



## Chanteenel McClendon LISW

### LICENSED INDEPENDENT SOCIAL WORKER

Chanteenel McClendon is a Licensed Independent Social Worker who specializes in anxiety, depression, anger, grief, trauma, and both internal and relational conflict. Commonly, individuals seek services from Chanteenel because these challenges often affect many areas of a person's life, including work, relationships, and self-esteem - and can leave individuals feeling frustrated, lonely, or uncertain about themselves. In response to these struggles, Chanteenel takes a psychoanalytic approach, which offers a thoughtful way to explore the root causes of these conflicts to help individuals make sense of their experiences and feel more in control. This approach is also especially helpful when feelings or behavioral patterns are difficult to identify, cope with, or put into words.

Alongside this, Chanteenel holds a Master's Degree in Social Work from Wayne State University, and has many years of experience in the mental health field. Specifically, Chanteenel has worked with individuals from a wide range of backgrounds and communities and is trained to work thoughtfully across diverse cultures, ethnicities, and gender identities. With this in mind, Chanteenel believes it's essential that people feel they can show up as their authentic selves in therapy without judgment, and with space to explore who they are.

Chanteenel's work is further enriched by involvement at the Cleveland Psychoanalytic Center, where she receives ongoing training and education in psychoanalysis, and has led discussions on topics such as trauma, anger, shame, and the impact of broader societal issues.

**Payment Options Include:** Aetna, Anthem, CareSource, Medical Mutual, United Healthcare, HSA or Private Pay

**CLIENT AGE RANGE:** 18+