



AESTHETIC & COSMETIC SYMPOSIUM



INTERNATIONAL MEDICAL AESTHETIC CONFERENCE EXHIBITION  
WWW.IMACE.ORG.MY



AESTHETIC THERAPIST ACADEMIC SYMPOSIUM

# ACOS<sup>3RD</sup> x IMACE<sup>4TH</sup> x ATAS<sup>1ST</sup> 2025

SCIENCE-DRIVEN AESTHETICS REDEFINING BEAUTY WITH EVIDENCE  
1<sup>ST</sup> & 2<sup>ND</sup> NOVEMBER 2025  
SETIA CITY CONVENTION CENTRE, SHAH ALAM, SELANGOR

ORGANISER:



CO-ORGANISER:



SCIENTIFIC PARTNER:



SUPPORTED BY:



📍 acosympo

✉ admin@acosympo.com

🌐 www.acosympo.com

**Hi** *Beauty Lovers!*

# ACOS x IMACE x ATAS 2025

## WELCOME

**A**esthetic & Cosmetic Symposium (ACOS) 2025 is a premier gathering where science meets beauty, bringing together experts in aesthetic medicine, cosmetics industry, dermatology, regenerative medicine, pharmaceuticals, health and wellness. Co-organised for the fourth year by IMACE (International Medical Aesthetic Conference & Exhibition), ACOS promotes cutting-edge advancements, prioritising safety and scientifically validated practices, and offering deep insights into the latest treatments and technologies.

With IMACE's educational leadership and ACOS's commitment to advancing evidence-based standards, the symposium features expert discussions, hands-on learning, and valuable networking opportunities with leaders from academia and industry – driving progress across medical, wellness, and aesthetic fields.

Held alongside ACOS, the Aesthetic Therapist Academic Symposium (ATAS) 2025 is Malaysia's first dedicated event for beauty therapists, wellness practitioners, and cosmetologists. ATAS focuses on non-invasive beauty and wellness practices, emphasising safe, ethical, and evidence-based approaches. It aims to enhance professional skills, elevate industry standards, and build public trust—while supporting practitioners in working confidently within their defined scope of practice.

# MESSAGE FROM ORGANISING CHAIRMAN



**ASSOC. PROF. DR.  
UNGKU MOHD SHAHRIN  
MOHD ZAMAN**

ORGANISING CHAIRMAN  
AESTHETIC & COSMETIC  
SYMPOSIUM (ACOS) 2025

Dear Distinguished Guests, Esteemed Speakers, and Valued Participants,

It is with great pleasure and honour that I welcome all of you to the 3rd Aesthetic & Cosmetic Symposium (ACOS) 2025, held in conjunction with the 4th International Medical Aesthetic Conference and Exhibition (IMACE), proudly organised by the USMARI Research & Innovation Centre in collaboration with Esthetic Medical Solutions (EMS).

This year's theme, "Science-Driven Aesthetics: Redefining Beauty With Evidence" reflects our commitment to shaping a more innovative, ethical, and evidence-based aesthetic medicine and cosmetic industry.

Over the past few years, the aesthetic medicine and cosmetic industry landscape has undergone significant transformation, driven by cutting-edge technologies, scientific research advancements, and an increasing emphasis on safety and evidence-based practice. ACOS 2025 aims to build upon this momentum by providing a dynamic platform for collaboration, education, and the exchange of ideas among practitioners, researchers, academicians, and industry leaders.

Through this symposium, we seek to foster meaningful discussions on the latest advancements, regulatory frameworks, and future directions of aesthetic medicine and the cosmetic industry. More importantly, ACOS 2025 continues to champion the integration of evidence-based practices, ensuring that every innovation aligns with ethical standards and prioritises patient and consumer well-being.

We are deeply honoured to host a distinguished line-up of speakers, each contributing invaluable perspectives and expertise. I encourage every participant to actively engage, share insights, and build networks that extend beyond this symposium. It is through open dialogue and collaboration that we continue to strengthen the credibility and growth of this field.

On behalf of the organising committee, I wish to extend my heartfelt gratitude to our partners and supporters, the Ministry of Science, Technology and Innovation (MOSTI), Tourism Malaysia, our esteemed sponsors, speakers, exhibitors, and the entire USMARI team, whose dedication and collaboration have made this event possible.

As we embark on this two-day journey of learning and discovery, let us embrace the opportunity to innovate, to inspire, and to uplift one another. Together, we are not only shaping the future of the aesthetic medicine and cosmetic industry but also ensuring that it thrives upon the pillars of integrity, knowledge, and excellence.

Once again, welcome to ACOS 2025. May this symposium be an inspiring experience for all, as we continue advancing the frontiers of aesthetics where science meets beauty, and innovation meets purpose.

# ORGANISER



**E**STABLISHED on 1st January 2020, the USMARI Research and Innovation Centre is dedicated to advancing evidence-based practices in aesthetic medicine, cosmetics, and regenerative medicine through research, innovation, and education. Our Industry Scientific Research (ISR) services ensure the safety and efficacy of various products, including cosmetics, skincare, supplements, aesthetic medicine products, and more, through clinical studies. Through our Research Training Services, we support professionals and non-professionals – including medical doctors, students, and entrepreneurs—who wish to learn how to conduct research and publish their own scientific articles. To facilitate the sharing and exchange of the latest advancements and innovations in aesthetic medicine, cosmeceuticals, and regenerative medicine, we host the Aesthetic and Cosmetic Symposium (ACOS). This event brings together experts from various fields to share knowledge and insights based on an evidence-based approach.

# ORGANISING COMMITTEE



ORGANISING CHAIRMAN  
ASSOC. PROF. DR. UNGKU MOHD  
SHAHRIN MOHD ZAMAN



SCIENTIFIC CHAIRMAN  
PROF. DR. WAN AZMAN  
WAN SULAIMAN



EVENT DIRECTOR  
MS. NOOR SHAHIRAH SUPARJI



HEAD OF CONFERENCE  
DR. SITI NUR HANIS MAMOOD



TREASURER  
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EVENT MANAGER  
MS. NUR FATHIAH ROSILAN



EVENT COORDINATOR  
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MS. AINNA AFWAWAFA  
ABDUL RAHMAN



GALA NIGHT COORDINATOR  
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SAMSUDIN



CREATIVE COORDINATOR  
MR. AMARUDIN OMAR



# AESTHETIC & COSMETIC SYMPOSIUM

SCIENCE-DRIVEN AESTHETICS:  
REDEFINING BEAUTY WITH EVIDENCE

1<sup>ST</sup> & 2<sup>ND</sup>  
NOVEMBER 2025

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CONVENTION CENTRE,  
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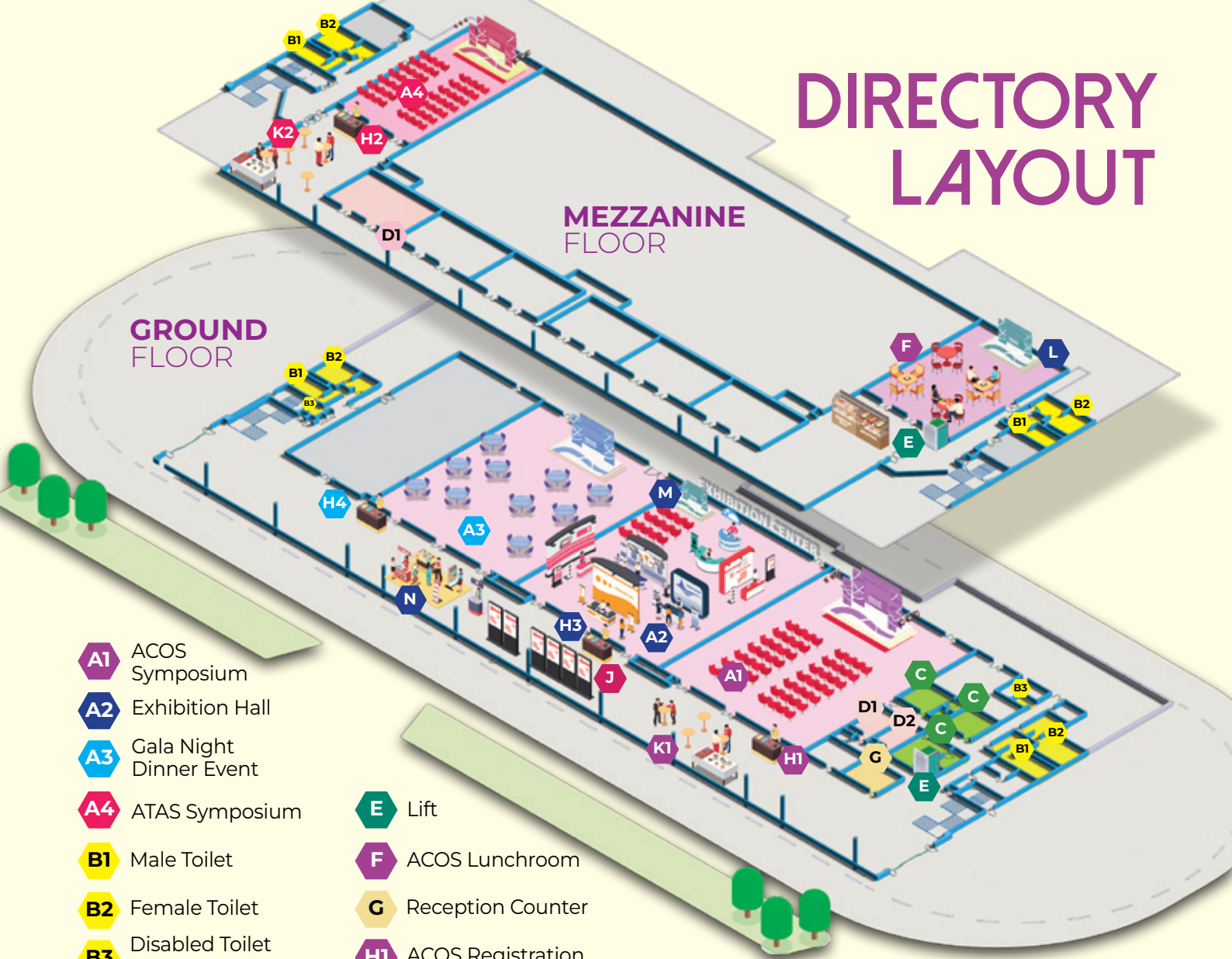


