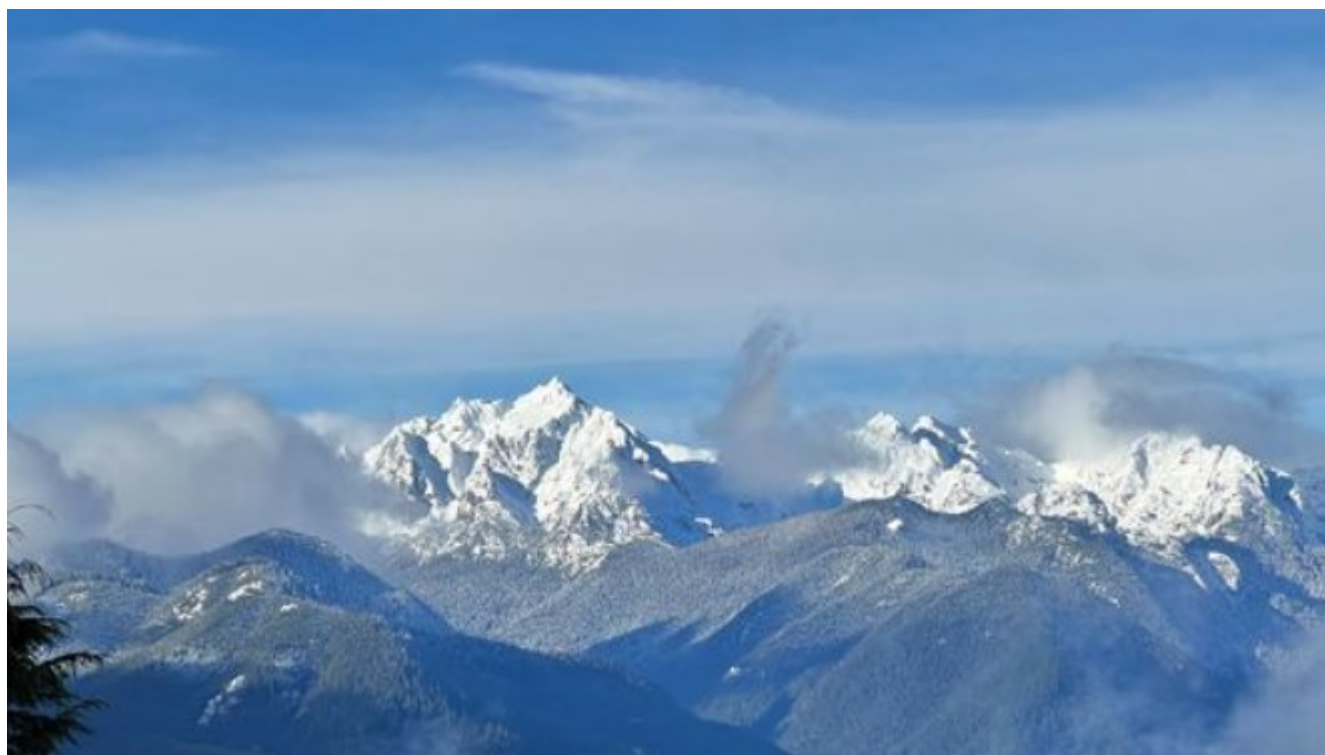




March 2023
Community Newsletter

May good *luck* be with you
wherever you go, and your
blessings outnumber the
shamrocks that *grow*.



Great shot from the top of Mt. Walker by Lee Edgemon

AT THE CLUBHOUSE THIS MONTH

March 10th, 10AM Community PERT Meeting.

Also check into these weekly activities!

MON-Pinocle 11AM

TUES-Fit & Fall Proof Exercise 9AM

Canasta 11AM

Poker 12PM

THUR-BYO Arts & Crafts 1PM

FRI-Fit & Fall Proof Exercise 9AM

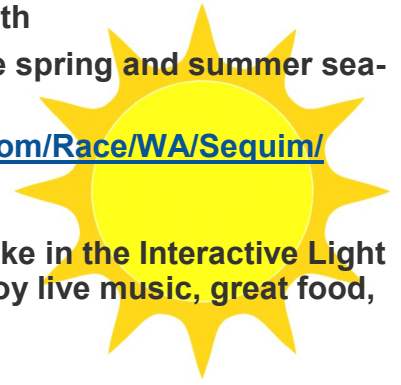
Got a game or a hobby you'd like to share? Bunco? Cribbage? Dancing?
Plenty of calendar spaces open for some neighborly fun!

City of Sequim Sunshine Festival March 3rd & 4th

Join us as we shake off the winter blues and celebrate the coming of the spring and summer seasons at the 4th annual Sequim Sunshine Festival.

Registration is now open for the Sun Fun Color Run <https://runsignup.com/Race/WA/Sequim/SunFunColorRun>. Sign up now for the best price.

The illuminated drone show is returning bigger and better than ever. Take in the Interactive Light Experience, the Sunshine Market, help with community art projects, enjoy live music, great food, and more! Learn all about the Sequim Sunshine Festival at <https://www.visitsunnysequim.com/263/Sequim-Sunshine-Festival>.



"What a joy it was to hear the Gospel Choir, they are all so talented and there were more instruments this time as well. That hour went by so fast and I think we all left feeling uplifted. Thank you Shirley (Van Riper) for making it possible! " Berit Cole

"I totally agree with you, Berit. It was absolutely wonderful, entertaining and inspiring." Pat Shook



Photo courtesy of Pat Shook



Insects –Part of the web of life

As humans, we are learning some hard lessons about safe places to live. And we are very good at making things work anyway - building on top of cliffs, on tidal marshes, piping water to deserts. And we have learned hard lessons about how we have inadvertently poisoned ourselves (I am thinking of DDT). We have tried to manage threats with pesticides and herbicides which of course are going to affect insects and other creatures, making life very difficult for those fellow inhabitants to survive.

