

Packing List for New Year's Retreat	
✓	Items
	Sleeping Bag
	Pillow
	Pajamas
	Outfit for 2 nd Day
	Socks
	Undergarments
	Toothbrush/Toothpaste
	Comb/Hairbrush
	Deodorant
	Glasses/contact supplies
	Wash cloth & soap for basic cleanup
	Snacks
	Water Bottles
	If you do not like the meals provided, pack a lunch
	Medication (prescribed or OTC) with medication form