



Thank you for registering for FCA Power Camp Greater Portland, July 20-23, 2026, from 9:00AM-12:30PM. We are so excited to share this camp experience with you and your child(ren)!

## Checking In

Upon arrival at Presumpscot Park on July 20, enter the parking lot through the entrance on Leland Street, and park anywhere in the parking lot parallel to the fields. Once parked, check in at the registration table to get your camper registered.

**Camp registration will take place from 8:15AM-9:00AM** on the field as indicated below.

Volunteers will greet and check your campers in at a registration table before they are led to meet their huddle group on the field. Your camper will need to check in at the registration table when you arrive for camp each morning.

**There will also be coffee available for parents, so please stick around for a few minutes and watch the camp day begin!**



## FCA Power Camp Greater Portland | July 20-23, 2026

Presumpscot Park, Portland

## Departing Camp

Pick up will be in the same location as drop off each day promptly at 12:30PM. **Please check out at the registration table before going into the field area to get your camper.** Each day at check-in, parents/guardians will receive a bracelet with a “camper number.” Whoever is picking up your camper must have a “camper number” for each of those they are picking up.

Campers are instructed to wait with their group until their parent/guardian comes to them so that each group leader is aware that they are being picked up.

## Family Celebration Dinner

At the conclusion of camp on Thursday, July 23 from 12:45-1:30PM, all parents, family members and volunteers are invited to join us for a Family Celebration Lunch right on site. We will provide food, and it will be an opportunity for you to hear more from our partnering church (Christ the Redeemer) and celebrate a great week at camp together!

We will be hosting this adjacent to the registration area, between the football field and the walkway.

Please pay attention to your email as this is an outdoor venue and the weather may not permit lunch.

## What to Wear and Bring

All equipment will be provided except for personal equipment\*. Please send your camper with their own water bottle, labeled with their name.

Athletes may wear cleats for soccer, baseball, and football, but sneakers are also acceptable. We also encourage all campers to apply sunblock before arrival each morning.

**\*This would include** Footwear, mouthguards, shin guards for soccer, and water bottles, baseball/softball gloves, helmets, and cleats

If you do need help with equipment needs, we are happy to help on an individual basis. Please get in touch with the camp director (contact info below)

**\*Football pads will not be needed for equipment – training will be focused on skills & drills.**

**IN CASE OF RAIN:** As of right now we have no indoor option in the event of weather. If there is light-moderate rain, we plan to hold camp. In that case, please pack rain gear and extra clothes. If there is heavy rain or thunder, we will not hold camp that day. We will communicate exact rain plan details via email the night before camp, so please keep an eye on your email each evening of camp week.

**Snacks:** Please send your camper(s) with snacks. We will not be providing snacks unless you need help, in which case please reach out to the camp director.

Please refrain from sending your camper(s) with any foods containing common allergens such as peanuts, tree nuts, shellfish, etc. We will likely have campers/volunteers with severe allergies.

**Sunscreen:** Please send your camper(s) with sunscreen already applied. Our volunteers will prompt campers to reapply but will not be responsible for making sure they do so. There will be sunscreen available for use.

## Insurance & Medical

FCA will only provide secondary insurance coverage for the athletes during Power Camp. In case of injury or illness, athletes will need to provide proof of insurance coverage at the time of treatment. Campers not covered by family insurance will be cared for through FCA's secondary insurance. **If your camper has a known medical need or allergy, please talk with the onsite Athletic Trainer at check-in on Day 1.**

## Camp Day Schedule

Below is an idea of a typical day at camp:

8:15 AM	Registration Open & Camper Arrival
9:00 AM	Camp Begins (Welcome & Instructions)
9:10 AM	Large Group Warm-up
9:30 AM	Sports Practice #1
10:30 AM	Snack & Music
10:40 AM	Small Group Teaching
11:20 AM	Sports Practice #2
12:30 PM	Closing Instruction & Pick-up

## Connect With Our Church Partner

This camp is only possible through the support of volunteers from local churches in Southern Maine. Should you desire to get connected with our main church partner please visit their website below. If you would like help connecting with a different local church, please reach out!

**Christ the Redeemer Presbyterian Church (Portland):**

<https://www.ctrportland.org/>

## Questions?

Contact Logan Gailitis at [lgailitis@fca.org](mailto:lgailitis@fca.org) or  
207.332.7647

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