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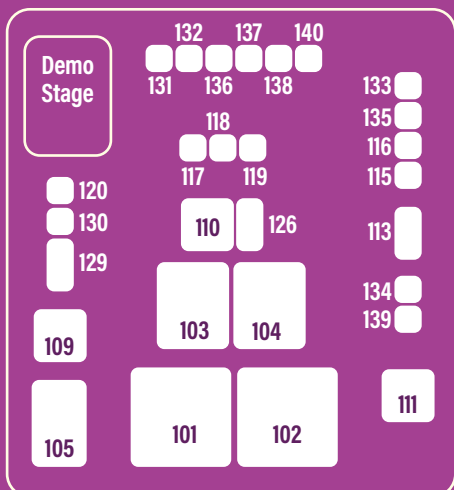
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# DIRECTORY LAYOUT



- A1** ACOS Symposium
- A2** Exhibition Hall
- A3** Gala Night Dinner Event
- A4** ATAS Symposium
- B1** Male Toilet
- B2** Female Toilet
- B3** Disabled Toilet & Baby Change
- C** Suite
- D1** Male Surau
- D2** Female Surau
- E** Lift
- F** ACOS Lunchroom
- G** Reception Counter
- H1** ACOS Registration
- H2** ATAS Registration
- H3** Exhibitor Registration
- H4** Gala Dinner Registration
- J** Poster Competition
- K1** ACOS Tea Break Area
- K2** ATAS Tea Break Area
- L** Lunch Talk Session
- M** Demo Session Area
- N** Pop-up Booth

## EXHIBITOR DIRECTORY



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IMPIAN ORTO MEDIK SDN BHD	003
OLIVIA NATURAL BEAUTY SDN BHD	004
SOORA BV SDN BHD	005

# ACOS 2025 ACTIVITIES



ACOS  
SYMPOSIUM



RESEARCH  
COMPETITION



ATAS  
SYMPOSIUM



GALA NIGHT



EXHIBITION



# ACOS 2025 SCIENTIFIC COMMITTEE



ASSOC. PROF. DR. UNGKU MOHD  
SHAHRIN MOHD ZAMAN



PROF. DR. WAN AZMAN WAN  
SULAIMAN



DR. ADIBAH HANIM ISMAIL



DR. MASILAMONEY ASIRVATHAM



DR. DANIEL LOOI QI HAO



MR. (DR.) SHAH JUMAAT  
MOHD YUSSOF



ASSOC. PROF. DR.  
ERNIEDA MD HATAH



DATUK DR. MOHAMED RAFI  
MOHAMMED FEIZAL



YBHG. DATO' DR. MOHD AZMAN  
YACOB



DATIN DR. UMMUL WAHIY  
ABDUL HAKIM



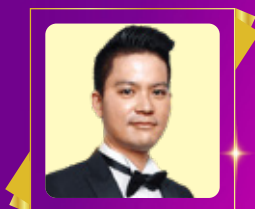
ASSOC. PROF. DR.  
TEGUH TANUWIDJAJA



DR. JOHANNES FLORES DAYRIT



DR. OMER BUHSEM



DR. SEAN TAN SOON KIAT



DR. MOHD HAZIQ MOHD FIRDAUZ

# ACOS 2025 SCIENTIFIC PARTNERS



MINISTRY OF SCIENCE,  
TECHNOLOGY AND INNOVATION



INSTITUTE OF SYSTEMS BIOLOGY,  
UNIVERSITI KEBANGSAAN MALAYSIA



MEDICAL AESTHETIC INTERNATIONAL  
CERTIFICATION (MAIC) PROGRAM



MEDICAL AESTHETIC CERTIFICATION  
(MAC) PROGRAM



HOSPITAL UMRA



CYTOHEALTH

# SCHEDULE



AESTHETIC & COSMETIC  
SYMPOSIUM

DAY I

NOV 1, 2025 | SATURDAY

TIME	EVENTS	SPEAKERS
8.00 AM – 9.00 AM	Registration	
9.00 AM – 9.10 AM	Introduction Session	
	<b>Chairperson: DR. ADIBAH HANIM ISMAIL</b> Session 1: Enhancing Precision in Aesthetic Medicine	
9.10 AM – 9.50 AM	Precision Placement: When to Choose Cannula, Needle, or a Combination for Optimal Results	DR. NURUL AIN ABDULLAH
	Emerging Technologies in Precision Aesthetic Medicine	DR. GOH MING CHUN
9.50 AM – 10.00 AM	Q&A and Certificate Presentation to All Presenters	
	Opening Ceremony	
	VIPs Arrival	
	National Anthem & Dua Recitation	
	Welcoming Remarks	ASSOC. PROF. DR. UNGKU MOHD SHAHRIN MOHD ZAMAN ORGANISING CHAIRMAN
10.00 AM – 10.45 AM	Officiation Speech & Launching Ceremony	DR. HIRMAN ISMAIL DIRECTOR OF MEDICAL PRACTICE DIVISION, MINISTRY OF HEALTH, MALAYSIA
	Momentos Giving & Photo Session	
10.45 AM – 11.05 AM	Coffee Break, Booth & Poster Visit	
	<b>Chairperson: PROF. DR. WAN AZMAN WAN SULAIMAN</b> Session 2: Global Insights in Aesthetic Medicine	
11.05 AM – 12.05 PM	Carapace-Inspired Cannula Tip to Reduce Vascular Occlusion Risk	ASSOC. PROF. DR. TEGUH TANUWIDJAJA
	Men's Aesthetics: Combination of Injectables, Lasers and Energy-based Devices	DR. JOHANNES DAYRIT
12.05 PM – 12.15 PM	Q&A and Certificate Presentation to All Presenters	
12.15 PM – 2.00 PM	Lunch Break, Booth & Poster Visit	
2.00 PM – 2.15 PM	Sponsor Talk: New Ally in Aesthetics: Discovering Letybo's Potential	DATIN DR. ISMALIZA ISMAIL
	<b>Chairperson: DR. CHIN SHIH CHOON</b> Session 3: Hair Loss Therapy	
2.15 PM – 3.15 PM	Exosome Therapy for Hair Loss: Clinician Insights	DR. FOO WING JIAN
	Do Polynucleotide Work for Hair Growth? An Evidence-Based Insight	DR. HANA ROSE
	Long Hair Follicular Unit Excision (FUE) vs. Traditional FUE: Pros, Cons, and Outcomes	DR. ABNER BELEK@ JERIP
3.15 PM – 3.25 PM	Q&A and Certificate Presentation to All Presenters	
3.25 PM – 3.40 PM	Coffee Break, Booth & Poster Visit	
3.40 PM – 3.55 PM	Sponsor Talk: Are Tear Trough Fillers Right for You? Benefits, Risks, and Results	DR. JASMINE RUTH
	<b>Chairperson: DR. MOHAMED FAIZAL ALI</b> Session 4: Injectables	
3.55 PM – 5.05 PM	Off-Label Applications of Botulinum Toxin in Aesthetic Medicine: Key Considerations Before Use	DR. SEAN TAN SOON KIAT
	Skin Boosters vs. Fillers: Complementary or Competing Treatments?	DR. CALVIN CHOO KOK YEW
4.55 PM – 5.05 PM	Q&A and Certificate Presentation to All Presenters	
5.05 PM – 6.00 PM	Booth Visit & Networking Session	
7.00 PM – 11.00 PM	Gala Night Dinner	

