



Turkey & Cabbage Rolls

4 servings

10 minutes

Ingredients

2 cups Purple Cabbage (leaves pulled apart)
 226 grams Sliced Turkey Breast
 1 Cucumber (medium, sliced)
 2 tsps Mayonnaise

Nutrition

Amount per serving	
Calories	101
Carbs	7g
Fiber	1g
Sugar	3g
Protein	10g
Cholesterol	29mg
Sodium	535mg
Vitamin A	577IU
Vitamin C	27mg
Calcium	40mg
Iron	1mg
Vitamin D	4IU

Directions

- Layer the cabbage, sliced turkey, and cucumber on top of each other. Spread some of the mayo on top and wrap tightly into a roll. Repeat until all ingredients are used up. Use a toothpick to help secure the rolls if needed. Enjoy!

Notes

Leftovers: Refrigerate in an airtight container for up to four days.

Serving Size: One serving equals approximately two small rolls.

Additional Toppings: Add sprouts or arugula.