



GRACE *and* ST. STEPHEN'S
✦ EPISCOPAL CHURCH ✦

Grace Notes ~ February 4, 2026

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Upcoming Formation Hour Topics

- **February 8** - Deacon Sam: "You Have to Be Prepared to Die Before You Can Begin to Live: 10 Weeks in Birmingham That Changed America"
- **February 15** - Black History Month: Telling Our Story
- **February 22 & March 1** - Broken Altars, Rising Wings: George Herbert and the Poetry of Prayer. George Herbert (1593–1633) was a parish priest whose poetry grew out of the daily rhythms of Anglican worship. Together we will read and listen to Herbert's poems as acts of prayer, attending to how poetic language can shape the heart in humility, repentance, and hope. Led by parishioner Josh Hamm, Instructor of English at the Air Force Academy.



Family Promise



Family Promise of Colorado Springs helps families facing housing crises through prevention, shelter, and stabilization. As many may remember, Grace and St. Stephen's first partnered with First Christian Disciples of Christ to house families in our buildings almost a decade ago. At this time Family Promise assists families experiencing homelessness by providing housing and case management in a building adjacent to and owned by First United Methodist Church. Over the past five years, we have provided evening meals for the families and financial support for their programs. If you would like to learn more about our outreach through Family Promise or help when we deliver meals, this month or in the future, please contact [Lisa Noll](#).

Youth Ski Trip

GRACE & ST. STEPHEN'S
EPISCOPAL CHURCH

YOUTH *Ski trip*

FEBRUARY 21, 6AM-7PM | SKI COOPER

All youth in grades 6-12 are invited to join us for a fun-filled day on the slopes at Ski Cooper! Whether you're a seasoned skier, a snowboarder, or trying it for the first time, this trip is for you.

We'll cover cost of lift tickets and rentals, if needed, for all youth. We'll also provide food for all! Come make memories, laugh with friends, and experience the joy of winter in the Rockies.

RSVP & Questions:

Youth@GSSEpiscopal.org
Please RSVP by 2/13 so we
can arrange carpooling

Open to all 6-12
graders. You
don't need to
be involved in
Youth Group to
join us!



For more info, please contact: [Denise Gustafson](mailto:Denise.Gustafson), Youth Group Co-Leader

Shrove Tuesday Pancake Supper

**YOU'RE INVITED TO THE
SHROVE TUESDAY
Pancake
Supper**

**FEB. 17,
5:30-7 PM**



Pancakes, Sausage, Eggs and More! Join us in Parish Hall from 5:30-7 PM. Suggested donation is \$5/person or \$20/family. Fundraiser supports Youth Group activities!

Grace & St Stephens Episcopal Church
601 N Tejon St
Colorado Springs, CO 80903
Questions? Contact Youth@GSSEpiscopal.org

Iconography Workshop

Iconography is the art of “writing” an icon. It creates sacred images, especially in Orthodox Christianity. It involves precise steps to aid prayer and facilitate a connection with the spiritual world serving as “windows to heaven.”

Brenda Fox is an excellent artist and has been writing and teaching iconography for many years. Our next class will be March 26, 27 & 28 in Rm 211 from 9am to 5pm each day. The cost is \$350 and all supplies are included. There is no need for artistic talent as the image is traced onto the board and Brenda directs us in the painting process. Anyone can do it!

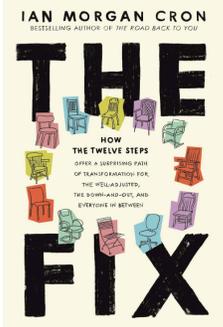
We have selected Our Lady, Undoer of Knots as the icon for this class. Please email [Leigh MacHaffie](mailto:LeighMacHaffie) if you are interested in this class. Deadline to register for the class is March 1st.



Wednesday Night Lenten Study

Please join us on Wednesday evenings in Lent: February 25, March 4, 11, 18, 25, for faith, fellowship, and formation opportunities.

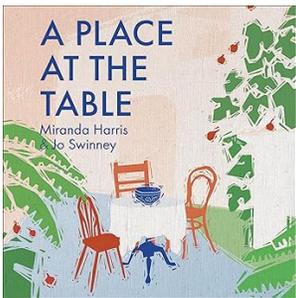
5:00pm - Eucharist in St. Stephen's Chapel
5:30pm- Dinner
6-7pm - Lenten Study



The study will be guided by 'The Fix' by Ian Morgan Cron. You are welcome to purchase and read the book, but it is not expected or required.

We all suffer from a sense of spiritual homelessness - a feeling that we're not fully at home in the world. To cope with our painful feelings and life traumas, we search for quick "fixes" that eventually become habitual, self-destructive behaviors that ultimately create more problems than they solve. This book helps us work through the Twelve Steps of AA so that we can see ourselves, others, and the world in startlingly new way - and ultimately receive the freedom God has been waiting to give us all along. Even if you have no personal experience with addiction or a Twelve Step group, there is an abundance of wisdom and grace in these steps for us all.