# SCHEDULE



AESTHETIC & COSMETIC  
SYMPOSIUM

DAY 2

NOV 2, 2025 | SUNDAY

TIME	EVENTS	SPEAKERS
8.00 AM - 9.00 AM	Registration	
9.00 AM - 9.10 AM	Introduction Session	
	<b>Chairperson: DR. DANIEL LOOI QI HAO</b> Session 5: Pigmentation and Skin Condition Solutions	
	Refractory Melasma: Combination Approach for Better Results	DR. NICOLE NG I
9.10 AM - 10.10 AM	Periorbital Hyperpigmentation: What Is the Best Treatment Approach?	MEJAR (B) DR. HAMIDAH MOHD SALLEH
	Probiotics or Postbiotics in Skincare: What Does the Clinical Evidence Say?	DR. NUR ASHIKIN AHMAD
10.10 AM - 10.20 AM	Q&A and Certificate Presentation to All Presenters	
10.20 AM - 10.35 AM	Coffee Break & Booth Visit	
10.35 AM - 10.50 AM	Sponsor Talk: Redefining Skin Rejuvenation: Minimally Invasive, Low-Risk, High-Efficacy Treatment with Photobiomodulation and Non-Ablative Fractional Laser	DR. CHEAH WEI LOON
	<b>Chairperson: DR. AMIRATUL NABILAH NORDIN</b> Session 6: Aesthetic Interventions: From Body Repair to Image-Guided Precision	
	New Modified Undermined Suture Rectus Muscle Re-approximation at Cesarean Delivery - 'Six Pack' Repair	DR. QUEK YEK SONG
	Erectile Dysfunction: Aesthetic Approaches for Sexual Wellness	DR. PRAHALATHAN PALANIAPPAN
10.50 AM - 11.20 AM	Ultrasound Guided Periorbital Injection Technique; Improve Precision and Results	DR. ALICE GOH SIEW CHING
11.20 AM - 12.00 PM	Q&A and Certificate Presentation to All Presenters	
12.00 PM - 12.15 PM	Sponsor Talk: From Root to Strand: An Evidence-based Solution with Procyanidin B2	MS. ANGEL CHONG HUI XIAN
12.30 PM - 2.00 PM	Lunch Break, Booth & Poster Visit	
2.00 PM - 2.15 PM	Sponsor Talk: Precision Lifting Through the Multilayer Thermal Concept by Ultravel Q+	DR. IVAN YONG
	<b>Chairperson: MR. (DR.) SHAH JUMAAT MOHD YUSSOF</b> Session 7: Body Contouring	
	Body Contouring with Injectable Treatments: Are They a Safe Solution for Fat Reduction?	DR. DEVANANTHAN ILENGHOVEN
2.15 PM - 3.15 PM	GLP-1 Agonists for Weight Loss in Aesthetic Practice: Are They Effective, Safe, and Legal in Malaysia?	DR. LIM QUAN HZIUNG
	Sit Back and Get Toned? What Studies Say About Electrical Muscle Stimulation (EMS) Device	DR. ONG KUOK TJUN
3.15 PM - 3.25 PM	Q&A and Certificate Presentation to All Presenters	
3.25 PM - 3.40 PM	Coffee Break, Booth & Poster Visit	
3.40 PM - 3.55 PM	Sponsor Talk: Best Practice in CoolTreatments	DR. ANDRÉ STEPS
	<b>CHAIRPERSON: DR. MASILAMONEY ASIRVATHAM</b> Session 8: Trends and Challenges in Aesthetic Practice	
	Managing Patient Grievances and Legal Complaints in Aesthetic Practice	ASSOC. PROF. DR. NORAIZA ABDUL RAHMAN
3.55 PM - 4.55 PM	From Clinic to Clicks: Content Creation for Doctors	DR. AMANDA ELLI
	The Controversy of IV Drips in Aesthetic Practice: Are They Effective, Safe, and Legal in Malaysia?	DR. SUGANTHY ROBINSON
4.55 PM - 5.05 PM	Q&A and Certificate Presentation to All Presenters	
5.05 PM - 5.40 PM	Prize Ceremony and Lucky Draw Session	
5.40 PM - 6.00 PM	Closing Speech	



# OFFICIATOR & ORGANISING CHAIRMAN



**DR. HIRMAN ISMAIL**

DIRECTOR OF MEDICAL PRACTICE DIVISION,  
MINISTRY OF HEALTH, MALAYSIA



**ASSOC. PROF. DR.  
UNGKU MOHD SHAHRIN MOHD ZAMAN**

ACOS ORGANISING CHAIRMAN

# MEET OUR CHAIRPERSONS



**DR. ADIBAH HANIM ISMAIL**

AESTHETIC PHYSICIAN & FAMILY  
MEDICINE SPECIALIST, UPM



**PROF. DR. WAN AZMAN WAN SULAIMAN**

CONSULTANT PLASTIC &  
RECONSTRUCTIVE SURGEON,  
USAINS HEALTHCARE, USM



**DR. CHIN SHIH CHOON**

AESTHETIC PHYSICIAN,  
AESSENCE CLINIC



**DR. MOHAMED FAIZAL ALI**

CONSULTANT PLASTIC &  
RECONSTRUCTIVE SURGEON,  
KPJ JOHOR SPECIALIST HOSPITAL



**DR. DANIEL LOOI QI HAO**

ADJUNCT ASSOC. PROF.,  
FACULTY OF HEALTH AND MEDICAL  
SCIENCES (TAYLOR'S UNIVERSITY)



**DR. AMIRATUL NABILAH NORDIN**

AESTHETIC PHYSICIAN,  
RUBY CLINIC MONT KIARA



**MR. (DR.) SHAH JUMAAT MOHD YUSSOF**

CONSULTANT PLASTIC &  
RECONSTRUCTIVE SURGEON  
HOSPITAL AL-SULTAN ABDULLAH, UiTM



**DR. MASILAMONEY ASIRVATHAM**

MEDICAL AESTHETIC AND GENERAL  
MEDICINE PRACTITIONER,  
MEDIVIRON CLINIC



# MEET OUR SPEAKERS



**Precision Placement: When to Choose Cannula, Needle, or a Combination for Optimal Results**

**DR. NURUL AIN ABDULLAH**

FOUNDER & MEDICAL DIRECTOR,  
ALAINN CLINIC



**Emerging Technologies in Precision Aesthetic Medicine**

**DR. GOH MING CHUN**

FOUNDER & MEDICAL DIRECTOR,  
BELECO CLINIC



**Carapace-Inspired Cannula Tip to Reduce Vascular Occlusion Risk**

**ASSOC. PROF. DR. TEGUH TANUWIDJAJA**

WORLD PRESIDENT,  
INTERNATIONAL SOCIETY OF AESTHETIC MEDICINE  
(ISAM)



**Men's Aesthetics: Combination of Injectables, Lasers and Energy-based Devices**

**DR. JOHANNES DAYRIT**

CONSULTANT DERMATOLOGIST, DE LA SALLE  
MEDICAL AND HEALTH SCIENCES INSTITUTE,  
PHILIPPINES

# MEET OUR SPEAKERS



## Exosome Therapy for Hair Loss: Clinician Insights

**DR. FOO WING JIAN**

AESTHETIC PHYSICIAN,  
PREMIER CLINIC



## Do Polynucleotide Work for Hair Growth? An Evidence-Based Insight

**DR. HANA ROSE**

AESTHETIC PHYSICIAN,  
ROSE BAY CLINIC



## Long Hair Follicular Unit Excision (FUE) vs. Traditional FUE: Pros, Cons, and Outcomes

**DR. ABNER BELEK@JERIP**

PHYSICIAN,  
ASSOCIATE MEMBER OF THE INTERNATIONAL  
SOCIETY OF HAIR RESTORATION SURGEONS (ISHRS)



## Off-Label Applications of Botulinum Toxin in Aesthetic Medicine: Key Considerations Before Use

**DR. SEAN TAN SOON KIAT**

AESTHETIC PHYSICIAN & MAC TRAINER



# MEET OUR SPEAKERS



## Skin Boosters vs. Fillers: Complementary or Competing Treatments?

**DR. CALVIN CHOO KOK YEW**

MEDICAL DIRECTOR,  
FIVE CLINIC



## Refractory Melasma: Combination Approach for Better Results

**DR. NICOLE NG I**

AESTHETIC PHYSICIAN,  
UR KLINIK



## Periorbital Hyperpigmentation: What Is the Best Treatment Approach?

**MEJAR (B) DR. HAMIDAH MOHD SALLEH**

FOUNDER & AESTHETIC PHYSICIAN,  
LOVINA CLINIC



## Probiotics or Postbiotics in Skincare: What Does the Clinical Evidence Say?

**DR. NUR ASHIKIN AHMAD**

DERMATOLOGIST,  
SUNWAY MEDICAL CENTRE VELOCITY

# MEET OUR SPEAKERS



## New Modified Undermined Suture Rectus Muscle Re-approximation at Cesarean Delivery - 'Six Pack' Repair

**DR. QUEK YEK SONG**

CONSULTANT OBSTETRICS AND  
GYNAECOLOGY (ADVISORY),  
LUXE'S CLINIC



## Erectile Dysfunction: Aesthetic Approaches for Sexual Wellness

**DR. PRAHALATHAN PALANIAPPAN**

PHYSICIAN,  
VIVARDI CLINICS



## Ultrasound Guided Periorbital Injection Technique: Improve Precision and Results

**DR. ALICE GOH SIEW CHING**

OCULOPLASTIC SURGEON,  
BE SPECIALIST CLINIC



# MEET OUR SPEAKERS



**Body Contouring with Injectable Treatments: Are They a Safe Solution for Fat Reduction?**

**DR. DEVANANTHAN ILENGHOVEN**

CONSULTANT PLASTIC, RECONSTRUCTIVE & AESTHETIC SURGEON,  
HOSPITAL AL-SULTAN ABDULLAH, UiTM



**GLP-1 Agonists for Weight Loss in Aesthetic Practice: Are They Effective, Safe, and Legal in Malaysia?**

**DR. LIM QUAN HZIUNG**

MEDICAL LECTURER & ENDOCRINOLOGIST,  
UNIVERSITI MALAYA



**Sit Back and Get Toned? What Studies Say About Electrical Muscle Stimulation (EMS) Device**

**DR. ONG KUOK TJUN**

AESTHETIC PHYSICIAN,  
CLIQUE CLINIC

# MEET OUR SPEAKERS



## Managing Patient Grievances and Legal Complaints in Aesthetic Practice

**ASSOC. PROF. DR. NORAIZA ABDUL RAHMAN**

SENIOR LECTURER,  
FACULTY OF LAW, UiTM



## From Clinic to Clicks: Content Creation for Doctors

**DR. AMANDA ELLI**

MEDICAL DOCTOR & AESTHETICS,  
PRINZ MEDICAL CLINIC



## The Controversy of IV Drips in Aesthetic Practice: Are They Effective, Safe, and Legal in Malaysia?

**DR. SUGANTHI ROBINSON**

CONSULTANT DERMATOLOGIST,  
HOSPITAL KUALA LUMPUR



AESTHETIC & COSMETIC  
SYMPOSIUM

# RESEARCH COMPETITION

SCIENCE-DRIVEN AESTHETICS:  
REDEFINING BEAUTY WITH EVIDENCE

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## Combination Therapy Using Q-Switched Nd:YAG Laser and Oral Tranexamic Acid for Melasma Treatment

