM - 9:30 AM 11:30 AM - 1:45 PM	Thursday: 6:30 AM - 9:30 AM 11:30 AM - 1:45 PM	Friday: 6:30 AM - 9:30 AM 11:30 AM - 1:45 PM	Saturday: 8:15 AM - 10:30 AM
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Open Gym



Adult Open Gym | Ages 21 and Up

Tuesday: 12:15 PM - 2:00 PM	Wednesday: 6:30 AM - 8:00 AM	Friday: 12:15 PM - 2:00 PM
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Weight Room



Adult Weight Room | Ages 21 and Up

Tuesday: 6:30 AM - 3:00 PM	Wednesday: 6:30 AM - 3:00 PM	Thursday: 6:30 AM - 3:00 PM	Friday: 6:30 AM - 3:00 PM	Saturday: 8:00 AM - 10:00 AM
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Pickleball



Registration Required

Pickleball | Ages 16 and Up

Tuesday: All Levels 6:30 AM - 8:00 AM	Wednesday: Advanced Beginner/Intermediate 12:15 PM - 2:30 PM	Thursday: All Levels 6:30 AM - 8:00 AM Advanced Beginner/Intermediate 12:15 PM - 2:30 PM	Friday: All Levels 6:30 AM - 8:00 AM	Saturday: Advanced Beginner/Intermediate 8:05 AM - 9:30 AM
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Ice Skating



Registration Required

\$8/Session

General Skate | Ages 4 and Up

Wednesday:
1:00 PM - 2:00 PM

Registration Required

Friday:
1:00 PM - 2:00 PM

Saturday:
3:30 PM - 4:45 PM

