



GRACE *and* ST. STEPHEN'S
✦ EPISCOPAL CHURCH ✦

Grace Notes ~ March 11, 2026

Adult Formation Hour Topics
Women's Book Group
Outreach Updates
Spring Cleaning
Community of Hope
Fifth Sunday Luncheon 3/29
Noisy Sunday
Easter Sign Ups

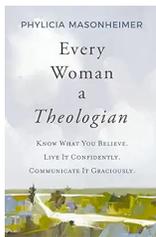
Easter Memorial & Honor Offerings
Baptisms
Wednesday Night Lenten Study
Children's Lenten Series
Life Line Screening Event
Prayer List
This Week's Happenings
Have Something to Share?

Adult Formation Hour Topics

Adult Formation Offerings are presented on Sundays at 9:15am in Rm 211.

- **March 15 & 22** - "The Voice of My Beloved": Reading the Song of Songs across Centuries, led by Carol Neel
- There will not be any adult formation offerings on March 29th or April 5th in between services as we observe Holy Week.

Women's Book Group



Women's Book Group will be starting a new reading selection on Tuesday, March 31st. We'll be reading 'Every Woman a Theologian: Know What You Believe. Live It Confidently. Communicate It Graciously.' by Phyllicia Masonheimer.

Through engaging stories and compelling truths, 'Every Woman a Theologian' will help you:

- Identify your existing beliefs about God, salvation, and the Christian life
- Learn how to lovingly communicate Christian truths to those who disagree
- Understand theological concepts without feeling overwhelmed or inadequate
- Grow closer to the heart of God

Join us on Tuesday mornings at 10am in Blaik Library for great discussion and fellowship each week!

Outreach Updates

This upcoming Sunday (March 15) we will be gathering in Taft Hall for a special session of Sandwich Sunday! Please plan to join us as we put together PB&J sandwiches for sack lunches to be delivered to Springs Rescue Mission. As our normal April Sandwich Sunday falls on Easter Day, we will NOT be making lunches that day. Thanks for joining us early!



Outreach will be hosting students from Columbia Elementary School on March 21 for an Easter Egg hunt. We anticipate approx. 40 or so students plus siblings and parents. Should be a fun Saturday morning culminating in a light lunch for all. Interested in helping? You are needed! Contact [Marti O'Dell](#)

Don't forget! We are collecting are new underwear/socks and new/gently used sweat pants, kids sized pre-K thru 5th grade for Columbia elementary School. Simply place your offering in the manger in the Parish Hall. Outreach will deliver these items after Easter. Thank you!

Lent Madness continues! Join the fun. Brackets are available on the Parish Hall Outreach table along with "How to Play Lent Madness."

Spring Cleaning for Holy Week



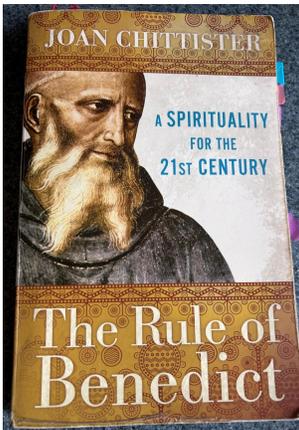
Join us on Saturday, March 28th from 9am-12pm to do some spring cleaning in the church!

As we prepare our hearts for Holy Week, we're also preparing our sacred space. We need volunteers to help clean and freshen the church— dusting pews, tidying the narthex, and making sure every corner reflects the beauty and reverence of this holy season.

Holy Week is one of the most meaningful times in the life of the Church, and caring for our worship space is a simple yet powerful way to serve. Whether you can spare an hour or the whole morning, your help makes a difference and is a wonderful way to enter prayerfully into the journey toward Easter.

The nursery will be open from 9am to 12pm during Spring Cleaning. Parents are welcome to bring their kids. Parents must remain on the church grounds while kiddos are in the nursery.

Community of Hope



The Community of Hope International is the pastoral care training and support program at our church since 2017. COHI was founded to form praying communities, encouraging each other in love, and to be a nonjudgmental listening presence to those we encounter on a daily basis. In this way, COHI is also a spiritual formation program, helping its members to go deeper in Christ. The spirituality of St. Benedict, reflected in the wisdom of his 1500-year-old Rule of Life, lights our way to truly become a Gospel people proclaiming God's love for all of creation. In anticipation of our next training class coming in August, members will be sharing some of St. Benedict's wisdom, briefly, in upcoming

GSS newsletters. Stay tuned. And in the meantime, if you would like more information, please visit cohi.org, or contact [Cindy Page](#).

Fifth Sunday Luncheon - IHN/Family Promise

Join us for a special 5th Sunday soup lunch and brief presentation about our ministry with Interfaith Hospitality Network (IHN) / Family Promise, which supports families experiencing housing instability in our community. This gathering is a great opportunity to share a simple meal together while learning more about how our parish partners in this important outreach.



We are looking for volunteers to help provide food for the lunch. Needed items include:

- Soup or chili (serves 10–12 people)
- Fresh sliced bread
- Sliced fruit plates
- Pastries, cookies, or desserts
- Fruit juice, iced tea, lemonade
- Butter

Sign-up sheets are available in the parish hall. Thank you for helping make this gathering welcoming and delicious!