[1] Loo Shi Jin

[1] UR Klinik Raja Uda, Butterworth, Pulau Pinang, Malaysia

Corresponding Author email: [ur.dr.looshijin@gmail.com](mailto:ur.dr.looshijin@gmail.com)

**M**ELASMA is a chronic, relapsing hyperpigmentation disorder with significant psychosocial impact, particularly in individuals with darker skin types. Low-fluence Q-switched Nd:YAG laser (LFQSNY) is a widely used treatment option. The adjunctive use of oral tranexamic acid (TA) has been proposed to improve outcomes. This is a case of 49-year-old Chinese woman (Fitzpatrick skin type IV) with a 10-year history of centrofacial melasma. Treatment commenced with LFQSNY (Spectra XT™, 1064 nm, 8 mm spot size, 10 Hz, fluence 0.55–0.90 J/cm<sup>2</sup>, three passes per session) with a total of 18 sessions. Oral TA 250 mg OD was initiated after the eighth session due to suboptimal response and a flare following sun exposure. Clinical improvement was assessed using the modified Melasma Area and Severity Index (mMASI). At baseline, the mMASI score was 13.8. The score increased to 15.3 by the eighth session after patient had a sunburnt. Following the introduction of oral TA, progressive reduction was observed, reaching 8.7 at session 15 and 5.8 at session 18. No adverse events were reported during or after six months of TA therapy. The combination regimen demonstrated enhanced and sustained improvement compared with LFQSNY monotherapy. This case highlights the potential benefit of combining LFQSNY with oral TA for chronic melasma, achieving significant improvement. Further randomized controlled trials are warranted to validate the efficacy and safety of this multimodal approach across different melasma subtypes and patient populations.

Keywords: *Melasma, Q-switched Nd:YAG laser, Tranexamic acid, Combination treatment, Hyperpigmentation*



## Efficacy of Combination Therapy for Melasma Using Low Fluence Q-Switched Nd:YAG Laser, Pulsed Dye Laser, High-Intensity Focused Ultrasound, and Polynucleotides: A Case Report

[1] Chew Phoay Koon

[1] UR Klinik, Bukit Mertajam, Pulau Pinang, Malaysia

Corresponding Author email: [chewpk94@gmail.com](mailto:chewpk94@gmail.com)

**M**ELASMA is a chronic hyperpigmentation disorder with complex pathogenesis, making it difficult to treat effectively with a single modality. Conventional therapies often show limited efficacy and frequent recurrences, highlighting the need for multi-targeted treatment strategies. This case describes a 41-year-old woman with Fitzpatrick skin type III and a seven-year history of malar melasma with telangiectatic erythema, who was successfully treated with a multimodal combination therapy. Over a four-month period, she received five sessions of low-fluence Q-switched Nd:YAG laser (LFQSNYL) with pulsed dye laser (PDL), two sessions of high-intensity focused ultrasound (HIFU), and three sessions of polynucleotide (PN) injections. Treatment efficacy was assessed using the modified Melasma Area and Severity Index (mMASI) in conjunction with patient-reported satisfaction. The patient's mMASI score decreased from 13.2 to 3.3, with visible improvement in both pigmentation and vascular erythema. The patient reported high satisfaction with the results, and no recurrence was noted at three-month follow-up. This case highlights the synergistic benefit of addressing melanin deposition, vascular proliferation, and photoaging simultaneously through combination therapy. By targeting multiple pathogenic pathways, this approach may provide more effective and sustained outcomes. While promising, further clinical studies with larger sample sizes and long-term follow-up are required to validate efficacy and optimize treatment protocols.

**Keywords:** *High-intensity focused ultrasound, Low fluence Q-switched Nd:YAG laser, Melasma, Pulsed dye laser, Polynucleotides.*

## Treatment of Acquired Bilateral Nevus of Ota-like Macules with Concomitant Dermal Melasma Using Q-Switched Nd:YAG Laser: A Case Report

[1] Ann Chew Liyen

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Corresponding Author email: [annliyen@gmail.com](mailto:annliyen@gmail.com)

**T**HE concurrent presence of melasma and acquired bilateral nevus of Ota-like macules (ABNOM) presents unique challenges in dermatological treatment, as both conditions involve pigmented lesions but require distinct approaches. This case report discusses the treatment of a patient with ABNOM and concomitant dermal melasma using the 1064-nm Q-switched Nd:YAG laser (QSNYL). We report a 50-year-old female patient with Fitzpatrick type IV presented at our clinic with both ABNOM and dermal melasma. She was treated with 1064-nm QSNYL for 20 sessions over 21 months, with treatment intervals ranging from 4 to 6 weeks. The outcome showed significant improvement in both ABNOM and melasma, as evidenced by the clearance of ABNOM lesions and a reduction in the modified Melasma Area and Severity Index (mMASI) score, which decreased from 21.60 at the initial consultation to 6.40 over 21 months. In conclusion, our findings suggest the potential efficacy of 1064-nm QSNYL in treating patients with both ABNOM and dermal melasma in a Malaysian population. Further studies are needed to determine the efficacy and safety of 1064-nm QSNYL in treating larger cohorts of patients with ABNOM and concurrent melasma.

*Keywords: Acquired bilateral nevus of Ota-like Macules, Melasma, Q-switched Nd:YAG laser*



## Photonics and Advanced MOF–Nanomaterial for Potential Non–invasive Skin and Tissue Therapies

[1,2] **N. M. Gandana**, [1,3] **Norazriena Yusoff**

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**P**HOTONICS integrated with advanced nanomaterials offers new opportunities for non-invasive biomedical therapies. The Q-switched laser technique, well known for its role in skin and tissue treatments such as tattoo removal, scar revision, and dermatological resurfacing, delivers high-peak-power, short-duration pulses with minimal thermal damage to surrounding tissue. Building on this principle, we demonstrate Q-switched operation in a Praseodymium-doped ZBLAN fiber (PDFF) laser within the O-band by employing a thin-film saturable absorber (SA) based on the metal–organic framework ZIF-67 (zeolitic imidazolate framework). Owing to its porous architecture, high surface area, and favorable nonlinear optical response, ZIF-67 provides efficient light–matter interaction that enables stable Q-switching. When integrated into a ring-shaped cavity, the ZIF-67 thin film produced pulses at 1303.06 nm, with the repetition rate increasing from 75.37 to 84.68 kHz and the pulse duration narrowing from 3.65 to 3.37  $\mu$ s as the pump power rose from 960.7 to 975.1 mW. A maximum pulse energy of 32.71 nJ and output power of 2.77 mW were achieved. These preliminary results highlight the potential of ZIF-67 thin films as effective nonlinear optical materials for compact, wavelength-flexible Q-switched lasers, opening pathways for both biomedical photonics and next-generation non-invasive therapeutic technologies.

*Keywords: Photonics, Advanced nanomaterial, Q-switched, ZIF-67, Non-invasive technology.*

## Evaluating the Efficacy of 1064 nm Q-Switched Nd:YAG Laser in Q-PTP Mode for Treating Concurrent Nevus of Ota and Melasma: A Case Report

[1] Chan Qing Yan

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**N**EVUS of Ota and melasma are dermal hyperpigmentation disorders that often pose therapeutic challenges due to their diverse etiologies and variable responses to treatment. This case report presents a 44-year-old Chinese woman with Fitzpatrick skin type IV, diagnosed with concurrent Nevus of Ota and melasma, who had pigmentation on the left side of her face and forehead since childhood. She had previously undergone non-ablative laser therapy and topical treatments, but no improvement seen. The patient subsequently received ten treatment sessions using a 1064 nm Q switched Nd:YAG laser (QSNYL) in Quickly-pulse-to-pulse (Q-PTP) mode over one year, with 1–2-month intervals between sessions. For Nevus of Ota, laser settings included fluence 4.0–5.2 J/cm<sup>2</sup>, 4 mm spot size, and 5 Hz pulse rate with a single pass. For melasma, settings included fluence 0.7–0.8 J/cm<sup>2</sup>, 8 mm spot size, and 10 Hz pulse rate with three passes. Following treatment, the patient's Melasma Area and Severity Index (MASI) score improved from 5.2 to 2.6. Clinical evaluation showed Grade II (26–50%) improvement in Nevus of Ota and moderate improvement in melasma, with enhanced skin tone and patient satisfaction. No major adverse effects were reported. These findings suggest that the 1064 nm QSNYL in Q-PTP mode may serve as a promising therapeutic option for patients with concurrent Nevus of Ota and melasma, particularly in Asian populations. Further studies with large scale studies are needed to validate its long-term efficacy and safety.

