



## FCA Power Camp

Thank you for volunteering with us at FCA Power Camp Greater Portland, July 21-24, 2025! We are thankful for your commitment to serve in this important role.

**Sport Focus:** FCA Power Camp Greater Portland is a day camp for athletes of all experience levels who want to reach their potential through comprehensive athletic and spiritual training. Through sport practices and small group times, our team of experienced coaches will concentrate on a fun and challenging introduction to basic sports skills.

## Arrival & Set-up

Upon arrival at Presumpscot Park on July 21, enter the parking lot through the entrance on Leland Street, and park anywhere in the parking lot parallel to the fields. Once parked, we will gather by the indicated registration area.

At 7:35 we will run through instructions and roles for the day, pray, and then break to set up your respective serving area.

On the first day of camp, you will also get your camp T-shirt, nametag, and FOUR bracelet.

**FCA Power Camp Greater Portland |  
July 21-24, 2025**

## Presumpscot Park, Portland



## Departing Camp

The camp day will end at 2PM at which point campers will gather with their huddle leaders, where they began the day, to wait for their parent to pick them up.

Campers are not to be released to “find” their parent. The parents/guardians need to come to the huddle to pick up their campers.

Volunteers will be expected to stay until 2:30PM to help with clean-up after each day of camp.

## Family Celebration Dinner

On the evening of Thursday, July 24 from 5:30-6:30pm, all parents, family members and volunteers are invited to join us for a Family Celebration Dinner. You are welcome to arrive starting at 5:00pm. We would love for all volunteers to make it a priority to attend, but understand if that is not possible. **Please let us know if you have a prior obligation that evening and cannot make it.** We will provide food, and it will be an opportunity for campers and their

families to hear more from our partnering church (Christ the Redeemer) and celebrate a great week at camp together!

We will be hosting this on the opposite side of the Deering High School gym from the parking lot used for camp day drop-off. There is a grass area with picnic tables, and you will see FCA signs directing you to the spot!

**\*\*Please plan to bring camp chairs or blankets if you can as the picnic tables will not seat everyone.**

Please pay attention to your email as this is an outdoor venue and the weather may not permit dinner.

## What to Bring

**IN CASE OF RAIN:** As of right now we have no indoor option in the event of weather. If there is light-moderate rain, we plan to hold camp. In that case, please pack rain gear and extra clothes. If there is heavy rain or thunder, we will not hold camp that day. We will communicate exact rain plan details via email the night before camp, so please keep an eye on your email each evening of camp week.

**Lunch:** Please come with a packed lunch. We will not be providing lunch unless you are in need of help, in which case please reach out to the camp director.

Please refrain from coming with any foods containing common allergens such as peanuts, tree nuts, shellfish, etc. We will likely have campers/volunteers with severe allergies.

**Coaches:** If you have your own equipment or can borrow it from a school, please bring those items. Otherwise, please communicate with FCA staff about what equipment you will need.

## Insurance & Medical

FCA will only provide secondary insurance coverage for volunteers during Power Camp. In case of injury or illness, volunteers will need to provide proof of insurance coverage at the time of treatment. Volunteers not covered by family insurance will be cared for. **If you have a known medical need or allergy, please touch base with the onsite Athletic Trainer at check-in on Day 1.**

## Volunteer Schedule

Below is an idea of a typical day at camp for volunteers. We expect volunteers to arrive at 7:30 am and stay until 2:30 pm unless you have communicated with us about specific scheduling needs:

7:30 AM	Volunteer Arrival
7:40 AM	Morning Briefing Instructions
7:50 AM	Break for set-up
	Registration Open & Camper Arrival
8:30 AM	Camp Begins (Welcome & Instructions)
9:00 AM	Large Group Warm-up
9:10 AM	Sports Practice #1
9:20 AM	Snack & Bathroom
10:20 AM	Large Group Games
10:40 AM	Large Group Teaching
11:00 AM	Music
11:15 AM	Lunch & Huddle
11:30 AM	Bathroom
12:15 PM	Sports Practice #2
12:25 PM	Crafts & Free-Time on Playground
1:00 PM	Wrap-up & Dismissal
1:50 PM	Clean-up & Debrief with volunteers
2:00 PM	
2:30 PM	Departure

## Volunteer Training Date

Mandatory Volunteer Training on Zoom (link will be sent via email) - **June 29, 5-6pm**

Please plan to join this training live, but the training will be recorded for anyone not able to make the live session. The zoom link will be emailed out prior to the training date.

The training slideshow will be emailed out prior to the meeting for review so that the training time is more interactive.

## Questions?

Contact Logan Gailitis at [lgailitis@fca.org](mailto:lgailitis@fca.org) or  
207.332.7647

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