

J.W. HAYDEN RECREATION CENTRE: ADULT

MONDAY, APRIL 20 - SUNDAY, APRIL 26



Building Hours:

Tuesday - Friday
Saturday
Sunday

Recreation Centre

6:30 AM - 6:30 PM
8:00 AM - 3:00 PM
CLOSED

Ice Facility Desk

8:00 AM - 6:00 PM
1:00 PM - 7:30 PM
7:00 AM - 5:00 PM

BOTH FACILITIES CLOSED APRIL 20



Adult Swim | Ages 21 and Up

Tuesday: 6:30 AM - 9:30 AM 11:30 AM - 1:45 PM	Wednesday: 6:30 AM - 9:30 AM 11:30 AM - 1:45 PM	Thursday: 6:30 AM - 9:30 AM 11:30 AM - 1:45 PM	Friday: 6:30 AM - 9:30 AM 11:30 AM - 1:45 PM	Saturday: 8:15 AM - 10:30 AM
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Senior Swim | Ages 60 and Up

Tuesday: 9:30 AM - 10:30 AM	Wednesday: 10:30 AM - 11:30 AM	Thursday: 9:30 AM - 10:30 AM	Friday: 10:30 AM - 11:30 AM	Saturday: 10:30 AM - 11:30 AM
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Open Gym

Adult Open Gym | Ages 21 and Up

Tuesday: 12:15 PM - 2:00 PM	Wednesday: 6:30 AM - 8:00 AM	Friday: 12:15 PM - 2:00 PM
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Weight Room

Adult Weight Room | Ages 21 and Up

Tuesday: 6:30 AM - 3:00 PM	Wednesday: 6:30 AM - 3:00 PM	Thursday: 6:30 AM - 3:00 PM	Friday: 6:30 AM - 3:00 PM	Saturday: 8:00 AM - 10:00 AM
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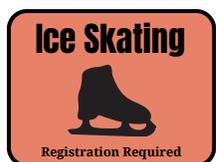
Pickleball

Registration Required

Pickleball | Ages 16 and Up

Registration Required

Tuesday: <i>All Levels</i> 6:30 AM - 8:00 AM	Wednesday: <i>Advanced</i> <i>Beginner/Intermediate</i> 12:15 PM - 2:30 PM	Thursday: <i>All Levels</i> 6:30 AM - 8:00 AM <i>Advanced</i> <i>Beginner/Intermediate</i> 12:15 PM - 2:30 PM	Friday: <i>All Levels</i> 6:30 AM - 8:00 AM	Saturday: <i>Advanced</i> <i>Beginner/Intermediate</i> 8:05 AM - 9:30 AM
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Ice Skating

Registration Required

\$8/Session

General Skate | Ages 4 and Up

Registration Required

Wednesday: 1:00 PM - 2:00 PM	Friday: 1:00 PM - 2:00 PM	Saturday: 3:30 PM - 4:45 PM
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