Keywords: *Nevus of Ota, Melasma, Q-switched Nd:YAG laser, Q-PTP mode, Hyperpigmentation*



## Mastectomy Consideration Following Recurrent Breast Abscesses After Filler Injection: A Case Report

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[<sup>1</sup>]Klinik Suri, KPJ Tawakkal KL Specialist Hospital

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**B**REAST augmentation procedures have evolved significantly, shifting from invasive to minimally invasive approaches. Injectable fillers are among the preferred options due to their less invasive nature; however, their safety and legality remain controversial and vary by region. In Malaysia, the use of breast fillers has increased, yet the true incidence and complications are underreported due to inadequate regulation. This case involves a 50-year-old woman who developed recurrent breast abscesses in 2020 following a filler injection performed by an uncredentialed beautician. Despite multiple incision and drainage procedures and prolonged antibiotic therapy, she continued to experience abscess recurrence with significant breast tissue distortion. Culture results revealed *Pseudomonas aeruginosa* and MRSA infections, leading to prolonged hospitalization and discussions regarding bilateral mastectomy. Conservative management was continued after multidisciplinary evaluation. Serial MRI follow-up up to October 2024 demonstrated persistent injection granulomas and post-surgical fibrosis without new abscess formation. This case underscores the severe and long-term complications that can result from unregulated breast filler use, emphasizing the importance of patient education, strict procedural regulation, and multidisciplinary management in preventing morbidity and unnecessary surgical interventions such as mastectomy.

Keywords: *Breast abscess, Injectable fillers, Cosmetic procedures, Infection, mastectomy*

# ACOS 2025 POSTER PRESENTATION ABSTRACT

## The Effect of Earlobe Acupuncture on Fitness 12-Minute Running Test for Students of the Faculty of Medicine, Indonesian Defence University

[1,2]Elies Fitriani\*, [2]Endang Ernandini, [1]Stefanus Agung Budianto,  
[1]Christina L. Simadibrata, [1]Hasan Mihardja, [1]Adiningsih  
Srilestari

[1]Medical Acupuncture Specialist Program, Universitas Indonesia

[2]Indonesia Defence University

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**P**HYSICAL fitness is important for maintaining physical health, increasing concentration, endurance, and productivity. Students who have a good level of physical fitness are more physically prepared to participate in learning activities that require high concentration and stamina to participate in academic learning activities and non-academic extracurricular activities. Increasing evidence shows that acupuncture has a good effect on physical exercise endurance. This study assessed the effectiveness of auricle acupuncture compared to sham auricle acupuncture on physical exercise fitness, especially in semi-military communities. The design of this study was a single randomized controlled clinical trial. The study was conducted at the TNI Hambalang PMPP Field from September to November 2024. There were 2 study groups, the auricle presses needle acupuncture group compared to the sham group. The intervention group was given press needles at the ear points MA-TF1 Shenmen, MA-IC4 Heart and MA-IC4 Sympatetic 30 minutes before starting the running session, using a 0.22 mm x 15 mm press needle. Press needle, pressed for 1 minute at the beginning, removed 15 minutes after running. The sham group received the same treatment with non-needle plaster. Data collection was carried out 2 times, for pretest data and the second treatment as posttest data. Outcome assessments were carried out at 5-, 10-, and 15-minutes post run. Press needle acupuncture therapy resulted in significant improvement in physical fitness ( $p < 0.05$ ) in male VO2max prediction parameters, intensity and HRpeak, as well as decreased systolic, diastolic, and pulse blood pressure at the fifth minute, decreased effort borg score at the fifth and 10th minutes. No significant results were obtained in the leg fatigue score ( $p > 0.05$ ). Press needle acupuncture therapy significantly improved physical fitness ( $p < 0.05$ ) compared to the sham group.

Keywords: *Earlobe acupuncture, Press needle acupuncture, Physical fitness, Endurance, Sports acupuncture, 12-minute running test.*



## Minimally Invasive Blood-Based Therapy for Cartilage Regeneration: A Novel Scaffold-Free Approach using Peripheral Blood-Derived Mesenchymal Stromal Cells and Platelet-Rich Plasma

[<sup>1</sup>]Rufaidah Othman\*, [<sup>1</sup>]Pan Pan Chong, [<sup>1</sup>]Tunku Kamarul

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**A**RTICULAR cartilage defects affect millions globally, with 50% progressing to post-traumatic osteoarthritis within 20 years. Current treatments require invasive bone marrow or adipose tissue harvesting, increasing patient morbidity and costs. Peripheral blood-derived mesenchymal stromal cells (PB-MSCs) offer a minimally invasive alternative through simple blood collection yet remain underexplored. This study investigates the synergistic potential of PB-MSCs combined with platelet-rich plasma (PRP) for hyaline cartilage regeneration in a scaffold-free approach, advancing accessible regenerative medicine. New Zealand White rabbits (N=30) with bilateral full-thickness cartilage defects (4mm diameter) were randomized into five groups: PB-MSC alone, PRP alone, PB-MSC+PRP combination, defect control, and normal control. PB-MSCs were validated through immunophenotyping and tri-lineage differentiation against bone marrow-MSCs and adipose tissue-MSCs. PRP was prepared, achieving 5-fold platelet concentration. Intra-articular injections ( $1 \times 10^6$  cells) were administered weekly for three weeks. Outcomes were assessed at 3 and 6 months using Modified Brittberg and Modified O'Driscoll histological scoring (H&E, Safranin-O, type II collagen immunohistochemistry) and quantitative morphometric analyses by four blinded observers. PB-MSCs demonstrated positive MSC characteristics with high CD90 expression (>99%) and successful tri-lineage differentiation, validating their therapeutic potential. Combinatorial PB-MSC+PRP treatment achieved superior cartilage regeneration with progressive improvement from 3 to 6 months. At 6 months, the combination therapy achieved Modified O'Driscoll scores of  $21.00 \pm 1.36$  compared to defect controls ( $8.00 \pm 1.00$ ,  $p < 0.0001$ ), significantly outperforming individual PB-MSC ( $19.00 \pm 0.88$ ) and PRP ( $13.00 \pm 1.26$ ) therapies. Histological analyses confirmed hyaline-like cartilage formation with positive type II collagen expression and proteoglycan deposition, demonstrating near-complete defect filling. This scaffold-free, blood-based approach represents a significant advancement in orthopedic regenerative medicine, offering accessible, cost-effective treatment through minimally invasive procedures. The validated synergistic efficacy establishes immediate clinical translation potential, addressing global healthcare challenges particularly in resource-limited settings.

Keywords: *Peripheral blood mesenchymal stromal cells, Platelet-rich plasma, Cartilage regeneration, Scaffold-free therapy, Minimally invasive*

## Exploring Factors Influencing Consumers to Undergo Aesthetic Medical Treatments in Malaysia: A Cross-Sectional Study

**USMARI Research & Innovation Centre**

Corresponding author email: [info@usmari.org.my](mailto:info@usmari.org.my)

**T**HIS study investigated factors influencing consumers to undergo aesthetic medical treatments in Malaysia. A self-administered survey was distributed via Google Forms to individuals who had previously undergone aesthetic treatments. The survey comprised three sections: sociodemographic data, influencing factors (personal desires, physical concerns, psychosocial influences, social media, external influences, and life events), and clinic selection criteria. A total of 90 respondents participated, mostly aged 30–39 years (52.2%), female (85.6%) and married (55.6%). Respondents primarily underwent aesthetic treatments to fulfill personal desires and enhance physical appearance, such as achieving smoother skin (95.6%), maintaining beauty with age (90.0%), becoming more beautiful (88.9%), and addressing skin issues (85.6%). Psychosocial motivations were also notable, including improving appearance (90.0%), boosting confidence (88.9%), and enhancing self-esteem (84.4%). Social media, external influences, and significant life events had minimal impact on treatment decisions. When selecting a clinic, respondents prioritized safety, good reputation, experienced and LCP-certified doctors, and recommendations from trusted healthcare professionals. Personal desires and psychosocial motivations were the primary drivers influencing Malaysians to undergo aesthetic medical treatments. Safety, credibility, and practitioner expertise were key considerations in clinic selection, emphasizing the importance of patient-centered communication and qualified practitioners in promoting safe aesthetic practices.

