

Religious Education & Poor Clare Nuns Donation Opportunity

If you feel called to give, donations are always appreciated and make a meaningful difference in supporting both our Religious Education program and the Minooka Poor Clare Cloistered Nuns.



Religious Education Supplies:

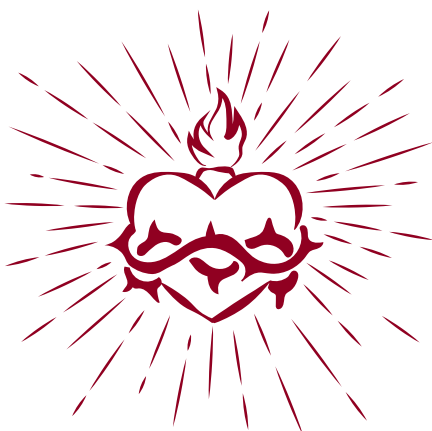
- ☐ Clorox wipes
- ☐ Jolly Ranchers
- ☐ Pens
- ☐ Notebooks
- ☐ kleenex
- ☐ Glue Sticks
- ☐ Pencils



Optional Donations for the Poor Clare Nuns:

- Paper towels
- Toilet paper
- Body wipes
- Paper plates
- Plastic silverware
- Napkins
- Dish soap
- Laundry detergent (sensitive, allergy-free)
- Dish scrubbers
- Canned fruit
- Canned vegetables
- Fruit punch
- Cranberry juice
- Cookies

The Poor Clares are a great example. They were founded by Saint Clare of Assisi, a follower of Saint Francis of Assisi, and their way of life focuses on simplicity, prayer, and total trust in God.



What “cloistered” means

Cloistered nuns live inside a monastery and don't go out into the world for jobs, shopping, or social life. Their daily life happens almost entirely within the convent. This separation isn't about isolation—it's about creating space for constant prayer and reflection.

Their day is structured around prayer, silence, and simple work:

- They pray multiple times throughout the day and night (this is called the Liturgy of the Hours)
- They spend time in silent prayer and adoration
- They do simple tasks like cooking, gardening, cleaning, sewing, or making items to support the monastery
- They live very simply, often taking vows of poverty, chastity, and obedience

Some communities even wake up during the night to pray, which is part of why people say they pray “24 hours a day”—there is always someone praying.



Why their role is important:

Even though they aren't out in the world teaching or doing active ministry, their role is considered just as important. Their mission is **spiritual**:

- Praying for the Church, families, and people in need
- Offering a quiet, constant support through prayer
- Living as a sign of faith, dedication, and trust in God

Their prayers bring comfort, strength, and grace to others—even strangers.

Why they rely on donations:

Because they don't have traditional jobs or income, cloistered nuns depend on:

- Donations
- Gifts of supplies
- Sometimes small items they make and sell

That's why donation drives like yours matter—they help provide everyday essentials so the sisters can continue their life of prayer without worrying about basic needs.