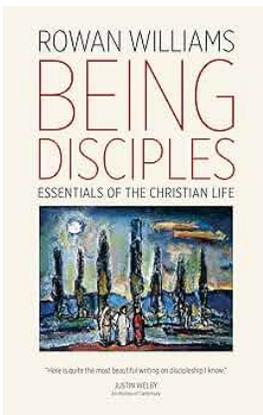
Women's Book Group



Women's Book Group will be starting a new reading selection on Tuesday, February 10th. We'll be reading 'A Place at the Table: Faith, Hope and Hospitality' by Miranda Harris & Jo Swinney.

From the simple act of preparing vegetables to the warm welcome of a stranger, co-authors Miranda Harris and her daughter Jo Swinney re-define hospitality for the modern age. Drawing on biblical insights and a deep well of experience, this is a warm invitation to embrace the loving kindness of others. To be hospitable doesn't require culinary excellence or matching cutlery—it doesn't even require a home of one's own; true hospitality offers a welcome into imperfection and messiness, a place to belong and be embraced.

Graceful Conversations



Are you looking for a quiet time during which you can engage in matters close to your spiritual heart? Join us in Blaik Library as we read 'Being Disciples' by Rowan Williams, the former Archbishop of Canterbury. We'll be basing our conversations [not a class!] on this reading selection as we meet on the second and fourth Wednesdays at noon from February through May. Our bi-weekly discussion will be followed by the service of noonday prayer, which includes a period of silent meditation. For more info contact: [Marti O'Dell](#) or [Kim Millsap](#).

Schedule: Feb. 11, 25, Mar. 11, 25, Apr. 8, 22, May 13, 27

Prayer List

Those in crisis of health or circumstance: Conni Eggers, Eunice Ferguson, Annika Johnson, Shelia Johnson, Br William Marion Page, Linda Stump, Henri Velandia

Those who are celebrating joyfully: Joey and Katelyn Lackey, on the birth of their son, Milo

Those in need of ongoing prayer: The Rev. Canon Jon Anderson, Laura Bayless, Lee Ehrhart, Mary Ellis, John Hough, Maggi Johnson, Dorothy Kipp, Devon Mack, Luden McLord, John McVicker, Debra Millsap, Ed Quinn, Edie Reichert, John Simon, Jill



Wasinger, Susan Willet, Calvin Wulf, Pete Zobenica, Alice, Ericka, Jennifer, Nancy, Oliver & Family, Wes

Those in harm's way: Mark Jaskot, Bill Mack, Rachel Pearson, Adam Tayhar, Nicholas Wolf

This Week's Happenings

Wednesday 2/4

- **Holy Eucharist**, 5pm, St. Stephen's Chapel
- **Communal Supper & Bible Study**, 5:30pm, Parish Hall
- **St. Nicholas Choir** (Music Theory, 5pm & Rehearsal, 6pm), Children's Music Room



Thursday 2/5

- **Morning Prayer**, 9am, on Facebook
- **Centering Prayer**, 10am, Weir Conference Room
- **Choral Evensong**, 7pm, Nave

Friday 2/6

- **Chanted Noonday Prayer**, 12pm, St. Stephen's Chapel

Saturday 2/7

- **Men's Bible Study**, 8am, Weir Conference Rm
- **Pikes Peak Habitat for Humanity Interfaith Build for Unity**, 8:30-4:30, see [website](#) for details and to sign up and volunteer

Sunday 2/8

- **Little Pantry Donations**
- **Rite I Eucharist**, 8am, Nave
- **Nursery Available**, 9am -12pm
- **Adult Formation: You Have to Be Prepared to Die Before You Can Begin to Live: 10 Weeks in Birmingham That Changed America with Deacon Sam Pillsbury**, 9:15am, Rm 211
- **Sunday School**, 10:15am, Lower Level
- **Rite II Choral Eucharist**, 10:30am, Nave
- **Brave Irene's Mysticism & Middle English**, 7pm, Rm 211

Monday 2/9

- **Noonday Prayer with the Anglican Rosary**, 12pm, St. Stephen's Chapel
- **Outreach Meeting**, 5:30pm, Taft Hall

Tuesday 2/10

- **Morning Prayer**, 9am, on Facebook
- **Women's Book Club**, 10am, Blaik Library
- **Docent Training Class**, 5pm, Zimmerman Rm

Have Something to Share?

Grace Notes, our weekly parish newsletter, is one of the ways we stay connected, share stories, and celebrate the life of Grace & St. Stephen's—and we'd love your help shaping it.



If you have something on your heart or a story you'd like to share, we'd be delighted to hear from you. Submissions of all kinds are welcome, whether polished or still taking shape. Please send your contributions to our [newsletter email](#) by 5pm on Tuesday for inclusion in the newsletter the following day. Thank you for being part of what makes this parish so vibrant and alive!

Ways to Give

Grace and St. Stephen's offers several easy ways to contribute.

- The ushers pass the plate at each service for your convenience.
- You can also donate on the website [here](#).
- **Text GSS to 73256**, followed by your gift amount, e.g. GSS 25 (e.g. to give \$25). You will receive a return link from the system. Follow the instructions from there.

Thank you for your financial support of Grace and St. Stephen's -- every gift makes it possible for us to be the hands and feet of Jesus in the world.

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**Grace and St. Stephen's
Episcopal Church**
601 N. Tejon St.
Colorado Springs, CO 80903
(719) 328-1125
[Email](#)

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