*Keywords: Consumers, Aesthetic treatments, Malaysia*



# AESTHETIC THERAPIST

## ACADEMIC SYMPOSIUM

SCIENCE-DRIVEN AESTHETICS:  
REDEFINING BEAUTY WITH EVIDENCE

1<sup>ST</sup> & 2<sup>ND</sup>  
NOVEMBER 2025

SETIA CITY  
CONVENTION CENTRE,  
SHAH ALAM,  
SELANGOR



ORGANISER:



CO-ORGANISER:



SCIENTIFIC PARTNER:



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**DATIN HAJAH NORLISA LEE ABDULLAH**



**MRS. PUNITHA LETCHUMY  
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**MRS. HASNIDZA AHMED REDZA**



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INTERNATIONAL ACADEMY OF  
ADVANCED AESTHETIC (IAAA)



EMSA CLINIC

# SCHEDULE

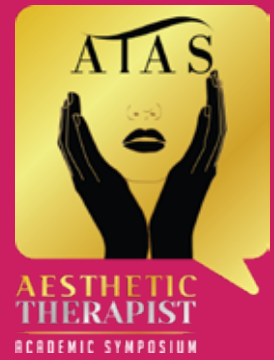


**DAY I**

**NOV 1, 2025 | SATURDAY**

TIME	EVENTS	SPEAKERS
8.00 AM - 9.00 AM	Registration	
9.00 AM - 9.10 AM	Introduction Session	
	<b>Chairperson: MRS. HASNIDZA AHMED REDZA</b>	
9.05 AM - 10.00 AM	Guidelines and Regulations for Beauty Centers: Compliance with KPDM – What You Need to Know	MR. MUHAMMAD SAFAREL SAAD
	Legal Aspects Of The Beauty Business	MR. JOEL SEE
9.50 AM - 10.00 AM	Q&A and Certificate Presentation to All Presenters	
	Opening Ceremony (Ballroom 1)	
10.45 AM - 11.05 AM	Coffee Break, Booth & Poster Visit	
	<b>Chairperson: MRS. HASNIDZA AHMED REDZA</b>	
11.05 AM - 12.15 PM	Global Standards in Beauty & Spa Education: Aligning Practice with International Ethics and Regulations Through the Lens of an International Examiner	DATIN HAJAH NORLISA LEE ABDULLAH
	Setting Up a Spa: A Journey from Experience to Success	DATIN NARQES MOHD RAIMI
	Empowering Women, Transforming Futures: Harnessing Beauty Services as a Pathway Out of Poverty for Malaysia's B40 Women	MR. SUNNY SANTOKH SHERPA
12.05 PM - 12.15 PM	Q&A and Certificate Presentation to All Presenters	
12.15 PM - 12.30 PM	Sponsor Talk: The Hidden Key to Intimate Wellness: Microbiome Balance with Postbiotics	MS. CHLOE CHOI DAHYE
12.30 PM - 2.00 PM	Lunch Break, Booth & Poster Visit	
	<b>Chairperson: ASSOC. PROF. DR. SHARIZA SAHUDIN</b>	
2.00 PM - 3.15 PM	Personalized Treatment: Understanding Skin Differences Across Ethnicities	DR. MOHD HAZIQ MOHD FIRDAUZ
	Body Spa & Therapy: Integrating 'Urutan Malaysia' for Complete Body Relaxation	MRS. FARIDAH AHMAD FADZIL
	Behind the Glow: The Dark Trade of Smuggled Beauty Products	YBRS. TUAN MOHAMAD AZHAR BIN AHMAD PAHARAZI
3.15 PM - 3.25 PM	Q&A and Certificate Presentation to All Presenters	
3.25 PM - 3.40 PM	Coffee Break, Booth & Poster Visit	
	<b>Chairperson: MR. JOEL SEE</b>	
3.35 PM - 5.00 PM	Forum discussion: Home-Use Beauty Device : Are They Safe, And Who Ensures Their Compliance?	
	1. Home-Use Beauty Device - Who Monitored Their Registration?	MRS. MARYAM NAZEERA SUHAIMI
	2. How To Make Sure Their Safe Use for The Public?	DR. EDDIE GOH
	3. Example Of Cases Related to The Misuse of These Devices	
	4. Way Forward: What Can We Do?	
4.55 PM - 5.05 PM	Q&A and Certificate Presentation to All Presenters	
5.05 PM - 6.30 PM	Booth Visit & Networking Session	
7.00 PM - 11.00 PM	Gala Night Dinner	

# SCHEDULE



**DAY 2**

**NOV 2, 2025 | SUNDAY**

TIME	EVENTS	SPEAKERS
8.00 AM - 9.00 AM	Registration	
9.00 AM - 9.05 AM	Introduction Session	
	<b>Chairperson: MRS. HANA HALIM</b>	
	Non-Invasive Aesthetic Options: Trends, and Techniques for Beauticians	MRS. PUNITHA LETCHUMY MUTHIAH@MUTHU
9.05 AM - 10.05 AM	Traditional Herbal Products: Benefits, Usage, and Modern Applications	PROF. DR. WAN MOHD AZIZI WAN SULAIMAN
	Women Wellness: Essential Female Health Care	DR. TENGKU NUR 'ATIQA
10.05 AM - 10.15 AM	Q&A and Certificate Presentation to All Presenters	
10.15 AM - 10.35 AM	Coffee Break, Booth & Poster Visit	
	<b>Chairperson: MRS. SITI DIYANA MOHD AMIN</b>	
	Mastering The Art Of Haircutting Edge Japanese Modern Hairstyling	MS. JASMINE GOH AI LIAN
10.35 AM - 11.55 AM	Dermatology via Ayurveda : The Toxic Dermatopathy Step-by-Step Spa Non-Invasive Techniques	VR. BAWANI NESAMANY, MD
	Manicure and Pedicure: Latest Trends and Techniques	MRS. SITI NURUL HUDA SAPARUDIN
11.35 PM - 11.55 PM	Q&A and Certificate Presentation to All Presenters	
12.00 PM - 2.00 PM	Lunch Break, Booth & Poster Visit	
	<b>Chairperson: MRS. PUNITHA LETCHUMY MUTHIAH@MUTHU</b>	
	Non-Invasive Aesthetic Treatments I: Advanced Hair Removal	DATIN DR. SHUJATHA M.P. RAJOO
2.00 PM - 3.00 PM	Non-Invasive Aesthetic Treatments II: Body Contouring Innovations	DR. NURUL SYUHADA ZAMRE
	Non-Invasive Aesthetic Treatments III: Modern Chemical Peels	DR. SIMERDIP KAUR
3.00 PM - 3.15 PM	Q&A and Certificate Presentation to All Presenters	
3.15 PM - 3.35 PM	Coffee Break, Booth & Poster Visit	
	<b>Chairperson: DR. NADZIRAH ABDULLAH</b>	
	Forum discussion: Marketing Strategy - Boost Your Business	DR. LIM ING KIEN
3.50 PM - 5.05 PM	<ol style="list-style-type: none"> <li>1. Going Viral: How to Use Instagram &amp; TikTok to Grow Your Beauty Business</li> <li>2. Personal Branding for Beauticians: Stand Out &amp; Get More Clients</li> <li>3. Global Glow: Incorporating International Beauty Trends into Your Services (K-beauty &amp; J-beauty etc)</li> <li>4. Consumer Psychology- How to increase your business</li> </ol>	MRS. VANDA CHAN LENG AI DR. SURIANA RAMLI
4.55 PM - 5.05 PM	Q&A and Certificate Presentation to All Presenters	
5.05 PM - 5.35 PM	Prize Ceremony & Lucky Draw Session (Ballroom 1)	
5.35 PM - 6.00 PM	Closing Speech (Ballroom 1)	

# MEET OUR CHAIRPERSONS



**MRS. HASNIDZA AHMED REDZA**

SECRETARY GENERAL,  
NATIONAL BOARD OF BEAUTY (NBOB)



**ASSOC. PROF. DR. SHARIZA SAHUDIN**

SENIOR LECTURER,  
FACULTY OF PHARMACY UTM



**MR. JOEL SEE**

CHIEF EXECUTIVE OFFICER METIS CONSULTING  
LLP., VICE CHAIRMAN & LEGAL ADVISOR  
NATIONAL BOARD OF BEAUTY (NBOB)



**MRS. HANA HALIM**

BOARD MEMBER,  
AMSPA



**MRS. SITI DIYANA BINTI MOHD AMIN**

FOUNDER & CEO,  
DIYANA GLOBAL GROUP SDN BHD



**MRS. PUNITHA LETCHUMY MUTHIAH@MUTHU**

FOUNDER,  
ANCIENT HERBS HAIR & SKIN  
AESTHETIC CENTER



**DR. NADZIRAH ABDULLAH**

DIRECTOR,  
EMSA CLINIC

# MEET OUR SPEAKERS



## Guidelines and Regulations for Beauty Centers: Compliance with KPDN – What You Need to Know

**MR. MUHAMMAD SAFAREL SAAD**

ENFORCEMENT OFFICER,  
KPDN NEGERI SELANGOR



## Legal Aspects Of The Beauty Business

**MR. JOEL SEE**

CHIEF EXECUTIVE OFFICER METIS CONSULTING LLP., VICE CHAIRMAN & LEGAL ADVISOR NATIONAL BOARD OF BEAUTY (NBOB)



## Global Standards in Beauty & Spa Education: Aligning Practice with International Ethics and Regulations Through the Lens of an International Examiner

**DATIN HAJAH NORLISA LEE ABDULLAH**

CIDESCO INTERNATIONAL EXAMINER AND INTERNATIONAL EDUCATION COMMITTEE MEMBER (ZURICH, SWITZERLAND), ADVISOR OF NATIONAL BOARD OF BEAUTY (NBOB)



## Setting Up a Spa: A Journey from Experience to Success

**DATIN NARQES MOHD RAIMI**

FOUNDER & CHIEF OPERATING OFFICER (COO),  
NARQES HOLDINGS SDN. BHD.

