



Women of Stamina Ministries International, INC

835 Gadsden Hwy, Birmingham, AL 35235  
205-836-9119 - womenofstaminaministries.org

# The Monarch

August 2025

## Networking Event

Make meaningful connections at our August 12<sup>th</sup> networking event from 11:00-1:00 PM. Whether you're building your brand, exploring partnerships, or simply growing your circle, this is your time to engage and thrive. Refreshments will be provided.



## Shoe Drive



Women of Stamina is collecting gently used and new shoes! Donations can be dropped off at the ministry from August 1st-Oct 30th.

## Bible Study

Join our **Bible Study** as we lift each other up, dig into God's Word, and walk boldly in His purpose. Come grow in faith with us! August 20<sup>th</sup> from 6:00-7:00 p.m.



**You don't have to carry it all. You're anchored in strength that never runs out!**

## Anchored in His Strength

"The **Lord** is my light and my salvation; whom shall I fear? The **Lord** is the strength of my life."

**Psalm 27:1**

## Events Coming Up

- August 12th, Networking Event
- August 20th, Bible Study
- August 1st-October 30th, Shoe Drive
- August, T-Shirt Fundraiser

## T-Shirt Fundraiser!



**\$20 (S,M,L,XL)**  
**\$22 (2XL+)**

Show your support in style with our Women of Stamina Ministries Comfort Colors T-Shirt, featuring several verses and a darling bow theme! Accepting orders now! All proceeds go to Women of Stamina Ministries!.



@womenofstaminaministries



Scan to go  
to our website



@women\_of\_stamina

# Spotlight on Our Partners of Change

thank you

We Couldn't Do it Without You!



## Megan Mae Events

Megan Parker is a Nationally Certified Wedding Planner & Designer with over 10 years of experience in the wedding industry.



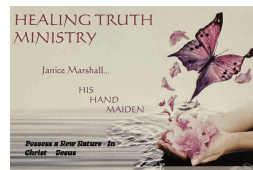
## Love Life Naturals

Each product is naturally formulated and handmade with love, using the highest quality ingredients, to help you develop the perfect self-care regimen that's right for you!



## Xcellence Beauty Supply Store

Your go-to destination for all things beauty, with a wide range of high-quality hair care products, wigs, cosmetics, skincare items, and barber supplies.



## Healing Truth Ministry

Healing Truth Ministry is a Christian organization focused on providing healing and support to women through workshops, mentorship, prayer, and community.

## Our Wonderful Individual Contributors:

- Sharon Owens
- Joanna Henderson
- Linda Hannon
- Ryan Ownes
- Deborah Boothe
- Geneva Cottman
- Edna Ferrell
- Charles Wilson
- Tina Wilson
- Leola Gibson
- Megan Parker
- Krystle Williams

**Your support fuels healing, growth, and real change in the lives of women and families every day!**

Because of your support, women are discovering their strength, walking in purpose, and building a brighter future!

Become a  
Partner of  
Change!



## Ongoing Programs and Classes

### Classes:

- **Metamorphosis Experience Program (MEP)-** Monday & Wednesday 11-12:30 PM or Tuesday & Thursday 6-7:30 PM
- **Chrysalis Support-** Every 2<sup>nd</sup> & 4<sup>th</sup> Saturday 3-4:30 PM
- **Life Essentials Class-** Every 1<sup>st</sup> Saturday 11-12:00 PM

### Programs:

- Women of Stamina Boutique
- Wal-Mart Roundup

### Coming Soon:

- Stamina Grace Pantry



Scan here to go to Walmart.com and set Women of Stamina as your charity and give with every purchase!



For more detailed instructions, scan here to support Women of Stamina through Wal-Mart Round Up!

