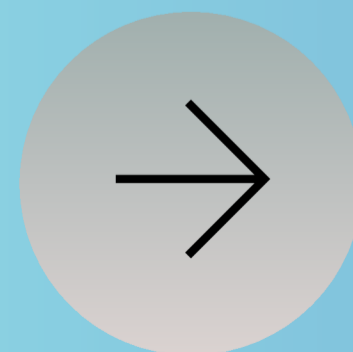
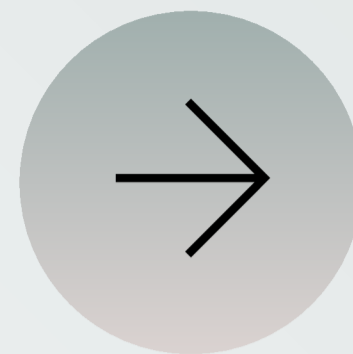


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# ARE YOU STARTING A LONG-TERM, COMMITTED RELATIONSHIP?





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# **DID YOU KNOW THAT WORLDWIDE, STATISTICALLY AT LEAST, 50 PERCENT OF COMMITTED RELATIONSHIPS WILL END IN DIVORCE.**

That is 1 in 2, a sobering statistic. So how do we set up our relationship in order to become long-term and successful? Couple Matters will explore this question and provide a model for achieving this goal.

# ENDING A LONG-TERM RELATIONSHIP, WHETHER THROUGH DIVORCE OR OTHERWISE, CAN BE A REASONABLE CHOICE.

However, it's crucial not to make this decision out of boredom, laziness, or infidelity. Many couples part ways due to a lack of tools for improvement. ***This blog will focus on how each partner can foster personal growth, leading to a healthier and more dynamic relationship.***

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# WE'LL EXPLORE THE THREE ESSENTIAL COMPONENTS OF A HEALTHY PARTNERSHIP: THE INDIVIDUAL (*YOU*), THE OTHER (*ME*), AND THE SHARED CONNECTION (*US*).

By celebrating our individuality, we can bring new ideas and freshness to the partnership. We'll also discuss how to support each other's personal journeys while strengthening our togetherness. Ultimately, we'll ask, **"How can we make our relationship happier, healthier, and more rewarding in five years?"**

# WE ENCOURAGE YOU TO DISCUSS THESE TOPICS EARLY IN A COMMITTED RELATIONSHIP, RATHER THAN WAITING FOR ISSUES TO ARISE.

Think of this blog as your early relationship coaching resource, welcoming all genders and sexual orientations, especially new couples. While the excitement of newness is thrilling, it eventually fades. **To support your journey, download my Couples Workbook. If you'd like to discuss any issues further, feel free to reach out @ [www.couple-matters.com](http://www.couple-matters.com)**