To sign up or if you have any questions, please contact [Robert Mack](#).

Noisy Sunday - One Nation Walking Together

The collection for Noisy Sunday this month will support One Nation Walking Together. Bring your coins, dollar bills or checks this coming Sunday, March 15th.

[One Nation Walking Together](#) (ONWT) strives to make a positive impact on the lives of Native Americans, the most underserved and misrepresented people in our country. ONWT is an organization about People helping People—not a cause. By loading 53-foot semi-trucks that deliver up to \$2 million worth of donated goods to reservations annually, ONWT provides hope and services to Native Americans in Colorado and seven surrounding states.



Easter Sign Ups

Easter Brunch

Join us as we celebrate the joy of Easter morning with a festive parish brunch following the services! Easter Brunch is a wonderful opportunity to gather in fellowship, welcome visitors, and continue the celebration together.

We invite you to help make this special morning a success by signing up to: Bringing a favorite brunch dish, helping with set-up or clean-up, and/or assisting with hospitality and welcoming guests.

👉 Sign up in the parish hall or [online](#).

Holy Hour Watch

As we draw closer to the sacred days of Holy Week, we invite you to keep watch in prayer during our Holy Hour Watch following the Maundy Thursday liturgy. In the spirit of Jesus' invitation to his disciples — "Could you not stay awake with me one hour?" — we will maintain a prayerful presence before the reserved Sacrament through the night. Parishioners are encouraged to sign up for a one-hour time slot to ensure that our Lord is never left alone. Whether you come in silence, with scripture, or simply with a quiet heart, your presence is a meaningful act of devotion.



✠ One person per hour is required, but more are welcome.

✠ The church will remain open for those who have signed up.

✠ Sign-up sheets are available in the parish hall and [online](#).

Easter Memorial & Honor Offerings



As we prepare to celebrate the joy of Easter, you are invited to make a contribution in memory of someone dear or in honor of someone you cherish. These gifts are a beautiful expression of love, gratitude, and hope, and will be acknowledged in our Easter worship bulletin.

Offerings can be made [online](#) or by check. Please include memorial or in honor message in the memo field. Gifts must be made by March 27, 2026 in order to be

printed in the Easter Sunday bulletin. Thank you!

Baptisms

"Holy Baptism is the sacrament by which God adopts us and makes us members of Christ's body, the Church, and inheritors of the kingdom of heaven" -- The Book of Common Prayer, pg 858

Upcoming dates for Baptism:

The Great Vigil of Easter, April 4, 7:30pm
Sunday, May 3, 10:30am

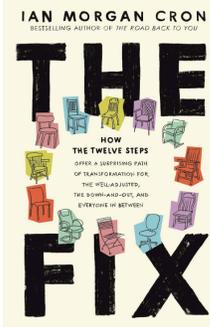
If you are interested in being baptized or having a child baptized, please fill out the [Holy Baptism form](#) or contact [Emily Rueber](#), (719) 792-3462, if you would like additional information.



Wednesday Night Lenten Study

Please join us on Wednesday evenings in Lent: February 25, March 4, 11, 18, 25, for faith, fellowship, and formation opportunities.

5:00pm - Eucharist in St. Stephen's Chapel



5:30pm- Dinner
6-7pm - Lenten Study

The study will be guided by 'The Fix' by Ian Morgan Cron. You are welcome to purchase and read the book, but it is not expected or required.

We all suffer from a sense of spiritual homelessness - a feeling that we're not fully at home in the world. To cope with our painful feelings and life traumas, we search for quick "fixes" that eventually become habitual, self-destructive behaviors that ultimately create more problems than they solve. This book helps us work through the Twelve Steps of AA so that we can see ourselves, others, and the world in startlingly new way - and ultimately receive the freedom God has been waiting to give us all along. Even if you have no personal experience with addiction or a Twelve Step group, there is an abundance of wisdom and grace in these steps for us all.

Wednesday Night Children's Lenten Series

Children 1st-5th grade are invited to join us in the Children's Chapel, Wednesday evenings, 6-7 pm, during Lent: February 25, March 4, 11, 18, 25. We'll discover ways to nurture our relationship with God through contemplative art, movement, meditation, and more. Parents are welcome to join.

Our time together will be guided by ideas from Using Christian Contemplative Practice with Children by Sonia Mainstone-Cotton: "Children will be children; they will sometimes be bouncy and curious and playful, but they can also appreciate and engage with calmness and quiet... So much of the work with children both in church and in education is often busy, loud, full and wordy... we need to relearn how to sit with silence, how to have a time of quiet and stillness and how to hear God in the stillness."



For more info, please contact [Sr. Marcella](#), Director of Children's Ministry

Life Line Screening Event






**You're invited to a
Life Line Screening event!**

Where: Grace and St. Stephens Episcopal Church
601 N Tejon St. Colorado Springs, CO 80903
When: Thursday April 23, 2026

Life Line Screening is the nation's leader in **Stroke and Cardiovascular Disease Risk** Screenings.
Trusted by over 11 million customers.