Speaking of insects, here are a few reasons to respect them:

Bees and their like pollinate plants that we live on and enjoy.

Ants aerate the soil, eat pests, spread seeds and nutrients and help break down decomposing matter.

Flying and other insects feed the birds.

And if they don't survive, the chemists will have to ramp up their efforts to create food from who knows what....but that's a long ways off, right?

Jennifer Brodie

Be Well!



LeMay Mobile Shredding is having two shred events this month.

March 4th, 8AM—11Am in the old JCPenney parking lot. Sponsored by the Olympic Peninsula Academy

March 11th, 10AM—1PM in the old JCPenney parking lot. This even supports Five Acres School

Donations of \$20.00 cash or check recommended.



"The new benches are a nice addition.

My thanks to
the crew!"



P.E.R.T. Parkwood Emergency Response Team

Greetings fellow Parkwood Residents. Can you believe it's March that means just a few weeks to the start of spring. Are earthquakes on your mind? With the one's that hit Turkey in the last few weeks they should be. Does that mean we should lay awake at nights worrying what could happen to us . I don't think so but we should all be a little prepared for when it does happen. As I walk around my house I am always looking for something that can be improved to make my life safer, putting a safety strap on the TVs, making sure the water heater is tied down, knowing where my emergency equipment is and is it up to date. Is my to go bag under my bed and ready. Where is my HELP/OK sign to put in my window to let people know my situation . The 7.8 earthquake plus all the aftershocks that hit Turkey took the lives of 46000+ people. The building standard there are a lot less stringent than in this country but that doesn't mean buildings will not collapse, bridges will not fall in. We have no control over when an earthquake hits us but we can be prepared as much as possible. Stock up on food and water. Come to the PERT meeting, join CERT. All these things can help. Be prepared. Stay safe. .Goose.



Dear Residents;

We are looking for your great ideas for more activities within the park.

What would You like to see, hear or do?

All suggestions are welcome, as we look forward to adding more fun back into the clubhouse schedule.

What do you call a fake Irish diamond?
A Shamrock.



"When the Red Red Robin Comes Bob Bob Bobbin Along"

By Jane Nicholas and Ida Domazlicky



If I said I saw a bird that was about 10" long, dark on top, with a red-orange breast, had a white eye ring, was eating worms and singing a cheery song, you would know I saw an American Robin. They are fairly easy to spot and are the most abundant bird in North America with an estimated 370,000,000 individuals! There are 7 subspecies. Our northwestern robin has a range that includes Alaska, British Columbia, Washington and NW Oregon. The characteristic way they hunt for worms and other invertebrates in quick starts and stops is also a clue to ID. They tilt their heads to watch and listen for their prey then, ZAP! They pull a big juicy worm out of the lawn and slurp it like spaghetti. Robins have adapted well to living near people. They will show up after we mow or run a sprinkler to grab an easy meal as the worms rise to the surface. They also enjoy manicured golf courses and parks in the warm seasons. They will build nests close to houses, even on windowsills. Perhaps our close proximity helps deter predatory birds and other critters that would steal from their nests. American Robins are one of the first birds to start nesting in spring. They are good parents, feeding their chicks up to 40 times a day. They tend to their offspring for a couple weeks after they fledge to help them learn to find food and hone their flight skills. Adults may have two to three broods a year, so they are very busy and tired I imagine.

Folks in the colder parts of the country where robins migrate look forward to spying the first robin of the season. I have my own fond memories of seeing robins return after a long winter in the Missouri, and feeling confident that spring had finally arrived. Here we may see them in winter as they don't go so far. Gathering in large flocks, they often move north and south with the 37 degree isotherm, or they just head to the woods where food is more plentiful. The robins that don't migrate, cleverly switch their diet to mainly berries and left over fruit instead of harder to find worms and insects. They will sometimes they eat fruit that has fermented causing them to stagger around and even fall over. I wonder if they have a headache the next day?

Robins love to sing, especially males. Their repertoire is one of things they are judged on during breeding season. They are often the first bird we hear in the morning and the last at night. Their songs are liquid and complex with repeating phrases. They seem to say, "cheery, cheer up, cheerio." Young birds can be heard singing softly to themselves for practice. One tribe's story says the raven created robins to sing for people. Another tells that the robin got its red breast by fanning the flames of a fire to save a young boy.

Their overall perkiness and sweet songs have endeared them to humans through the ages. American Robins are the official bird of three states and their British cousin is the national bird of Great Britain. "Cheerio!" They have inspired songs, poems and sayings like "the early bird gets the worm!" The Red Red Robin song, written by Harry Woods in 1926, was a big hit in the late 20's and 30's. I can imagine it lifted people's spirit with lines like, "There'll be no more sobbing when he starts throbbing his own sweet song." During the 1940s a Seattle man changed his restaurant's name to Red Robin and it also became a hit.

Robins are oblivious to all their fame. They just keep on doing their thing and delighting people in the process. The robin is commonly the first bird many children learn. Maybe because they are often on their level, but can anyone fail to smile when they see one pulling on a worm? I look forward to Spring and seeing lots of robins in the yard again.



"...I'm just a kid again, doing what I did again, singing a song,
When the red, red robin comes bob, bob bobbin' along."