# MEET OUR SPEAKERS



**Empowering Women, Transforming Futures: Harnessing Beauty Services as a Pathway Out of Poverty for Malaysia's B40 Women**

**MR. SUNNY SANTOKH SHERPA**

CIDESCO/CIBTAC INDEPENDENT HEALTH & BEAUTY CONSULTANT



**Personalized Treatment: Understanding Skin Differences Across Ethnicities**

**DR. MOHD HAZIQ MOHD FIRDAUZ**

LCP-CERTIFIED AESTHETIC DOCTOR, CLINIC MAJESTIC UMRA



**Non-Invasive Aesthetic Options: Trends, and Techniques for Beauticians**

**MRS. PUNITHA LETCHUMY D/O MUTHIAH@MUTHU**

FOUNDER, ANCIENT HERBS HAIR & SKIN AESTHETIC CENTER



**Behind the Glow: The Dark Trade of Smuggled Beauty Products**

**YBRS. TUAN MOHAMAD AZHAR AHMAD PAHARIZ**

DIRECTOR OF SELANGOR ROYAL MALAYSIAN CUSTOMS, SELANGOR



# MEET OUR SPEAKERS



**Forum discussion:**  
**Home-Use Beauty Device : Are They Safe, And Who Ensures Their Compliance?**

**MRS. MARYAM NAZEERA BINTI SUHAIMI**

SENIOR ASSISTANT DIRECTOR,  
POLICY & STRATEGIC PLANNING DIVISION (DASAR),  
MDA



**Forum discussion:**  
**Home-Use Beauty Device : Are They Safe, And Who Ensures Their Compliance?**

**DR EDDIE GOH**

FOUNDER & CEO MONARCH INNOVATION GROUP



**Body Spa & Therapy: Integrating 'Urutan Malaysia' for Complete Body Relaxation**

**MRS. FARIDAH AHMAD FADZIL**

DIRECTOR TANAMERA TROPICAL SPA SDN BHD



**Traditional Herbal Products: Benefits, Usage, and Modern Applications**

**PROF. DR. WAN MOHD AZIZI WAN SULAIMAN**

SENIOR DIRECTOR NUSANTARA TRADITIONAL  
MALAY MEDICINE CENTER OF EXCELLENCE, UCMJ

# MEET OUR SPEAKERS



## Women Wellness: Essential Female Health Care

**DR. TENGKU NUR 'ATIQAH**

FOUNDER BONDAHAVEN WELLNESS SPA



## Mastering The Art Of Haircutting Edge Japanese Modern Hairstyling

**MS. JASMINE GOH AI LIAN**

EDUCATOR  
LE CLASSIC ACADEMY



## Dermatology via Ayurveda : The Toxic Dermatopathy Step-by-Step Spa Non-Invasive Techniques

**VR. BAWANI NESAMANY**

GROUP ACADEMY DIRECTOR,  
EUROPEAN WELLNESS BIOMEDICAL GROUP,  
ADVISOR OF NATIONAL BOARD OF BEAUTY (NBOB)



## Manicure and Pedicure: Latest Trends and Techniques

**MRS. SITI NURUL HUDA SAPARUDIN**

SPA MANAGER,  
YOYOY KAMPHORA SPA



# MEET OUR SPEAKERS



## Non-Invasive Aesthetic Treatments I: Advanced Hair Removal

**DATIN DR. SHUJATHA M.P. RAJOO**

CHIEF EXECUTIVE OFFICER AND MEDICAL DIRECTOR,  
VENICE CLINIC



## Non-Invasive Aesthetic Treatments II: Body Contouring Innovations

**DR. NURUL SYUHADA ZAMRE**

LCP-CERTIFIED AESTHETIC DOCTOR,  
CLIQUE CLINIC



## Non-Invasive Aesthetic Treatments III: Modern Chemical Peels

**DR. SIMERDIP KAUR**

LCP-CERTIFIED AESTHETIC DOCTOR,  
MAHSA HEALTH

# MEET OUR SPEAKERS



**Forum discussion:  
Marketing Strategy -  
Boost Your Business**

**DR. LIM ING KIEN**  
CO-FOUNDER VENTAMIN



**Forum discussion:  
Marketing Strategy -  
Boost Your Business**

**MRS. VANDA CHAN LENG AI**  
DIRECTOR PROUDLAB PLT



**Forum discussion:  
Marketing Strategy -  
Boost Your Business**

**DR. SURIANA RAMLI**  
COORDINATOR OF RESEARCH AND INNOVATION  
ARSHAD AYUB GRADUATE BUSINESS SCHOOL  
(AAGBS), UiTM



AESTHETIC & COSMETIC  
SYMPOSIUM



EXHIBITORS  
&  
SPONSORS

ORGANISER:



CO-ORGANISER:



SCIENTIFIC PARTNER:



SUPPORTED BY:



@ acosympo

admin@acosympo.com

www.acosympo.com

# CORPORATE DESCRIPTION

## PLATINUM



Venusys Medical: Advancing Aesthetics with Science

Venusys Medical is a trusted distributor of advanced medical aesthetic technologies and skincare solutions in Malaysia. We partner with dermatologists, aesthetic doctors, and plastic surgeons by providing not only innovative, clinically proven products but also continuous support in training, education, and practice growth. Representing globally recognized, FDA-approved and CE-marked brands, our mission is to bridge science and beauty while ensuring patient safety and confidence. Beyond distribution, Venusys Medical actively supports expert summits, workshops, and conferences to drive knowledge sharing and raise industry standards. With innovation, education, and service at our core, we empower medical professionals to deliver effective treatments—and help patients achieve both enhanced appearance and renewed confidence.

# CORPORATE DESCRIPTION

## PLATINUM



Established on 1st January 2020, the USMARI Research and Innovation Centre is dedicated to advancing evidence-based practices in aesthetic medicine, cosmetics, and regenerative medicine through research, innovation, and education. Our vision is to become the Centre of Excellence (COE) in aesthetic medicine, regenerative medicine and pharmaceutical field that contributes to the advancement of knowledge through high-quality research, development, and innovation in the region. Our mission is to actively conduct and promote high-quality scientific research and innovation ideas in aesthetic medicine, regenerative medicine and pharmaceutical in tandem with the centre vision.

# CORPORATE DESCRIPTION

## GOLD



Quick Stop Solutions Sdn. Bhd. as a Consultant and Trainer partnering with 20 different International manufacturers in supporting Asian Market provides an affordable solutions and technology updates to partner hospitals, Private & Government in achieving good and updated skills in new technology development. Areas covered are: Physiotherapy, Orthopedic, Diabetic Management & Rehabilitation, Dermatologist /Cosmetics and surgery related lasers, Gynecologist & Urology lasers, Surgery lasers & BEMs support and services (Bio Medical support and service).

# CORPORATE DESCRIPTION

## GOLD



- Healthy Nation Starts with Us -

Founded in 2012, Aqurate Ingredients Intl (M) Sdn Bhd has grown into a trusted international supplier of functional ingredients and innovative solutions for the food & beverage, nutraceutical, pharmaceutical, and cosmeceutical industries. With over a decade of proven expertise, we are dedicated to delivering premium, science-backed ingredients that enhance health, wellness, and overall quality of life. Our strength lies in close collaboration with reputable global suppliers, ensuring access to a wide range of high-quality ingredients tailored to evolving market demands. Beyond supplying ingredients, we provide a comprehensive one-stop solution for food and health product development. By aligning with the latest scientific advancements, market insights, and consumer trends, we empower our customers to build strong brands, elevate product reputation, and achieve long-term success in today's competitive landscape. At Aqurate Ingredients, we believe in going "back to basics, back to nature." We continuously explore the boundless potential of natural resources, offering non-drug, non-chemical, and non-artificial solutions to meet people's health needs safely and effectively. What drives us is not just delivering ingredients but creating value for our partners. We hold firm to the principle that "a satisfied customer is a repeat customer". This belief shapes our customer-first approach, inspiring us to deliver excellence, foster trust, and nurture long-lasting partnerships.

# CORPORATE DESCRIPTION

## SILVER



Medivice Certification Sdn Bhd is a professional certification and training provider committed to helping businesses achieve regulatory compliance and excellence in the medical device industry. We provide complete solutions to ensure that companies meet the highest standards of quality, safety, and reliability. Our services include GDPMD Certification, required by the Malaysian Device Authority (MDA) for safe handling and distribution of medical devices, as well as ISO 13485:2016 and ISO 9001:2015 certifications, which establish internationally recognized frameworks for quality management. In addition, we offer Full Conformity Assessments, Product Verification, and Professional Training programs tailored to meet industry needs and regulatory expectations. At Medivice Certification, we believe that compliance begins with knowledge. Our training programs, covering GDPMD, ISO 13485, ISO 9001, Internal Audit, and Risk Management, are designed to equip professionals with the practical understanding needed to maintain compliance and perform effectively in audits. Our objective is to transform complexity into clarity, enabling organizations to operate confidently, efficiently, and in full compliance. Through our integrated services, we help businesses streamline their processes, achieve faster approvals, and strengthen their market reputation. With Medivice Certification, achieving compliance is not just a requirement, it is a partnership toward continuous growth and trust.

Think Certification, Think Medivice.

## BRONZE



Cypress Medic Sdn Bhd, established over a decade ago, is a renowned provider of high-quality medical products and devices. We specialize in offering well-known brands such as Rossmax, Smedtrum and MBI (Maxigen Biotech) to healthcare establishments like hospitals, clinics, pharmacies, and aesthetics clinics, ensuring that we consistently deliver top-tier healthcare solutions to our valued customers

# CORPORATE DESCRIPTION

## BRONZE



Monarch Medi Solutions Sdn Bhd is a well-established company in medical aesthetic industry and GDPMD certified by Medivice Certification. We offer comprehensive solutions with broad range of advanced medical devices and skincare that are safe and result-oriented mainly from Europe.