Screenings are simple and painless. Get peace of mind or early detection.

Who should attend:
Anyone **age of 40+**

Special Pricing for \$129

- ♥ Carotid Artery Disease Screening
- ♥ Atrial Fibrillation Screening
- ♥ Abdominal Aortic Aneurysm Screening
- ♥ Peripheral Artery Disease Screening

4 ways to book your appointment...

Call **800-324-9458** and use promo code **HABC001**

Visit [LLSA.SOCIAL/HABC](https://www.llsa.social/habc)



Text the word **"circle"** to **216-279-1607**

These tests cannot detect all risk factors for all conditions, such as and including the presence of coronary artery disease. Those with abnormal results should discuss possible next steps with their family healthcare provider and ensure they understand the risk and benefits of any additional testing or procedures.

Prayer List



Those in crisis of health or circumstance: Ted Arnn, Shane Burns, Conni Eggers, Eunice Ferguson, Staci Fox, Annika Johnson, Sheilah Johnson, Br William Marion Page, Mary Paul, Kitty Taylor, Henry Velandia, Piper

Those in need of ongoing prayer: The Rev. Canon Jon Anderson, Laura Bayless, Judy Couchman, Lee Ehrhart, Mary Ellis, Nick H., John Hough, Maggi Johnson, Dorothy Kipp, Devon Mack, Luden McLord, John McVicker, Debra Millsap, Elizabeth Phillips, Ed Quinn, Edie Reichert, Carol Townsley, Jill Wasinger, Susan Willet, Pete Zobenica, Alice, Ericka, Jennifer, Nancy, Oliver & Family, Wes

Those in harm's way: Mark Jaskot, Bill Mack, Rachel Pearson, Adam Tahyar, Thomas Ward, Nicholas Wolf

This Week's Happenings

Wednesday 3/11

- **Holy Eucharist**, 5pm, St. Stephen's Chapel
- **Communal Supper & Lenten Study: The Fix**, 5:30pm, Parish Hall
- **St. Nicholas Choir** (Music Theory, 5pm & Rehearsal, 6pm), Children's Music Room
- **Wednesday Night Children's Lenten Series**, 6pm, Children's Chapel

Thursday 3/12

- **Morning Prayer**, 9am, on Facebook
- **Centering Prayer**, 11am, Weir Conference Room

Friday 3/13

- **Chanted Noonday Prayer**, 12pm, St. Stephen's Chapel



Sunday 3/15

- **Noisy Sunday** collection benefitting One Nation Walking Together
- **Rite I Holy Eucharist**, 8am, Nave
- **Nursery Available**, 9am -12pm
- **Adult Formation: The Voice of My Beloved: Reading the Song of Songs Across Centuries**, 9:15am, Rm 211
- **Sunday School**, 10:15am, Lower Level
- **Rite I Choral Eucharist**, 10:30am, Nave
- **Youth Group**, 12pm, Youth Rm
- **Sandwich Sunday**, 12pm, Taft Hall

Monday 3/16

- **Noonday Prayer with the Anglican Rosary**, 12pm, St. Stephen's Chapel

Tuesday 3/17

- **Morning Prayer**, 9am, on Facebook
- **Women's Book Club**, 10am, Blaik Library
- **Vestry Meeting**, 6pm, Weir Conference Rm

Have Something to Share?



Grace Notes, our weekly parish newsletter, is one of the ways we stay connected, share stories, and celebrate the life of Grace & St. Stephen's—and we'd love your help shaping it.

If you have something on your heart or a story you'd like to share, we'd be delighted to hear from you. Submissions of all kinds are welcome, whether polished or still taking shape. Please send your contributions to our [newsletter email](#) by 5pm on Tuesday for inclusion in the newsletter the following day. Thank you for being part of what makes this parish so vibrant and alive!

Ways to Give

Grace and St. Stephen's offers several easy ways to contribute.

- The ushers pass the plate at each service for your convenience.
- You can also donate on the website [here](#).
- **Text GSS to 73256**, followed by your gift amount, e.g. GSS 25 (e.g. to give \$25). You will receive a return link from the system. Follow the instructions from there.

Thank you for your financial support of Grace and St. Stephen's -- every gift makes it possible for us to be the hands and feet of Jesus in the world.

Get the Information You Need

Select the emails you receive from **Grace and St. Stephens**. We send several emails a month and you can select the ones that hit your inbox by [updating your profile](#).

[Update Your Profile](#)

Remove your name from **ALL** emails sent from **Grace and St. Stephens**. If you [unsubscribe](#), you will not receive any emails from Grace and St. Stephens until you subscribe again.

[Unsubscribe](#)

[WEBSITE](#)

[ABOUT US](#)

[CONCERTS](#)

[GIVE](#)

[CONNECT](#)



**Grace and St. Stephen's
Episcopal Church**
601 N. Tejon St.
Colorado Springs, CO 80903
(719) 328-1125

[Email](#)

Connect With Us:



Grace and St. Stephen's Episcopal Church | 601 N. Tejon Street | Colorado Springs, CO 80903 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!