## BRONZE

### K BOOSTER

K Booster Sdn Bhd is a premier skincare brand dedicated to delivering advanced dermatological solutions for radiant and youthful skin. K Booster leverages cutting-edge research in Extracellular Matrix (ECM) to develop innovative skincare products. The brand's signature offering is a topical skin booster derived from the renowned Pink Injection, formulated with 54 types of active ingredients, including hyaluronic acid. This potent combination ensures deep skin penetration, promoting a healthy and refined skin texture without the need for injections.

# CORPORATE DESCRIPTION

## STANDARD



A. Menarini (Singapore) Pte Ltd is a distinguished member of the Menarini Group, Italy's largest biopharmaceutical company, which has a rich heritage of improving lives for over 135 years. As the regional headquarters for the Asia-Pacific region, our operations are driven by a steadfast commitment to quality, integrity, and scientific innovation.



LHALALA, developed by Korea's trusted medical aesthetics innovator, is the world's first alkaline-based skincare brand focused on delivering visible results with minimal irritation and zero downtime. With a philosophy rooted in simplicity, safety, and effectiveness, LHALALA offers a professional-grade solution that's time-saving, gentle, and suitable for all skin types. Perfect for standalone use or as part of advanced facial protocols, LHALALA is fast becoming a go-to choice for skincare professionals worldwide.



Redo Marketing Sdn Bhd, established in 1999, is a premier importer, exporter, and distributor of top-tier medical aesthetic devices and products across Southeast Asia. We are dedicated in introducing the most technologically advanced and effective products from Europe and the U.S. to ensure the market remains aligned with international standards. Our portfolio includes brands like Saypha, Novuma, and Yllume, as well as the advanced skin boosters Revok50 and Polyphil. We also feature medical-grade skincare lines like iS-Clinical and Dermaceutic, as well as devices like Diamond Glow for a comprehensive approach to aesthetic treatments.

# CORPORATE DESCRIPTION

## JADE

OneHealth Clinic & Surgery, based in Johor Bahru, Malaysia, is a comprehensive medical clinic dedicated to integrating modern healthcare with advanced regenerative beauty technology. The clinic provides a full spectrum of services – from general practice and preventive medicine to medical aesthetics, IV therapy, and skin rejuvenation – all aimed at promoting holistic wellness and confidence from within.



Medical Aesthetic and Non-Medical Aesthetic services became synonymous with the current lifestyle of this fast-changing world. The demand for a good, effective, and safe treatment requires a balance between knowledge, skills, and ethical practice among the service providers regardless of whether they are medical professionals or beauty therapists. In 2013, a group of academicians, aesthetic medical practitioners or professional therapists established in Esthetic Medical Solution Sdn Bhd (EMS) with the main goal to offer a well-structured education program related to aesthetic services.



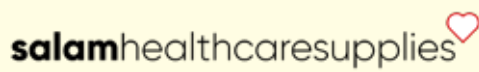
EMSA provides a comprehensive range of aesthetic medical services aimed at enhancing beauty, restoring confidence, and promoting skin health through evidence-based treatments. These services are carried out by LCP-certified medical aesthetic doctors and skilled therapists using advanced technologies and globally recognized treatment protocols.



Frontier Advert Sdn Bhd (1160731-M) a.k.a Frontier Advert is a digital marketing company which focuses on digital ads, website, social media, creative design, photography and video productions. Established in 2022, we are the fastest growing company to cater the creative demand of the industry. We strive to be the leading digital services provider in our industry by harnessing the power of social media, innovative design, and creative production to engage our target audience through continuously enhancing our website and social media presence to drive business growth.



# CORPORATE DESCRIPTION





AESTHETIC & COSMETIC  
SYMPOSIUM



ATAS  
AESTHETIC  
THERAPIST  
ACADEMIC SYMPOSIUM

GALA NIGHT DINNER

# Timeless BEAUTY

THE AESTHETIC REVOLUTION

NOV 1  
2025

SATURDAY  
7.00 PM

BALLROOM 3,  
SETIA CITY  
CONVENTION  
CENTRE  
SHAH ALAM

ORGANISER:



CO-ORGANISER:



SCIENTIFIC PARTNER:



SUPPORTED BY:





# GALA NIGHT DINNER

## TENTATIVE

Time	Activity
18:45	Arrival of guest & registration Photobooth, Interview & Networking Session
19:15	Opening Dance Performance by Puteri Ummi
19:30	ACOS Montage Show
19:35	Welcome Speech by ACOS Chairman
19:45	Doa Recitation
19:50	Entree is served
20:00	Performance by Meta x Music
20:15	Appreciation award - Exhibitors
20:40	Dance Performance by Puteri Ummi
20:50	<b>The Apex Researcher Award</b> <b>The Pillar of Partnership Award</b>
21:05	Performance by Meta x Music
21:15	<b>Emerging Young Leader in Aesthetic Award</b> <b>The Aesthetic Educator &amp; Mentor Award</b>
21:30	<b>The Beacon in Aesthetic Award</b>
21:40	Lucky Draw
22:10	Best Dress Award
22:30	Closing Performance by Meta x Music

\*Subject to change

커스텀 리프팅

# LINEARZ

Design HIFU™ Lifting



Jeisys





# INDUSTRY SCIENTIFIC RESEARCH (ISR)

SAFETY & EFFICACY TESTING

**Pre-clinical Studies**  
Safety Test

**Clinical Studies**  
Obtain 'Clinically Tested' claim

**Post-clinical Studies**  
Product Improvement

**Consumer Satisfaction Survey**  
Consumer feedback

**Clinical Evaluation Report (CER)**  
Support medical device registration

Let's elevate evidence-based practice in aesthetic medicine, cosmetics, and regenerative medicine — **JOIN OUR ISR PROGRAM TODAY!**



## CLINICAL STUDY

We help brands and product owners scientifically test their products on real people through clinical studies. This process is designed to evaluate the effectiveness and safety of cosmetics and skincare products, aesthetic treatment and procedure, or consumables.

### USMARI Clinical Study Services Cover:

- Study Design
- Volunteer Recruitment
- Scientific Testing
- User Feedback
- Data Analysis
- Final Report
- Marketing Edge



## Why Invest in USMARI's Research Training Program?

**BUILD CONFIDENCE**

**EXPERT GUIDANCE**

**SAVE TIME**

**ACHIEVE SUCCESS**

**PERSONALIZED APPROACH**



# FIRST BLUE LASER IN THE WORLD

Revolutionizing Skin Treatment with Laser Precision

1

**Skin  
Rejuvenation**

2

**Pigmentation  
Issues**

3

**Acne &  
Inflammatory  
Skin Conditions**

**3**

**WAVELENGTHS**

**445 nm**  
(Blue)

**660 nm**  
(Red)

**970 nm**  
(Infrared)

## Why Choose K-Laser Blue Derma?

✓ Non-Invasive & Painless

✓ Safe for All Skin Types

✓ Clinically Proven

✓ Fast & Effective

Contact us at :



**+6019-262 1626/  
+6013-517 1626**





- Healthy Nation Starts with Us -

# PIONEERING SCIENCE IN NUTRICOSMETIC & COSMETIC SOLUTIONS



## STARTING FROM Active Ingredient to R&D to Regulatory Approval

### ACTIVE INGREDIENTS DISTRIBUTION

We source ingredients globally and collaborate with reputable suppliers to deliver a premium, science-backed portfolio of nutricosmetic and cosmetic ingredients.

### CUSTOMIZED OEM/ODM SERVICES

We offer a ONE-STOP SOLUTION in nutricosmetic and cosmetic products, aligned with the latest consumer trends, market insights, and scientific advancements.

## YOUR BRAND, OUR SOLUTIONS.

NUTRICOSMETIC  
INGREDIENTS

COSMETIC  
INGREDIENTS



POWDER  
SACHETS



LIQUID  
SACHETS



CAPSULES



TABLETS /  
PILLS



CANISTER  
DRINKS



FUNCTIONAL  
LOZENGES



FUNCTIONAL  
GUMMIES



FUNCTIONAL  
CHOCOLATES



FUNCTIONAL  
COOKIES



COSMETICS



**MINT**<sup>®</sup>  
Minimally Invasive Non-surgical Thread



# 1<sup>st</sup> Thread

Received **3 FDA Cleared**  
For Lifting & Wrinkles Improving

Brows • Forehead • Double Chin  
Nasolabial Folds • Dropping Cheek Meat



**HYABELL**<sup>®</sup>  
The soft-tissue filler + LIDOCAINE



Immediately visible • Natural and long lasting results  
For various indications in the dermis and subcutis • Less pain



## Brighten your skin with **DermalSign E+**

### Triple Brightening Ingredients

- ✓ **Glutathione**  
Water-Soluble Brightening Ingredient
- ✓ **Tranexamic Acid**  
Brightening ingredient mainly used in medicine for the therapy of pigmentation
- ✓ **AA2G**  
Anti-oxidant effect of stabilized Vitamin C



# SEE YOU NEXT YEAR

31<sup>ST</sup> OCTOBER & 1<sup>ST</sup> NOVEMBER 2026

SETIA CITY CONVENTION CENTRE, SHAH ALAM, SELANGOR







**AESTHETIC & COSMETIC**  
S Y M P O S I U M

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